Zen: a state of calm attentiveness in which one’s actions are guided by intuition rather than by conscious effort.

The term Zen, originally a Japanese sect of Mahayana Buddhism that aims at enlightenment by direct intuition through meditation, is now used to describe things that induce a sense of peace. 9MusesArtCenter seeks artwork that can only be described as calming, tranquil, gentle, restful, and serene. Concrete and abstract ideas may be used to express Zen. The Elements of Art (line, color, shape, value, texture) and the Principles of Design (Balance, Proportion, Rhythm, Emphasis, Unity) can be used to actively calm the body and mind. Members are encouraged to participate in art class on Tuesdays from 1-2pm to gain feedback on composition, conceptual ideas, and color theory relating to this call.

Eligibility: The exhibit is open to all members in good standing. Subject matter, color palate and composition must all fall within the theme of Zen to be considered. Only works on canvas or canvas board will be accepted. Acrylic, oils, gauche, and oil pastels are all acceptable mediums for canvas. Pieces that use watercolor, graphite, color pencil, charcoal, or any element that would make the artwork heavier than usual (like a piece with heavy assemblage) will not be accepted. Submissions must be original work by the artist and must be created within the past 12 months. All sizes will be considered up to 24 x 36.

Accepted works must remain through the posted exhibition dates and will remain on hand to be prominently displayed at our partner exhibit site, Segal Trials, located in Miami. The length of the exhibit is 6 months. Once art is submitted it cannot be picked up until the end of the full exhibit term. This is a great opportunity for artists to make sales. 9MusesArtCenter has the right to refuse any work misrepresented in the application. Images of accepted work will be used for marketing and document.

9MusesArtCenter is a program of the Mental Health Association of Southeast Florida designed to provide adults with mental health disorders an opportunity to improve mental health through the Fine Arts, Support Groups, and Peer Activities. 9Muses has been promoting mental health awareness throughout the community over twenty years and functions as a peer-run organization. Positive interaction promotes self-empowerment and increases mental health awareness which strengthens individual recovery.

Paintings are limited to 24” x 36”

Opening reception date is tentative and subject to change

Submit all entries to Nicole Storrs. Email additional inquiries to nicole@mhasefl.org.
ZEN APPLICATION

Please complete entire application and turn in to Nicole Storrs (nicole@mhasefl.org) along with completed artwork. Opening reception date is tentative. Dates are subject to change.

The Who: Discuss who the artwork is about or who would benefit from viewing it. ____________________________
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________

The What: Describe the concept or main idea behind the artwork. ____________________________
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________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________

The When: Talk about the moment in time that you captured. Is it the future, past or present?
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________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________

The Where: Is there a location related to the art? Tell us how it expresses Zen. ________________
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________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________

The Why: Tell us why you chose these particular images to express Zen. ____________________________
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________________________________________________________________________________________
________________________________________________________________________________________
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