



THE ESSEX CORINTHIAN YACHT CLUB

OFFSHORE & WATERFRONT

Off-Shore Events



As the boating season draws to an end we can proudly look back on our **3rd Annual Cross Sound Challenge** held on September 26th. It was a very successful event - more information below.

On Sunday, October 11th, we held our annual **Fall Hamburg Cove Raft-Up**. Seven boats participated in a very enjoyable afternoon in beautiful Hamburg Cove. Thank you to everyone who came out and participated!

Frostbiting is in full swing, and ECYC crews are doing well. Come down to the club on Sunday mornings to cheer on our crews while they make the Connecticut River their racing grounds!



Have a GREAT October and I hope to see you at the club!

IMPORTANT DATES:

- **October 17th:** Birch Memorial Race (PYC)
- **October 27th:** BOG Meeting
- **November 7th:** Commodores' Gala
- **November 24th:** BOG Meeting
- **November 27th:** Holiday Decorating Party
- **November 29th:** Trees in the Rigging
- **December 5th:** Decommissioning, Annual Meeting & Awards
- **December 6th:** Children's Holiday Party
- **December 13th:** Special Holiday Brunch



Refer to our event calendar on our website at www.essexcorinthian.org for event details!

VIEW FROM THE BRIDGE



Dear Friends!

Just when I started to exhale after a very busy on-shore and off-shore summer season at ECYC and look forward to a slower pace in late September - yikes! Forget those visions of school back in session, leaves beginning to turn in the river valley and extra swinging

Steve Rodstrom

Vice Commodore

Email: vicecommodore@essexcorinthian.org



Race Committee Update:

Thank you to everyone who helped with the **Third Annual ECYC CROSS SOUND CHALLENGE on September 26th**. Results have been posted at www.yachtscoring.com/menu.cfm?eID=1486.

As the regatta season is winding down we are currently racing in the **Tri-Club River Series**, which began on October 3rd with the EYC-hosted Willets Memorial Race, followed by our Clark Memorial Race last Saturday. The last race in this annual series will be the PYC-hosted Birch Memorial Race on October 17th.

If you have any questions please contact

Priscilla Robinson

Race Committee Chair &

The ECYC 2015 Race Committee

Email: racechair@essexcorinthian.org



CROSS SOUND CHALLENGE 2015 RECAP:

September 26th, 2015 dawned as a bright, sunny day. Crews up and down the Connecticut River as well as along the LI Sound shoreline assembled at their home ports and sailed towards the starting area located near the Outer Light at Saybrook Point.

The ECYC Race Committee, supported by our PROs, Mudheads Greg Gilmartin and Fred Murphy, headed to station and set the required marks. The excitement began to build, as fortunately the wind did as well!

Three non-spin monohull classes started consecutively, followed by a special class start for the only trimaran in the regatta. Said trimaran had a little issue with a sail bag falling into the water, and then losing a crew member overboard as he attempted to recover the sail. Fortunately he was back on board very quickly and the racing trimaran continued to fly across the waves.

The ebb tide and favorable wind conditions made for a fast upwind leg to the red nun near the Plum Gut. For a while it looked like we would be dodging the Orient Point Ferry, yet one of the ferry captains actually hung back until the majority of the fleet had turned at the mark! He/she certainly did not have to do this but many of us were grateful for the consideration. Looks like ferry passengers got a great view of our regatta!

The downwind leg back to Bell 8 and then to the finish created a spectacular sight with many of the boats sailing wing-on-wing. Our dedicated race committee took times and calculated the results, aided by the instant algorithms provided by Yachtscoring.com.

Returning back to shore, the regatta participants made their way to Essex Brewer Island where the post-race party was held. The Entertainment Committee had prepped and decorated the party tent, a bar was set up, food served and music was playing as racers arrived one by one. The three ECYC commodores conducted the award ceremony and honored the volunteers. Everyone agreed, it was a very successful event, showing clearly that the Corinthian Spirit is alive and well.

Our thanks to everyone who supported the 3rd Annual Cross Sound Challenge by donating funds or goods, volunteering for the Race or Entertainment Committee, or overall organization of our premier event!

Here is the cast & crew for the Cross Sound Challenge 2015:

Offshore Support/Race Committee:

room in my favorite fall anchorages; we had to deal with a dizzying September schedule and get ready for a host of fall of club activities! In case you'd like to fill in your calendar post facto, here is what it would look like at the third week in September (discounting our day jobs, of course):

- Pope Francis' arrival in Washington DC on Tuesday, September 22nd.
- Autumnal Equinox Wednesday the 23rd.
- Speaker of the House announces his retirement on Thursday the 24th.

Nothing out of the ordinary, here.

- Cross Sound Challenge Skippers Meeting on Friday the 25th.
- Cross Sound Challenge and after-party on Saturday the 26th
- Super (Harvest) Moon on Sunday 27th.
- Tri-Club River Series began with Willets Memorial on Saturday October 3rd.
- Fall Frostbite Series began Sunday, October 4th.
- Thomas Clark Memorial, hosted by ECYC, was raced on October 10th.

What a great couple of weeks!

And now, looking forward:

- ECYC FY 16 Budget Workshop.
- Oktoberfest Dinner at ECYC on Friday, October 16th.
- Charles Birch Memorial Race, hosted by PYC, October 17th.
- Commodore's Gala, November 7th.
- ECYC Holiday Decorating, November 27th.
- Trees in the Rigging, November 29th.
- Decommissioning and Annual Meeting Annual, December 5th.
- Children's Holiday Party, December 6th.
- Special Holiday Brunch, December 13th.

Phew!

Planning for the **Commodore's Gala** is in its final stages. Please mark your calendars for November 7th and plan to spend a great evening with friends at the Club.

As noted earlier in the year, ECYC will not have a New Year's Eve event this year. We have decided that the New Year's Eve party will be held every other year, to coincide with the end of a new Commodore's first year.

We have completed substantial upgrades to the **ECYC Office Computer**. With thanks to our very patient Club Manager, Jean Little, we have updated our computer, firewall, back-up procedures and software. If possible, we will update our printer by year end.

The Inaugural Ideal 18 Interclub Team Race

was held on Saturday, September 12th. The team racing format was exciting for the competitors and great fun for spectators! In close racing, ECYC won the day this year. Thanks and congratulations to our competitors; Tom Atkinson and his son, Daniel; Ed and Marsha Birch; and Toby Doyle with our Regatta Chair, Priscilla Robinson, as crew! We also thank Peter Harding, EYC's Regatta Chairman, for doing most of the heavy lifting to get this event started. This looks like the beginnings of a new annual tradition!



The **Cross Sound Challenge**, our Club's premier event, was a complete success on every level! Corporate sponsorship was up over last year, as was volunteer labor, helping us to balance revenues and expenses and to stage the event in a revenue-neutral manner. The wind gods were with us, the day was spectacular, the ebbing tide was fierce and the competition was

close! The PRO and race Committee did a great job with the course and the party at Brewers Essex Island was a hit thanks to our Entertainment Committee. Please join me in a massive thank-you to Priscilla Robinson, our Regatta Chair! Yes, there were many, many hands on deck in the months leading up to the event and many more hands on deck for the day of the event. Each and every one deserves our heartfelt thanks for all that was pulled together to make this event a great success. Congratulations to our entire membership on another memorable and successful, ECSA sanctioned regatta!

Service to the Club and Club Governance: The nominating committee is hard at work identifying the future leadership for our great little yacht club. We have BOG terms that need to be filled and we need new volunteers for committee chairs and assistants. If you have an interest in serving your Club, please contact me, any member of the Bridge, or Terry Stewart (nominating committee chair). We'd like to hear from you!

Cheers,



Commodore Tim Brewer (also assisted with the onshore organization)
Vice Commodore Steve Rodstrom (ditto)
Race Committee Chair Priscilla Robinson
Greg Gilmartin and Fred Murphy, Mudheads
Cate Beckstein
"Mark Boat Mark" Bovolac
Jeff and Holly Ridgway
Steve Haines
Julie and Bill Dunbar
Chris Morano
Toby Doyle
Club Manager Jean Little

Onshore Support:

Entertainment Committee Chair Cheryl Arndt
Membership Chair Val Votto
Rear Commodore Ruth Emblin
Former Club Manager Elaine Kyle
Charlotte and Bill Robbins
Tody Mihov
Celia Francis
Marsha Birch
Diana Harbison
John and Diane Martin
Katherine Berry
Ellen Smoller
Jean Brewer
Sharon Craig
Dick Arndt
Liz Fowler
Laurie St. John
Rose Grusse
Shelley Johnson
Peter Emblin
Terry and Laurel Stewart
Cindy Gibbs
Patti Davidson

This event could not have been possible without the support of our generous sponsors:

Doug Domenie and the Brewer Marinas Organization
Tim Brewer - TLBA
Fitness on the Water
Jeff Going - Dinghy Pro
Narragansett Brewery
Payroll Unlimited
Chuck Poindexter - Sound Rigging Services
Chester Point Marina
Steve Rodstrom - Prestige Yacht Sales
That's the Spirit Shoppe
Joe Walier - Walier Chevrolet
North Sails
Boatique USA
Essex Savings Bank
Westmarine
Ruth Emblin - Taghkanic Communications
Just Clean Fuel
...and several members who donated food, wine and other goodies!

Our great caterers:

Coastal Cooking Company
June's Outback Pub

Band:

The Dos Amigos

Please forgive me if I omitted anyone...as you can see, the list is very long and names might have slipped through the cracks. Please know that you most certainly have our sincere gratitude for your support! You are one of the reasons why our club is so special!

Tim Brewer
Commodore



Galley News

Bring your favorite brew and beer stein and celebrate Oktoberfest at the club on Friday, October 16th! Chef Ed's thoughtfully crafted menu will be sure to have something for everyone. Remember, the Galley is open for lunch Wednesday through Saturday. It's the perfect spot to cap off a leisurely stroll around downtown Essex or a visit to the River Museum.

Remember, we publish updated menus via e-blasts and on our website. Check back often to see what is new: www.essexcorinthian.org/dining.html

Looking forward to seeing you at the club!

Hollis Barry

Galley Liaison

DON YOUR LEDERHOSEN, DIRNDL AND HAT AND GET READY FOR THE ECYC OKTOBERFEST ON FRIDAY, OCTOBER 16TH!

[FOR MENU DETAILS, CLICK HERE!](#)



Did You Know?

Sunday dinners may have ended, but the galley still serves a great **Sunday brunch!**

We want your feedback about our galley activities.

Please let us know what you think!
Email Hollis at galleyliaison@essexcorinthian.org

FEEDBACK

We want to know what you think about our galley!

Early Fall Galley Hours:

Lunch:

Wednesday, Thursday,
Friday and Saturday (self-service)
11.30 am to 2.00 pm

Dinner:

Wednesday (self-service),
Friday (table service)

Brunch:

Sunday (self-service)
11.00 am to 2.00 pm - special brunch
hours on selected holidays!

Images from the regatta and party are available online at [CROSS SOUND CHALLENGE 2015 PHOTO GALLERY](#)

Ruth Emblin

Rear Commodore

Email: rearcommodore@essexcorinthian.org

ON-SHORE & HOUSE

I cannot say it often enough - take a good look at our club and then consider the amount of dedication that has gone into maintaining it by our tremendous **House Committee!** Chuck Grusse and his team have been instrumental in keeping our clubhouse beautiful. If you have some time to spare, why not contact Chuck to see how you can help, too. He has a list of assignments for the fall and winter season he would really like to see dwindle down one step at a time.

Our Music Program is slowly coming to an end. We have three more "**Musical Wednesday Nights**" left; the last performance is on October 28th. Please come to the club to enjoy dinner and music before Wednesday night dinners end for the season. Stay tuned for more details!

It is October - the perfect reason to celebrate

Oktoberfest, of course! Chef Ed and CCC are pulling out all the stops on Friday, October 16th, complete with genuine Bavarian cuisine and even BAVARIAN PRETZELS IMPORTED FROM MUNICH! This is a Friday night dinner not to be missed. Watch out for an e-blast with menu details.

Halloween is coming up soon, and we want to encourage you to come dressed for the occasion on Friday, October 30th! Come in costume if you like, joining a few of us who will keep the Halloween tradition alive!

Our entertainment calendar still has a number of events for you to enjoy until the end of the ECYC year. First and foremost our **Annual Commodores' Gala** on November 7th! It will be a celebration of everything we have accomplished as a club this year and more! It is also our Commodore Tim Brewer's last Gala, so come pay your respects to the man who has spent countless hours ensuring that ECYC keeps its promises: providing an environment for active yachtsmen and -women at a modest price.



The holidays are on the horizon, and we will once again set up and **decorate a tree** in the dining room on Friday after Thanksgiving. On the following Sunday, please join us for the **Annual Trees in the Rigging Parade**. We hope to be able to enter an ECYC boat this year. More details to follow.

Join a committee, whether on- or off-shore, we need you! If you have suggestions or comments, please feel free to contact me or any of our board members to share. ECYC lives and breathes with the help of our membership.

See you all soon at the best yacht club in Essex!

Ruth Emblin

Rear Commodore

Email: rearcommodore@essexcorinthian.org



House Committee Update:

The primary summer season of 2015 is melting away, always a sad good-bye. Well, I did it, I've offered to stay on as Chairman of the House Committee for one more year. Our 2016 commodore, Steve Rodstrom, in a surprise move, accepted my offer. So as it stands you'll have to put up with me for another season. My wife, Rose, thinks (knows) I'm insane. I have no argument to the contrary - I'm pretty sure she's right.

There are still a few things left undone I'd had hoped would have been more advanced than they are today. Being the eternal optimist I'm thinking can get to them over the next year, which of course just proves I'm crazy as

2016 ECYC Board of Governors Call for Nominations.



A terrific way to expand your ECYC experience and make new friends is serving on the Board of Governors. This is the time of year the Nominating Committee seeks candidates to lead the club into the future across our broad range of on and off shore activities.

The term "**Corinthian**" in our yacht club's name denotes a volunteer-run organization. As you may know, we have only one full-time staff member, our Club Manager. All other "departments" and activities are run by volunteers. Many of the current board members have been very dedicated over the years, and their terms are coming to an end. It is easy to forget that without member support a Corinthian organization cannot function properly. We hope you will consider stepping up to the plate and taking over some of the positions that are opening up for 2016!

To learn more, please contact members of the Nominating Committee (Past Commodore Terry Stewart [chair], Membership Chair Val Votto, and past BOG member Jane Pfeffer).

Ship's Store:

The Ship's Store has a limited amount of 2015 Cross Sound Challenge Performance Long-Sleeve Shirts left. These are high quality, moisture-wicking shirts that feel great on your skin and are perfect for the cooling days to come!



Get yours while they are still available!

If you would like to purchase ECYC merchandise please see Jean Brewer!

Jean Brewer

Ship's Store Manager

Did You Know?



NO SMOKING AT ECYC;

Please remember that the clubhouse, the decks and the surrounding dock areas are non-smoking areas. Please remind your guests of this restriction, it is part of a facility-wide prohibition of open flames.

WEBSITE:

All of our events and announcements, as well as archive copies of the Bell 8 Newsletter are available online at our website, www.essexcorinthian.org!

IMPORTANT REMINDER:

Please remember that with the change of domain to www.essexcorinthian.org over a year ago, the general office email address was changed to ecyc@essexcorinthian.org.

I'm performing the same behavior expecting different results (the generally held belief for the definition of insane). It could be a stretch, as I've discovered there is just a little less fuel in the tank as each year passes. I've learned over the past three years even with all the wonderful help and willingness of so many folks to step in as projects come up through volunteering to complete the tasks required, the everyday maintenance & attention is consuming. In my view it really requires the division across perhaps four people with specific focus areas. My previous attempts to establish this structure have not worked out so well, this is one of the key actions on my agenda for 2016.

Off to good start, Marisa Thurston has volunteered to be the club gardener. I plan to aggressively pursue volunteers for: 1) building interior, 2) building exterior, and 3) galley area (appliances, infrastructure).

Please consider taking one of these roles for 2016.

Chuck Grusse

House Chair

Email: house@essexcorinthian.org

Entertainment Committee Update:

As you can tell, we wrapped up a fabulous **Cross Sound Challenge Regatta and Party**.

I want to publicly thank each and every one of the entertainment committee who pitched in and helped. We schlepped supplies to and from the Essex Island over a period of 3 days. We dragged everything but the kitchen sink over and back and I think we did a great job (we used a hose and bucket in place of the sink...). This is one time we could not have pulled this off without the camaraderie of our club. Some members even brought in friends to help! Ruth listed all the "players and activists" above, from our set-up and break-down crew, intrepid "bar maids", bakers, rum and wine donors, to everyone who helped organize the party. Please thank them when you see them. They each played a very important part in this event and deserve every ounce of praise. Events like these showcase the very best of the Corinthian Spirit!



Now we turn our attention to the final few months of this year:

Wednesday Night Music continues through the end of October. Please come out and support our musicians. Favorites like Jim Paradis and new artists like Tommy Giarratano and Mark Mirando will make Wednesday night dinner special. Please don't let these folks sing to an empty room!

November will bring our **Commodores' Gala**, followed by the run-up to the holidays. Don't forget we will also have our **Trees in The Rigging Parade** right after Thanksgiving. Our **Children's Christmas Party** will be held on December 6th. Jason will return this year and dance with our tots and during a second hour for our older kids. He was so popular last year we decided to ask him to stay longer. Parents and grandparents, now is the time to get ready for the party! We are asking you to bake some treats and bring them with you, to make the day enjoyable for all. There is also a traditional **Holiday Brunch** planned in December. We will share details as we get closer.

Please note, this year **we will not have a New Year's Eve Party**. Attendance has been down in the the last few years, so we decided to alternate every other year, to celebrate each new commodore's first completed year.

Remember, our events are listed online at our website, just go to www.essexcorinthian.org ... and click on "Events"!

If you have any questions or suggestions, please call me at 860 227-1363 or email me at events@essexcorinthian.org.

We noticed that some of you are still using the old email address, which will no longer work. Please make a note of it, if you have not already done so.

Green Tip of the Month:

As announced and evident from the posters we hung at the 2015 Cross Sound Challenge, our yacht club has signed up with an organization called "Sailors For The Sea".

This group's goal is to reduce the impact of boating on our environment, including that of social activities that are typical for yacht clubs.

Sailors for the Sea is a leading conservation organization that engages, educates, inspires and activates the sailing and boating community toward healing the ocean. The organization offers boaters tangible opportunities to create a legacy and make a difference.



Launched in 2004, the group has been working with individual boaters as well as boating organizations, and, one-by-one, boaters are becoming catalysts for change. We all realize that the oceans are in crisis. We can see this in the changes to Long Island Sound that many of us have witnessed over the years. Environmental challenges like plastic waste, acidification, climate change and toxic chemicals are not only threatening marine life, but our health and the health of our children and the planet for generations to come.

ECYC has registered to become a certified sustainable boating organization. We have to fulfill a certain number of prerequisites, and our 2015 Cross Sound Challenge was run as a "Clean Regatta" by reducing the amount of print documents, recycling aluminum, plastic and glass, and using compostable dinnerware at the party. With over 750 Clean Regattas certified since the program's inception and 300,000 sailors who have taken the pledge to protect the oceans Sailors for the Sea is raising the bar for environmental sustainability and ocean health.

I encourage you to check out the plethora of information provided at Sailors for the Sea's website at www.sailorsforthesea.com. There are guidelines, boaters' resources, kids' programs, and more. It does not take much to make a positive impact, and chances are that you are already aware of many of the options that may reduce the impact of our activities on our environment.

Please support ECYC's involvement in Sailors for the Sea. The organization's goal is to protect our oceans and waterways, and build a community of ocean stewards by offering tools, education and inspiration so that boaters may become change agents, and harness the power of their passion to help heal our environment so generations to come can enjoy our favorite "playground" as much as we do!

Sailors for the Sea is headquartered in Newport, Rhode Island and has two affiliates; Sailors for the Sea Japan, Yokohama and; Sailors for the Sea Portugal, Cascais.

For more information on please go to www.sailorsforthesea.com

Cheryl Arndt

Entertainment Chair

Email: events@essexcorinthian.org

Membership Update:

"Corinthianism in yachting is that attribute which represents participation in sport as distinct from gain and which also involves the acquirement of nautical experience through the love of the sport rather than through necessity or the hope of gain." 1932 Olympic Code drafted by the Royal Corinthian Yacht Club.

There are thirty eight clubs that have incorporated the word "Corinthian" in their name. The Corinthian Yacht Club of San Francisco which broke away from the San Francisco Yacht Club in 1886, adopted the name "Corinthian" to emphasize their intent that sailors should be sailing for the love of the sport. The history of ECYC while not as long -standing, is similar. In 1984 the Founders, in breaking away from the Essex Yacht Club, asked others to join them to "provide a facility and an environment of good fellowship for active yachtsmen..."

The incorporation of the word Corinthian in the title was no mistake. Our Founders had a love of the sport, and the desire for enjoyment and good fellowship. Those sentiments exist today and permeate our membership. Being a Corinthian means to help together and create good fellowship by volunteering for the club to make it enjoyable for all.

Think of your friends and acquaintances who may enjoy all that ECYC has to offer. Make membership available to them. Remind them that joining now allows them to participate as ECYC members in many upcoming events such as the Charles Birch Memorial Race; and don't forget the Commodore's Gala, the Holiday Decorating Party, the Holiday Brunch the Children's Christmas Party and Trees in the Rigging.

Val Votto

Membership Chair

Email: membership@essexcorinthian.org

Ruth Emblin

Rear Commodore & Fleet Communicator

Email: rearcommodore@essexcorinthian.org

The Essex Corinthian Yacht Club's Bell 8 Newsletter is a monthly publication issued by the Essex Corinthian Yacht Club of Essex, CT.

For general questions on ECYC please refer to our website at www.essexcorinthian.org, email us at ecyc@essexcorinthian.org, or snail-mail to

Essex Corinthian Yacht Club
PO Box 759 - Essex, CT 06426
Telephone: (860) 767-3239

Contact Information for individual BoG Members is posted at www.essexcorinthian.org/club-officers.html

Find us on Facebook at: www.facebook.com/EssexCorinthianYachtClub

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