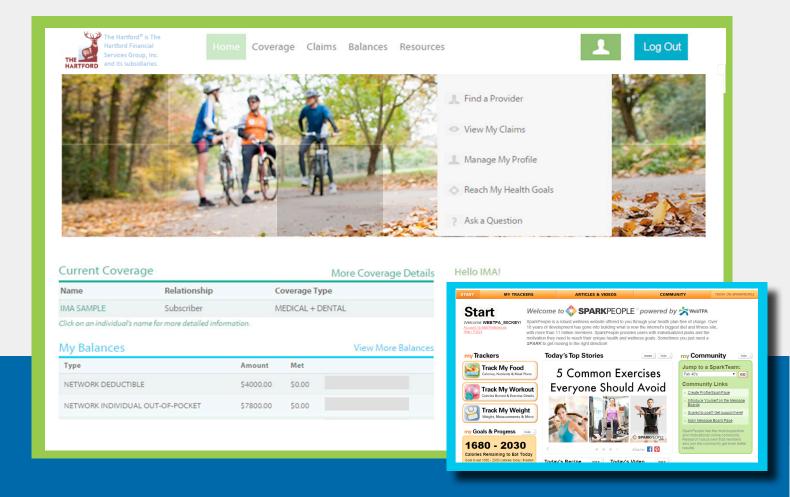


# Your WebTPA.com



### **Made Just for Members**

We've designed an entire healthcare experience just for you. Your member portal provides a complete dashboard view of your health plan and self-service tools designed to save you time and effort.

As always, www.webtpa.com keeps your healthcare information secure and strictly confidential. We hope you find our convenient online tools helpful as you navigate your healthcare benefits.

Visit www.webtpa.com to see for yourself!

#### **Features**

- View eligibility information
- View claim status and history information
- Communicate with Customer Service
- Get all the tools, resources, and support you need to reach your health goals. SparkPeople powered by WebTPA enables you to track your food, follow a personalized fitness program, join an online community, and much more.

## Registering on WebTPA.com





## **Registering Online**

- 1 Go to www.webtpa.com.
- Click Member Log In.
- Click **Register Now**. Read the License Agreement and click **Agree**.
- Enter your date of birth, zip code, and member ID.
- Create a username and password of your choice (password must be at least 8 alphanumeric characters) and enter a secure question and answer.
- 6 Confirm your information and start enjoying the benefits of your new secure online account immediately!

## **Questions?**

If you have questions regarding your member portal or plan benefits, please call the Customer Service number on your ID card. Representatives are available from 8 am – 6 pm Eastern Standard Time (EST) Monday – Friday. After hours, you may verify eligibility and coverage levels via WebTPA's interactive voice response system.

## SparkPeople Powered by WebTPA

Accessible via your webtpa.com member portal

SparkPeople is the world's largest healthy living community with a free online diet and fitness program. SparkPeople is helping millions of people achieve their goals every single day. Whether you want to lose weight, tone up, live a healthier lifestyle, or reach other goals, SparkPeople can help – and it's 100% FREE!

The SparkPeople powered by WebTPA portal offers you the following:

- Calorie Counter & Meal Plans Take the guesswork out of what to eat with powerful customizable tools.
- Personalized Fitness Plan & Exercise Demos Burn calories and tone muscles with routines you can do at home or at the gym by watching online exercise videos.
- Active Support Message Boards Get help from thousands of other people like you who are losing weight with SparkPeople.
- Member-Created Goal Teams Find others with similar goals and work towards success together.
- Recipes, Articles, Tips and More Browse thousands of articles and over 100,000 recipes to learn more about eating right, staying active, and sticking to a health program.
- FitBit Integration
  Track your steps traveled, calories burned, stairs climbed and sleep activity with FitBit.
  Visit www.webtpa.sparkpeople.com/fitbit to link your FitBit and sync its data to your SparkPeople powered by WebTPA account.

### SparkPeople Powered by WebTPA Homepage



#### **Sample Condition Center Resources (Diabetes)**

