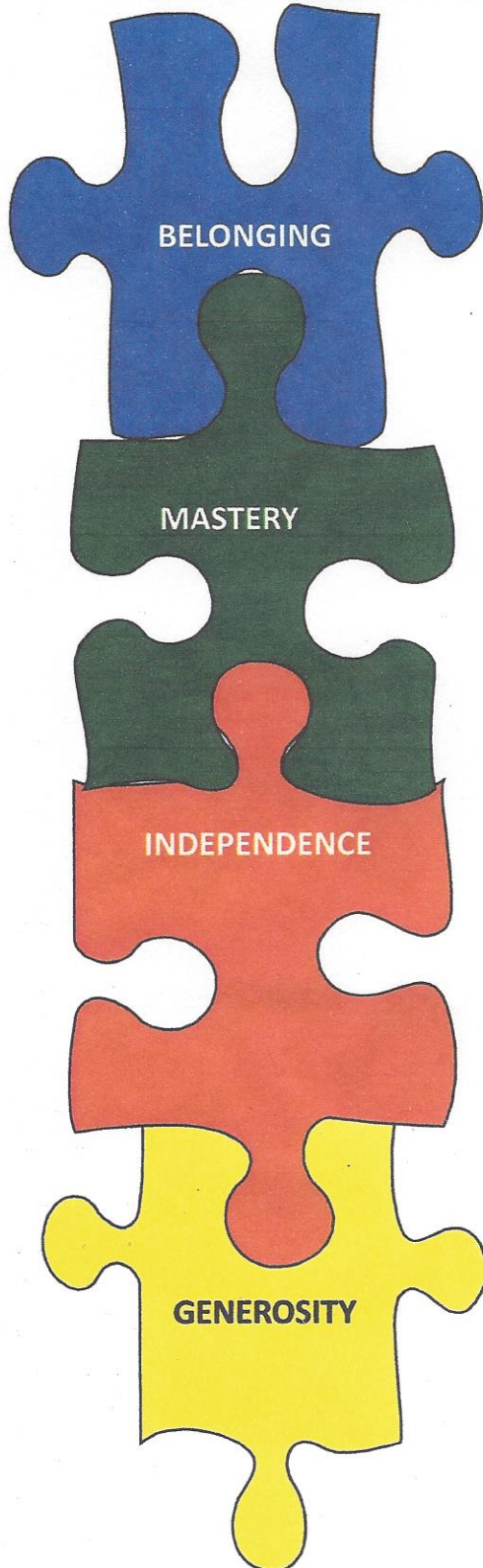




Educational Design and Delivery: Four Essential Elements of Positive Youth Development



Belonging

A Positive Relationship with a Caring Adult

- A caring adult acts as an advisor, guide and mentor. The adult helps set boundaries and expectations for young people.

An Inclusive Environment

- An inclusive environment is one that creates a sense of belonging, encourages and supports its members with positive and specific feedback.

A Safe Environment

- Youth should not fear physical or emotional harm while participating in a 4-H experience whether from the learning environment itself, adults, other participants or spectators.

Mastery

Opportunity for Mastery

- Mastery is the building of knowledge, skills, and attitudes and then demonstrating the competent use of this knowledge and skills in the manner of a proficient practitioner. The development of mastery is a process over time.

Engagement in Learning

- An engaged youth is one who is mindful of the subject area, building relationships and connections in order to develop understanding. The engaged learner has a higher degree of self-motivation and an inexhaustible capacity to create.

Independence

Opportunity to See Oneself as an Active Participant in the Future

- The ability to see oneself in the future is to have hope and optimism to shape life choices to facilitate the transition into participating in the future.

Opportunity for Self-Determination

- Youth must exercise a sense of influence over their lives, exercising their potential to become self-directing, autonomous adults.

Generosity

Opportunity to Value and Practice Service to Others

- Finding one's self begins with losing yourself in the service of others. Service is a way for members to gain exposure to the larger community, indeed the world itself.

**UW
 Extension**

Bookmark developed by Deb Ivey, Iowa County 4-H Youth Development Agent/Department Head & René Mehlberg, Winnebago County, 4-H Youth Development Educator, November 2006.