

Lost Loves

Choreo: Larry & Susan Sperry, 40 Roundup Drive, Billings, MT 59102 version 1.2 Released 12/1/2022
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Music: Lost Loves is original music written and performed and copyrighted by Jim Hayward
Music: Contact choreographer. Permission to distribute music has been granted to choreographer by composer.
Music Sample: <https://www.larrysperry.com/lost-loves.html>
Footwork: Opposite unless noted (Woman's footwork in Parentheses)
Rhythm: Bolero Phase 5+2 (Checked Right Pass and Full Moon) Degree of Difficulty: Average Time: 3:02
Sequence: Intro A B C A B C A end

INTRODUCTION

1-2 WAIT 2 MEASURES WITH R HANDSHAKE, TRAIL FOOT FREE AND MAN FACING WALL;;

1-2 Wait 2 measures in R handshake trail foot free man facing wall;;

PART A

1-4 SYNCOPATED HIP ROCK; HALF MOON;; SPOT TURN;

1 Rk R, -, L/R, L;
2 Sd R comm RF turn with R sd stretch shape twds prtnr, -, cont RF trn slip fwd L, rec bk R trn to fc prtnr;
3 Sd L, -, trng LF bk R with slipping action, cont trn fwd L fc COH (W turning ¼ RF sd R, -, fwd L in front of M trng ½ LF, bk R cont trn to fc prtnr);
4 Sd R with body rise, -, XLIF of R turning ½ RF lowering, fwd R cont trn to fc prtnr;

5-8 CROSS BODY TO FC WALL; FWD BRK; DBLE HNDHLD OPENING OUTS TWICE TO BFLY;;

5 Sd and bk L turning LF, -, bk R with slipping action turning LF, fwd L turning LF to fc wall (W sd and fwd R, -, fwd L cross in front of M turning LF, bk R to fc wall);
6 Sd and fwd R with body rise to Left Open Facing, -, fwd L with contra chk like action, bk R;
7 Close L with rise comm LF body turn, -, lower on L foot extend R foot to sd, rise and turn to Bfly (W sd and bk R with rise comm turn to match prtnr, -, XLIB lowering, fwd R trn to Bfly);
8 Close R with rise comm RF body turn, -, lower on R foot extend L foot to sd, rise and turn to Bfly (W sd and bk L with rise comm turn to match prtnr, -, XRIB lowering, fwd L trn to Bfly);

PART B

1-4 BASIC;; CHECKED R PASS; MAN SWIVEL TO R HNDSHK AND CONTRA BRK;

1-2 Sd L with body rise, -, bk R with slipping action, fwd L; Sd R with body rise, -, fwd L with slipping action, bk R;
3 Fwd & sd L raising ld hnds high & putting R hnd on W's R hip, -, trng RF xRib, sd & fwd L to W's L sd in mod wrap pos (Fwd R, -, fwd L across R, bk R);
4 Fwd R swivel RF to R hndshk to fc ptr & wall, -, fwd L w/ R shoulder lead, bk R;

5-8 FULL MOON;;;:

5-8 Sd & fwd L turning LF 1/8, -, bk R turning LF 1/4, fwd L bringing right hands up behind woman leading her to spiral; Fwd R turning 1/8 LF joining L hands to varsouv position, -, fwd L checking, releasing L hands bk R comm lowering joined R hands; Bringing joined R hands down between partners to lead woman's turn bk L turning 1/8 LF, -, bk R turning LF 1/4, fwd L bringing R hands up behind woman leading her to spiral; Fwd Rt turning 1/8 LF joining L hands to varsouv position, -, fwd L checking, bk R; (W sd & fwd R trning 1/4 RF, -, fwd L trning 1/4 LF, fwd R spiraling 7/8 LF; Fwd L trning 1/8 LF joining L hands to varsouv position, -, fwd R checking, bk L trning 1/8 RF; Fwd R towards man's R side trning RF 3/4, -, fwd L trning 1/4 LF, fwd R spiraling 7/8 LF; Fwd L trning 1/8 LF joining L hands to varsouv position, -, fwd R checking, bk L;)

PART C

1-3 **CHK BACK W DEVELOPE; SWEETHEART; SWIVEL WOMAN TO CROSS BODY BFLY COH;**

- 1 Bk L, -, - (W bk R, - bring L foot up R leg to inside of right knee, extend L foot forward);
- 2 Sd R, -, fwd L w/ slight LF trn [L hands high], rec R (sd L, -, bk R w/ slight RF trn, rec L);
- 3 Release L hands sd & bk L turning LF leading W to swivel RF, -, chk bk R turning LF, rec L turning LF to fc COH BFLY (Sd R swiveling RF, -, fwd L cross in front of man turning LF, small sd R);

4-8 **HORSESHOE TURN;; CUDDLE; TWICE; HIP ROCK 2 SLOWS TO RIGHT HANDSHAKE;**

- 4 Sd & fwd R with R sd stretch to slight "v" pos, -, ck thru L, rec R raise jnd hnds;
- 5 Fwd L comm LF circle wlk, -, fwd R lead W under jnd hnds, fwd L end in cuddle position fcng wall;
- 6 Sd R with R sd stretch giving W a slight R sd lead to open her out, -, rec sd L with L sd stretch, cl R chg to R stretch placing L hnd on w's R shldr blade leading her to CP (Sd L with L sd stretch trng ¼ RF, -, bk R with R sd stretch extend free arm out to the sd, rec L chng to L sd stretch turning ¼ LF place L hnd on M's lft shldr blending to CP);
- 7 Sd L with L sd stretch giving W a slight L sd lead to open her out, -, rec sd R with R sd stretch, cl L chg to L sd stretch place R hnd on W's L shldr blade leading her to CP (Sd R with R sd stretch trng ¼ RF, -, bk L with L sd stretch extend free arm out to the sd, rec R chng to R sd stretch trng ¼ LF place R hnd on M's R shldr blending to CP);
- 8 Rk R, -, rk L, -;

END

1-3 **NEW YORKER; REV UNDERARM TURN TO WRAP BOTH FC WALL; LOWER & POINT;**

- 1-2 Sd L with body rise, -, small fwd R with slipping action lowering & turning to sd by sd, bk L turn to fc ptrnr in bfly; Both hands joined sd R, -, XLIF of R lowering, bk R trn LF to wrapped pos fcng wall (W sd L comm LF turn, -, XRIF cont turn to wrapped pos fcng wall, cl L);
- 3 Lower on weighted trail feet allowing lead feet to slide out to point sd, -, -, -;

HEAD CUES

INT) R hndshk wall trail foot free WW;;

A) Synco hip rks; Half moon;; Spot turn;

X body; Fwd brk; Double handhold opening outs to BFLY;;

B) Basic;; Checked R pass; M swivel to R hndshk contra brk;

R hndshk Full moon;;;

C) Bk W develope; Sweetthrt; W swivel to X body to bfly coh; Horseshoe turn;

Fin Horseshoe turn; Cuddle; Twice; Hip rk 2 slow to R hndshk;

A) Synco hip rks; Half moon;; Spot turn;

X body; Fwd brk; Double handhold opening outs to BFLY;;

B) Basic;; Checked R pass; M swivel to R hndshk contra brk;

R hndshk Full moon;;;

C) Bk W develope; Sweetthrt; W swivel to X body to bfly coh; Horseshoe turn;

Fin Horseshoe turn; Cuddle; Twice; Hip rk 2 slow to R hndshk;

A) Synco hip rks; Half moon;; Spot turn;

X body; Fwd brk; Double handhold opening outs;;

END) Bfly N yorker; Rev U- arm trn to wrap; Lower & point;