



SCRIPTURE of the DAY

Acts 10: 34, 37-43

Psalms 117: 1-2, 16-17,
22-23

Colossians 3: 1-4 or 1

Corinthians 5: 6-8

John 20: 1-9 or

Matthew 28: 1-10



**“Young people,
let’s go and make
a difference.
Bring Jesus’ love and
hope to all.”**

- Archbishop Simon Poh

INTERNAL CIRCULATION ONLY
BUL 14/2026

“Go and tell my brothers...” Before there is theology, there is experience. Before there is structure, there is sending. In the early Church, as we hear in Acts, Peter does not preach ideas. He proclaims what he has seen and lived — that Jesus, who was crucified, is now alive. And Saint Paul reminds us in Colossians: If Christ is raised, then our lives must rise too — our priorities, our hopes, our way of living in the world.

This is deeply relevant for our young people today. Many of them live in a world filled with pressure, anxiety, and uncertainty. What they need first is not programmes, but encounter — to meet a living Christ who gives meaning and direction.

At the Malaysian Catholic Youth Day, many young people shared this longing clearly: “We want to encounter Christ personally, not only learn about Him, and we want to be trusted to share that faith with others.” (MCYD Synthesis, Youth Faith Formation)

A synodal Church begins by walking with youths in their search, not standing above them with ready-made answers. **A prophetic Church dares to believe that young people can be witnesses, not just recipients of teaching.**

Easter tells us that fear is not the last word. Youth are not problems to manage, but messengers of hope to send.

If we truly believe Christ is risen, then we must also believe that new life is rising in our young people — and our task is to walk with them, form them, and trust them with mission. ✚

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NEWBEC

NEW WAY OF BEING CHURCH | **Easter Sunday** | 5 April 2026

WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH

A People for Missionary Discipleship

MONTHLY FOCUS: SOCIETY: Youth Empowerment



Risen and Sent Youth as Witnesses of Hope

Easter does not begin with explanations. It begins with encounter. The women come to the tomb with fear, sorrow, and uncertainty — and they leave with joy and a mission:



PARISH OF OUR MOTHER OF PERPETUAL HELP

Redemptorist Community

Rev.Fr. Joseph Stephen, C.Ss.R. (Parish Priest)

Rev.Fr. Patrick Massang, C.Ss.R. (Assistant Parish Priest)

Celebrating, Listening and Walking as Pilgrims of Hope.

Address: 19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak. (Priest address)
1, Jln Serindik, Ipoh Gdn., Ipoh (Church & Pastoral Centre address)
Tel. Nos.: (office – 05 5458220) (Fax: 05 5468495) website: omhip.org

In a world often marked by uncertainty, suffering, and fear, the Resurrection of Christ brings us a message that is both simple and powerful:

peace and hope are alive. The empty tomb is not just an event of the past—it is a living promise that light overcomes darkness, love conquers sin, and life triumphs over death.

The Risen Lord greets His disciples with the words, "Peace be with you." This is the same peace He offers us today—not the absence of troubles, but the assurance that He is with us in all things. Because He has Risen, our hope is never in vain.

Let us then be people of the Resurrection—carrying peace into our families, hope into our communities, and joy into a world that longs for meaning. May our lives become a witness that Christ is truly alive.

Thank you for your support and prayers.

*Wishing you and your loved ones
a blessed and joyful Easter.*

Alleluia!

We welcome our newly Baptized who were fully initiated into the Catholic Church on Easter Vigil on 4 April, 2026. O.M.P.H welcomes you. Congratulations.

PARISH ACTIVITIES & MEETINGS: (APRIL 2026)

- * 7/4/2026 - 8.00 p.m. – Legion of Mary (C) (St.Mt. Rm.)
- * 7/4/2026 - 8.00 p.m. - Tamil LSS (hall)
- * 8/4/2026 – 8.00 p.m. – Chinese Apostolate (ven Francis Xavier Rm.)
- * 9/4/2026 – 7.30 p.m. – RCIA (E) (St.Mk.Rm.)
- * 9/4/2026 - 8.00 p.m.- RCIA (BM) (Wallace Rm.)
- * 9/4/2026 - 8.00 p.m. - Tamil Choir practice (St.Paul Rm.)
- * 10/4/2026 - 8.00 p.m. – RCIA (C) (ven Francis Xavier Rm.)
- * 10/4/2026 – 8.00 p.m. – Ablaze (St.Mk.Rm.)
- * 12/4/2026 – 1.00 p.m. – Learning Centre (2nd Fl.)
- * 14/4/2026 - 8.00 p.m. – Legion of Mary (C) (St.Mt. Rm.)
- * 14/4/2026 - 8.00 p.m. - Tamil LSS (Hall)
- * 15/4/2026 – 7.30 p.m. – Caritas OMPH (St.Mk.Rm.)
- * 16/4/2026 – 7.30 p.m. – RCIA (E) (St.Mk.Rm.)
- * 16/4/2026 - 8.00 p.m.- RCIA (BM) (Wallace Rm.)
- * 16/4/2026 - 8.00 p.m. – Tamil Choir practise (St.Paul Rm.)
- * 17/4/2026 - 8.00 p.m. – RCIA (C) (ven Francis Xavier Rm.)
- * 21/4/2026 - 8.00 p.m. – Legion of Mary (C) (St.Mt. Rm.)
- * 21/4/2026 - 8.00 p.m. - Tamil LSS (church)
- * 23/4/2026 – 7.30 p.m. – RCIA (E) (St.Mk.Rm.)
- * 23/4/2026 - 8.00 p.m.- RCIA (BM) (Wallace Rm.)
- * 24/4/2026 - 8.00 p.m. – RCIA (C) (ven Francis Xavier Rm.)
- * 25/4/2026 – 8.30 a.m. – RCIA Deanery Retreat (parish hall +Cafeteria)
- * 25/4/2026 – 10.00 a.m. – Infant Session & Rehearsal (St.Mk.Rm.)
- * 30/4/2026 – 8.00 p.m. – Tamil Choir practice (St.Paul Rm.)

APRIL 2026 COFFEE MORNINGS:

- 5/4/2026 - Youth ministry
- 12/4/2026 - Caritas OMPH
- 19/4/2026 - BEC St.Francis de Sales
- 26/4/2026 - Hospitality Ministers.

BIBLE REFLECTION & HOME-GATHERING:

- * 9/4/2026 – 8 p.m. - BEC St.Simon; (Cafeteria)
- * 10/4/2026 – 8 p.m – BEC St.Francis De Sales; Home of Tony Xavier & Mary.

ETERNAL HAPPINESS TO:

- + Victor Amaladass a/l Vincent departed on 28 March 2026.



All B.E.C.

leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups.

Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets

* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

BAPTISM: Please contact the Parish Priest at least **ONE MONTH** in advance.
Next Infant baptism: **26 April, 2026.**

MARRIAGE:

Please contact the Parish Priest at least **SIX MONTHS** in advance.

EVENING FOR THE ENGAGED 2026.

Please see your Parish Priest for registration.

Couples planning to get married in the year 2026, please take note of the EE Weekends english during the year.

You are requested to register six (6) weeks before the weekend
EE147 8-10 May, 2026
EE148 7-9 Aug., 2026
EE 149 13 – 15 Nov., 2026

For enquiries: Tel: 016 4413494
Nicholas (after 6 p.m only)

Tamil Catholic Marriage Preparatory Course 2026 (TCMPC)

1. May Fri 8 to Sun 10
2. Aug Fri 21 to Sun 23
3. Nov Fri 6 to Sun 8
(venue) Domus St. Anne, B.M

PENANG DIOCESAN LENTEN CAMPAIGN ENVELOPES –

Please return the envelopes at the parish office or during the weekend collections.
by the **15 April, 2026.**

ANNOUNCEMENTS:

Our Special Thanks

* To the Liturgical Ministries and all who prepared throughout the Holy Week & Easter Triduum celebrations to make this Easter a faith-filled experience.

* To our IT members for their creative arrangement of the slides.

* To our Parishioners & friends who donated flowers to decorate the church.

* To the Art & Flower ministries for their creativity in decorating the church for an atmosphere conducive to Easter celebration.

* To all parishioners and friends for your continuous support to the parish in giving your time, finance and your thoughtful gifts. It is deeply appreciated.

God Bless you all.

CATHOLIC CHARISMATIC RENEWAL - Life in the Spirit Seminar in Tamil at O.M.P.H. church

(time) **8.00 p.m. - 9.30 p.m.**
(venue) **OMPH church.**

- # 7/4/2026 - Praying for Baptism in Holy Spirit
- # 14/4/2026 - Growth (The Vertical & Horizontal Dimension)
- # 21/4/2026 - Transformation in Christ

NEW-INTAKE for "ADULT ENQUIRY TO THE CATHOLIC FAITH"

The RCIA (Rite of Christian Initiation of Adults) is a program of induction into the Catholic Church. If you know of friends who are interested in making enquiry into the Catholic Faith please register now at the Parish office. Program will start in July.

Kursus pra-perkahwinan dalam BM

Tarikh : **25-26 April 2026**
Tempat : Domus, Minor Basilika St. Anne Bukit Mertajam
Untuk pertanyaan dan maklumat lanjut sila hubungi;
Sr. Lucynia-0107966882
Sr. Tauria - 0139084578
Byron - 0135950232
Tarikh tutup penyertaan :
21 April 2026

SCHEDULE: For MASS, DEVOTIONS and PRAYER MEETINGS.
(5 April 2026) (Mass at 8.00 a.m. if it is a PUBLIC HOLIDAY)
(All in *English* unless stated otherwise.)

SUN. 5 EASTER SUNDAY OF THE RESURRECTION OF THE LORD

8.00 a.m. Mass (E)
10.00 a.m. Mass (T)
11.30 a.m. Mass (C)

MON.6 Monday within Octave of Easter

7.00 a.m. Mass

TUES.7 Tuesday within Octave of Easter/St.John the Baptist de la Salle

7.00 a.m. Mass
8.00 p.m. LSS Tamil (hall)

WED. 8 Wednesday within Octave of Easter

7.00 a.m. Mass

THURS.9 Thursday within Octave of Easter

7.00 a.m. Mass

FRI.10 Friday within Octave of Easter

7.00 a.m. Mass.

SAT.11 Saturday within Octave of Easter/B.V.M

7.30 a.m. Mass. (Novena devotions)
9.00 a.m. Novena devotion to Our Mother of Perpetual Help. (church)
5.00 p.m. Novena devotion to Our Mother of Perpetual Help. (church)
5.45 p.m. Mass (E)

SUN. 12 DIVINE MERCY SUNDAY/2nd Sun. of Easter

8.00 a.m. Mass (BM)
10.00 a.m. Mass (T)
11.30 a.m. Mass (C)

ST.MARY'S CHAPEL, TERSUSUN

* Sun. 5/4/2026 - 8.00 a.m - Mass in Tamil.
* Sun. 19/4/2026 - 4.00 p.m. – Blessing of St.Mary's chapel & Mass.

2nd COLLECTION: 5/4/2026 – For the poor of the parish.
12/4/2026 – For Parish maintenance.

DAILY SCRIPTURE READINGS

(WEEKEND READINGS: Year A) (WEEKDAY READINGS : Year 2)

SUNDAY 5 (5 April – 12 April, 2026)
(a) Acts 10: 34, 37-43. (Ps 117: 1-2, 16-17, 22-23)
(b) Col 3: 1-4 or 1 Cor 5: 6-8
(c) Jn 20: 1-9 or Mt 28: 1-10

MONDAY 6 (a) Acts 2: 14, 22-23. (Ps 15: 1-2, 5,7-11)
(b) Mt 28: 8-15

TUESDAY 7 (a) Acts 2: 36-41. (Ps 32: 4-5, 18-20, 22)
(b) Jn 20: 11-18

WEDNESDAY 8 (a) Acts 3: 1-10. (Ps 104: 1-4, 6-9)
(b) Lk 24: 13-35

THURSDAY 9 (a) Acts 3: 11-26. (Ps 8: 2, 5-9)
(b) Lk 24: 35-48

FRIDAY 10 (a) Acts 4: 1-12. (Ps 117: 1-2, 4, 22-27)
(b) Jn 21: 1-14

SATURDAY 11 (a) Acts 4: 13-21. (Ps 117: 1, 14-21)
(b) Mk 16: 9-15

SUNDAY 12 (12 April – 19 April, 2026)
(a) Acts 2: 42-47. (Ps 117: 2-4, 13-15, 22-24)
(b) 1 Pt 1: 3-9
(c) Jn 20: 19-31