

YOU ALWAYS HURT THE ONE YOU LOVE 5

Choreo: Larry & Susan Sperry, 40 Roundup Drive, Billings, MT 59102 released 9/1/2015 vers 1.0
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Music: You Always Hurt The One You Love by Ace Cannon, Trk #6 of Album "Classics" 2:34 (Amazon mp3)
Footwork: Opposite unless noted (Woman's special footwork in Parentheses)
Rhythm: Foxtrot Phase: 5 Speed: As downloaded Degree of Difficulty: Easy
Sequence: Intro A B A B 1-15 end

INTRODUCTION

1-4 LOP FCG DLW WAIT 2 MEAS;; STEP TOG TCH CP; FEATHER FINISH;
1-4 LOP fcg dlw wait 2 meas;;Stept tog L, -, tch R, -; Bk R trng LF,-, sd & fwd L, fwd R outsd ptr to bjo dlc;

PART A

1-4 DIAMOND TURN 1/2;; QUICK DIAMOND 4 TO LOD; DIP & RECOVER;
1-2 Fwd L trng LF on diag,-, cont LF trn sd R, bk L to bjo; In bjo bk R trng LF,-, sd L, fwd R bjo drw;
3-4 Fwd L on the diagonal comm LF turn, continue LF trn sd R, bk L, bk R to cp lod; Bk L,-, rec R,-;

5-8 THREE STEP; NATURAL WEAVE;; HOVER;
5 Fwd L heel lead blend CP,-, fwd R heel to toe, fwd L ending cp lod;
6-7 Trn RF fwd R,- sd & fwd L trn RF, cont RF trn sd & bk R to bjo (W bk L, -, cl R [heel turn] cont trn,
fwd left); Bk L in bjo, bk R to cp trn LF, sd & fwd L dlw slight body trn to bjo, fwd R bjo dlw;
8 Fwd L, sd & fwd R rise, rec L semi dlc;

9-12 PROMENADE WEAVE;; THREE STEP; NATURAL TURN HALF;
9 Fwd R,-, fwd L comm LF trn to cp, sd & bk R to Bjo to fc drw;
10-11 Bk L dlc, bk R trng LF & trng W to cp, sd & fwd L, fwd R to bjo dlw: Repeat meas 5 Part A;
12 Fwd R comm RF turn, -, sd L cont RF turn, bk R (W bk L, -, cl R [heel turn] continue turn, forward left);

13-16 CLOSED IMPETUS; FEATHER FINISH; TO A TOPSPIN; CHANGE OF DIRECTION;
13-14 Comm RF upper body trn bk L,-, cl R to L [heel trn] cont trn, sd & bk L to cp dlw; Repeat meas 4 Intro;
15 XLIB of R commence LF spin, bk R cont trn, sd & fwd L cont trn, fwd R bjo dlw;
16 Fwd L to cp dlw,-, fwd R trng LF w/Rt shld ld, draw L to R end cp dlc;

PART B

1-4 DIAMOND TURNS;;; CP LOD
1-4 Fwd L to dlc trng LF to cp, -, cont trn sd R, bk L dlw in BJO; Bk R dlw trn LF, -, trn sd L, fwd R drw
in bjo; Fwd L drw trn LF, -, cont trn sd R, bk L drc in bjo; Bk R trn LF, -, cont trn sd L, fwd R cp lod;

5-8 HOVER TELEMAR; NATURAL FALLAWAY WEAVE WITH DOUBLE BK LILT;;;
5 Fwd L,- sd & fwd R, fwd L trn RF to R dlw (W Bk R,- sd & bk L trng RF, fwd R to semi dlw);
6-7 Fwd R comm. RF trn, -, cont turn fwd L rise chkg, bk R semi fcng drw; Bk L, cl R, Bk L, cl R;
8 Bk L, bk R comm. lf trn (W trn LF fwd L) cp wall, sd L, fwd R bjo dlw;

PART B CONTINUED

9-12 THREE STEP; NATURAL HOVER CROSS;; DOUBLE REVERSE;

9-10 Repeat meas 5 Part A; Fwd R start trn RF, -, sd L cont trn, sd R cont trn scar dlw;

11 Fwd L in CBMP, rec R, sd & fwd L, fwd R (W bk L start trn RF, -, cl R to L [heel trn], sd L cont trn RF; bk R in CBMP, rec L, sd & bk R, bk L) to end bjo dlw;

12 Fwd L comm LF trn, -, fwd & sd R cont LF trn touch L to R cp dlw (W bk R, -, cls L to R/sd R, XLIF of R);

13-16 REVERSE WAVE HALF; CHECK & WEAVE;; CHANGE OF DIRECTION;

13 Fwd L trning LF,-, fwd & sd R cont trn (W cl L [heel trn]), bk L fc drc ;

14-15 Bk R chk, rec fwd L, bk & sd R; Bk L bjo, bk R comm LF trn, sd L to LOD cont trn, fwd R bjo dlw;

16 Repeat meas 16 of Part A;

END

1 FORWARD & RIGHT LUNGE;

1 Fwd L, -, sd & fwd R soften R knee;

HEAD CUES

INTRO) Wait 2 meas LOP fcg dlw;; Step tog, touch CP; Feather finish;

**A) Diamond turn ½;; Quick diamond in 4 to LOD; Dip & Recover;
Three step; Natural weave;; Hover;
Promenade weave;; Three step; Natural turn ½;
Closed impetus; Feather finish; To a topspin; Change of direction;**

**B) Diamond turns;;; lod
Hover telemark; Natural fallaway weave with double lilt;;;
Three step; Natural hover cross;; Double reverse;
Reverse wave half to; Check and weave;; Change of direction;**

**A) Diamond turn ½;; Quick diamond in 4 to LOD; Dip & Recover;
Three step; Natural weave;; Hover;
Promenade weave;; Three step; Natural turn ½;
Closed impetus; Feather finish; To a topspin; Change of direction;**

**B) Diamond turns;;; lod
Hover telemark; Natural fallaway weave with double lilt;;;
Three step; Natural hover cross;; Double reverse;
Reverse wave half to; Check and weave;; Fwd, right lunge;**