

## Mexican Eight-Layer Dip



**Prep Time:** 4 hours

**Cook Time:** none

### Ingredients:

- 2 cup Lettuce, iceberg
- 1 cup black bean dip
- 1/4 cup picante sauce
- 6 oz. Guacamole
- 1 cup sour cream
- 1 cup shredded cheddar cheese
- 1/4 cup fresh chopped green onion
- 2 tbsp canned black olives
- 1 each small tomato

### Directions:

- Place lettuce in deep casserole dish.
2. In small bowl, mix bean dip and picante sauce. Spread over lettuce (layer should be 1/4 inch thick).
3. Layer avocado dip, then sour cream, top with cheese, green onions, and olives.
4. Cover and refrigerate at least 4 hours and up to 24 hours. Top with tomatoes before serving.

### Nutrition Facts

Makes 16 servings

Amount per serving:

<b>Calories</b>	88.9
<b>Net Carbs</b>	5.0 g
<b>Dietary Fiber</b>	0.8 g
<b>Total Fat</b>	5.6 g
<b>Protein</b>	3.4 g