

OCTOBER 2025		ACTIVITIES		
Monday	Tuesday	Wednesday	Thursday	Friday
		1 9am Exercise	2 12:30 Chair Yoga	3 Luebbe Hearing 9am Exercise 10am BINGO 10:15am Bible study 12pm Euchre 1pm Line Dancing
6 Sole Solutions by appt only) 9am Exercise 12pm Euchre	7 8am Tuesdays with Tech 10:15am BINGO 12pm Bridge 3pm Clogging	8 9am Exercise 10:15am Board Meeting	9 12:30 Chair Yoga 1pm Alzheimer's Support Group	10 9am Exercise 10am BINGO 10:15am Bible study 12pm Euchre 1pm Line Dancing
13 CLOSED I IN OBSERVATION OF COLUMBUS DAY	14 8am Tuesdays with Tech 10:15am BINGO 12pm Bridge 3pm Clogging	15 9am Exercise 9:30am O.S.H.I.P. 1pm S.A.L.T MEETING	16 12:30 Chair Yoga 1pm: Sound Bowl Meditation w/Unfolding Lotus	17 CLOSED FOR PUMPKIN SHOW
20 Sole Solutions (by appt only) 9am Exercise 12pm Euchre	21 COMMODITIES 8am Tuesdays with Tech 10:15am BINGO 11:30am FELLOWSHIP LUNCH 12pm Bridge 3pm Clogging	22 9am Exercise	23 12:30 Chair Yoga	24 9am Exercise 10am BINGO 10:15am Bible study 12pm Euchre 1pm Line Dancing
27 9am Exercise 12pm Euchre	28 8am Tuesdays with Tech 10:15am BINGO 12pm Bridge 3pm Clogging	29 9am Exercise 10:30am Heritage Clinic 12:15 The Art Cart w/Sue	30 12:30 Chair Yoga	31 HALLOWEEN PARTY 9am Exercise 10:15am Bible study 12pm Euchre 1pm Line Dancing