

Educational Design and Delivery: Four Essential Elements of Positive Youth Development



## Belonging

A Positive Relationship with a Caring Adult

A caring adults acts as an advisor, guide and mentor. The adult helps set boundaries and expectations for young people.

#### An Inclusive Environment

 An inclusive environment is one that creates a sense of belonging, encourages and supports its members with positive and specific feedback.

#### A Safe Environment

 Youth should not fear physical or emotional harm while participating in a 4-H experience whether from the learning environment itself, adults, other participants or spectators.

## Mastery

Opportunity for Mastery

 Mastery is the building of knowledge, skills, and attitudes and then demonstrating the competent use of this knowledge and skills in the manner of a proficient practitioner. The development of mastery is a process over time.

#### **Engagement in Learning**

 An engaged youth is one who is mindful of the subject area, building relationships and connections in order to develop understanding. The engaged learner has a higher degree of self-motivation and an inexhaustible capacity to create.

# Independence

Opportunity to See Oneself as an Active Participant in the Future

 The ability to see oneself in the future is to have hope and optimism to shape life choices to facilitate the transition into participating in the future.

### Opportunity for Self-Determination

 Youth must exercise a sense of influence over their lives, exercising their potential to become self-directing, autonomous adults.

## Generosity

Opportunity to Value and Practice Service to Others

 Finding one's self begins with losing yourself in the service of others. Service is a way for members to gain exposure to the larger community, indeed the world itself.



Bookmark developed by Deb Ivey, Iowa County 4-H Youth Development Agent/Department Head & René Mehlberg, Winnebago County, 4-H Youth Development Educator, November 2006.

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