



# Noreen's Kitchen

## Salt Free Poultry Seasoning

### Ingredients

2 tablespoons ground parsley  
2 tablespoons rubbed sage  
2 tablespoons ground rosemary  
2 tablespoons ground thyme  
2 tablespoons ground marjoram

2 tablespoons ground celery seed  
2 tablespoons ground black pepper  
1 tablespoon ground ginger  
2 teaspoons ground nutmeg

### Step by Step Instructions

Place all ingredients into a jar or airtight container and stir or shake well.

Store in a cool dry place that is dark to maintain maximum flavor.

Use within 6 months.

**Enjoy!**