



Marietta Martial Arts

at Shallowford

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
L' Dragons (4-7) White-Black 45-min	-- 4:45 or 5:30 --	4:00 or 4:45 or -- or 6:15	-- 4:45 or 5:30 --	4:00 or 4:45 or -- or 6:15	Special Events	9:00 am or 9:45am
Jr. TKD (7-11) White-Black 45-min	-- 4:45 or 5:30 or 6:15 or --	4:00 or 4:45 or 5:30 or 6:15 or --	-- 4:45 or 5:30 or 6:15 or --	4:00 or 4:45 or 5:30 or 6:15 or --	Special Events	9:00 am or 9:45am or --
Leadership	EL	EL	EL	EL	--	--
Teen / Adult TKD White – Black 45-min	5:30 fam or 6:15 fam or --	5:30 fam or 6:15 fam or --	5:30 fam or 6:15 fam or --	5:30 fam or 6:15 fam or --	Special Events	9:00am or 9:45 or --
Sparring	--	5:30	--	5:30	--	--
Hapkido 45-min	7:00 Adults Only	--	7:00 Adults Only	--	--	--

Marietta Martial Arts @ East Lake 2145 Roswell Rd, Ste 200 770-321-1371	Marietta Martial Arts @ Shallowford 4401 Shallowford Rd, Ste 154 404-369-9712	Marietta Martial Arts @ Woodlawn 1205 Johnson Ferry Rd, 106B 770-977-9400
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