

Child/Adolescent Psychiatry Screen (CAPS)

Child's Name: _____ Date of Birth: _____ Male _____ Female _____
 Form Completed By: _____ Relationship to Child: _____

For each item below, check the one category that best describes your child *during the past 6 months*.

None = the child never or very rarely exhibits this behavior. **Mild** = the child exhibits this behavior approximately once per week, and few others notice or complain about this behavior. **Moderate** = the child exhibits this behavior at least three times per week, and others notice or comment on this behavior. **Severe** = the child exhibits this behavior almost daily, and multiple others complain about this behavior. **Past** = the child used to have significant problems with this behavior, *but not during the past 6 months*.

	None	Mild	Moderate	Severe	Past
1. Has difficulty separating from parents* (* = or major caregiver/guardian)	_____	_____	_____	_____	_____
2. Worries excessively about losing or harm occurring to parents*	_____	_____	_____	_____	_____
3. Worries about being separated from parent* (getting lost or kidnapped)	_____	_____	_____	_____	_____
4. Resists going to school or elsewhere because of fears of separation	_____	_____	_____	_____	_____
5. Resists being alone or without parents*	_____	_____	_____	_____	_____
6. Has difficulty going to sleep without parent nearby	_____	_____	_____	_____	_____
7. Physical complaints (headache, stomach ache, nausea) when anticipating separation	_____	_____	_____	_____	_____
8. Has discrete periods of intense fear that peak within 10 minutes	_____	_____	_____	_____	_____
9. Has excessive, unreasonable fear of a specific object or situation	_____	_____	_____	_____	_____
10. Has recurrent thoughts that cause marked distress (e.g., fears germs)	_____	_____	_____	_____	_____
11. Driven to perform repetitive behaviors (e.g., handwashing, doing things 3 times)	_____	_____	_____	_____	_____
12. Has recurrent, distressing recollections of past difficult or painful events	_____	_____	_____	_____	_____
13. Worries excessively about multiple things (e.g., school, family, health, etc.)	_____	_____	_____	_____	_____
14. Goes to the bathroom at inappropriate times or places	_____	_____	_____	_____	_____
15. Makes noises, and is often unaware of them	_____	_____	_____	_____	_____
16. Makes repetitive, sudden, nonrhythmic movements	_____	_____	_____	_____	_____
17. Fails to pay close attention to details or makes careless mistakes	_____	_____	_____	_____	_____
18. Has difficulty sustaining attention during play or school activities	_____	_____	_____	_____	_____
19. Does not seem to listen when spoken to directly	_____	_____	_____	_____	_____
20. Does not follow through on instructions; fails to finish schoolwork/chores	_____	_____	_____	_____	_____
21. Has difficulty organizing tasks and activities	_____	_____	_____	_____	_____
22. Loses things necessary for tasks or activities (toys, pencils, etc.)	_____	_____	_____	_____	_____
23. Is easily distracted easily by irrelevant stimuli	_____	_____	_____	_____	_____
24. Is forgetful in daily activities	_____	_____	_____	_____	_____
25. Is fidgety or squirms in seat	_____	_____	_____	_____	_____
26. Has difficulty remaining seated	_____	_____	_____	_____	_____
27. Runs or climbs excessively; is restless	_____	_____	_____	_____	_____
28. Talks excessively	_____	_____	_____	_____	_____
29. Blurts out answers before questions have been completed	_____	_____	_____	_____	_____
30. Has difficulty waiting turn	_____	_____	_____	_____	_____
31. Interrupts or intrude on others	_____	_____	_____	_____	_____
32. Episodes of unusually elevated or irritable mood	_____	_____	_____	_____	_____
33. During this episode, grandiosity or markedly inflated self-esteem (Superhero)	_____	_____	_____	_____	_____
34. During this episode, is more talkative than usual/seems pressured to keep talking	_____	_____	_____	_____	_____
35. During this episode, races from thought to thought	_____	_____	_____	_____	_____
36. During this episode, is very distractible	_____	_____	_____	_____	_____
37. During this episode, excessively involved in things (too religious, hypersexual)	_____	_____	_____	_____	_____
38. During this episode, dangerous involvement in pleasurable activity (spending, sex)	_____	_____	_____	_____	_____
39. Depressed or irritable mood most of the day, most days for at least 1 week	_____	_____	_____	_____	_____
40. Loss of interest in previously enjoyable activities	_____	_____	_____	_____	_____
41. Notable change in appetite (not when dieting or trying to gain weight)	_____	_____	_____	_____	_____
42. Difficulty falling or staying asleep, or sleeping excessively through the day	_____	_____	_____	_____	_____