

## Lone Star Heritage Quilt Guild Rally Day 2018 Favor

As in the past, our Guild is responsible for supplying 500 favors for Rally Day 2018. This year we are making needle books. They can be as simple or as decorative as you want to make them.

You may turn in your needle books to me, at any time prior to May 1, 2018. Every member is responsible for doing their share and here is how that works out:

How Many We Need	# Of Members Who Participate	How Many Each is required to Make
500	60	8 or 9
500	35	14 or 15
500	15	33 or 34

Please keep your needle books within the following parameters:

**Size:** 3.5" X 7" up to 4.5" X 10" finished size (this is the size when the book is opened and layed out flat)

**Fabric:** The needle book can be made of any number of fabrics; here are some suggestions:

quilting cotton, upholstery fabric, ticking and wool felt.

**Interlining:** Depending on what material you choose for your needle books, you may need to make it firmer by using fusible fleece or a firm interfacing.

**Interior:** You must include at least 1 strip of fabric for a page, this is attached in the middle to form 2 pages, the page should be of felt, flannel or fabric firm enough to hold pins and needles.

**Closure:** You may have a closure on your needle book or not, it is your choice. You can use elastic or make a fabric tab.

### **Suggested Order of work:**

1. Cut 2 pieces of fabric the same size (which ever size you have chosen from the above list) You may also wish to "create" your fabric from many pieces.
2. Before sewing together, you may decorate or embellish in any way that you choose. This is where you can get creative! Ideas: embroidery, rubber stamps, charms, lace, labels, etc.
3. Interface if needed, then place right sides together and sew around the perimeter leaving a space open large enough so that you can turn it right side out. *(If you want a closure on your needle book insert it before you sew the perimeter)*
4. Press. Now prepare your interior page. Use a pinking shears or pinking rotary cutter so that the pages do not fray or use felt. Pages look best when slightly smaller than the book.
5. Align page center with interior book center and sew down the middle, from top to bottom.
6. If you need a button or snap, sew it on now. You are done!
7. Please share your creations with us at guild!

**Internet sites to check out:** <https://www.skiptomylou.org/stitch-on-embroidered-needle-book/>

<http://nanacompany.typepad.com/nanacompany/2011/10/needlebook-tutorial-by-nanacompany.htm>