

## October 2020 Newsletter

# *The Bear Facts*

**Celebrating 63 Years of Early Childhood Education**

Dear Parents,

In the blink of an eye September has flown by. Even though our school doors are closed there has been a lot going on behind the scenes.

**HALLOWEEN FUN:** There will be 4 Halloween parades and sing alongs scheduled for October 29<sup>th</sup>, (rain date October 30<sup>th</sup>) for you to bring your costumed child(ren) to school for a costume parade, a sing along, a food drive, and to receive a Halloween goodie bag! Each session will be 45 minutes long and limited to 50 people. To be compliant with MoCo Covid-19 guidelines face masks that cover noses and mouths and social distancing of 6 feet will be required for all attendees. Signup will be first come first serve via the Signup Genius link on page 4. Ms. Casey will be conducting Zoom classes to teach us the songs. The links are on page 4 and will be emailed on Oct. 21 & 26 too.

**POTTY TRAINING SEMINAR:** Even though we can't get together in person for our annual Potty Training Seminar with Sally Neuberger, we will be hosting the event via Zoom on Wednesday, October 28<sup>th</sup> at 7:30 p.m. Additional details in our Parents' Group News on page 2.

**BHPCNS POSSIBLE APRIL 2021 REOPENING:** School leadership is continuing to work with BHPC leadership on a reopening plan for the spring. Following current guidelines children would be required to wear a mask and we would work hard to maintain social distancing. Class sizes would be smaller and we would conduct, as much as we possibly can, of our programming outdoors. We need your help to start the planning process. Please complete our brief [Interest in Enrolling](#) survey to help us plan. No idea, question, or concern is too big or too small. Your input will be invaluable to us as we look to reopen a safe and successful program.

Also in this newsletter information about:

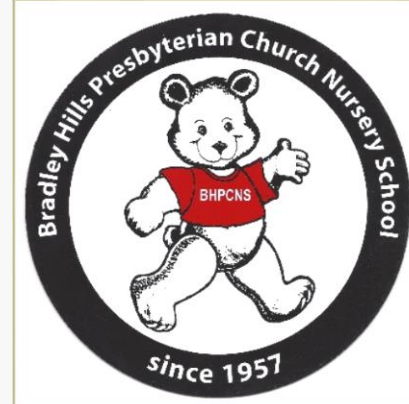
- Registration for the 2021-2022 BHPCNS School year
- Holiday Wreaths Sale
- Scholastic Books
- Updates from the Parents' Group, BHPCNS Board Chair, events at BHPC & more.....

Wishing you a safe and happy October. I hope to see you on October 29<sup>th</sup>!

Liz Sobrino, BHPCNS Director

[lsobrino@bhpcns.org](mailto:lsobrino@bhpcns.org)

301-365-2909 office or 301-642-8166 cell



### UPCOMING EVENTS

#### HALLOWEEN PARADE & SING ALONG – OCTOBER 29!



**Come One Come All!**  
**Thursday October 29<sup>th</sup>**  
**(Rain Date October 30<sup>th</sup>)**  
**Halloween Parade & Sing Along**  
**at the BHPCNS field.**  
**See full details on Page 4.**

#### MARK YOUR CALENDARS FOR BHPCNS THANKSGIVING & CHRISTMAS FUN

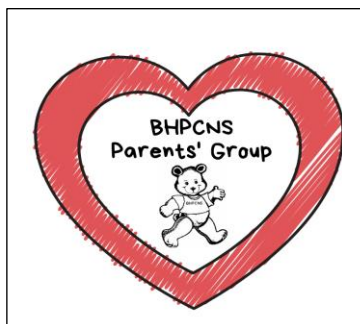
**Thanksgiving Fun & Sing Along**  
**November 23<sup>rd</sup>**  
**(Rain Date November 24<sup>th</sup>)**



**Christmas Fun and Sing Along**  
**December 17<sup>th</sup>**  
**(Rain Date December 18<sup>th</sup>)**



## PARENTS' GROUP NEWS



### Potty Training Seminar October 28, 2020 7:30 p.m.



If potty training is in your future – or you're working through it now – be sure to mark your calendars for Wednesday, October 28<sup>th</sup> for our annual parent event led by potty training expert, [Sally Neuberger](#). Many parents have effectively used her tips over the years to make a tricky process a little less painful! This event is open to the greater community. Feel free to invite neighbors and friends even if they are not BHP CNS families.

To join, [click here for the Zoom link](#).

Meeting ID: 780 4697 7309    Passcode: Potty101

We will resend the link on the evening of the seminar.

If you have any questions, please reach out to Liz at [Lsobrino@bhpcns.org](mailto:Lsobrino@bhpcns.org).



Please complete the brief [Interest in Enrolling](#) survey to help us plan for the reopening of BHP CNS. Thank you.

Maggie Maloney  
[MaggieWMaloney@gmail.com](mailto:MaggieWMaloney@gmail.com)

Sarah McGovern  
[SarahLothrop@hotmail.com](mailto:SarahLothrop@hotmail.com)

## BHP CNS BOARD NEWS

Dear Parents,

I hope this message finds you and your family well. As we move into the fall, the BHP CNS Board continues to work with the church leadership on a spring 2021 reopening plan. Liz has outlined the proposal in her letter and provide additional details in the Registration section of this newsletter on page **XX**. To have a successful reopening we need to hear from you. Please complete our [Interest in Enrolling](#) survey. Let us know your thoughts on returning to in person programming or why you might not send your child back to school too. The more information we have on the needs of the community the better the school can prepare to reopen.

Thank you for your continued support. Wishing everyone a Happy Halloween!

Missy Banashak  
BHP CNS Board Chair



## NEWS FROM BRADLEY HILLS PRESBYTERIAN CHURCH



### Bradley Hills Presbyterian Church News

The church is still operating primarily in an online environment, however there many ways we are staying connected. We welcome you to join the following upcoming activities of interest to children and families:

#### Weekly Virtual Church School

All children in 5th grade and younger are invited to join DCE Matt Nabinger for a time of music, Bible story, and virtual social engagement every Saturday at 10:30 AM. Parents and family members of children in 5th grade or younger are invited as well!

Get ready to practice some crazy dance moves to beloved Vacation Bible School music, engage with the stories of our faith, and find connection. Check the church website for the Zoom link.

#### Weekly Church Services

We are holding a physically-distanced, in-person, meditative service at 8:30 am on Sundays in the labyrinth, weather permitting.

We are holding Virtual Worship Services at 10:30 am on Sundays at the link below:

[WATCH SERVICES LIVE CLICK HERE](#)

#### Family Movie Night and Trunk or Treat Event

On Saturday, October 24, weather permitting, we will have a Halloween Costume Parade and Trunk or Treat at 6:15 pm, with an outdoor movie showing at 7:15 pm. The church website will have more information as the day approaches.

#### Social Justice Virtual Showing of "13th" Movie and Discussion

As part of our social justice discussions, we are hosting a virtual showing of the movie "13<sup>th</sup>," directed by Ava DuVernay, which looks at the 13<sup>th</sup> amendment abolishing slavery and the events occurring since then perpetuating racial inequity. The movie will be shown on Friday, October 2, from 6:15-8 pm with a discussion following 8-9 pm. Feel free to watch the movie on your own and then participate in the discussion. See participation links below:

Watch with us via ZOOM starting at **6:15pm** via this

link: <https://us02web.zoom.us/j/87902435173pwd=Skd6dUQ2WmFjQXhyRHRFMWJweE9GZz09>

**Meeting ID: 879 0243 5173**

**Passcode: 843010**

#### OR

Watch on your own schedule beforehand via YouTube

at <https://www.youtube.com/watch?v=krfcq5pF8u8> or **Netflix** and then join us at **8pm** for the discussion (same zoom link and info as above)

## NEWS FROM BRADLEY HILLS PRESBYTERIAN CHURCH CONTINUED

### Partnership in Providing Coats to Children

Our goal is to provide 100 coats to Arcola Elementary School in Wheaton. This Title One public school and BHPNC have been closely linked through the Smart Sacks sorting and delivery of food. In past years, we have given 100 winter coats to the students. We have also remained close to them during Covid-19 by providing extra food and supplies to the 100 families personally touched by the pandemic. The school staff is deeply committed to assisting their school community.

[Click here to see what is needed and to sign up.](#)



## HALLOWEEN FUN AT BHPNCNS



### Halloween Parades and Sing Alongs:

Join old friends and make new friends by signing up and coming to one of our Halloween costume parades and sing alongs on October 29th. [For more details and to sign up: click here.](#) As there will be children of all ages, please no scary costumes. Masks will be required for all participants over the age of 2. Everyone will be asked to maintain proper social distancing. If you or your child are not feeling well, please stay home. We will be collecting canned and non-perishable goods to help restock depleted community food banks. There will be singing and dancing and goodie bags for all who attend.

### Halloween Sing Alongs Sessions with Ms. Casey:

Our amazing music teacher, Ms. Casey will be holding two practice sessions for you and your children to learn our October songs. Our favorite October songs are at the end of this newsletter. Simply log into our Zoom sing alongs at your convenience. You may attend one or both sessions. Be sure to bring your dancing shoes too!

**October 21 at 10 a.m.:** [Click here for the Zoom Link](#)

Meeting ID: 761 3432 5594 Passcode: Halloween

**October 26 at 10:00 a.m.:** [Click here for the Zoom Link](#)

Meeting ID: 786 4873 8219 Passcode: Halloween



## BHPNCNS REGISTRATION INFORMATION

### [Possible Spring 2021 Registration](#)



BHPNCNS leadership continues to work with the leadership of the Bradley Hills Presbyterian Church on an April 2021 reopening. The decision to reopen the school is one church leadership will be reviewing throughout the fall. We will be looking at Maryland State, Montgomery County, and CDC guidelines, as well as the expertise of the leadership teams to determine best reopening practices, including mask wearing and having more outdoor programming, beginning in April 2021. (Survey information on the next page.)



## BHPCNS REGISTRATION INFORMATION



Please complete the [Interest in Enrolling](#) survey by October 15, 2020 to help us work towards a reopening that works for everyone in our community. Thank you!

Despite being currently closed, BHPCNS is preparing to fully reopen our program in September 2021. Registration is open to children of all races, faiths, ethnic backgrounds, and nationalities.

Children must be the age they are applying for by September 1, 2021. For example, a child applying to the 3s' program, must turn 3 by September 1, 2021 to be age-appropriate for the 3s' program.

### Registration for New Families, Your Friends, & Neighbors will begin on October 12, 2020



New families say they chose Bradley Hills because their friend, neighbor, co-worker, spoke highly of our program. We love that you love us!

Help us spread the word about what a wonderful place BHPCNS is for all children to play, grow, and learn. More information is available on the BHPCNS website at [www.bhpcns.org](http://www.bhpcns.org).

Encourage your friends and neighbors to call the office to learn more about BHPCNS and to schedule a tour.

- Over the next few months we will be conducting tours on a limited basis.
- Tours will be in small groups and available to adults only.
- Tour spots may fill up quickly.

To schedule a tour or to learn more about our programming call the office at 301-365-2909.

Children must be 2 by September 1, 2021 to be considered for enrollment at BHPCNS.

Applications are available on the BHPCNS website or by [clicking here](#).

Acceptance or Wait List notifications will be sent home in late January 2021.

### Registration for Siblings of Current BHPCNS Students will begin on October 12, 2020

October 2020 is the time to submit applications for the 2021-2022 school year for siblings of currently enrolled children. (Currently enrolled children include all children enrolled at BHPCNS for the 2020-2021 school year.)

Applications will be available online at the BHPCNS website, [www.bhpcns.org](http://www.bhpcns.org) beginning October 7<sup>th</sup> for children who will be starting at BHPCNS in September 2021. Acceptance and Wait List notifications will be sent home in late January 2021.

Children must turn 2 by September 1, 2021 to be considered for enrollment.



## BHPCNS REGISTRATION INFORMATION

### Registration for Currently Enrolled BHPCNS Students will be December 15<sup>th</sup> and 16<sup>th</sup> 2020

(BHPCNS students who are currently enrolled for 2020-2021 school year will receive priority in the admissions process over students who will be new to the school for the 2021-2022 school year.)



Registration for **children currently enrolled at BHPCNS** will take place on December 15th and 16<sup>th</sup>, 2020. Applications will be available on the BHPCNS website at [www.bhpcns.org](http://www.bhpcns.org), by mid-November 2020. Download and complete the application. Applications should be returned to BHPCNS no earlier than December 15th and no later than December 16th 2020 in order to be given priority in enrollment. Please recognize that children currently enrolled in our 2s and 3s' program as well as those children who are enrolled in the 4s' program but are not age eligible for Kindergarten, are guaranteed a place, but, it may not be your first choice. Acceptance is based on a first-come, first-serve basis. Families will be notified in late January as to their child's placement for the 2020-2021 school year.

### Registration for Young 2's Program will begin February 2021

Children who turn 2 between September 2, 2020 and December 31, 2020 are eligible for BHPCNS' Young 2s' program. The Young 2s' program will run between January 2022 and June 2022. Applications for this program will be available on the BHPCNS website in February 2021. To learn more about the Young 2s' program contact the school office at 301-365-2909 and we will return your call as soon as possible. The school will be conducting adult-only tours on a limited basis in small groups.



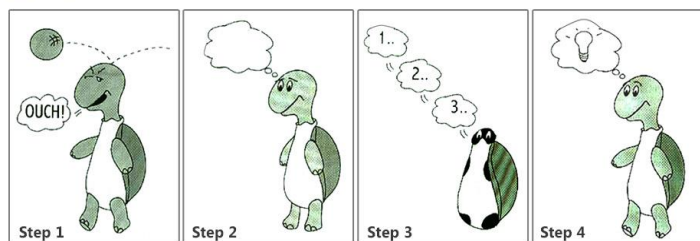
## SCRIPTED SOCIAL STORIES: TUCKER THE TURTLE



### **Tucker Turtle Takes Time to Tuck and Think**

A scripted story to assist with teaching the "Turtle Technique"  
By Rochelle Lentini, University of South Florida

Center on the Social  
and Emotional Foundations  
for Early Learning



For more information on Social Stories, visit Vanderbilt University's SEFEL website by [clicking here](#).

At BHPCNS we use Scripted Stories for Social Situations to help children understand social interactions, situations, expectations, social cues, and social rules. As the title implies, the stories are brief descriptive stories that provide information regarding a social situation. When children are given information that helps them understand the expectations of a situation, their problem behavior within that situation is reduced or minimized.

Traditionally, we kick off our school year with Tucker the Turtle. He's a little turtle that has trouble controlling his emotions. Using 4 simple steps he quickly learns how to: Stop, Think, Count to 3, and Find a solution.

I hope you and your child(ren) will enjoy getting to know Tucker.

**November's Newsletter will introduce you and your child to "How to be a Super Friend."**  
**For a sneak peek [click here](#).**

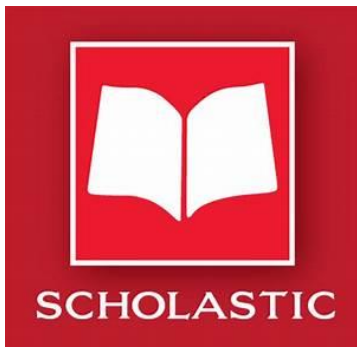
## BHPCNS OCTOBER BIRTHDAYS

Emily Ketchum  
Charlotte Forbes  
Charlotte Dixon  
Teddy Supple  
Pearl Nelson  
Nia Waldo  
Adam Joly  
Roman Xing



Sebastian Grewal  
Viviana Weaver Iriarte  
Isodora (Izzy) Horowitz  
Hawkins Varga  
Eva Uhl  
Blake Anthony  
Leah Moore  
Sydney Favretto

## SCHOLASTIC BOOKS ARE AVAILABLE FOR ORDERING!



With all the craziness around us it is good to have a stabilizing factor and reading to our kids will have an everlasting effect on their formative years. Scholastic books have offered an affordable book store serving the needs of our children. BHPCNS and Scholastic have partnered for over twenty years. Literacy is the foundation of any type of education, promoting imagination, independence, personality, and other endless possibilities.

Hopefully, you have a need for some new titles for your libraries or gifts. Bradley Hills will also gain from your purchase, for every dollar you spend we get a point, and we apply these points for new books in our ever-expanding lending library collection.

Please click on [Scholastic Book Clubs.com](https://www.scholastic.com/book-clubs/) to get started. If you have ordered before please continue to use the school code: L8HGN. If new to Scholastic go to set up an account, the next prompt will be connect to a teacher, enter the code L8HGN, a teacher name will come up as Nancy McCullough (I am the liaison for the whole school). This should get you into the site, once there you can peruse the site and order for all your children. Because of our current situation you must pay with credit card and the order will be sent to the school. When the orders arrive at the school, they will be bagged for pick up, and we will offer contact less pickup of your orders. Please try to get orders finished by Wednesday the 14th of October, this will make sure that Halloween titles will be timely.

Nothing beats quiet moments reading with your child, or watching them look at the pictures with curiosity.

Thank you!

If you place an order of \$25, you can pick a free book (up to \$5), use code: READS at checkout.

Submitted by Nancy McCullough aka Mrs. Mac-n-Cheese.

## CHRISTMAS WREATH SALE TO BENEFIT LOCAL CHARITIES

### Metropolitan Community Club has 2 holiday wreath options this year.

**Option 1:** A simple green wreath with a red bow and can be picked up at Bradley Hills on December 3 & 4. The cost is \$25. You can make out a check to MCC and mail it to Judy Carver at 6304 Rockhurst Rd. Bethesda, 20817, include your name or use Venmo Judy Carver and put your name and Bradley Hills in comments.

**Option 2:** A wreath decorated with pine cones and a red bow which can be shipped anywhere but Alaska and Hawaii. These wreaths will arrive for the Thanksgiving holiday. Their price is \$40. Please email Judy Carver at [jcarver365@aol.com](mailto:jcarver365@aol.com) the name and address and message of the person who will be receiving the gift.

If you have any questions please contact Judy at [jcarver365@aol.com](mailto:jcarver365@aol.com) or 240-994-1358

Orders are due by October 20.

All profits go to these charities: Small Things Matter, Mobile Med, Bethesda Help Emergency Fund and the Mont. Co. Family Justice Center for Domestic Violence Initiative

Thank you for helping us raise money for these worthy causes during COVID.

### *For the Holidays:*



*Undecorated*



*Decorated Gift Wreath*

## THANK YOU FOR YOUR VOTES!



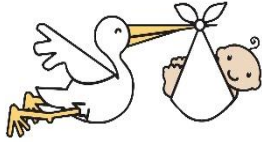
Thank you to all the parents who voted for BHP CNS in the Washing Parent Magazine contest. BHP CNS was awarded a finalist badge.

For full details [click here](#).





## IS THERE A NEW BABY IN YOUR HOUSE?



Is there a new baby in your house? Congratulations!

When school closed in March, several families were expecting new babies. Send Liz a message to receive a special Bradley Hills new baby onesie for your bundle of joy. Just because school is closed doesn't mean we don't want to know about the newest members of our school community.

## OCTOBER SONGS AND FINGER PLAYS



### Some of Bradley Bear's Favorite October Songs & Finger Plays!

#### The Leaves Are Falling Down

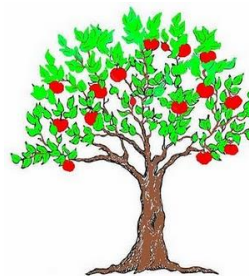
*(to the tune of the Farmer in the Dell)*

The leaves are falling down.  
The leaves are falling down.  
They touch my nose.  
They touch my toes.  
The leaves are falling down.



#### Way Up In An Apple Tree

Way up in an apple tree (point to the top)  
Two little apples smiles at me. (hold up 2 fingers and smile)  
I shook the tree as hard as I could. (pretend to shake a tree)  
Down came the apples. (bring hands to the ground)  
Hmmm...they were good. (rub tummy)



#### Jack O' Lantern

*(to the tune of Have you ever seen a lassie)*

Have you ever seen a pumpkin, a pumpkin, a pumpkin (put your hands out in front like you are holding a pumpkin)  
Have you ever seen a pumpkin with no face at all. (point to your face)  
With no eyes, and no nose, and no mouth and no teeth. (point to eyes, nose, mouth, and teeth)  
Have you ever seen a pumpkin with no face at all. (pretend to hold a pumpkin – then point to your face)

So I carved a Jack o' Lantern, a Jack o' Lantern, a Jack o' Lantern (carving motions)  
So I carved a Jack o' Lantern with a big funny face. (carving motions)  
With two eyes, and one nose, and one mouth, and big teeth. (point to eyes, nose, mouth, and teeth)  
So I carved a Jack o' Lantern with a big funny face. (Pumpkin motion and point to face)



### Three Little Pumpkins

Three little pumpkins sitting on a fence  
A witch came flying by.  
Ha, ha, ha, I'll take you home,  
And make a pumpkin pie A-ha!



### The Haunted House

*(to the Tune of Wheels on the Bus)*

The ghost in the house goes "Boo! Boo! Boo!"  
"Boo! Boo! Boo! Boo! Boo! Boo!"  
The ghost in the house goes "Boo! Boo! Boo!"  
On Halloween.



The steps in the house go "Creek! Creek! Creek!"  
The cats in the house go "Meow! Meow! Meow!"  
The mice in the house go "Squeak! Squeak! Squeak!"  
The people in the house go "Eek! Eek! Eek!"

### The Pumpkin Patch

*(to the tune of Where oh Where is Pretty Little Susie)*

Where oh where is pretty little Ellie? (hands gesturing where)  
Where oh where is pretty little Ellie?  
Where oh where is pretty little Ellie?  
Way down yonder in the pumpkin patch! (pointing thumb over shoulder)



Pickin' up pumpkins, put 'em in a basket. (pretend to pick up pumpkin and place in a basket)  
Pickin' up pumpkins, put 'em in a basket.  
Pickin' up pumpkins, put 'em in a basket.  
Way down yonder in the pumpkin patch! (pointing thumb over shoulder)

Come on now, let's go with her.... (wave hands towards yourself as in come on)  
Let's go find a great big fat one..... (mimic fat pumpkin with arms)  
Then we'll make a jack-o-latern..... (point to face and smile)

### I'm a Little Pumpkin

*(tune: Little Teapot)*

I'm a little pumpkin,  
Short and stout,  
Here are my eyes  
And here is my mouth.  
When it's Halloween  
And you are out  
Lift my lid  
And hear me shout,  
BOO!



### **Fly Little Bats**

<https://www.shazam.com/track/149729906/fly-little-bats>

*(To the tune of 1, little, 2 little, 3 little Indians)*

Fly, fly, fly little bats,  
Fly, fly, fly little bats,  
Fly, fly, fly little bats,  
Halloween is here!



Crawl, crawl, crawl little spiders,  
Crawl, crawl, crawl little spiders,  
Crawl, crawl, crawl little spiders,  
Halloween is here!



Stomp, stomp, stomp little monsters,  
Stomp, stomp, stomp little monsters,  
Stomp, stomp, stomp little monsters,  
Halloween is here!



Creep, creep, creep little cats,  
Creep, creep, creep little cats,  
Creep, creep, creep little cats,  
Halloween is here!



Dance, dance, dance little skeletons,  
Dance, dance, dance little skeletons,  
Dance, dance, dance little skeletons,  
Halloween is here!



Float, float, float little ghosts,  
Float, float, float little ghosts,  
Float, float, float little ghosts,  
Halloween is here!



### **Pumpkin Pumpkin**

*(to the tune of Humpty Dumpty)*

Pumpkin, pumpkin  
Sitting on a wall  
Pumpkin, pumpkin  
Tip and fall  
Pumpkin, pumpkin  
Rolling down the street  
Pumpkin, pumpkin  
Trick or Treat!



### **Monster Monster!**

Monster, monster, turn around.  
Monster, monster, touch the ground.  
Monster, monster, reach up high.  
Monster, monster, squint your eyes.  
Monster, monster, show your teeth.  
Monster, monster, stamp your feet.



### **I Wish I Were an Orange Jack-O-Latern!**

*(Tune: Oscar Meyer Song)*

Oh I wish I was an orange Jack-O-Lantern,  
That is what I really want to be,  
For if I was an orange Jack-O-Lantern,  
Everyone would laugh and smile at me!



### **Skin and Bones**

There was an old woman all skin and bones, oo-oo-oo-oooh!  
She lived down the street by the old graveyard, oo-oo-oo-oooh!  
One night she thought she'd take a walk, oo-oo-oo-oooh!  
She saw some bones a-laying around, oo-oo-oo-oooh!  
She went to the closet to get a broom, oo-oo-oo-oooh!  
She opened the door....and BOO!



### **The Witch's Haunted House**

*(to the tune of the "Farmer in the Dell")*

The witch's haunted house, the witch's haunted house.  
Beware, it's Halloween at the witch's haunted house.

The witch takes a cat, the witch takes a cat.  
Beware, it's Halloween at the witch's haunted house.

The cat takes the bat...  
The bat takes the ghost....  
The ghost says, "Boo!".....



### **Three Little Witches**

*(to the tune of 1 little, 2 little, 3 little Indians)*

One little, two little, three little witches  
Flying over haystacks, flying over ditches.  
Sliding down moon beams without any hitches.  
High-Ho Halloween's HERE!



For families who've had children at  
BHPCNS and taken Spanish with Sra.  
Cardoni, this is our favorite song, EVER!

[Click here to learn our song!](#)

