

# IMPORTANT!!!!

Please be aware that some medications may prevent us from performing valid skin tests. If you are taking one of these medications, please ask the health care professional who prescribed it whether or not it is appropriate to stop such medication before coming to our office.

## DRUGS THAT BLOCK ALLERGY SKIN TESTS

(the typical time required off the drug before valid tests can be performed is in parentheses)

### Antihistamines – (5 days)

Examples include Allegra, fexofenadine, Clarinex, Claritin, any form of loratidine or cetirizine, Zyrtec, Xyzal, Atarax, hydroxyzine, doxylamine succinate, and cold medicines that contain antihistamines. An exception is **azelastine nasal spray** (2 days).

### Tricyclic antidepressants

1. amitriptyline(Elavil, Endep, Emitrip, Enovil) - (7 days)
2. amoxapine(Asendin) - (7 days)
3. desipramine(Norpramin, Pertofrane) - (2 days)
4. doxepin(Adapin, Sinequan) - (6 days)
5. imipramine(Tofranil) - (10 or more days)
6. nortriptyline(Pamelor)- (7 days)
7. protryptline(Vivactil) - (7 days)
8. trimipramine(Surmontil) - (7 days)
9. clomipramine(Anafranil) - (7 days)

### Tetracyclic antidepressants (10 days, occasionally longer)

1. maprotiline(Ludiomil)
2. mirtazapine(Remeron)

### Phenothiazines (7 days)

1. chlorpromazine(Thorazine, Largactil)
2. fluphenazine(Thorazine, Prolixin)
3. perphenazine(Trilafon)
4. prochlorperazine(Compazine)
5. thioridazine(Mellaril)
6. trifluoperazine(Stelazine)

### Benzodiazepines (7 days)

1. clonazepam
2. diazepam
3. lorazepam
4. midazolam

### Other (3-7days)

1. risperidone(Risperdal) (7days)
2. clonidine (7days)
3. meclizine (4 days)
4. bupropion (3 days)
5. eszopiclone (3 days)
6. quetiapine (7 days)
7. trazodone (3 days)
8. zolpidem (3 days)

No effect - nifedipine, montelukast (Singulair), cimetidine, ranitidine, Mucinex, all SSRI's (eg Paroxetine, escitalopram, Lexapro, Prozac, fluoxetine).

Jan 22, 2024