

# SunnyDew....The Healthy Sweet

- Good Bye Sugar Blues!
- 300xs sweeter than sugar
- Zero Calories
- Whole Food Herbs



**SunnyDew is....**  
concentrated & extracted

- Stevia
- Chrysanthemum

**Dr Tei-Fu Chen calls Stevia a  
“master herb.”**

Extracted from **stevia rebaudiana leaves**, SunnyDew contains no calories and is *250-300 times* sweeter than processed sugar. Stevia has been used by South Americans and Asians for centuries as a sweetener and as a dietary supplement.

**Dr. Chen led the way for the FDA to approve the use of and import Stevia in the US** and many other companies are now marketing Stevia products.

**Sunrider’s SunnyDew is very different from most other Stevia’s on the market.** Because of its special extraction and concentration process to enhance its benefits. **You can taste the difference**—a unique, delicious flavor with no aftertaste. Most other brands are only 50-200x sweeter than sugar, while SunnyDew is 250-300 times sweeter than sugar, thus **you need less and have greater benefits**.

**SunnyDew is very concentrated.** It takes 2500 gallons of herbal liquid to make 20 gallons of **SunnyDew**, by far, the most concentrated and best tasting.

## Stevia...

### Summarizing the many benefits:

- Helps improve *digestion*.
- Nourishes the pancreas which is responsible for *blood sugar* regulation.
- Nourishes the systems which regulate *blood pressure* in the body
- Helps *burn glucose* for fat loss
- More even *energy flow*
- Improved *thinking capacity*
- Faster healing of *ulcers or lesions*
- *Digestion and gastrointestinal* functions
- Increases ability to fight *fatigue*
- Promotes more restful *sleep*
- Helps prevent *tooth decay*
- *Anti-fungal, anti-bacterial, antiseptic and anti-viral* (warts and fungus, etc.)
- So it is helpful in *skin repair*
- Helps kill *Candida*, which is *unfriendly yeast* in the digestive system, responsible for an array of illnesses

**External Use:** on *cuts, scratches, and any skin disorder, helps prevent scarring*.

**Chrysanthemum flower** is very *calming and anti-inflammatory*.

Now just imagine if **Stevia** only did one of these things. It would be wonderful to use, but it does all of these things; hence it is called the “**master herb.**”.

**Artificial sweeteners we consume today** tend to confuse the pancreas, thus creating a state of imbalance. Proper levels of sugar in the blood are important for mental clarity, energy, muscle recovery, and proper metabolization of fats.

**SunnyDew** is very nourishing, balancing and healing – a grand, healthful alternative to sugar and artificial chemical sweeteners

### **Stevia vs. Sugar**

Stevia is in every way opposite of sugar:

- ☒ Sugar feeds Candida (Stevia kills it.)
- ☒ Sugar promotes tooth decay (Stevia prevents it.)
- ☒ Sugar causes the blood pressure and blood sugar to go out of balance (Stevia nourishes them back into balance.)
- ☒ Sugar is extremely acidic (Stevia is alkaline.)
- ☒ Stevia is the exact opposite of white sugar and yet Stevia is sweet, and, depending on how it's formulated, is from 50-200 times sweeter than sugar. SunnyDew is 300x sweeter than sugar.
- ☒ Sugar substitutes are generally extremely toxic (Aspartame is the main ingredient in NutraSweet and Equal).

**Heat and cold** do not affect the beneficial effects of *SunnyDew* so it's great for cooking, canning and baking, however, using it in breads will kill the yeast in the dough.

**2 Choices:** *Sunectar* is the darker version and complements stronger flavors and *SunnyDew* is great for fruit mixtures and beverages.

**How much:** For beverages, just add however many drops you desire per cup of *Calli*, *NuPlus* or anything you want to sweeten and drink regularly—to your good health! *SunnyDew* is even delicious in a glass of water with a slice of lemon! Enjoy!

**Ingredients:** Stevia, Chrysanthemum

**SunnyDew:**  
**A must in Every Kitchen!**