

THE FAST OF “PROMISE FULFILLED”

MAY 13 – MAY 17

“THEME SCRIPTURE: ACTS 2:38-39 KJV

38] THEN PETER SAID UNTO THEM, REPENT, AND BE BAPTIZED EVERY ONE OF YOU IN THE NAME OF JESUS CHRIST FOR THE REMISSION OF SINS, AND YE SHALL RECEIVE THE GIFT OF THE HOLY GHOST. [39] FOR THE PROMISE IS UNTO YOU, AND TO YOUR CHILDREN, AND TO ALL THAT ARE AFAR OFF, EVEN AS MANY AS THE LORD OUR GOD SHALL CALL.

CALVARY MINISTRIES INTERNATIONAL
BISHOP C. SHAWN TYSON, SENIOR PASTOR

FASTING AND PRAYER INFORMATION

INSTRUCTIONS:

Monday - Friday: Beginning at 5 am Monday morning , we will be fasting daily from 5am - 5pm (Absolute = absolutely No food, ONLY water between 5am-5pm. After 5pm one meal and a beverage of your choice (water is preferred)

Special note: ***Be sure to consult your doctor, especially if you have any medical condition. For those who cannot do the absolute, due to medical conditions, continue with whatever your eating directives are as given by your doctor.

PRAYER TIMES: Monday – Friday 5am – 6am

Mt. Calvary Pentecostal Facebook live

Call (917) 900-1022 Access Code: 8923928

Monday - Thursday – 6pm – 6:30 pm

In person or MTCyoungstown FB Live or YouTube Calvary Ministries International

BIBLE STUDIES- Tuesday at 12:00 pm (online or in-person)

In- Person or FB Live or YouTube

PENTECOST SUNDAY – 10 AM & 4 PM City- Wide Service (Wear all white)

PLEASE NOTE: We are limiting all social interaction & dialogue; meaning we are abstaining from all unnecessary conversations, phone calls, social media, texting, tweeting, etc. Married couples abstain from conjugal communications until after the conclusion of the fast. (We are concentrating on spending focused time with God) for the entire period of consecration before the Lord.

- **Check & return pertinent business-related messages.**
- **Watch the news so you may know how to pray- you may watch religious programming.**

We encourage you to avail yourself to God in this special time of consecration. Make special effort to press your way into the presence of God each day thru prayer and teaching.

BEFORE, DURING, AND BREAKING THE FAST

Planning Your Fast

Pre-plan your meals; and a daily schedule and list of juices you may find useful and satisfying.

"Then Joshua said to the people, "Consecrate yourselves, for tomorrow the Lord will do wonders among you." Joshua 3:5

Pray—Spend time reading the Bible before the fast. Ask the Holy Spirit for guidance in your prayers. Write down your faith goals and specific prayer requests for your family, friends, church, and nation.

Commit—Pray about the fast you will undertake and commit to it ahead of time. Ask God for grace to help you follow through with your decisions.

Act—Start eating smaller portions a few days before the fast. Avoid food high in sugar and fat—plan to limit physical and social activities during the fast. Ask someone to be your prayer partner throughout the fast.

While Fasting

[Jesus] answered, "It is written, 'Man shall not live by bread alone, but by every word that comes from the mouth of God.'" Matthew 4:4

Focus—Set aside time to work through the devotionals. Be ready to respond to God's Word and the leading of the Holy Spirit.

Pray—Intercede for your family, church, pastors, nation, campuses, and missions throughout the fast.

Replenish — During mealtime, read the Bible and pray. Drink plenty of water and rest as much as you can. Be ready for temporary physical weakness and mental annoyances like impatience and irritability.

Stick to a Schedule -

For maximum spiritual benefit, set aside ample time to be alone with the Lord. Listen for His leading. The more time you spend with Him, the more meaningful your fast will be.

•Morning

- Begin your day in praise and worship.
- Read and meditate on God's Word
- Pray for His vision for your life and empowerment to do His will.
- Invite God to use you. Ask Him to show you how to influence your world, your family, your church, your community, your country, and beyond.
- Invite the Holy Spirit to work in you to will and to do His good pleasure according to Philippians 2:13.

•Noon

- **Return to prayer and God's Word.**
- **Take a short prayerwalk.**
- **Spend time in intercessory prayer for your community's and nation's.**
- **leaders, for the world's unreached millions, and for your family or special needs.**

•Evening

- **Get alone for an unhurried time of "seeking His face."**
- **If others are fasting with you, meet for prayer.**
- **Avoid television, internet or any other distraction that may dampen your spiritual focus.**

Longer periods of time with God in prayer and study of His Word are often better spent alone.

Breaking the Fast

"And this is the confidence that we have toward him, that if we ask anything according to his will he hears us. And if we know that he hears us in whatever we ask, we know that we have the requests that we have asked of him." 1 John 5:14-15

Eat—Reintroduce solids gradually. Your body will need time to adjust to a normal diet. Eat small portions throughout the day.

Pray—Do not stop praying! Trust God's faithfulness and timing. Carry your newfound passion for God throughout the year. Be in faith for God to answer your prayer.

Prayer Targets

1: That there be no divisions among us and that a true spirit of unity is engendered in the body of Christ in Mahoning and Trumbull County

2: That each Pastor receive, accept and teach to their congregants the necessity of water baptism in the name of Jesus Christ for the remission of sins and the importance of receiving the baptism of the Holy Spirit with the initial evidence of speaking with tongues.

3: That God give Pastor Todd Johnson the specific Word for this specific moment and that the Word be confirmed with signs following.

4: That souls be baptized in Jesus name and be filled with the Holy Ghost at any time before, during or after the service.

5: That there be supernatural healings that take place before, during and after the service.

6: That this service be the initiation of a city wide revival that continues to grow and expand in spiritual influence and momentum

7: That this service be the initiation of 50 young people under the age of 35 being added to Mount Calvary during the summer months of June, July and August.