

2-1-1

Get Connected. Get Help.[™]
An Initiative of Granite United Way

YOUR LINK TO RESOURCES.
GET HELP. GIVE HELP. DISCOVER OPTIONS.



2-1-1 IS THE NUMBER TO DIAL WHEN YOU NEED HELP OR DON'T KNOW WHERE TO CALL.

2-1-1 MAKES INFORMATION MUCH EASIER TO FIND.

- 2-1-1** A FREE AND CONFIDENTIAL CALL FROM ANYWHERE IN NH
- PERSON-TO-PERSON ASSISTANCE
- AVAILABLE 24/7 WITH TRANSLATION ASSISTANCE IN OVER 150 LANGUAGES

JUST DIAL 2-1-1

TOLL FREE OUTSIDE OF NEW HAMPSHIRE:
1.866.444.4211

www.211nh.org

powered by



EVERSOURCE



FOR EVERYDAY NEEDS AND DIFFICULT TIMES,

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IS YOUR CONNECTION TO THOUSANDS OF RESOURCES AVAILABLE IN NH

The service that 211 NH provides is information and referrals. The 211 NH team can help connect you with:

- Clothing and thrift shops
 - Community services & organizations
 - Consumer services
 - Crisis services
 - Discrimination assistance
 - Domestic & sexual violence services
 - Education - OED instruction, computer classes
 - Employment services
 - Food pantries & nutrition programs
 - Health care services
 - Housing - homeless prevention, shelter, tenant's rights
 - Legal assistance
 - Mental health care & counseling
 - Mentoring
 - Military, family & community network
 - Parenting programs
 - Smoking cessation programs
 - Substance misuse prevention, treatment and recovery services
 - Support groups
 - Transportation
 - Utility assistance
 - Youth & family services
 - Veterans services
 - Volunteer opportunities
 - Wellness programs
- AND MUCH MORE

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