February 2025

WonderWell

LUNCH MENU

GF – Gluten Free DF – Dairy Free V – Vegetarian EF– Egg free

3 Corn Chowder GF V EF WW Roll DF V EF Veggies GF DF V EF Fruit Green Goddess	4 Bean Burrito Bowl DF EF Veggies GF DF V EF Fruit Taco Salad	5 Turkey Tetrazzini Mixed Veggies DF EF Fruit *Veggie Italian Mista	6 Baked Chicken GF DF V EF Sweet Potatoes GF V EF Green Beans GF DF V EF Fruit *Baked Tofu Spinach, Bacon, Egg	7 Cheese Pizza Day!!! Fresh Veggie Salad GF DF V EF Fruit Caesar
10 Stuffed Bell Peppers Rice GF DF V EF Fruit *Veggie Green Garden	11 Chicken Quesadillas EF Rice & Beans GF DF V EF Fruit *Cheese Taco Salad	12 Roast Pork GF DF EF Peas & Carrots GF DF V EF Scalloped Potatoes GF V EF Fruit *Roast Tofu Cobb Salad	13 Turkey Pot Pie EF Veggies GF DF V EF Fruit *Veggie Pie Italian Mista	14 Grilled Cheese V EF Minestrone Soup GF DF V EF Fruit Caesar
17 **MLK DAY!!!** **Student Holiday**	18 Beef Tortas DF EF Black Beans GF DF V EF Fruit *Jackfruit Taco Salad	19 Baked Chicken GF DF EF Buttered Noodles V EF Zucchini&Squash GF DF V EF Fruit *Baked Mushroom Italian Pasta Salad	20 Teriyaki Pork Rice Bowl GF DF EF Stir Fry Veggies GF DF V EF Fruit *Teriyaki Tofu Asian Salad with Mandarins	21 Cheese Pizza Day!!! Fresh Veggie Salad GF DF V EF Fruit Caesar
24 Shepherd's Pie GF EF WW Rolls EF V Fruit *Tofu Pie Green Garden	25 Bean & Cheese Tacos V EF Rice GF DF V EF Corn Salad GF DF V EF Fruit Taco Salad	26 Turkey Chili GF DF EF Cornbread V Veggies GF DF V EF Fruit *Veggie Chili Cobb Salad	27 Baked Potato Soup GF Grilled Cheese DF V EF Fruit *Veggie pie Italian Mista	28 Pulled Pork Sandwich Tater Tots DF GFV EF Fruit *Veggie BBQ Caesar
			*Vegetarian	