

EPA-DHA 1000



Clinical Applications

- Supports Healthy Joints*
- Supports Robust Immune Function*
- Supports Hydrated Skin and lustrous, shiny Hair*
- Supports Healthy Cell Membranes*
- Supports Clear Thinking, memory, & Cognitive Function*

EPA-DHA 1000 is a high-potency omega-3 fish oil product, containing 1200 mg of omega-3s per serving along with the digestive aid lipase for enhanced absorption.

All Adaptogen Research Formulas Meet or Exceed cGMP Quality

Discussion

EPA-DHA 1000 is a high-potency omega-3 fish oil product, containing 1200 mg of omega-3s per serving along with the digestive aid lipase for enhanced absorption. In order to maintain optimum health, the body requires a variety of different fats. Two of these—omega-6 and omega-3 fatty acids—are essential. As a result of industrialized farming practices and modern food processing technology, the American diet is very high in omega-6s, but low in omega-3s. Correcting this imbalance through foods and supplements can be beneficial for the entire body.

The best sources of omega-3 fats are cold water fish like salmon, sardines, and mackerel. The omega-3s that come from marine animals are different from the plant forms (such as walnuts and flaxseed), in that many people cannot effectively convert the plant forms to the animal forms, which are the more potent and biologically active versions that the body ultimately requires. Since most people do not consume cold water fish regularly, supplementation is critical for those concerned about any of the health issues listed to the right, and is also recommended for healthy individuals in order to maintain a good baseline balance of fatty acids.

EPA-DHA 1000 contains the omega-3 fatty acids EPA & DHA:

Eicosapentaenoic acid (EPA) – beneficial for supporting a healthy brain, balanced emotions, skin health, maintaining normal cholesterol levels and modulating the inflammatory response.

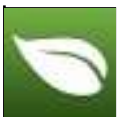
Docosahexaenoic acid (DHA) – supports proper brain development and function, visual acuity, maintenance of normal triglyceride levels and blood pressure, eye development and a healthy pregnancy in expectant moms.

The TruTG™ advantage:

EPA-DHA 1000 contains fish oils in the triglyceride (TG) form —the same way they naturally occur in fish. Most mass-marketed and lower-priced fish oil supplements come in the ethyl ester (EE) form. These are less expensive and more convenient to produce, but they are not as readily recognized, digested, and assimilated as the TG form. In order to receive the maximum benefit from omega-3 supplementation, it is critical to provide these fats to the body in the same way they are found naturally in fish. It is only when consumed in this natural form that they are most easily digested and assimilated. This TruTG™ advantage is especially effective at promoting healthy omega-3 levels in the body.

EPA-DHA 1000 also includes mixed tocopherols, which protect these fragile oils from oxidation and rancidity. Additionally, these fish oils are molecularly distilled and filtered to ensure purity and to maximize the removal of metals, pesticides, PCBs, and other contaminants.

***These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**



Distributed by: Adaptogen Research
625 Barksdale Road, Suite 113
Newark, DE 19711

EPA-DHA 1000



Supplement Facts

Serving Size 2 softgels

Servings Per Container 60

Amount Per Serving	% Daily Value	
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Omega-3 Fatty Acids		
EPA (Eicosapentaenoic Acid)	600 mg	†
DHA (Docosahexaenoic Acid)	400 mg	†
Other Omega-3 Fatty Acids	200 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Natural lemon flavor, mixed tocopherols, lipase; bovine gelatin, water, glycerine, annatto (natural color) (softgel ingredients).

Contains fish (Alaska pollock).

Suggested Use

As a dietary supplement, take two softgel per day with meals, or as directed by your health care practitioner.

Caution

Keep out of reach of children.



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