

**2021 MVC SUPER MEET**

Waterloo, IA  
 Irv Warren Golf Course/Byrnes Park  
 Weather: Overcast, Wind ENE 5mph & 21  
 Host: Waterloo West  
 Thursday, October 07, 2021

**MEET OFFICIALS**

**Meet Director:**  
 Gordy Yuska  
**Meet Referee:**  
 Rick Hall  
**Timing:**  
 Andrew Kauder - Kauder Racing, LLC



KAUDER RACING

OFFICIAL MEET REPORT

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**Race #1**  
**Fr-So Girls 5K**

**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
<b>1 Dubuque Hempstead</b>	<b>25</b>	3-4-5-6-7(8)(37)	1:48:42	21:45	1:10.1
<b>2 Dubuque Senior</b>	<b>81</b>	9-13-16-19-24(28)(36)	1:56:00	23:12	1:34.7
<b>3 Iowa City City High</b>	<b>83</b>	1-10-14-27-31(32)(39)	1:55:05	23:01	3:44.6
<b>4 Iowa City West</b>	<b>99</b>	11-15-17-26-30(34)(42)	1:57:46	23:34	1:48.5
<b>5 Prairie Cedar Rapids</b>	<b>117</b>	2-18-25-29-43(44)	1:59:43	23:57	5:43.4
<b>6 Wahlert Dubuque</b>	<b>139</b>	20-21-22-35-41	2:02:05	24:25	2:01.3
<b>7 Linn-Mar Marion</b>	<b>146</b>	12-23-33-38-40	2:01:49	24:22	2:30.0
<b>DNP Cedar Falls</b>					

**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
1 PETERSON, Nicole	FR	Iowa City City High	1	20:49.7	6:43.1	4:10.4
2 HAMILTON, Karlee	SO	Prairie Cedar Rapid	2	21:00.2	6:46.5	4:12.5
3 LANGE, Mylee	FR	Dubuque Hempstea	3	21:07.8	6:48.9	4:14.1
4 SCHLICHTTE, Aubrey	FR	Dubuque Hempstea	4	21:31.0	6:56.4	4:18.7
5 BRAUHN, Isabel	SO	Dubuque Hempstea	5	21:49.4	7:02.4	4:22.4
6 MCFADDEN, Hannah	FR	Dubuque Hempstea	6	21:56.1	7:04.5	4:23.7
7 HERRIG, Bella	FR	Dubuque Hempstea	7	22:17.8	7:11.5	4:28.1
8 GEHL, Lauren	SO	Dubuque Hempstea	(8)	22:18.3	7:11.7	4:28.2
9 WAGNER, Clara	SO	Dubuque Senior	9	22:27.7	7:14.7	4:30.1
10 PRUESSNER, Sierra	SO	Iowa City City High	10	22:33.1	7:16.5	4:31.1
11 HENDRICKSON, Ivy	FR	Iowa City West	11	22:38.1	7:18.1	4:32.2
12 SOURWINE, Rita	SO	Linn-Mar Marion	12	22:42.0	7:19.3	4:32.9
13 TOMPKINS-GAROU, Gwen	FR	Dubuque Senior	13	22:46.9	7:20.9	4:33.9
14 BERNARDY, Ashley	FR	Cedar Falls	-	22:53.9	7:23.2	4:35.3
15 TORKELOSON, Nina	SO	Iowa City City High	14	22:57.1	7:24.2	4:36.0
16 ORSZULA, Helen	SO	Iowa City West	15	23:05.1	7:26.8	4:37.6
17 LUDOVISSY, Kamryn	FR	Dubuque Senior	16	23:12.6	7:29.2	4:39.1
18 BLAKE, Natalie	FR	Cedar Falls	-	23:13.4	7:29.5	4:39.2
19 CLARK, Violet	SO	Iowa City West	17	23:25.9	7:33.5	4:41.7
20 ALLARD, Tori	SO	Prairie Cedar Rapid	18	23:28.6	7:34.4	4:42.3
21 MONTGOMERY, London	SO	Dubuque Senior	19	23:29.7	7:34.7	4:42.5
22 STEFFEN, Rylee	SO	Wahlert Dubuque	20	23:39.7	7:38.0	4:44.5
23 CUHAT, Isabelle	FR	Cedar Falls	-	23:55.3	7:43.0	4:47.6
24 PAPE, Marley	FR	Wahlert Dubuque	21	23:57.0	7:43.5	4:48.0
25 CUSHMAN, Laura	SO	Wahlert Dubuque	22	23:58.1	7:43.9	4:48.2
26 CHRISTENSON, Katie	FR	Linn-Mar Marion	23	24:01.3	7:44.9	4:48.8
27 CARBER, Delaney	SO	Dubuque Senior	24	24:02.3	7:45.3	4:49.0
28 ANTON, Ellie	FR	Cedar Falls	-	24:02.9	7:45.4	4:49.2
29 REDIG, Riley	FR	Prairie Cedar Rapid	25	24:09.3	7:47.5	4:50.4
30 GRIENER, Naomi	FR	Iowa City West	26	24:10.3	7:47.8	4:50.6
31 THOMPSON, Lucy	SO	Iowa City City High	27	24:10.7	7:48.0	4:50.7
32 DONOVAN, Ella	SO	Dubuque Senior	(28)	24:13.3	7:48.8	4:51.2
33 SANDERS, Sarah	FR	Prairie Cedar Rapid	29	24:21.6	7:51.5	4:52.9
34 HAROUN, Wesal	SO	Iowa City West	30	24:26.6	7:53.1	4:53.9

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**Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. km</b>
35 MATEL, Rachel	FR	Iowa City City High	31	24:34.3	7:55.6	4:55.4
36 LECLAIR, Josie	FR	Iowa City City High	(32)	24:36.8	7:56.4	4:55.9
37 CLARK, Chelsea	FR	Linn-Mar Marion	33	24:44.6	7:58.9	4:57.5
38 ORSZULA, Yaya	SO	Iowa City West	(34)	24:47.5	7:59.8	4:58.1
39 DEHN, Anna	SO	Wahlert Dubuque	35	24:48.9	8:00.3	4:58.4
40 NEMMERS, Lauren	SO	Dubuque Senior	(36)	24:53.1	8:01.6	4:59.2
41 BERNS, Kourtney	SO	Dubuque Hempstea	(37)	24:54.9	8:02.2	4:59.6
42 COOK, Alli	SO	Dubuque Senior	-	24:56.6	8:02.7	4:59.9
43 SCOTT, Zoe	FR	Linn-Mar Marion	38	25:08.5	8:06.6	5:02.3
44 PISARIK, Savannah	SO	Iowa City City High	(39)	25:10.5	8:07.2	5:02.7
45 SWANSON, Audrey	SO	Linn-Mar Marion	40	25:12.0	8:07.7	5:03.0
46 POPPEN, Ava	SO	Dubuque Senior	-	25:18.4	8:09.8	5:04.3
47 RICHTER, Rachel	SO	Dubuque Hempstea	-	25:22.2	8:11.0	5:05.0
48 ANGERER-SUEPPEL, Ellen	SO	Iowa City City High	-	25:31.4	8:14.0	5:06.9
49 GALLUZZO, Joanna	FR	Iowa City City High	-	25:36.8	8:15.7	5:08.0
50 MUNSHOWER, Alison	SO	Wahlert Dubuque	41	25:41.0	8:17.1	5:08.8
51 BOERNER, Greta	SO	Iowa City City High	-	25:42.8	8:17.7	5:09.2
52 HONG, Tina	FR	Iowa City West	(42)	25:44.9	8:18.3	5:09.6
53 LARSEN, Haley	SO	Prairie Cedar Rapid	43	26:43.5	8:37.2	5:21.3
54 GAMMON, Hailey	SO	Prairie Cedar Rapid	(44)	27:14.5	8:47.2	5:27.5