



5602 Arsenal St.
St. Louis, MO 63139

HOURS: 9am-3pm Monday-Wednesday-Friday
314-645-3477 — FAX: 314-645-3813
www.stlactivitycenter.com

PLEASE NOTE: THE CENTER WILL BE CLOSED MONDAY, FEBRUARY 17TH, FOR THE PRESIDENTS' DAY HOLIDAY!
POT OF GOLD—DRAWING, MONDAY, JANUARY 29TH—FEBRUARY TICKET SALES BEGIN MONDAY, FEBRUARY 5TH—

On Monday, February 3rd, we will start Pot of Gold ticket sales for the drawing on Monday, February 24th! See Alice Jennings to purchase tickets. COST: 1 ticket = \$1.00/6 tickets = \$5.00. You need not be present to win.

EXERCISE PROGRAM—Our Exercise Program is held on Mondays, Wednesdays, and Fridays at 10:00am! We exercise with **BANDS and WEIGHTS on Mondays and Wednesdays!** Suggested donation for this program is \$2.00 per session. Please join us!

COFFEE TALK WITH ALICE—MONDAYS AFTER EXERCISE—On Mondays after exercise, Alice Jennings will be hosting a Coffee Talk! Come join us as we discuss interesting topics along with coffee & dessert for \$1.00!

PINOCHLE PLAYERS—MONDAYS @ 9:00AM—On Mondays at 9:00am, a group gets together at the Center to play Pinochle! If you would like to play Pinochle, you are welcome to join them!

BOOK CLUB—MONDAY, FEBRUARY 10TH, AT 11:00AM—Our Book Club is reading "Sugar Plum Poisoned" by Jenn Mckinlay

PIE DAY SOCIAL— Monday FERUARY 10th at 11:30 AM- Come enjoy PIE DAY SOCIAL COST: Bring a Pie to share and try others as well. Cost: \$5 if you bring a Pie, \$10 If you don't bring a Pie. We will provide Shepherds Pie for lunch. Sign up at the front desk.

BIRTHDAY CELEBRATION—WEDNESDAY, FEBRUARY 12TH, AT 10:45AM—On Wednesday, February 12th, we will celebrate our February birthdays! Birthday cake and coffee will be available for FREE. Happy Birthday to all our celebrants!

HORSESHOE CASINO—WEDNESDAY, FEBRUARY 19TH—On Wednesday, February 19th, we will be going to Horseshoe Casino! We will depart from the Center at **10:00am. COST: \$8.00 for transportation.** Come join us for a good time

ST. LOUIS PUBLIC LIBRARY—WEDNESDAY, FEBRUARY 19th 10:30-11:45AM—The St. Louis Public Library will be at the Center on Wednesday, February 19th, from 10:30-11:45am. Visit their table to see what they have to offer you!

BINGO—THURSDAY, FEBRUARY 20TH, 10:30AM—On Thursday, February 20th, we will be playing Bingo! We will play from 10:30-11:30am, break for lunch, and resume play at 12:00 Noon. Lunch will be available for purchase. Come and join in the fun!

BOWLING AT SHREWSBURY LANES—Friday FEBRUARY 21ST AT 11:30AM—On February 21ST, we will be bowling at Shrewsbury Lanes! COST: \$12.00/Members, \$17.00/Non Members, includes shoes, bowling, & transportation.

CRAFTING WITH SUE—MONDAY, FEBRUARY 24TH AT 10:45AM—Sue Molz will be having her Craft Class on Monday, February 24th at 10:45am. Come join Sue and make something decorative for your home!

LUNCH AND A MOVIE: MONDAY FEBRUARY 24th AT 11:30 AM— We will be watching **SECONDHAND LIONS** and having Grilled Cheese and Tomato Soup. COST-\$5.00

DIGITAL LITERACY SESSION W/SARAH REDDICK, ST LOUIS PUBLIC LIBRARY—WEDNESDAY, FEBRUARY 26TH, 10:30-11:30AM—Sarah will answer questions you might have on any digital device. Bring the device with you so Sarah can look at it!


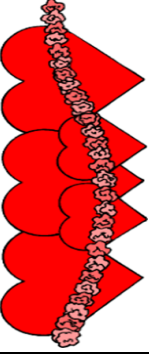

SESAME RESTAURANT—WEDNESDAY, FEBRUARY 26TH, 11:00AM—On Wednesday, February 26th, we will go to SESAME for lunch! COST: \$8.00 for transportation. Lunch is on your own.

TRANSPORTATION SERVICES are available for lunch & activities at the Center, medical appointments, business, essential shopping (5 bag limit), recreation, etc. **PLEASE NOTE: DUE TO INCREASED FUEL COSTS, SUGGESTED BUS DONATIONS HAVE CHANGED TO \$8.00 ROUND TRIP FOR ALL TRIPS. TRANSPORTATION TO ST. LOUIS COUNTY (OR OVER 10 MILES) IS \$20.00. The Center relies on donations to cover the cost of gas, insurance & vehicle maintenance!**

SUGGESTIONS—Please let front office staff know of any suggestions you may have regarding ways to improve the Center, trips you would like to

St. Louis Activity Center Calendar

February 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>3 Pot of Gold Ticket Sales 9:00am Pinochle 10:00am Exercise 10:45am Coffee Talk 11:30am Lunch</p>	<p>4 TRANSPORTATION AVAILABLE</p>	<p>5 10:00am Exercise 11:00am Games 11:30am Lunch</p> <p>SUPER BOWL SQUARE Fundraiser \$2 Per Square/100 Total Payout per Quarter 1st, 2nd & 3rd =\$20 4th Quarter=\$40</p>	<p>Super Bowl Squares are due by Friday Feb 7th at 11 AM</p> <p>6 TRANSPORTATION AVAILABLE</p>	 <p>7 10:00am Exercise 10:00 Polish Rummy 11:30am Super Bowl Lunch Party</p>
<p>10 9:00am Pinochle 10:00am Exercise 10:45am Coffee Talk 11:00am Book Club 11:30 PIE DAY SOCIAL</p>	<p>11 TRANSPORTATION AVAILABLE</p>	<p>12 10:00am Exercise 10:45am Birthday Cake 11:30am Lunch</p>	<p>13 TRANSPORTATION AVAILABLE</p>	<p>14 VALENTINES DAY 10:00am Exercise 11:30am Lunch</p>
 <p>17 HOLIDAY</p>	<p>18 TRANSPORTATION AVAILABLE</p>	<p>19 10:00am Exercise 10:30-11:45am St. Louis Public Library 10:00am Horseshoe Casino</p>	<p>20 10:30am BINGO 11:30am Lunch 12:00pm BINGO</p>	<p>21 10:00am Exercise 11:30am Lunch 11:30am Bowling</p>
<p>24 Pot of Gold Drawing 9:00am Pinochle 10:00am Exercise 10:45am Coffee Talk 10:45am Crafting w/Sue 11:30 Second Hand Lions Movie and Lunch</p>	<p>25 TRANSPORTATION AVAILABLE</p>	<p>26 10:00am Exercise 10:30-11:30am Digital Literacy w/Sarah-St. Louis Public Library 11:30am Sesame for lunch 11:30am Lunch</p>	<p>27 TRANSPORTATION AVAILABLE</p>	<p>28 10:00am Exercise 11:30am Lunch</p>