# Community Resources For White County Bondecroft & Sparta Head Start Centers

2021-2022



To locate additional information on Community Resources access, www.tennhelp.com or Call 211

Developed and Distributed by L.B.J.& C. Head Start

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#### **Adult Education:**

#### St. Raphael's Episcopal Church

Crossville, TN 38555 931-484-2407 931-788-5073 = Directors Number (Assists adults with reading comprehension, remedial work, and understanding English as a Second Language)

#### **Roane State Community College**

Crossville, TN 38555 931-456-9880

(Assists adults with furthering their formal education. Assistance with financial aid& scholarship sign-up is available)

#### TENNESSEE RECONNECT

Tennessee Reconnect Is The Stae Of Tennessee's Initive To Help Adults Enter Higher Education So That They May Gain New Skills, Advance In The Workplace, And Fulfill Lifelong Dreams Of Completing A Degree Or Credential. ask@tnreconnect.gov Or call 800-342-1663

#### **Tennessee Technology Center**

910 Miller Ave. Crossville, TN. 38555 (931) 484-7502 (Assists Adults to further their education and job skills training)

www.UCReconnect.com 931-526-2211

#### **Adult Job Training Services:**

#### **American Job Center**

931-520-9502 Anthony.scionti@tn.gov

#### **Families Resource Center**

Sponsored by: White County Board of Education Sparta, TN. 38583 (931) 836-2229 aprilyoung@whitecoschools.net (Assists Adults to further their education)

#### **Career Center**

60 Ridley Street Crossville, TN. 38555 (941) 484-7456 (Assist adults to find jobs and provides basic training on job seeking skills)

### Social Security Administration - SSI Program

1145 Perimeter Park Dr

Cookeville, TN 38501 1-888-717-1528 (Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

#### **Tennessee Technology Center**

910 Miller Ave. Crossville, TN. 38555 (931) 484-7502 (Assists Adults to further their education and job skills training)

### **Upper Cumberland Human Resource Agency – White County**

826 Valley View Drive Sparta, TN 38583 931-738-6255 (Assist with *Children's Issues, Food, Health, Housing, and* 

Money/<u>Employment Assistance</u> Transportation/Utilities. UCART

Transportation/Utilities. UCART provides public transportation services for low -income individuals, financial assistance for daycare expenses for Family First participants, food commodities program, emergency funds for utility, rent and prescription medication payment, meals on wheels services, home energy assistance program.

#### **Resources for Bereavement:**

#### **Heart of the Cumberland**

377 Short St or P.O. Box 717, Cookeville, TN 38503 Phone: 931-525-2600 heartofthecumberland@gmail.com Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances

### **Healthy Bereavement & Grief Classes/Education**

Highlands Medical Center 401 Sewell Rd Sparta, TN 931-738-9211

#### **Gentiva Hospice**

Sponsored by: Lazarus House Hospice 851 South Willow Ave Ste 102 Cookeville, TN. 931-520-1705 931-528-5133

#### **Hospice of Cumberland County**

Meets at the First United Methodist Church First Tuesday of each month at 11:00 a.m. Crossville, TN. 38555 (931) 484-4748

#### **Childcare:**

#### **BLUE SPRINGS DAY CARE**

2175 DORAN ROAD SPARTA, TN 38583 (931) 738-9394 (Call for fees)

#### BONDECROFT HEAD START

9020 CROSSVILLE HWY SPARTA, TN 38583 (931) 935-8420 (Free Service)

#### CASSVILLE ELEM PRE-KINDERGARTEN (-E-)

261 WILL THOMPSON ROAD SPARTA, TN 38583 (931) 761-2277 (Call for fees)

#### **DEBBIES DAYCARE**

336 LEON DRIVE SPARTA, TN 38583 931-836-8480

### DOYLE ELEMENTARY SCHOOL AGE CARE (-E-)

174 W.GOOSENECK ROAD DOYLE, TN 38559 (931) 657-2287 (Call for fees)

#### FINDLAY ELEMENTARY PRE-KINDERGARTEN (-E-)

576 HALE STREET SPARTA, TN 38583 (931) 738-2412 (Call for fees)

#### **HEAVENLY SUNSHINE**

LISA SCOTT COOKEVILLE, TN 38506 (931) 738-3882 (Call for fees)

#### **Mary Poppins Daycare**

Cliffview Dr Sparta, TN 38583 931-492-1282

### NORTHFIELD ELEMENTARY SCHOOL AGE CARE (-E-)

570 S.BUNKER HILL ROAD SPARTA, TN 38583 (931) 761-7979 (Call for fees)

#### Shepard's Little Flock Preschool

1461 Sparta Hwy Crossville, TN 38572 931-707-0508

#### SPARTA HEAD START

430 N Spring St SPARTA, TN 38583 (931) 836-2615 (Free Service)

#### **Tender Care**

958 McMinnville Hwy Sparta, TN 38583 931-739-8145

#### TLC

3235 MONTEREY HIGHWAY SPARTA, TN 38583 (931) 739-7767 (Call for fees)

#### THE SECRET GARDEN

258 NORTH SPRING STREET SPARTA, TN 38583 (931) 837-5337

#### WOODLAND PARK ELEMENTARY B/A CARE (-E-)

88 PANTHER DRIVE SPARTA, TN 38583 (931) 738-3505 (Call for fees)

### Resources to Help in Child Abuse Situations

#### **Avalon Center**

Crossville, TN. 38555 1-800-641-3434 24-hour crisis line (931) 484-4642 24-hour crisis line (931) 456-0747 Center office (Crisis line for those being physically or sexually assaulted)

#### **Child Abuse Hotline**

900 2nd Avenue North Nashville, TN 37201 877-237-0004

(Hotline Only. Provides a 24-hour line to take reports of abuse and neglect from anyone who knows about a child abuse situation.)

#### **Crossroads Counseling**

Crossville, TN 38555 931-707-8921

Contact: Tom Netherton, LPC, LPE (Child Abuse, Domestic Violence, Drug/Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments,

psychosexual, psychosocial and/or psychological evaluations.)

#### **Sparta City Police**

323 E. Bockman Way(931) 836-3734911 Emergencies(Assist with emergency situations)

### The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street
Livingston, TN 38570
Contact: Carolyn Isbell, Executive
Director
931-823-6432 & 800-635-5199
(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

### Tennessee Commission on Children/Youth

1000 Neal Street Cookeville, TN 38501 (931) 520-4445 (Assist with issues concerning the welfare of children)

#### **White County Health Department**

135 Walker Street Sparta, TN 38583 (931) 836-2201

#### White County Sheriff's Department

Justice Center 111 Depot St. (931) 836-2700 911 Emergencies (Assist with emergency situations)

#### **Youth Services Officer**

White County Justice Center 111 Depot Street Sparta, TN 38583 (931) 836-2069

### **Dental Providers who take TennCare:**

#### **Algood Family Dental**

172 W Main St Cookeville, TN 38506 931-537-9948 931-537-2808 fax

#### **Cavity Commando**

1265 Interstate Drive Cookeville, TN 38501 931-783-1491

#### **Cookeville Regional Dental Clinic**

350 S. Lowe Ave. Cookeville, TN 38501 (931) 528-5105

#### **Crossville Dental Clinic**

Dr. Teresa E. Ellis 1720 West Ave., suite 106 Crossville, TN 38555 (931) 484-3007

#### **Cumberland Pediatric Dentistry**

510 S Jefferson Ave Cookeville, TN 38501 931-854-1200

#### **Dr.** Charles Burdeshaw

107 Bonnabrook Dr. Hermitage, TN 1-800-373-3330 615-889-1654

#### Dr. Chuck Krusa

289 Highland Sq. Crossville, TN 38555 (931) 484-3664

#### Dr. Gentzler

106 Babb Dr. Lebanon, TN 37087 615-443-3633

#### Dr. Richard Prichard

10480 Walden Street Soddy Daisy, TN 37379 (423) 332-5544

#### **Dr. David Snodgrass**

4761 Andrew Jackson Parkway Hermitage, TN 37076 615-866-3343

#### **Dr.** Witherington

815 Webber Avenue, #101 Crossville, TN 38555 (931) 484-3053 (Oral surgeon/need referral)

#### Dr. John Bell

2931 Essary Rd. Knoxville, TN (865) 687-4450

#### Dr. Eric Wood

206 Rivergate Parkway, Suite A Goodlettsville, TN 37072 (615) 859-9994

#### **Upper Cumberland Dental**

554 W. Main St. Algood, TN (931) 537-2254

#### **White County Health Department**

135 Walker Street Sparta, TN 38583 (931) 836-2201

#### <u>Dental Providers, who may not</u> <u>take TennCare, but offer</u> <u>services to low-income families:</u>

### Bread of Life Homeless Shelter and Clinic

281 4th Street Crossville, TN 38555 931-707-0503

(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

#### **Cookeville Rescue Mission**

1331 S Jefferson Ave Cookeville, TN 38506 931-528-5819

### Resources for persons with Disabilities:

#### **ARC - Cumberland County**

269 Hayes Avenue Crossville, TN 38557 931-456-0206 or 931-432-7509

#### **Children's Special Services**

Sparta, TN 931-836-2201

#### **Cumberland Veterans Affair**

2 N. Main St. Crossville, TN 38555 (931) 456-0090

#### **Hill Toppers**

151 Sweeney Dr. Crossville, TN 38555 (931) 484-2535

### Social Security Administration - SSI Program

1145 Perimeter Park dr.

Cookeville, TN 38501 1-888-717-1528

#### **TN Early Intervention System (TEIS)**

1519 E Spring St. #G Cookeville, TN Education/Training (931) 528-1623 (Assist children/families birth - 3 yrs)

### **Tennessee Department of Human Services - White County**

620 Roosevelt Drive Sparta, TN. 38583 931-837-8256

### **Upper Cumberland Development District**

1104 England Dr. Cookeville, TN 38501 931-432-4111

### Resources to help in Domestic

### **Violence Situations:**

#### **Avalon Center**

196 10<sup>th</sup> St.

Crossville, TN. 38555 1-800-641-3434 24-hour crisis line (931) 484-4642 24-hour crisis line (931) 456-0747 Center office (Crisis line for those being physically or sexually assaulted)

#### **Genesis House**

Street location is confidential Cookeville, TN N/A (931) 525-1637

**Hotline:** 800-707-5197

(This shelter offers a 24 hour crisis line (will accept collect calls), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, supportive and transitional housing, and individual counseling for domestic

violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape/sexual assault).

#### **Omni Community Health**

665 S Jefferson Ave. Cookeville, TN. 38501 (931) 528-0051 (615) 781-0688

#### **Sparta City Police**

323 E. Bockman Way(931) 836-3734911 Emergencies(Assist with emergency situations)

### The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street Livingston, TN 38570 Contact: Carolyn Isbell, Executive Director 931-823-6432 & 800-635-5199

#### White County Sheriff's Department

Justice Center 111 Depot St. (931) 836-2700 911 Emergencies (Assist with emergency situations)

#### Resources available to help fight the Alcohol and Drug Abuse (Including METH) Problems in your area:

All Local Churches in Area

#### **Alcoholics Anonymous**

180 Janice Dr. Sparta, TN 38583 931-239-3761

#### Cumberland Heights Drug Treatment Center

66 Hermans Ln Crossville, TN 38555 931-250-5200 1-800-646-9998

#### **Cumberland County Medical Center**

421 South Main St. Crossville TN 38555 (931) 484-9511

### **Cumberland Mtn. Mental Health Center**

4325 Hwy 127 North Crossville, TN 38555 (931) 484-8020

#### **Department Of Children's Services**

620 Roosevelt Drive Sparta, TN (931) 837-8259

#### **Drug Tip Hotline**

Sponsored by: Cumberland County Sheriffs Department (931) 484-4444

#### **Drug Abuse Hotline**

1-800-888-9383

#### **Fourth Dimension Inc.**

Hwy 70 North Crossville, TN 38555 (931) 484-4255

#### House of Hope

Cumberland Children's Center 165 Bob Tollett Loop Crossville, TN 38555 (931) 707-2273

#### **Omni Community Health**

665 S Jefferson Ave. Cookeville, TN. 38501 (931) 528-0051 (615) 781-0688

#### **Mary Scott Turner Foundation**

www.mstrc.org

180 Janice Dr. Sparta, TN 38583 931-239-3761

#### Meth Hotline/Statewide

1-877-866-6384

#### **Narcotics Anonymous**

2229 West Ave Crossville, TN 38555 931-484-6384

#### **Sparta City Police**

323 E. Bockman Way (931) 836-3734 911 Emergencies

#### **Teen & Adult Challenge**

200 Freedom Ln Livingston, TN 38570 1-888-688-0470

#### **Thirteenth Judicial Task Force**

1270 W. Broad St. Cookeville, TN. 38501 (931) 528-5400

#### **Upper Cumberland-Community Services Agency**

1000 England Drive #F Suite A.200 Cookeville, TN 38501 (931) 520-0200

#### White County Sheriff's Department

Justice Center 111 Depot St. (931) 836-2700 911 Emergencies

#### White Co Anti Drug Coalition

755 Millers Pt Sparta TN 931-269-3761

### Assistance in the event of an **Emergency Situation:**

#### Air Evac Life Team

106 Emergency Services Dive Albany, KY 42602 (606) 387-9099

### Bondecroft Volunteer Fire Department

Bondecroft, TN 931-935-9001

#### **Disaster Assistance**

DisasterAssistance.gov

#### **Eastland Volunteer Fire Department**

931-935-8200

#### Putnam County Emergency Management Agency

700 County Services Dr. Cookeville, TN 931-528-7575

#### **Poison Control**

1-800-222-1222

#### **Sparta City Police**

323 E. Bockman Way (931) 836-3734 911 Emergencies

#### **Shriners of Tennessee**

1354 Brick Church Pike Nashville, TN. 37207 615-226-7766

#### **Sparta Fire Department**

715 North Spring St. (931) 738-7380 911 Emergencies

#### **TEMA**

www.tn.gov/tema

#### **Thirteenth Judicial Task Force**

1270 W. Broad St. Cookeville, TN. 38501 (931) 528-5400

#### White County Sheriff's Department

Justice Center 111 Depot St. (931) 836-2700 911 Emergencies

#### <u>Assistance with</u> Food/Clothing/Utilities Needs:

### Bread of Life Homeless Shelter and Clinic

281 4th Street Crossville, TN 38555 931-707-0503

#### **Cumberland Co. Good Samaritans**

281 10<sup>th</sup> St. Crossville, TN 38555 (931) 484-3225

### **Community Education Office for the Food Stamp Program**

Legal Aid Society of Middle Tennessee and the Cumberlands

9 South Jefferson Avenue, #102 Cookeville, Tennessee 38501 Phone: 931.528.7436 Toll Free: 800.262.6817

#### **DeRossett Church of Christ**

931-935-2662

#### **First United Methodist Church**

100 Braun Street Crossville, TN. 38555 (931) 484-3537

#### **Lansden Church of Christ**

4250 Fanchers Mill Sparta, TN 931-761-3240

#### **Linary Church of Christ**

1244 Old Hwy 28 Crossville, TN 38555 (931) 484-5961

#### **New Beginnings Fellowship Church**

12 Mariners Point Crossville, TN. 38555 (931) 484-7729

#### **Pennies for the Needy**

5 W. Maple St., #35 Sparta, TN. 38583 931-836-2344

#### **Pleasant Hill Baptist Church**

No Kids Do Without 699 Pleasant Hill Rd Sparta, TN 38583/Pastor Mike Prater

#### **Pleasant Hill Community Church**

67 Church St. Pleasant Hill, TN (931) 277-3193

#### Saint Alphonsus Community Services

51 Saint Alphonsus Way Crossville, TN 38555 (931) 484-8074

### Tennessee Department of Human Services - White County

620 Roosevelt Drive Sparta, TN. 38583 931-837-8256

#### **United Fund of Crossville**

348 Taylor St. Crossville, TN 38555 (931) 484- 4082

### **Upper Cumberland Human Resource Agency – White County**

826 Valley View Drive Sparta, TN 38583 931-738-6255

### Resources to assist with Housing/Homeless Needs:

### Bread of Life Homeless Shelter and Clinic

281 4th Street Crossville, TN 38555 931-707-0569

#### **Crossville Housing Authority**

67 Irwin Avenue Crossville, TN. 38555-4746 Phone: (931) 484-2990

#### **Habitat for Humanity**

329 McLarty Lane Crossville, TN 38555 931-484-4565

#### HART

Homeless Advocacy for Rural Tennessee Grant based program, which allocates homeless assistance P.O. Box 3311 Crossville, TN 38557 931-484-3207

#### **Pennies for the Needy**

Community Assistance Agency 5 West Maple St Suite 35 American Legion Bldg. Sparta, TN. 38583 931-836-2344

#### **Seeds of Hope of TN**

Homeless Shelter and Resources Seeds of Hope of TN is a Non-profit organization that helps families achieve Freedom from addiction & homelessness. They offer supportive services and assist families to maintain a self-sufficient lifestyle in recovery using a trauma informed approach. Sparta, TN 38583 seedsofhopetn@yahoo.com Tina Lomax 931-303-6695 Stacy Scott 931-212-8915

#### **Self-Help Housing Program**

Crossville, TN. 38555 931-484-2990

#### **Sparta Housing Authority**

300 Cragrock Drive Sparta, TN. 38583 931-836-3357

### **United States Department of Agriculture**

Rural Development 390 South Lowe Avenue Suite K Cookeville, TN 38501 (931) 528-6539

#### **Upper Cumberland Homeless Shelter**

15 Division Street Crossville, TN. 38555 (931) 456-8172

### **Upper Cumberland Human Resource Agency - UCART**

73 Methodist Campground Loop Crossville, TN 38555 931-456-0691

### WHITE COUNTY SCHOOL FAMILY RESOUCE CENTER

CONTACT: BEVERLY DRONEBARGER 931-738-9238

#### SERVICES OFFERED BY THE FRC

- EMERGENCY FOOD AND CLOTHING
- SECOND HARVEST FOOD BANK BACKPACK PROGRAM
- CONDFIDENTIAL ASSISTANCE AND REFERRALS

- ACCESS TO RESOURCES SUCH AS SCHOOL SUPPLIES AND BOOKS
- SCOTTISH RITES SHOE PROJECT WHICH PROVIDES SHOES TO CHILDREN IN NEED
- THANKSGIVING AND CHRISTMAS MEALS AND GIFTS
- SWAT-STOP WITH ALL TOBACCO
- ACCESS TO RESOURCES SUCH AS A LENDING LIBRARY WITH VIDEOS AND BOOKS REGARDING LICE EDUCATION, PUBERTY, SELF-ESTEEM, DRUG ADDICTION, SEX EDUCATION, CONFLICT RESOLUTION, HEALTH, EXERCISE, CRISIS MANAGEMENT, AND PARENTING IS AVAILIBLE TO THE COMMUNITY AND SCHOOL STAFF.

### Assistance with Insurance Needs:

#### **Blue Cross Blue Shield**

(865) 588-4612 Group Insurance 1-800-845-2738 (Affordable Insurance for Families & Individuals)

#### **Coverkids**

#### Tennessee Department of Human Services - White County

620 Roosevelt Drive Sparta, TN. 38583 931-837-8256 (Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a widerange of services to Tennesseans with disabilities)

### Partnership for Prescription Assistance

Phone: 1-888-477-2669

www.pparx.org

If you do not have prescription coverage and/or can not afford your medicines, this organization may be able to help

#### **Tennessee Justice Center**

211 7<sup>th</sup> Ave. North #100 Nashville, TN 615-255-0331 Assists with strategies for obtaining TennCare and appeals process, etc.

#### **Legal/Governmental Assistance:**

### **Child Support Services of Tennessee - Cookeville**

580 South Jefferson Ave. Cookeville, TN 38506 931-528-8598

#### **Crossville Housing Authority**

67 Irwin Avenue

Crossville, TN. 38555-4746

Phone: (931) 484-2990

### **Legal Aid Society of Middle Tennessee** and the Cumberlands

9 South Jefferson Avenue Cookeville, Tennessee 38501

Phone: 931.528.7436 Toll Free: 800.262.6817

### **Rape and Sexual Assault Response Center**

1519 East Spring, Suite F Cookeville, TN 38506 Hours of operation = 24 hrs/day, 7 days a week

Phone: = 931-526-5197 Hotline: 800-707-5197

Translation services offered: Yes

#### **Tennessee Department of Human Services - White County**

620 Roosevelt Drive Sparta, TN. 38583 931-837-8256

#### **Tennessee 211**

1-800-318-9335

#### **Upper Cumberland-Community Services Agency**

417 East Broad Street Suite A.200 Cookeville, TN 38501 (931) 520-0200

### Resources to Strengthen Marriages:

#### Assessment/Counseling/training Services (ACTS)

377 Short St.#D Cookeville, TN. 38501 (931) 528-9399

#### **Christian Counseling**

348 Taylor St. Crossville, TN 38555 931-707-8200

### Cumberland Mtn. Mental Health Center

4325 Hwy 127 North Crossville, TN 38555 (931) 484-8020

#### **Cumberland Worship Center**

145 Interstate Drive Crossville, TN.38555(931) 707-9855

#### **Omni Community Health**

665 S. Jefferson Ave. Cookeville, TN. 38501 (931) 528-0051 1-800- 881-0359 (615) 781-0688

#### Patricia Gutherie, Therapist

44 Hayes Street **Crossville, TN 38555** (931) 456-9367

#### **Pastoral Counseling Center**

291 Sparta Hwy. Crossville, TN 38555 931-484-0203

### The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street Livingston, TN 38570 931-823-6432 & 800-635-5199

### **Upper Cumberland Development District**

1104 England Dr. Cookeville, TN 38501 (931) 432-4111

#### WARRIOR COUNSELING

NATALIEWHORTON MA, LPC-MHSP
705 HOWELL ST
SPARTA, TN
931-510-8365 COVER KIDS SELECT
& TNCARE SELECT AND OTHER
INSURANCES ACCEPTED

#### **Pre- Marriage Counselors:**

#### Assessment/Counseling/training Services (ACTS)

377 Short St. #D Cookeville, TN. 38501 (931) 528-9399 931-528-6167

#### **Bethlehem Baptist Church**

626 Potato Farm Rd. Crossville, TN 38555 Church: (931) 456-0239

#### **Cumberland Worship Center**

145 Interstate Drive Crossville, TN. 38555 (931) 707-9855

#### **Linary Church of Christ**

1244 Old Hwy 28 Crossville, TN 38555 931-484-5961

#### **Never Fail Community Church**

13348 US 70 Sparta, TN. 38583 (931) 277-5032

#### Patricia Gutherie, Therapist

44 Hayes Street Crossville, TN 38555 (931) 456-9367

#### **Saint Alphonsus Community Services**

51 Saint Alphonsus Way Crossville, TN 38555 (931) 484-8074

#### **Tollet's Chapel**

95 Tabor Loop Crossville, TN 38555 (931) 484-5220

### Medical Providers who take TennCare:

#### **Children's Special Services**

Sparta, TN 931-836-2201

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

#### **Cookeville Pediatrics Associates**

150 N. Willow Ave. Cookeville, TN. 38501 (931) 528-1485 (Takes TennCare)

#### **Crossville Medical Group**

100 Lantana Road, Suite # 202 Crossville, TN. 38555 (931) 484-5141

#### Crossville Medical Group/Walk-in Clinic

60 Crossville Medical Group Drive Suite # 109 Crossville, TN. 38555 931-484-5141

#### **Cumberland County Medical Center**

421 South Main St. Crossville TN 38555 (931) 484-951

#### Dr. Berman

3234 Miller Ave. Crossville TN 38555 (931) 707-8700

#### Dr. Kimberly Claypool-Johnson

49 Cleveland St. Suite 240 Crossville TN 38555 (931) 456-5814

#### Dr. Robert Baker

207 East Bockman Way Sparta TN 38583 (931) 836-6461

#### Dr. Buchanan

1645 South Main Street Crossville TN 38555

#### **Dr. Mollie Dodson**

705 Howell St. Sparta TN 38583 (931) 836-6461 or 739-0048

#### **Fast Pace Urgent Care**

150 Sam Walton Dr Sparta, TN 38583 931-739-4000

#### Dr. Flint

65 Sewell Drive Sparta TN 38583 (931) 738-9316

#### Dr. Griffin

433 Sewell Drive Sparta TN 38583 (931) 739-3000

#### Dr. Hallmark

1036 North Main St. Crossville TN 38555 (931) 484-7040

#### Dr. Hassler

3234 Miller Ave. Crossville TN 38555 (931) 707-8700

#### Dr. Johnson

4147 Hwy 127 N #102 Crossville, TN 38555 (931) 484-2220

#### Dr. Koucheki

40 Elmo Dr. Crossville TN 38555 (931) 484-5525

#### Dr. Victor Shada

1264 Dayton Ave. Crossville, TN 38555 (931) 484-4560

#### Dr. Vish

15 Walker Hill Circle Crossville TN 38555 (931) 484-1100

#### Dr. Ty Webb

457 Vista Drive Sparta TN 38583 (931) 738-3383

#### Kids Kare /Dr. Climico

758 South Willow Ave. Cookeville, TN. 38501 (931) 526-6173 (Takes TennCare)

#### **Family Walk-in Clinic**

42 Dooley Street Crossville, TN. 38555 (931) 707-7117

#### **Providence Family Medicine**

Katina England Huff, PA-C 287 W. Turntable Rd. Sparta, TN 38583 931-836-3262

#### **White County Health Department**

135 Walker Street Sparta, TN 38583 (931) 836-2201

#### White County Hospital

Sparta, TN 38583 931-738-9211

#### White County Women's Health Care

435 Sewell Dr. Sparta, TN 38583 931-738-9140

#### White County Walk-in Clinic

Sparta, TN 38583 931-836-2228

# Medical Providers, who may not take TennCare, but offer services to low-income families:

### Bread of Life Homeless Shelter and Clinic

281 4th Street Crossville, TN 38555 931-707-0569

(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

#### **Children's Special Services**

Sparta, TN 931-836-2201

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

#### White County Health Department

135 Walker Street Sparta, TN 38583 (931) 836-2201

#### White County Hospital

Sparta, TN 38583 931-738-9211

### Mental Health Providers who take TennCare:

#### **ACTS**

377 Short St. Cookeville, TN 38503 (931) 528-9399

#### **Cumberland Plateau Recovery**

335 Newman Dr. Ste. A Livingston, TN. 38570 (931) 403-3577

### **Cumberland Mountain Mental Health Center**

4325 Hwy 127 North Crossville, TN 38571 (931) 484-8020

#### **Dale Hollow Mental Health Center**

501 Spruce Street Livingston, TN. 38570 (931) 823-5678

#### **Health Connect America**

755 Millers Point Rd. Sparta, TN 38583 (931) 837-6042

#### Plateau Mental Health

1200 S. Willow Ave. Cookeville, TN. 38501 (931) 432-4357 **24-hour hotline** 

#### **Rape and Sexual Assault Response Center**

1519 East Spring, Suite F Cookeville, TN 38506 Hours of operation = 24 hrs/day, 7 days a week Phone: = 931-526-5197

Hotline: 800-707-5197

#### **Team Evaluation Center**

600 North Holtzclaw Avenue Chattanooga, TN 37404-1220 (423)-622-0500 (Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, Team will then help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)

#### Volunteer Behavioral Health Care System - Plateau Mental Health Center

1200 South Willow PO Box 3165 Cookeville, TN 38502 931-432-4123 **Hotline:** 1-800-281-4943

(Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to help themselves)

# Mental Health Providers, who may not take TennCare, but offer services to low-income families:

### Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501 (931) 528-9399 (Provide Assistance with Marriage & Mental Health Counseling)

### Insightful Pediatric and Family Therapy, LLC

410 Spring St Sparta, TN 38583 931-246-9449

#### **Omni Community Health**

Cookeville, TN. 38501 (931) 528-0051 (615) 781-0688

(A community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

#### **Plateau Mental Health Center**

Substance Abuse Services 1200 South Willow Avenue Cookeville TN 38502 Phone: (931) 432-4123

Hotline: (877) 567-6051

(Assist persons with disabilities and mental illness in various ways)

#### **Quit Tobacco Resources**

#### **Tennessee Tobacco Quitline:**

1-800-784-8669

### Cumberland County Health Department

Smoking Cessation Ruth Lucas 1503 S Main St. Crossville, TN 931-484-6196

#### White County Hospital

Quit 4 Life Smoking Cessation Greg Williams 931-738-9211

#### **Cookeville Regional Medical Center-Algood Room**

Quit 4 Life Smoking Cessation Tandy Todd 142 W. 5<sup>th</sup> St. Cookeville, TN 38501 931-528-5176

#### March of Dimes and Tennessee Department of Health, WIC Program

S.M.A.R.T. – Smart Mothers are Resisting Tobacco 1-800-884-9301 **Nicotine Anonymous** 

www.nicotineanonymos.org

#### **American Lung Association**

Freedom From Smoking www.lungusa.org

### **American Lung Association of Tennessee**

1-800-432-5864 www.lungusa.org

#### **Former Smokers**

The No Smoke Café http://clever.net/chrisco/nosmoke/stop.ht ml

# Resources to assist persons raising children possibly other than their own:

### Agricultural Extension Service - White County

117 South Main Street Sparta, TN 38583 931-836-3348

#### **Department Of Children's Services**

620 Roosevelt Drive Sparta, TN (931) 837-8259

#### **CHANT**

Upper Cumberland Regional Office 1100 England Drive Cookeville, TN 38501 931-520-4219

#### **Omni Community Health**

Cookeville, TN. 38501 (931) 528-0051 (615) 781-0688

### The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street Livingston, TN 38570 Contact: Carolyn Isbell, Executive Director 931-823-6432 & 800-635-5199

#### **Relative Caregiver Program**

1104 England Dr.. Cookeville, TN. 38501 (931) 526-6900

#### **Youth Villages**

1420 Neal Street Cookeville, TN. 38501 (931) 525-6905

### Resources to assist with Transportation Needs:

### **Upper Cumberland Human Resource Agency – White County**

826 Valley View Drive Sparta, TN 38583 931-738-6255

(Assist with Children's Issues, Food, Health, Housing, Money/Employment Assistance, Transportation/Utilities. UCART provides public transportation services for low -income individuals, financial assistance for daycare expenses for Family First participants,

food commodities program, emergency funds for utility, rent and prescription medication payment, meals on wheels services, home energy assistance program.

#### Holman's Taxi Service

15 West Maple Street Sparta, TN 38583 931-836-3888

#### **Promoting Youth Involvement:**

### Agricultural Extension Service - White County/4-H Program

117 South Main Street Sparta, TN 38583 931-836-3348

The Agricultural Extension Service of Putnam County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.

#### **ASSE**

International Student Exchange Programs 404-754-1667 1-800-473-0696 (Volunteers assist young people from other Countries and encourages American students to study abroad)

#### Crossville Recreational Youth Soccer Association

Crossville Centennial Park Crossville, TN. 38555 (931) 456-6632

Contacts: Geir Berwin

(Provides opportunities for youth to become involved in soccer and *community activities)* 

#### **Cumberland Worship Center**

145 Interstate Drive Crossville, TN. 38555 (931) 707-9855 Contacts: Tyler Vaughn, Donna Mullins & Joyce Green (Youth group provides opportunities for community involvement)

#### **Cumberland Fellowship Baptist** Church

1640 West Ave Crossville, TN. 38555 (931) 707-1883 (Youth group provides opportunities for community involvement)

#### **First United Methodist Church**

100 Braun Street Crossville, TN. 38555 (931) 484-3537 (Youth group provides opportunities for *community involvement)* 

#### **Neverfail Community Church**

2080 Red Rd Sparta, TN 38555 Contact: Elliott or Emily Roberts (931) 277-5663 (931) 277 5032

#### **Saint Alphonsus Community Services**

51 Saint Alphonsus Way Crossville, TN 38555 (931) 484-8074 Contact: Mary Mitter (Youth group provides opportunities for *community involvement)* 

### **Teens Against Drugs (TAD Center)**

Crossville, TN.

#### WCTE American Graduate & Ready To Learn

LWray@wcte.org CPutman@wcte.org 931-528-2222

#### **YMCA**

123 Moore Street Sparta, TN. 38583 (931) 836-3330 (Assists young people to become involved in exercise activities and *community events)* 

#### **Language Assistance** (All Counties)

**Brent Simpson** 931-212-8097

#### **County Health Depts. - Primary Health Care Services**

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-topay basis and target low-income and indigent residents of the community. (Spanish Language Services)

#### Department of Human Services, **Counties**

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp

Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

#### **Hispanic Family Resource Center**

(615) 227-7500 (800) 280-8682

#### **Hispanic Association**

732 Lafayette Rd Red Boiling Spgs, TN 37150 (615) 699-6279

#### **Hispanic Service Ebenezer**

PO Box 712 McMinnville, TN 37111 Phone: 9314741551

#### **Omni Community Health**

665 South Jefferson Avenue Cookeville, TN 38501 (931) 528-0051

Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language)