

JULY 2024		ACTIVITIES		
Monday	Tuesday	Wednesday	Thursday	Friday
1 9am Exercise 1pm Card Table Games  <b>SOLE SOLUTION foot care BY APPOINTMENT</b>	2 <b>9am-Align Therapeutic Stretching</b> 10am Bingo 1pm Learn & Play Bridge 3pm Clogging	3 9am Exercise <b>11am-12pm-Footlong Drive-Thru (please RSVP)</b>  <b>1pm CRAFTING w/Sonya Please RSVP</b>	4  <b>Center Closed</b>	5  <b>Center Closed</b>
8 9am Exercise 1pm Card Table Games  <b>SOLE SOLUTION foot care BY APPOINTMENT</b>	9 10am Bingo 1pm Learn & Play Bridge 3pm Clogging	10 <b>10am-BOARD MEETING</b> 9am Exercise	11 <b>PRODUCE TRUCK 8am</b> 12:30pm Chair Yoga	12 9am Exercise 10-11:15am Bingo 10:30-11:20 Bible Study 12pm Euchre Tables 1pm Line Dancing
15 9am Exercise 1pm Card Table Games	16 <b>COMMODITIES 8am-2pm</b> 10am Bingo 1pm Learn & Play Bridge 3pm Clogging <b>6pm-8pm Pumpkin Show Band &amp; Tenderloin Sale</b>	17 9am Exercise	18 12:30pm Chair Yoga	19 9am Exercise 10-11:15am Bingo 10:30-11:20 Bible Study 12pm Euchre Tables 1pm Line Dancing
22 9am Exercise 1pm Card Table Games	23 <b>930am-Heritage Blood Pressure &amp; Glucose Clinic</b> 10am Bingo 1pm Learn & Play Bridge 3pm Clogging	24 9am Exercise  <b>8:30am-10:30am-OSHIIP</b>  <b>2pm-Alaska Trip Meeting</b>	25 <b>PRODUCE TRUCK 8am</b> 12:30pm Chair Yoga	26 9am Exercise 10-11:15am Bingo 10:30-11:20 Bible Study 12pm Euchre Tables 1pm Line Dancing
29 9am Exercise 1pm Card Table Games  <b>1pm-CHIPP</b>	30 10am Bingo 1pm Learn & Play Bridge 3pm Clogging	31 9am Exercise   <b>Birthday Lunch- Please RSVP</b>		