

Tennis for the Young at Heart – FREE Fitness Program

LAST CALL FOR THE 2018 SEASON!

(Equipment will be supplied! Beginners will learn with softer tennis balls and smaller court sizes to learn and grasp the basic fundamentals)

BEGINNERS LEVEL I

Tuesday Morning Sessions – 10:00am-11:00am

Session I: September 18-October 16, 2018

Wednesday Evening Sessions – 8:00pm-9:00pm

Session I: September 19-October 17, 2018

Thursday Morning Sessions – 10:30am-11:30am

Session I: September 20-October 18, 2018

Friday Morning Sessions – 9:30am-10:30am

Session I: September 21-October 19, 2018

BEGINNERS LEVEL II

Friday Evening Sessions – 6:30pm-7:30pm

Session I: September 14-October 12, 2018

(Closed For Registration)

INTERMEDIATE I

Thursday Morning Session – 11:30am-12:30pm

Session I: September 20-October 18, 2018

Session Policy: There is a maximum of 10 participants per class. Participants must attend all 5 classes in Session I. Registration is on a first come, first served basis. **No drop-ins allowed!** Pending class enrolment, Mohawk Park Tennis Club reserves the right to change or modify the above class dates and times. All participants will be notified on any time changes.

Deadlines: The cutoff dates for whether a session will run or not will be decided one week before the program is set to begin. If the session is running, registration will remain open prior to the start date, space permitting. No registrations on or after the start date.

Identification: This program is restricted to Ontario residents only as this program is partially funded by the government of Ontario. Participants must present a valid ID prior to their first class.

Risk: All participants are expected to recognize and accept the inherent risks of any type of activity or unforeseen injury. Mohawk Park Tennis Club does not accept responsibility for injuries sustained by participants in our programs or using club facilities or equipment. Each participant is personally responsible for obtaining and maintaining coverage either through OHIP and/or agencies or plans.

Fee: This program is FREE and restricted to session I & II per participant. A fee of \$50 will be applied if a participant wants to enroll in multiple classes.