



Program Palooza 2021
Yarra Junction

Program Key Details



**GOZEN!
GO TO THE
NOW!**



Yarra Junction
Mon 18th-Fri 22nd Jan 2021
9am-10:30am
with Ruben & Holly
5 x 90 minute sessions

Grade 2-4 Children



FIND OUT MORE OR START YOUR ENROLMENT ONLINE AT
WWW.STRONGMINDSPSYCHOLOGY.COM.AU

Go Zen! Go To The Now

Mindfulness Program
Holly Moreton (Psychologist) &
Ruben Pinzon (Provisional
Psychologist)
Monday 18th to Friday 22nd Jan
9am to 10.30am
Grades 2 - 4
Maximum 8 participants
Cost: \$750



**GET SET FOR
SCHOOL!**

WITH MOYA & HOLLY

YARRA JUNCTION
MON 18TH-FRI 22ND JAN
2021
11AM - 12:30PM

PREP & GRADE 1 CHILDREN

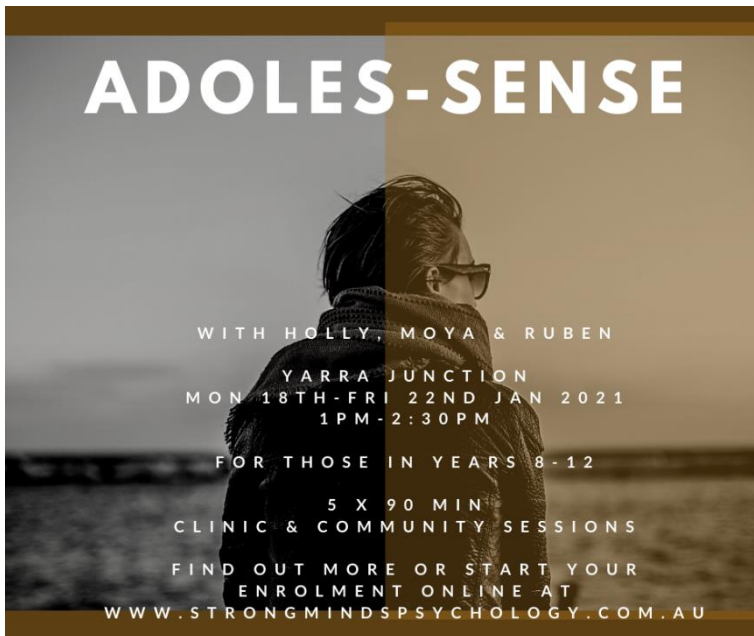
5 X 90 MIN
SCHOOL READINESS
SESSIONS

FIND OUT MORE OR START YOUR
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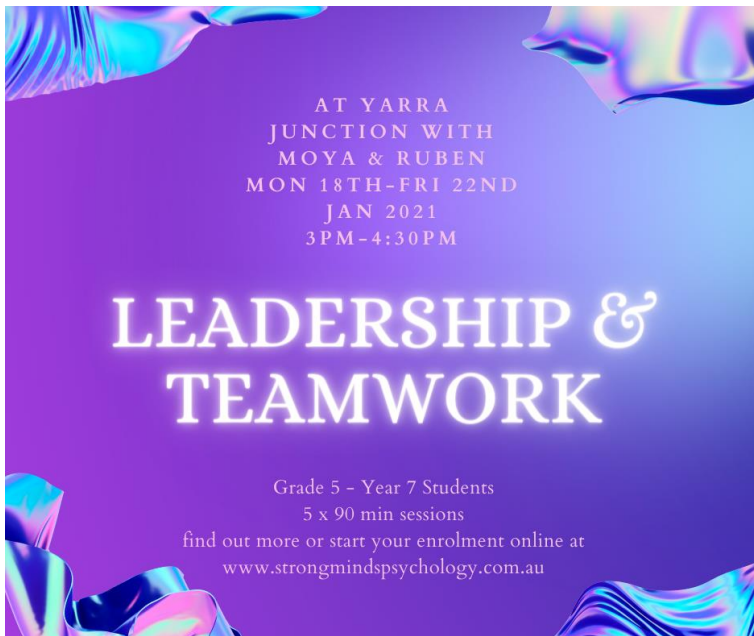
Get Set for School

Psychologists Holly Moreton &
Moya Matthews
Monday 18th to Friday 22nd Jan
11am to 12.30pm
Prep & Grade 1 children
Maximum 8 participants
Program Cost: \$750



Adoles-Sense

Socio-emotional skills
Psychologists Holly Moreton & Moya Matthews, and Provisional Psychologist Ruben Pinzon
Monday 18th to Friday 22nd January
1pm to 2.30pm
Years 8 to 12
Maximum 8 participants
Cost: \$750



Leadership and Teamwork

Psychologist Moya Matthews and Provisional Psychologist Ruben Pinzon
Monday 18th to Friday 22nd January
3pm – 4.30pm
Grade 5 to Year 7
Maximum 8 participants
Cost: \$750

Frequently Asked Questions

- Attendance of all sessions is recommended:
 - Group dynamics & social interactions will be easier if you/your child attends each session
 - Therapeutic outcomes are likely to be better if all sessions are attended
 - Fees will be paid in advance to secure a position in the program
- Can I leave while my child is in the program?
 - Parents/carers will need to leave the building due to distancing requirements
 - For safety we require all parents/carers to remain in the same suburb during sessions
 - Please ensure your phone is on & the team have your current contact details
- How can I communicate regarding the group?
 - Email the team around sessions to provide updates or ask questions. You can also ask brief questions in person so that children (& siblings) can transition calmly in and out of each session
 - A program summary & personalised report will be provided for each group member at the completion of the program
- Programs include:
 - Session Facilitation
 - Clinician preparation of content & materials for every session
 - Clinician file notes for each participant's personal file with specific areas of strengths & weaknesses that are being developed
 - Program summary report for each participant
 - For participants not known to the SMP team, a 30-minute intake appointment will need to be scheduled prior to ensure we are addressing your child's specific needs and goals
- Funding queries:
 - Fee payable on or before the first session, or agreement from plan manager that program will be funded
 - Funding subsidies available:
 - **NDIS:**
 - Self-Managed: Program invoice will be provided when enrolment forms received
 - Plan-Managed: Details of your plan manager are required with your enrolment form. Invoices will be provided on the day of the first session to your plan manager
 - NDIA Managed: Details of your plan are required with your enrolment form. A service agreement and funding package need to be allocated from your funds on the portal for processing
 - **Medicare:**
 - Obtain a Mental Health Care Plan referral for GROUP sessions. If a plan is already in place, ask for a letter indicating that group sessions are requested
 - Your child is entitled to up to 10 Individual sessions AND 10 Group sessions in a calendar year
 - Medicare rebate for group sessions is currently \$22 per session
 - **Private Health Insurance:**
 - Contact your insurance provider to determine if psychology group sessions are able to be claimed under your plan