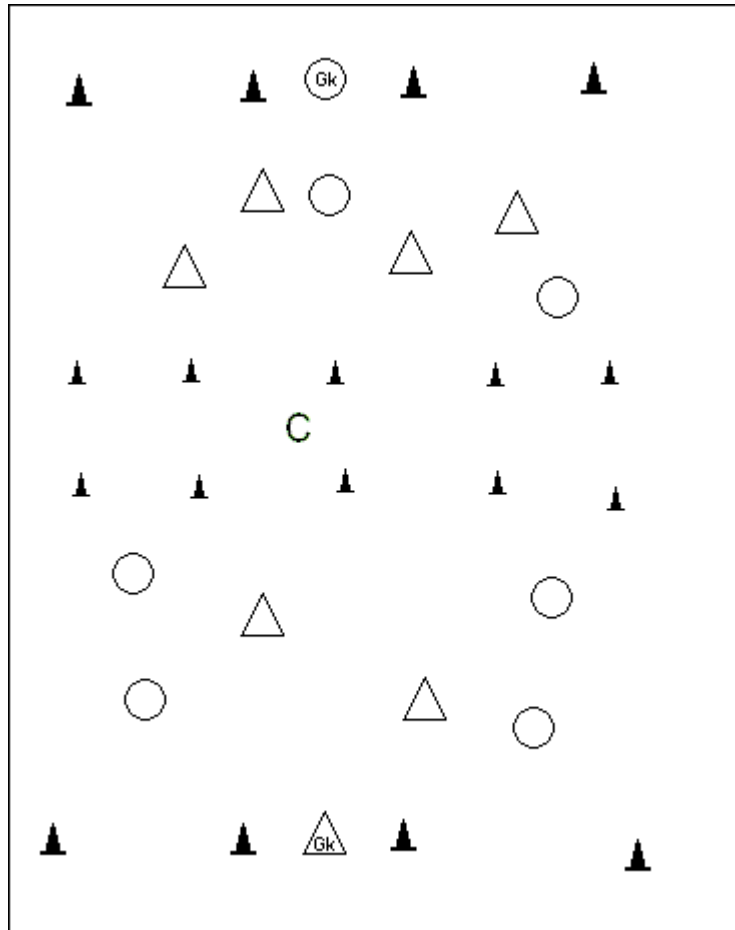


## NO MANS ZONE



**Set up-** One a big field- use cones and make a 15 yard channel through the middle of the field. This is "no mans zone". No players are allowed in this area.

**The game-** a regular game within area which players cannot enter. To give advantage to strikers, split players so there is a 4v2 advantage for attackers.

**Progress** to 3v3 on each side of the field.

**Have lots of soccer balls available.**

**Comment** – Long passing and receiving