

**Ceaseless Tourism, Quest for Pleasure, and Distraction:  
Inner Peace Denied, Evolutive Progress Hindered, Environment Destroyed.**



Cruise ship docked in Lisbon (courtesy of Pixabay)

On July 27, 2023, a FIGU friend on Facebook posted comments about the heavy wake tourists leave in his homeland of Portugal:

*"I live 25km from Lisbon centre, I haven't been there for a couple of years now, at least not in the summer. So today I had some paperwork to take care of, and I decided to use public transport. Lisbon smells bad, construction everywhere, hordes of tourists that shove, pull, push and make a racket. I don't understand, the Brits don't make a peep in their country, they come south and completely lose their minds.*

*Like where I live in Sintra, also Lisbon is a beautiful city with amazing scenery, but it's turned to @#%#, the people are horrible, the ambience is atrocious, too many people and too much traffic for such a small city. Even in Porto residents are now complaining about tourists, the noise they make and trash they leave behind.*

*How can we fight overpopulation if 99% of the west has lost their minds. Most of the tourists are from the US and north of Europe, these people alone are causing havoc and chaos.*

*You can feel it on your gut, the greed, the self indulgence, the envy, the arrogance, the depression, it's heavy in the air everywhere."*

Posted with permission of Luis Domingues



Lisbon Streetscape (Pixabay)



Place du Commerce, Lisbon (Pixabay)

Luis' post about the negative impact tourism is having in his homeland was the impetus for the following reflections.

It seems that tourism and out of control indulgences to do with various materialistic pursuits, whether they are for pleasure, fame or notoriety serve as a great prize for many humans. As Billy predicted in his 1958 article: [\*Prophecy and Prediction\*](#)<sup>1</sup>, sentence 71:

“ The already near future will result in that every human being will try to achieve as much enjoyment, possessions, pleasure, money and wealth as he/she can...”

Touristic travelling aka leisure travel surely encapsulates this sentiment. In addition, the lack of consideration for the catastrophe of the amount of fossil fuel burned and the resulting pollutants deposited into the atmosphere, as planes, cruise ships, trains, buses, and cars full of sight-seeing humans criss-cross the planet, in their rush to idle away their time in distant regions, belies the degree to which humans care about the collective consequences of their actions. Not only the travelling to and fro, but the wanton cavalier behaviours that issue forth often destroy the peace and quiet of the places they intrude upon, and leave a wake of garbage and effluent behind.

Bucket list obsessions.

And, the need to fill some 'bucket list', which presumes the erroneous assumption that one only lives once and hence needs to mash in as much as possible, inevitably includes travelling to, and having experiences in, all of the dreamed of locations, get the selfies to prove it and 'to hell' with the negative social, economic, and environmental consequences their actions wreak, never mind, the personal evolutive hindering of our own consciousness in the ignorance of the creational laws and what it means to be truly human.

In Billy's book *The Way to Live*<sup>2</sup>, page 27/28, the juxtaposition of 'pushing crowds' of inwardly 'idle people' is quite apropos:

“Quite inevitably, such a human being must try to throttle his/her deadly inner boredom in the pushing crowd of idle people, whereby they lose all self-esteem and confidence in themselves. Thus, they totally forget to look at themselves and see themselves as they really are. They become a stranger to themselves, which causes them to fall into bad embarrassment when, through some circumstances or other, they find themselves suddenly 'vis-à-vis de soi-même', therefore, when they are suddenly confronted with themselves.”

«Ganz zwangsläufig muss ein solcher Mensch im schiebenden Gedränge müssiger Leute seine tödliche innere Langweile zu erwürgen versuchen, wodurch er alle Selbstachtung verliert und das Zutrauen zu sich selbst. So Verlernt er völlig, sich selbst zu betrachten und sich so zu sehen, wie er tatsächlich ist. Er wird ein Fremder zu sich selbst, wodurch er in böse Verlegenheit verfällt, wenn er sich durch irgendwelche Umstände plötzlich einmal 'vis-à-vis de soi-même' befindet, wenn er also sich plötzlich einmal sich selbst gegenübergestellt sieht.»

Whether the destination is a 'resort' or historic, most are overrun by tourists. The historic sites of Machu Pichu, in Peru and the Giza Pyramids in Egypt, and in all of Europe are swarmed daily with busloads of humans. Venice is fighting to keep behemoth cruise ships from docking at its ports, damaging its structural underpinnings and flooding its streets and waterways with tourists. We've also all seen the disturbing pictures of the lines of 'tourist hikers/mountain climbers' who crowd and litter the paths up Mount Everest. It's been stated that some climb over bodies, some dead, in order to clamber to the top and take selfies that they will then post on social media, breathless for attention/fame/ notoriety.

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<sup>1</sup> The translation of *1958 Prophecy and Prediction* is to be found (linked) on the FIGU Landesgruppe Australia website under *Predictions and Prophecies 1951 and 1958...* scroll down to find the predictions from 1958.

<sup>2</sup> *The Way to Live Die Art zu Leben* by 'Billy' Eduard Albert Meier. November 8, 1995 – January 8<sup>th</sup>, 1997.

Translated by Vivienne Legg and Dyson Devine. Published by FIGU Landesgruppe Australia. First Edition 2015



On an aside: tourism is often touted as a great industry, bringing much needed tourist dollars to the local economies, but at what cost? As Billy and Ptaah discuss in the following [Contact Report, #369](#)<sup>3</sup> on Nov 12, 2004, it is mostly the big businesses that gain from the tourism industry, while, as in the case of my friend Luis' beloved Portugal and all the other tourist destinations such as those just referred to, the sheer overwhelming numbers of tourists who crowd the streets, plazas, monuments, historical sites, disrupt the quiet enjoyment any denizen should be entitled to in their own regions. Also, as Billy points out, many do not consider the other ramifications such as 'economic refugees/ asylum seekers', spread of disease, and spread of crime in the homelands of the visitors as a result:

Billy: ... When I think about how tourists from all over the world have performed and shown their wealth in all the countries where I have lived, I have to say that it is absolutely not surprising that asylum seekers from all these countries come to Switzerland and elsewhere in Europe. They all think that milk and honey flow here and that there is a life of glory and joy. The tourists, with their affluence and money-spending, really encourage people in the so-called poor holiday countries and Third World countries to leave their homes as economic refugees with completely mistaken ideas about the prosperity to be expected and to migrate to the industrialised countries. But nobody is talking about that, not even the governments who still support and promote tourism, together with the profit-oriented travel companies which rake in millions and billions. No one is talking about it, and no one wants to believe that global mass tourism is increasingly promoting the problem of asylum seekers, the spread of disease and the spread of crime from poorer countries to the wealthy, industrialised states. All of this, in addition to the fact that the cultures of foreign countries are changed and destroyed by this irrational tourism, as I myself was able to observe in all those countries where I lived and worked. All these things are not taken into consideration by anyone, and consequently nothing is done about it, which makes everything more and more out of control.

Ptaah:

96. There is also the erroneous view that tourism in foreign countries brings profitable growth, earnings, and prosperity for their people.

97. But this is not true, because poverty persists among the population in all countries because in reality, it is only a few from the population and above all the big business people who earn a lot from tourism.

98. And of these big business people it is often those who come from rich industrial countries and make enormous profits with hotels and sports facilities, etc. in the poor countries. –

The Plejaren had the same problems in their distant past. Ptaah continues:

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<sup>3</sup> All Contact Reports can be found online at the [Future Of Mankind](#) website, with the original German included; for this reason the German text is not included in this article.

99. In very early times, our ancestors acted in the same wise, creating the same problems as you have called them and as they have existed on the Earth for many years, since the populations of the rich industrialised countries have large financial resources that allow them to flood foreign countries with tourists.

100. But nobody cares about the fact that all these problems, as you called them, occur.

Then there is also 'Disaster Tourism' which is difficult to fathom that it is even a 'thing'. Also, equally appalling is 'sex tourism'. It seems that humanity's thirst for excitement and feeding off the misery of others knows no bounds:



From [Contact Report 370](#) on December 31<sup>st</sup>, 2004, after the terrible Tsunami on Dec 26 in Southeast Asia, Ptaah is speaking:

24. For many business-making locals and foreigners, as well as for many tourists, the initial shock was over after only two days, because the businessmen are already diligently doing everything they can to promote tourism again.

25. This, while the tourists, completely indifferent, inhuman and inhumane, as well as unscrupulous towards all the hardship and all the misery of those affected, are already spreading again in the destroyed tourist places and on the beaches and behaving as if the world belongs to them alone.

26. In addition to this, those who are irresponsible in various countries engage in disgraceful disaster tourism, whereby these kinds of tourists feast on the hardship and misery of those affected by the disaster and record everything without decency on films and photos, in order to then brag about it back home with their family and acquaintances and friends, etc.

34. It is also a fact that good business is already being done with tourism again.

35. However, it is not that the population of the country benefits from it, but only the governments and those who are directly involved in tourism and earn their money with it.

36. Relatively speaking, however, this is only a very small percentage of the total population, so that only this small part of the population benefits from tourism and leads a better or good life, while the majority of the population continues to live in poverty or has to make a more or less bad living.

Tourism is just one symptom of the larger issue of humanity's lack of curiosity about the purpose of life. Instead of seeking for inner peace, the masses of those who come from wealthy nations seek distraction, relaxation/inactivity, entertainment, and external inputs that often require that other humans are either used and or ignored. The ceaseless and restless seeking of distraction and diversion in order to stay outwardly focused ensures that we remain alienated from the quiet inner voice that urges us to turn to paths that are more consonant with our true inner selves, through which we will find an inner freedom that assuages our frenzy to be engaged either in relentless and pointless activities or equally pointless lack of effort, e.g., lolling for countless days on the beach at a resort.

Our inner selves seek to be one with the creational ways and means which requires effort and a sense of duty, in order to further our consciousness-based evolution. However, if we continue to suppress this quiet voice, we waste precious time on purposeless pursuits that often impact our fellow humans in a negative wise, of one sort or another.

Recently I came across a great quote in Billy's book, *The Way to Live*, on pages 95/96 where Billy calls this 'stealing time' time from their own and other's lives.:

144) Many human beings are genial and jovial – even high-spirited – when they are unoccupied, inactive and without thought, when they can just live for the day and parasitically let their fellow human beings execute the duties for the maintenance of life; and they do not care about truth and knowledge, nor about education and work and deference, decency and respect for the life and the fellow human beings as well as for the creational-natural laws and recommendations, and the following and fulfilling of them is foreign to them. Are not such human beings no more than mere good-for-nothings and parasites who steal time from the life, the evolution and all righteous and sincere ones, and amuse themselves at their expense and have an effortless life?

144) Viele Menschen sind leutselig und vergnügt, ja gar übermütig, wenn sie unbeschäftigt, taten- und gedankenlos sind, in den Tag hineinleben können und parasitenhaft die Mitmenschen die Pflichten zur Lebenserhaltung verrichten lassen; und sie kümmern sich nicht um Wahrheit und Wissen, nicht um Bildung und Arbeit und Ehrfurcht, Anstand und Respekt vor dem Leben und den Mitmenschen sowie vor den schöpferisch-natürlichen Gesetzen und Geboten, und deren Befolgung und Erfüllung ist ihnen fremd. Sind solche Menschen denn nicht mehr, als nur Taugenichtse und Parasiten, die dem Leben, der Evolution und allen Rechtschaffenen und Redlichen die Zeit stehlen und sich auf deren Kosten belustigen und sich ein müheloses Leben machen.

Only when a human being begins to realise that the path to true inner peace begins within, will the halting of the frenzied activity occur; that which impels the hunt for distraction and experiences, through which we seek to satisfy psychological, physical, and egoistic purposes will be recognised as futile. One can run from one end of the Earth to the other and eat, drink, dance, and frolic away, post multitudes of selfies and chat away online, but in the end, there is no lasting meaning, no satisfaction, no happiness, no rest.

It is not that we are to eschew joyful and pleasurable pursuits but to realise that even in this realm we can continue to educate and evolve, in the process. As in this excerpt from *The Way to Live*, page 97/98:

148) May the human being not only learn and work, rather also find relaxation in the fine arts of the muses, however, not only so that he/she can enjoy them, rather also because the fine arts of the muses are harmony-creating and equalising, which contributes to the education and to the evolution.

148) Der Mensch möge nicht nur lernen und arbeiten, sondern auch Entspannung finden in den feinen Künsten der Musen, jedoch nicht nur allein darum, dass er sich daran erfreue, sondern auch deshalb, weil die feinen Künste der Musen harmonieerzeugend und ausgleichend sind, was zur Bildung und zur Evolution beiträgt.

In Billy's book the [Goblet of the Truth](#)<sup>4</sup> his words of wisdom point us towards the evolutionary path we are on, realised or not. The purpose of life is not to fulfill one's 'bucket list' though the avaricious experiencing and pursuance of the pleasures of life in the material, but in the evolutive gathering of meaning, knowledge, and wisdom that one experiences THROUGH living in the material realm. In fact, the out of balance, excessive pursuance of pleasure, etc. is a kind of 'evil'. Yet, we need to exist and experience life in the material world in order to further evolve our inner selves, giving reign to the unfolding of our consciousness and to find consonance, harmony and inner peace through it. So, it is not a matter of denying ourselves pleasure and joy but to put it in BALANCE within the whole of what it is to be a true human being.

Here are a few excerpts ranging from admonishment to advice from Billy:

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<sup>4</sup> *Goblet of the Truth*, written by 'Billy' Eduard Albert Meier. 19<sup>th</sup> August 2007– 5<sup>th</sup> February 2008, is available as a free download as per the link. It is also published by FIGU Landesgruppe Canada, 2015.

*Goblet of the Truth, Page 263: Do not be like "thirsty dogs":*

177) Raise yourselves up over evil and do not tend towards the earthly (material) and do not follow the evil desires that arise from it; do not demand excessively for earthly goods so that you do not resemble thirsty dogs which hang out their tongues when they are thirsty; therefore you shall not be the same as them and not thirstily chase after earthly goods and thereby forget the unfolding (evolution) of your inner world (consciousness), and not either the consonance (harmony) of your thoughts and feelings and your (psyche; therefore heed the signs (evidence) of the existence of the wellspring of the love (Creation) in its laws and recommendations of its appearance (nature) so that you are not deprived of the truth and you bethink the presentation (description/explanations) of the true prophets.

*Goblet of the Truth, Page 453: Many living in comfort and 'enjoying' a leisurely lifestyle, eschew any effort to become truly human:*

188) You however, you humankind of Earth, you must do a lot in order to become true human beings, because many of you live merely in comfort and indolence, which are, together with other things, causes of your mockery against the real truth, because you eschew the efforts to push over the false that you have so far gathered in terms of what you have thought, felt and learnt, consequently you are not able to build up anything new, truthfully, valuable and realistic in yourselves.

189) Truly, you who go along in this wise, you are not able to regulate your accustomed and wrong leading of life in order to bring about a new, healthy and right mode of life, for it is extremely uncomfortable for you to wring the necessary effort from yourselves for this.

*Goblet of the Truth, Page 443: If you cannot motivate yourself to seek the truth you will not recognise that you are estranged from your true self, and thus decay is inevitable.*

131) Whoever cannot achieve their requisite that is necessary to find the way to reach the way of the truth, which is itself the truth and the culmination-point, they also cannot recognise themselves and remain strangers in themselves; and with regard to what might be learnt, they always remain standing beside it and cannot use it, because it cannot become living in them, therefore any inner and understandable gain is impossible, and only a vegetating away is possible, however a progress is impossible since they do not really and seriously strive after the light of the truth.

132) Therefore, watch out, you humankind of the Earth, if you really and honestly want to search for the truth given through the Creation and through its laws and recommendations and which you can find therein and in yourselves, because you must know that the way of the truth is in you alone and it is also the truth itself, therefore it is only you as individuals who can discover it and walk on it; and only then, if you follow the way of the truth and also experience and live it with all the developmental changes, will you have fully comprehended it, and will learn to understand the truthfully truth of all truth, which is free of any belief of any kind and is pure knowledge and wisdom.

*The Way to Live, pg. 99/100: Without striving, no life.*

If the striving is absent in some lifeform, then the power of the progress extinguishes and thereby the sense of the life. If a human being loses their striving, then they also lose the sense of the life. If the human being can no longer strive for anything at all then they feel within themselves, with deadly might, that they are no longer of any use to anything and that, as a human being they have become impossible and with Gewaltlosigkeit, their existence is forfeited.

Without striving, no life; without life, no striving...

Fehlt das Streben in irgendeiner Lebensform, dann erlischt die Kraft des Fortschrittes und damit der Sinn des Lebens. Verliert ein Mensch sein Streben, dann verliert er auch den Sinn des Lebens. Kann der Mensch nach überhaupt nichts mehr streben, dann fühlt er in sich mit tödlicher Macht, dass er zu nichts mehr nütze ist, dass er als Mensch unmöglich geworden ist und gewaltsam seiner eigenen Existenz verlustig geht.

Ohne Streben kein Leben, ohne Leben kein Streben...

Eventually, we Earth-humans will hopefully follow in the footsteps of what the Plejaren did regarding this whole tourism foolishness. Continuing with [Contact Report 369](#) Ptaah goes on to say:

101. The whole thing [tourism] should be stopped in the wise that our ancestors handled it and solved all the related problems, which banned and dissolved all the travel companies and thus also stopped all the mass tourism, which caused a lot of disaster, such as when natural disasters destroyed tourist resorts and killed countless humans.

102. This was indeed the solution to all problems, which then developed into a worldwide cooperation of all political and economic concerns, leading to a worldwide unified technological implementation, politicisation, and economy, as well as a unified world government, which eventually led to the spiritual leadership and the High Council's advice.

103. Since then, some 52,000 years ago, peace and harmony has reigned among all the humans of our world and throughout our Federation.

104. Of course, there were many other problems to be solved, which would go too far to mention, but when rationality triumphed and the beginning was made, one problem after another was solved and resolved.

105. The whole process of rationality lasted 101,036 years.

Billy:

This rationalising may take a long time with the Earth-human because, as you said, the humans of the Earth are irresponsible and know-it-all. But I would like to add that the majority of the earthly humanity is also stubborn, obstinate, lowly intelligent and dim-witted... who look out only for themselves and for their own profit and pleasure, who know no logic, no rationality, and no responsibility, neither towards life nor towards their fellow human being, nature, fauna and flora and towards the planet. And all those who are really capable of rationality, who assume their responsibility and strive to be real and true human beings, are scorned, slandered, and hated by all possible means...

Eventually, we'll get there. Given the state of affairs on this planet at the moment whereby mass slaughter is going on in Gaza at the hands of the Israeli Defence Forces, threatening a world war... one cannot be too sure if we'll come to our senses in time. In other words, if we blow ourselves up from a senseless war, then we may have to wait until humanity comes to a state of rationality a long time in the future, maybe on another planet. In the meantime, the tourists will continue doing what they do until they are stopped by human-made machinations, be they bombs, running out of oil, or through human caused acts of Gewalt by nature.

What we sincerely hope for is that the quiet voice inside of each and every one of us will finally be heard and the recognition of our pointless, time wasting activities will be made, only then, when we adopt the laws and recommendations of the Creation-energy teaching, will we make a garden of Eden in our own backyards, and find true and lasting fulfillment and gratification.

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