



2021 DECEMBER

New Dawn Cnc

Wishing the best of the best to our clients from our team. We welcome 2022 as a year full of prosperity, significant progress on your mental health and plenty of success on your personal and family ventures.

- New Dawn Team



CURRENT OPERATIONAL ACTIVITIES

Our staff of professional therapists are here for you, please feel free to contact us at (+1) 805-604-5437, we are ready to give you the best quality service through Telehealth or in person.

ABOUT US

Telehealth & in person appointments
[here](#)

Our services
EPSDT
- Psychoterapy
-Case Management
[here](#)

Meet our professionals
Meet our team
[here](#)

Our blog
Cultivate your social well-being to improve your mental health.
[here](#)

MEET OUR TEAM



My experience working at New Dawn has been wonderful. My teammates and the support and encouragement I have received has made me love my work environment. My biggest motivation at work are my clients and getting to make an impact on their lives. My colleagues and being able to give back to the Latinx community are what I have absolutely enjoyed most being part of the New Dawn Team. Having a flexible schedule has allowed me to spend my free time hiking, spending time with my friends and getting to try new local restaurants.

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Enjoying holidays at the end of the year brings emotions, feelings, and, above all, experiences of love through family, friends and homeland. We gathered for Thanksgiving and a couple of weeks after, we celebrated Christmas, Hanukkah and or new years eve, it reminds us of the value of spending time with our loved ones.

Multiculturalism is one of cultures' most precious riches. The last two years have challenged our sense of humanity, humility and solidarity, as well as profound lessons: we share values and humanity, which are more important than the things that separate us, such as languages, race, religions, even politics.

VALUE OF THE MONTH DIVERSITY



OUR BLOG

Have you ever wondered why people who volunteer always have a smile and transmit peace? If you don't know someone who does, think of Princess Diana of Wales, or Mother Teresa of Calcutta. They are women from the last century who dedicated part of their lives to serving others without asking for anything in return. Although they had many differences, the same thing united them: love for those most in need.

Now, how does this contribute to my mental health? Well, you would be surprised how many benefits it brings to your life. On one hand, cultivating solidarity, compassion and empathy allow you to connect with others; Learn from other people, build healthy relationships, and receive the reward of duty accomplished when you commit to the community and they are the ones who appreciate your support.

[READ MORE](#)



Follow our journey

OUR SOCIAL MEDIA