



**PARISH OF OUR MOTHER OF PERPETUAL HELP**  
**Redemptorist Community**  
**Rev Fr Patrick Massang, C.Ss.R.** (Parish Priest)  
**Rev Fr Philip Lai, C.Ss.R.** (Assistant Parish Priest)

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(food for thought) (Bulletin 8 January 2023)  
 Gospel: Mt. 2: 1-12.  
 "New Beginnings/Follow the Light "

**TRANSITION TO ENDEMIC STAGE**  
**ATTENDING MASSES IN O.M.P.H.**  
**IPOH**

- \* Wearing of face Mask is mandatory inside the church premises (Adults & children)
- \* Sanitize your hands
- \* Please co-operate and follow instructions from the hospitality ministers.

Stay safe Stay healthy

**SUNDAY CATECHISM**  
**SCHOOL 2023**

Sunday Catechism begins on **8 Jan., 2023**

**NEW REGISTRATION for**  
**Sunday Catechism (E) -**

Parents are requested to bring a photostat copy of the child's baptism certificate.

Catechism books for

- > Primary = RM25/-.
- > Secondary = RM30/-.

**REDEMPTORIST**  
**IPOH COMMUNITY**

The Ipoh Redemptorist Community will be away for their Chapter meeting in January .

From 9 till 13 Jan, no weekday morning mass in church.

**MASS & Novena SCHEDULE on**  
**Sunday, 15 Jan.,2023,** there

will be no 10 a.m Tamil Mass & 11.30 a.m Mandarin Mass.  
 No 9.00 a.m Novena Devotion on **Sat. 14 Jan.,2023**

**SACRAMENT OF CONFIRMATION**

will be held on Sunday, 15 January, 2023 during the 8 a.m. Mass with Rt. Rev. Bishop Sebastian Francis. The candidates will be attending their Retreat & Sacrament of Reconciliation on Sat.,14/1/23.

**CATECHESIS OF THE GOOD**  
**SHEPHERD (CGS)**

Interested in being a CGS Catechist? You will be journeying in faith formation with children between the ages of 3 to 6 years old.

Training will be provided for interested Catechists and all age groups are encouraged to apply – *no one is too young or too old to be a Catechist.*

If you are unable to commit fully, you can join us as Catechists Assistant. Contact Rosalind (016 5587 655) for more information.

**APPEAL FOR**  
**MANDARIN ORANGES**

The Parish is appealing to you parishioners who would like to donate a box or more of mandarin oranges for the Chinese New Year celebration.

Please send in the latest 18 Jan., at the parish office.

**INFANT BAPTISM:** Please contact the Parish Priest at least **ONE MONTH** in advance.  
 Next Infant Baptism will be on **Sunday, 29 January, 2023.**

**MEETINGS/ACTIVITIES:-**

- \* 8/1/2023 @ 10 a.m – Sun Catechism starts. @11.30 a.m – Faith Educators (Francis X.Rm.)
- \* 10/1/2023 @ 8 p.m. – Legion of Mary (C)(Mt.Rm.)
- \* 12/1/2023 @ 8p.m – RCIA (E) (St.MkRm.)
- \* @ 8 p.m – RCIA (T) (St.Paul Rm.)
- \* 13/1/2023 @ 8 p.m – RCIA (C) (St.Francis X.Rm.)
- \* 14/1/2023 @ 9a.m - Retreat for Confirmation candidates. (Francis X.Rm)

**COFFEE MORNINGS 2023**

- \* 8/1/2023 – BEC St.Francis De Sales.
- \* 15/1/2023 – RCIA (E)
- \* 29/1/2023 – Tamil Hospitality
- \* 5/2/2023 – BEC St.Jude (T)
- \* 12/2/2023 – BEC St.Monica (T)

**EVENING FOR THE ENGAGED 2023**

Couples planning to get married in the year 2023, please take note of the EE Weekends in english during the year. You are requested to register six (6) weeks before the weekend dates. **Please see your Parish Priest for registration.**

EE134	17-19 Feb	Stella Maris
EE135	19-21 May	Stella Maris
EE136	18-20 Aug	Stella Maris
EE137	17-19 Nov	Stella Maris

For enquiries contact Bart-Angie (017 5900978).Registration forms can be obtained from website <http://www.ceepenang.org>

**MARRIAGE:** Please contact the Parish Priest at least **SIX MONTHS** in advance.

Epiphany awakens us today from any glow that might remain from our Christmas celebrations. There is plenty of darkness around us and it touches all of us. Yet, into this darkness comes the promise of Light.

The magi caused quite a stir with their arrival at Herod's palace and their questions about the "newborn king of the Jews." Isaiah proclaims the "Light" that has come. And at Jesus' baptism, the voice from heaven announces, quite emphatically: "This is my beloved Son, with whom I am well pleased." A lot seems to happen in just a few days' Scripture Readings!

Each day of this New Year will give us an opportunity to celebrate life, to share love, to enkindle hope. It will provide new occasions for service to others, for compassion and understanding, for listening and learning. Each day will also bring a challenge to take what we have experienced and consciously work to complete His mission.