



PARISH OF OUR MOTHER OF PERPETUAL HELP

Redemptorist Community

Rev Fr. Joseph Stephen, C.Ss.R. (Parish Priest)

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Rev.Fr. Joseph Stephen & Rev.Fr. Patrick Massang together with the Redemptorist Community and Parish of Our Mother of Perpetual Help wish all our chinese Brothers & Sisters God’s Blessing as they celebrate Chinese New Year of the Dragon. Gong Xi Fai Cai!

ANNOUNCEMENTS:

2nd FUND RAISING PROJECT.....

In 2023, the Parish Council approved to undertake two projects.

First project was to install the air-conditioning in the church that was completed last year.

The second project is to extend our St.Gerard’s Cafeteria which we use almost on a daily basis.

We plan to raise the funds by having a **Banana Leaf LUNCH on Sunday, 5 May, 2024 from 11.30 a.m. till 2.30 p.m.** at OMPH parish hall.

Each ticket is priced at RM30/-. Our cooks will cook for 1200 people. You have a choice to dine in or take away.

The menu includes

Rice,Mutton,Chicken,Veggi, Dhall, papedam,water.

Tickets will be on Sale.

Get your tickets early for we have limited tickets.

Join in the best delicious and sumptuous lunch on 5/5/2024 in Ipoh!

RECENT REPORT about the extension of St.Gerard’s Cafeteria

The Committee met on the Mon.,5 Feb.,2024, and after much discussion and studying of the various contractors and their costing; the Committee decided to award this project to HOE HWA PROPERTIES SDN BHD. The total cost is RM93,870.50. They will commence on the 1st of March,2024 and will be completed by 5th May,2024.

To raise the funds, the Parish will hold a Fund Raising project – Banana Leaf Lunch on the 5/5/2024. Tickets are on Sale @ RM30/-. Come join us for the lunch.

Parishioners and well-wishers who would like to make a donation for this project can make your online contribution to:- (Public Bank:) **“PARISH OF OUR MOTHER OF PERPETUAL HELP”** (Account number: 3096 86 4807) OR, you can hand your cash donation to the parish office. Thank you for your care for the parish.

MARRIAGE: Please contact the Parish Priest at least SIX MONTHS in advance.

BAPTISM: Please contact the Parish Priest at least ONE MONTH in advance. Next baptism will be on 7 April, 2024 during the 8 a.m. Mass

WE WELCOME TO OUR COMMUNITY:

* Nathantel Izharraj s/p Izharraj Karapayah & Nicklin Mary Mut Marthin. He was baptized on 28 January, 2024. Congratulations to his parents and godparents.

PARISH ACTIVITIES & MEETINGS: (February2024)

- * 11/2/2024 - 11.30 a.m. – Tamil Apostolate (St.Mk.Rm.)
- * 13/2/2024 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- 8.00 p.m. – Tamil Charismatic (church)
- * 15/2/2024 - 8.00 p.m. – RCIA (E) (St.Mk.Rm.)
- 8.00 p.m - RCIA (BM) (ven Francis Xavier Rm.)
- 8.00 p.m - RCIA (T)
- 8.00 p.m. – Tamil Choir (St.Paul Rm.)
- * 16/2/2024 - 8.00 p.m - RCIA (C) (ven Francis Xavier Rm.)
- * 17/2/2024 - 2.00 p.m. - Ablaze (ven Francis Xavier Rm.)
- * 18/2/2024 - 3.00 p.m. – Rite of Election (church)
- * 19/2/2024 - 7.30 p.m. - Caritas Committee (St.Mk.Rm.)
- * 20/2/2024 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- 8.00 p.m. – Tamil Charismatic (church)
- * 21/2/2024 - 7.30 p.m. - CCR - Lenten Retreat (church)
- * 22/2/2024 - 8.00 p.m. – RCIA (E) (St.Mk.Rm.)
- 8.00 p.m - RCIA (BM) (ven Francis Xavier Rm.)
- 8.00 p.m - RCIA (T)
- 8.00 p.m. – Tamil Choir practice (St.Paul Rm.)
- * 23/2/2024 - 8.00 p.m. – Area Coordinators (St.Mk.Rm.)
- * 23/2/2024 - 8.00 p.m - RCIA (C) (ven Francis Xavier Rm.)

CAFETERIA ST.GERARD:

The Cafeteria will officially be closed for the months of March, April, mid-May for renovation work. All breakfast morning on Sundays will be cancelled until further notice.



Every last Friday at

8.00 p.m.in St.Mark’s room.
All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups.
Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.

EVENING FOR THE ENGAGED 2024

Couples planning to get married in the year 2024, please take note of the EE Weekends held in english during the year.

You are requested to register six (6) weeks before the weekend

EE138	2 – 4 Feb., 2024
EE139	10-12 May, 2024
EE140	9 – 11 Aug.,2024
EE 141	8-10 Nov.,2024

For Tamil marriage preparation course 2024 –

Dormitory St.Anne, Bukit Mertajam	Feb 17 & 18
	May 25 & 26
	Aug 24 & 25
	Nov 16 & 17
	(Closing date on: 1st day of each month)

Please see your Parish Priest for registration.

COMING EVENTS:

LENTEN CAMPAIGN 2024

will be launch on
Sat 17 Feb,2024 during the
5.45 p.m. Mass

**DAUGHTERS OF ST. PAUL
Book Mission**

(date) Sat. 24 Feb., 2024
Sun. 25 Feb., 2024
(venue) OMPH church

**PARISH PASTORAL COUNCIL
MEETING on**

(date) **Sunday, 3 March, 2024**
(time) 7.00 p.m.
(venue) St.Mark’s Rm.

LENTEN SEASON 2024

from 14 February to 31 March,2024.
* Palm Sunday – 24 March.
* Mon-Wed - 25 – 27 March
* Holy Thurs - 28 March.
* Good Fri. - 29 March.
* Easter Vigil - 30 March.
* Easter Sun. – 31 March

**REFLECTIVE STATIONS OF
THE CROSS**

The Youth & Altar Servers will be having a reflective Stations of the Cross on Sunday, **3 March, 2024** at 4.00 p.m.
This event will be held outdoor in the church surroundings lasting for about 45 minutes.
The Youths are inviting all young people from the parish and schools to join us in this special event. Parents are also welcomed.

ASH WEDNESDAY –

Blessing & Distribution of ashes on
Wed. 14 Feb.,2024 at
1st Mass – 6.30 a.m. (E) (church)
2nd Mass – 8.00 p.m.(E) (church)
3rd Mass (T) – 8.00 p.m. (Parish hall)

STATIONS OF THE CROSS

During the season of Lent,
Stations of the Cross will be held on every Friday; starting from Friday,
16 Feb.,2024 at 7.30 p.m.
followed by Mass.

RITE OF ELECTION – 1st Sunday of Lent

The Rite of Election for District of Perak will be celebrated at Church of Our Mother of Perpetual Help, Ipoh on Sunday, 18 February, 2024 at 3 p.m. with Cardinal Bishop Sebastian Francis.

LENTEN ALMSGIVING PROJECT

BY OMPH COMBINED
LITCOM 2024.
Lent reminder Buttons will be sold after Masses starting on 1st Sunday of Lent.
Proceeds will be donated to the poor via Caritas OMPH.
Minimum donation per button RM2/-.

A LENTEN RETREAT

with Rev.Fr. Joseph Stephen.
Please bring along your Bible @ 7.30 p.m. on Wednesdays
21st Feb.,2024
6th & 13th March, 2024.
followed by coffee fellowship.
A love offering will be taken up.
Organized by: OMPH-CCR

**Pastoral Statement
for the eve of
Chinese New Year &
Ash Wednesday.**

Dear People of God
This year, Chinese New Year falls on Sat. 10 Feb. & Ash Wed., 14 Feb.,2024 falls on the 5th day of Chinese New Year.
The Catholic Bishops Conference of Malaysia, Singapore, Brunei, in consultation with the Episcopal Regional Liturgy Commission of Malaysia, Singapore, Brunei offers the following guidance.

1. On Fri. 9 Feb.,2024, being the eve of Chinese New Year, dispensation is given from abstinence.
2. The liturgy for the sunset mass on Sat. 10 Feb., 2024 shall be the liturgy of 6th Sun. in Ord. Time.
3. Fast & Abstinence shall remain for Ash Wednesday which falls on Wed. 14 Feb.,2024.

Wishing you the Lord’s abundant blessings and joyous celebration of the Chinese New Year.

William Cardinal Goh
President
Episcopal Regional Liturgy Commission
Catholic Bishops’ Conference of
Malaysia, Singapore, Brunei