

# SUPPORT CASCADE FOUNDATION – RIDE EL TOUR!

## BANNER-UNIVERSITY MEDICINE 37<sup>th</sup> El Tour de Tucson

*America's Largest Perimeter Bicycling Event  
for Cyclists of All Ages and Abilities*

Ride 100, 50, 25 Miles

*Benefiting*  
**Cascade Foundation**  
*Helping to stop the bleeding*



### Saturday, November 23, 2019

#### FEES, CONTRIBUTIONS & REGISTRATION INSTRUCTIONS

To ride for the **Cascade Foundation of Southern Arizona** in the 2019 El Tour all cyclists must pay a \$145 Entry Fee *plus* set a goal to raise \$250 or more in contributions for the Cascade Foundation of Southern Arizona. Entry fees are passed to Perimeter Bicycling and are not tax-deductible. Contributions made to Cascade Foundation of Southern Arizona may be tax-deductible as allowable by the I.R.S.

- (a) To register to ride, please send your completed application along with \$145 Entry Fee for each rider to The Cascade Foundation at the email/address below (cash, check, money order or PayPal payment).
- (b) To order a Team Cascade jersey complete the jersey order form below and include \$70 BY 9/27/19.
- (d) Registration closes on October 28, 2019. To register after this date please visit [perimeterbicycling.com/el-tour-de-tucson](http://perimeterbicycling.com/el-tour-de-tucson)
- (e) Fundraising must be complete by November 29, 2019

#### Turbo Charge Your Fund Raising!

As a Team Cascade rider, we invite you to join our GoFundMe campaign and turbo-charge your efforts by sharing to your social network and collecting donations online. Use these links to donate or join Team Cascade El Tour 2019 online: Donate: <https://www.gofundme.com/f/team-cascade-el-tour-2019?> Join the Team!: <http://bit.ly/JoinTeamCascade>

#### EL TOUR MAIN EVENT BENEFITS

- Entry into El Tour
- Traffic control on the route
- SAG & First Aid support
- Electronically timed finish
- El Tour Medallion upon finishing
- Entry into El Tour Downtown Finish Line Fiesta
- Entry into El Tour Bicycle, Fitness and Health Expo
- El Tour event poster
- Results published in *Tail Winds* newspaper online and posted on [perimeterbicycling.com](http://perimeterbicycling.com)

#### FUND RAISING INCENTIVES

Collect \$250 or more in contributions (not including Entry Fee) and receive the following benefits:	\$250	\$500	\$1,000
Team Cascade Foundation <i>Primal</i> rider jersey*	✓	✓	✓
Free entry to El Tour de Tucson 2019		✓	✓
El Tour Conquistador Trophy			✓

\* contributions must be turned in by September 27, 2019 to allow time to order jersey

#### CONTACT INFORMATION

**Cascade Foundation of Southern Arizona**  
PO Box 40397 • Tucson, AZ 85717-0397

*Please make all checks/money orders payable to Cascade Foundation of Southern Arizona*

[www.CascadeFoundationAZ.org](http://www.CascadeFoundationAZ.org)  
(520) 400-0249 • [info@CascadeFoundationAZ.org](mailto:info@CascadeFoundationAZ.org)

See next page for application and Rider Waiver Form

HELPING TO STOP THE BLEEDING

**CASCADE FOUNDATION**  
SOUTHERN ARIZONA

[www.CascadeFoundationAZ.org](http://www.CascadeFoundationAZ.org)

#### EARN A TROPHY!



Raise \$1,000 or more for **Cascade Foundation** and receive an **El Tour Conquistador** The most prestigious symbol of El Tour



#### HOST HOTELS

**Special Rates at**

**El Tour's Official Host Hotels!**

Check it out:  
[perimeterbicycling.com/el-tour-de-tucson/travel](http://perimeterbicycling.com/el-tour-de-tucson/travel)  
Room blocks are limited and fill fast

# 2019 CASCADE FOUNDATION EL TOUR APPLICATION & WAIVER FORM

Name \_\_\_\_\_ Fundraising Pledge Level: \_\_\_\_\_

Birthdate \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_


Country \_\_\_\_\_ Occupation \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Alternate Phone: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_



**www.CascadeFoundationAZ.org**

**Please answer all questions:**

- (1) Check the distance you will ride  
 100-mile     50-mile     25-mile  
**INDOOR EL TOUR & FUN RIDE: contact us for the program and application**
- (2) Type of bike you will ride. *No Motorized Bikes!*  
 Road/Hybrid     Mountain     Recumbent     Handcycle  
 Tandem (separate fees and application for each rider)  
 Name of Tandem Partner \_\_\_\_\_
- (3) Team Cascade Jersey order: (must be submitted by 9/27/19)  
 Jersey 1: Size - S M L XL  
 Jersey 2 if wanted: Size - S M L XL
- (4) How much are you enclosing now? (*See Fees & Contributions on reverse*)

- (4) Donations (not registration fee or jersey order) can be made by credit card on the Team Cascade El Tour 2019 GoFundMe page: <https://www.gofundme.com/f/team-cascade-el-tour-2019?>
- (5) Where are you staying for the event?  
 Home     Family/Friends  
 Hotel, please list: \_\_\_\_\_
- (6) **Please check that you read and agree to the following:**
- Aerobars are not permitted
  - CPSC-approved helmet must be worn
  - There are no refunds or transfers
  - Photo ID required for packet pick up
  - I understand that headsets/earbuds blocking both ears is prohibited.
  - I read and signed the Rider Waiver form below

<b>Entry Fee</b>	<b>(\$145 Main event)</b>	<b>\$</b>
<b>Contributions / Funds Raised *</b>		<b>\$</b>
<b>Jerseys order @ \$70 each (return by 9/27/19)</b>		<b>\$</b>
All checks/money orders made payable to <b>Cascade Foundation</b> All registrations must be received by October 28, 2019 *All fundraising must be received by November 29, 2019.		

**Please read all information on reverse side**

**El Tour event t-shirts will be available for purchase**  
 at Expo/Package pickup and at  
[perimeterbicycling.com/merchandise](http://perimeterbicycling.com/merchandise)

## **2019 EL TOUR DE TUCSON RIDER WAIVER FORM: ALL RIDERS MUST READ AND SIGN THIS FORM**

As a participant in El Tour de Tucson, I must obey all laws of the State of Arizona that may apply to my activities during this event, especially traffic laws. All traffic signals, devices and other traffic rules apply to me during this event. Unless instructed to the contrary by a law enforcement official, I must comply with all traffic regulations. This event finishes at 5:00 p.m. on ride day and all course support will be closed. In signing this waiver I agree to be totally responsible for my own safety and support after 5:00 p.m.

In consideration of my signing this agreement, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages, including, but not limited to the loss of my bicycle, helmet or any other personal items, I may have against the State of Arizona, Arizona Department of Transportation, Arizona Department of Public Safety, City of Tucson, Town of Marana, Town of Oro Valley, Pima County, Cascade Foundation, Banner-University Medicine, Diamond Children's Medical Center, Perimeter Bicycling Association of America Inc., any and all governmental and tribal agencies and any and all underwriters and their representatives, successors, and assigns for any and all injuries suffered by me as a result of taking part in this bicycling event and any related activities. I attest that I will participate in this event as a bicycling entrant; I will wear a CPSC-approved bicycle helmet; that I am physically fit and have sufficiently trained for the completion of this event and that a licensed medical doctor has verified my physical condition. Further, I hereby grant full permission to any and all the foregoing to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose.

I understand that aero-type and other similar auxiliary handlebars and motorized bikes are prohibited in this event and that utilizing them will result in being disqualified. I also understand that I am responsible for familiarizing myself with and obeying the rules of this event, available at [www.perimeterbicycling.com](http://www.perimeterbicycling.com). I understand that I am responsible for all my personal items including, but not limited to, cameras, cell phones, clothing, bicycles, etc. and shall not leave them in the care of any event staff, volunteers, officials, etc. **Furthermore, I understand all fees and collected contributions are not refundable or transferable to another person or event. Rider Numbers are also not transferable to another person or event.**

The event utilizes open public roads, which may or may not be maintained by local municipalities, cities, counties, and/or the State. The event is not responsible for the condition and maintenance of the roads. Road hazards are always possible and in entering this event, and signing this waiver, I agree and understand that I must be alert to all road hazards, including but not limited to: pot holes, uneven pavement, road cracks, road debris, unfinished construction, and motor vehicle traffic.

**I understand that I will receive a "chip" (transponder) so I can be timed in this event. I understand that I am responsible for properly mounting the device to my bicycle and that improper mounting may result in NO TIME being recorded.**

Rider's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian (if rider is under 18) \_\_\_\_\_ Date \_\_\_\_\_

Rev 9/1/19  
Code 3026

**SANCTIONED BY PERIMETER BICYCLING ASSOCIATION OF AMERICA, INC.**