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St. Joseph The Worker Parish, Russell, MB St. Theresa's Parish Rossburn, MB

Responsorial Psalm (Psalm 91): Be with me, Lord, when I am in trouble.



*We're glad you came to join with us in our Mass today.
 We hope that you have felt God's love in a new, refreshing way
 for you're so welcomed in this place. And we hope you'll come again,
 to join us in fellowship and to make some special friends.*

St. Joseph The Worker News:

Please remember in your prayers those who are sick in hospitals, care homes, or in their homes & those who care for them. If you wish to receive the Sacraments of Anointing, Confession, or Holy Communion – please call the parish office & leave a message: 204-773-2924.

Praying with Pope Francis March: *For families in crisis:* Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

Mass Intentions For This Week:

1st Sunday of Lent

- Saturday Mar 8 7:30 p.m. Russell For Fr Paul req by the CWL
- Sunday Mar 9 9:00 a.m. Russell **Zoom on-line Mass 9:00 a.m. and YouTube after 10:15 a.m.**
 For all parishioners req by Father Paul
 11:00 a.m. Rossburn + Lorne Woychyshyn req by David Woychyshyn & family
- Monday Mar 10 Health of Family & friends req by Jean Goba
- Tuesday Mar 11 No Mass
- Wed Mar 12 No Mass
- Thurs Mar 13 10:30 a.m. Rossburn Adoration
 11:00 a.m. + Suffering Souls in Purgatory req by Rose & family
- Friday Mar 14 8:30 a.m. Russell Adoration
 9:00 a.m. Special Intentions req by Brad & Brenda Robin
 7:00 p.m. – **Stations of the Cross by Zoom**



4th Sunday In Ordinary Time

- Saturday Mar 15 7:30 p.m. Russell + Frank Horeczy req by the Horeczy family
- Sunday Mar 16 9:00 a.m. Russell **Zoom on-line Mass 9:00 a.m. and YouTube after 10:15 a.m.**
 For all parishioners req by Father Paul
 11:00 a.m. Rossburn + Art Sabourin req by Linda Ryshytylo

****First communion** classes will be again today at St. Joseph's, March 9th at 10:00 a.m. after 9 a.m. mass. Thank you!

Most Reverend Murray Chatlain will be installed as the 8th Archbishop of Winnipeg on Friday, April 4th, 2025 at 7:30 pm at St. Mary's Cathedral. All are welcome to attend!

Russell & Area Food Connection's Basket is located at the church entrance for your food donations. Please help those less fortunate in our communities.

A deposit of \$146 was made last week for the Children's collection, making the year to date total for 2025 \$246. Thank you to all the children who donate so joyfully each Sunday!

We would like to thank Bev Roszell's group who supplied the food and drink for our coffee Sunday in January and also to Nicole Petz's group who supplied the food and drink for our coffee Sunday in February. Coffee Sunday is part of the Ministry of Hospitality!



*****Stations of the Cross***** will be celebrated each Friday during Lent at 7:00 p.m. on Zoom. If you wish to join in and are not presently on Zoom, email stjoewkr@gmail.com to get the link for Zoom. We also plan to do the Stations of the Cross on the last Friday of Lent, April 11th at St. Joseph's Parish.

St. Theresa's Parish will also be having Stations of the Cross every Sunday during Lent beginning at 10:30. This is a good way to enliven our prayer life and slow down our mind to really see what God has in mind for us.

On Wednesday, March 19th there will be a gathering at St. Mary's Cathedral to say thank you and bid farewell to Archbishop Richard Gagnon for his eleven years of pastoral service and leadership as our Archbishop. It is fitting that his celebration should take place on the Solemnity of St. Joseph, our Archdiocesan patron. The celebration will begin at 7:30 p.m. and a reception will follow. **All are welcome to attend this celebration.**

During this Lent.

- Give up *complaining*.....focus on gratitude.
- Give up *pessimism*....become an optimist.
- Give up harsh *judgments*...think kind thoughts.
- Give up *worry*.....trust Divine Providence.
- Give up *discouragement*.....be full of hope.
- Give up *bitterness*.....turn to forgiveness.
- Give up *hatred*....return good for evil.
- Give up *negativism*.....be positive.
- Give up *anger*.....be more patient.
- Give up *pettiness*.....become more mature.
- Give up *gloom*.....enjoy the beauty that is all around you.
- Give up *jealousy*...pray for trust.
- Give up *gossiping*.....control your tongue.
- Give up *sin*.....turn to virtue.
- Give up *giving up*...hang in there !!!!!

We need to grow in holiness during Lent by prayer, reconciliation, and sharing. We become resistant and even immune to temptations as we grow healthier in soul by following the traditional Lenten practices: a) by finding time to be with God every day of Lent, speaking to Him, and listening to Him; b) by repenting of our sins and renewing our lives, uniting ourselves with God both by the Sacrament of Reconciliation and by forgiving those who have hurt us while asking forgiveness of those whom we have hurt; and c) by sharing our love with others through our selfless, humble service, our almsgiving, and our helping of those in need.

Lent begins with a reflection on the Temptation of Jesus in the wilderness. The first reading describes the ancient Jewish ritual of presenting the first fruits of the harvest to God to thank Him for liberating His people from Egypt, and for strengthening them during the years of their trials and temptations in the desert. The Responsorial Psalm (Ps 91), gives us the source for Satan's third temptation as recorded in Luke's Gospel. The Psalmist sings, "No evil shall befall you, nor affliction come near your tent, for to His angels He has given command about you, that they guard you in all your ways./ Upon their hands they shall bear you up, lest you dash your foot against a stone!" In the second reading, St. Paul warns the early Christians converted from Judaism not to yield to their constant temptation to return to the observances of the Mosaic Laws. He reminds them that they will be saved only by acknowledging the risen Jesus as Lord and Savior. The Church assigns temptation stories to the beginning of Lent because temptations come to everybody, not only to Jesus, and we seem almost genetically programmed to yield to them. We are surrounded on all sides by temptations, and they have become so familiar to twenty-first century life that we scarcely notice them.

Dear Padre,

Who decided that fish isn't meat? I really dislike fish; also, it bugs me when my friends eat lobster for dinner on Fridays in the name of "sacrifice."

Latin is the official language of the Catholic Church. Canon law, as written in Latin, states that we must abstain from *carne* (meat), a word that refers to warm-blooded animals that walk on the ground. By that definition, fish is allowed.

You make an excellent point about the lobster dinners and the nature of sacrifice. In the document "Questions and Answers About Lent and Lenten Practices," the United States Conference of Catholic Bishops states, "While fish, lobster, and other shellfish are not considered meat and can be consumed on days of abstinence, indulging in the lavish buffet at your favorite seafood place sort of misses the point. Abstaining from meat and other indulgences during Lent is a penitential practice. On the Fridays of Lent, we remember the sacrifice of Christ on Good Friday and unite ourselves with that sacrifice through abstinence and prayer."

As we enter Lent, we must remember that our acts of penance should be more than thinking about just giving something up, like meat. Our fasting isn't just an external discipline—sacrifice for the sake of checking a box. It's supposed to be a sacrifice that leads us closer to God. When we take that deeper step ourselves, then we can invite our friends to go deeper, too. ●



SWEET MARSHMALLOW / SHUTTERSTOCK

Fr. Paul Borowski, CSsR / DearPadre.org

A WORD FROM POPE FRANCIS

Jesus opposes the attractions of evil...by responding to temptations with the word of God, which says not to take advantage...to obtain privileges. Because true happiness and true freedom are not found in possessing, but in sharing; not in taking advantage of others, but in loving them; not in the obsession of power, but in the joy of service.



VATICAN MEDIA

ANGELUS, ROME, MARCH 6, 2022

Monday March 10 <i>Lenten Weekday</i> Lv 19:1-2, 11-18 Mt 25:31-46	Thursday March 13 <i>Lenten Weekday</i> Est C:12, 14-16, 23-25 Mt 7:7-12	Saturday March 15 <i>Lenten Weekday</i> Dt 26:16-19 Mt 5:43-48
Tuesday March 11 <i>Lenten Weekday</i> Is 55:10-11 Mt 6:7-15	Friday March 14 <i>Lenten Weekday</i> Ez 18:21-28 Mt 5:20-26	Sunday March 16 <i>Second Sunday of Lent</i> Gn 15:5-12, 17-18 Phil 3:17-4:1 or 3:20-4:1 Lk 9:28b-36
Wednesday March 12 <i>Lenten Weekday</i> Jon 3:1-10 Lk 11:29-32		

Do you have a question for the Padre?

Go to DearPadre.org to send your question and to learn more about *Dear Padre*.

Our Parish COMMUNITY

March 9, 2025

First Sunday of Lent (C)

Deuteronomy 26:4-10 / Romans 10:8-13 / Luke 4:1-13



Living in Fantasy

FR. JOSEPH JUKNIALIS

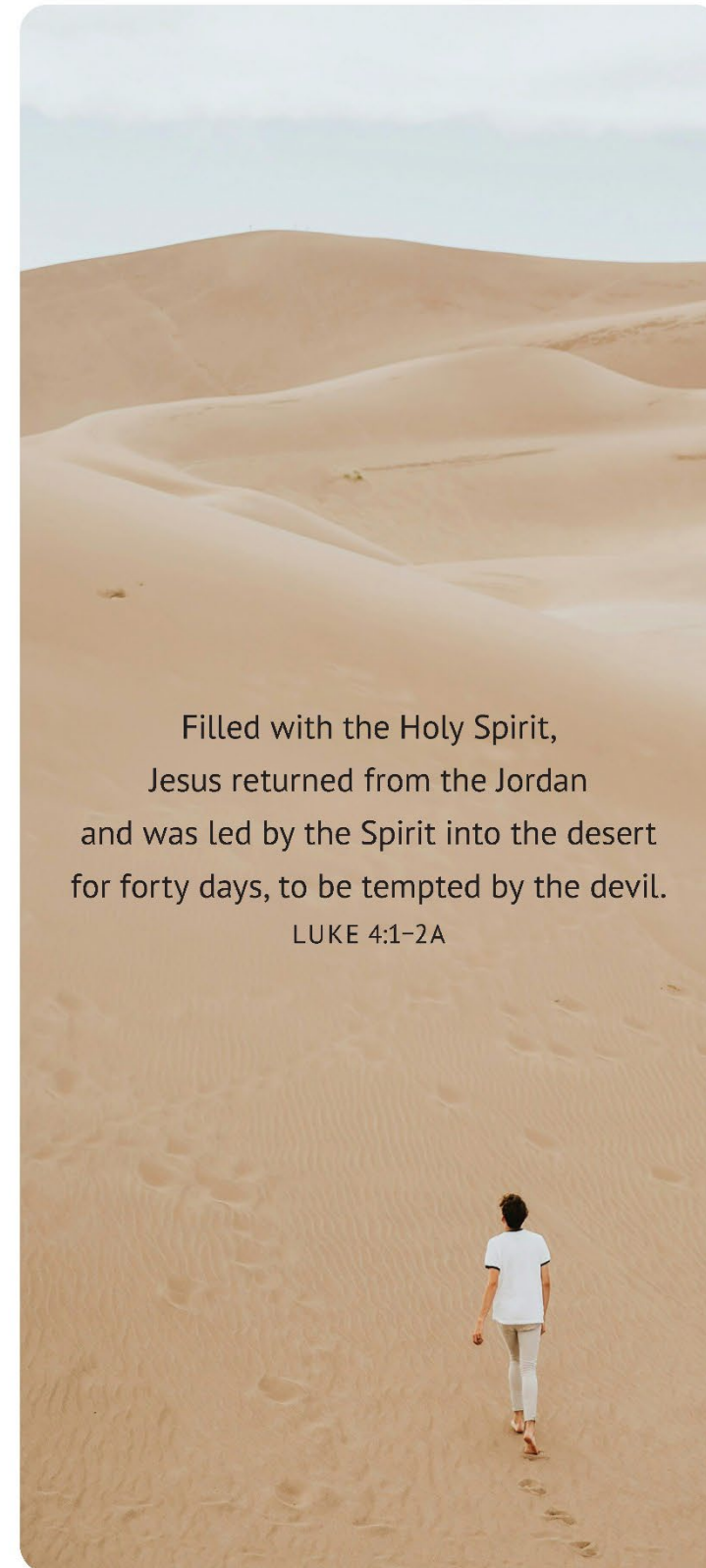
I *f I Were a Horse* by Elizabeth Bridgman is a children's story about Jenny, who daydreams about being a horse and then accepts her true reality, as she realizes no one will recognize her as a horse. In the end, she finds that she likes herself as she truly is.

The story may also be a metaphor for our human fantasy about sin, by which we try to redefine the world on our own terms, only to realize that life does not go so well when we do this. It is our stealing by which we pretend that something belongs to us rather than to another. It is our lying that attempts to redefine truth in terms of what we want life to be, rather than in what life really is. It is our addictions that redefine the source of meaning and life not as God, but as ourselves and our wants. Lent brings us face to face with who we are—which is not a horse (real or otherwise), but, by God's design, is a daughter or son of God.

The temptations Jesus experienced in the desert were temptations to define life on his own terms, just as we are often tempted to do. Yet, Jesus was the one who got it right. For him, stones were stones, not bread. Power and glory were God's, not his. He would not put God to the test, thinking he could manipulate God and get God to do what Jesus wanted. Jesus was the faithful one. ●

Filled with the Holy Spirit,
Jesus returned from the Jordan
and was led by the Spirit into the desert
for forty days, to be tempted by the devil.

LUKE 4:1-2A



Reflect

What about my life do I struggle to accept?