

## PERU: Lima, Cusco & Sacred Valley

June 5-12, 2016

\$4,799 (based on double occupancy)

\$899 (Single supplement)

**BOOK NOW 888.747.7501**



### CAREER ENRICHMENT Nursing Program

From the rugged beauty of the Andes, to the crystal waters along the coast, to the endless green of the Amazon, Peru's landscape offers many worlds in one. Settled by Norte Chico, the oldest known civilization in the Americas, it has been home to ancient Inca kings and Spanish conquerors. Today Peru's culture remains colorful and diverse.

#### Program Highlights

- 7 nights / 8 days journey through Peru
- Interact with medical professionals from a variety of facilities and schools in both Lima and Cusco
- Meet with Peter Frost: writer, expedition guide and independent scholar who has been exploring the Andes since 1971 and is credited with discoveries featured in the *National Geographic* documentary, "Inca Mummies"
- **Accompanying Guest program** – alternate activities will be provided for those who do not wish to attend the meetings

#### Focus on healthcare

- Meaningful interaction and collaboration between travelers and healthcare professionals in Peru will focus on strategies being taken to meet the United Nation's Millennium Development Goals and improve healthcare outcomes worldwide.
- Gain an understanding of the contemporary challenges Peru faces in attempting to provide health care to more than 45 million people despite health care worker shortages, inadequate referral between levels of care, an HIV epidemic, and overwhelming poverty.

#### Focus on the community

- Giving back and engaging with the local community is an important part of your journey. You will have several opportunities to interact with local non-profit organizations.
- Spend time in a **rural village** interacting with the local families.
- We are working with local healthcare officials to source an area in the Sacred Valley that will provide a **hands-on opportunity to skill share and give back** to a local community.

#### Program Leader: Dr. Carol Huston

Dr. Carol Huston is a former president of Sigma Theta Tau, the International Honor Society of Nursing. She recently retired as director of the School of Nursing at California State University-Chico (CSUC).

- Author/co-author, *Leadership Roles and Management Functions in Nursing, Professional Issues in Nursing, and Leadership and Management Tools for the New Nurse*
- Co-developer, Marquis-Huston Model for Teaching Critical Thinking, which has been recognized internationally by nurse scholars



#### Why Nanda Journeys?

*Travel for people with purpose and passion. See for yourself what a difference travel makes.*

#### Ready to go?

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