



Anxiety & Depression Group (Adults)

~ **Thursdays** ~ 6:00–7:00pm

Jennifer Julstedt, LPC



Kids: Coping Skills Group (8th-12th Grades)

Mondays (Sept 9th – Dec 16th) ~ 4:00-4:45pm

Amanda Rosentel, LCSW

Post Psychiatric Hospitalization Support Group

~ **Wednesdays** ~ 3:30-4:30pm

Andrea “AJ” Oravec, LCSW

Call 570.346.3686 to register