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The Lost River Township & Volunteer Fire Dept. held their “Dedication Ceremony & Open House”, on Saturday, June 14th.

Mark and Scott attended the festivities and everyone complimented them on a “job well done.”



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Heat Exhaustion/Sunstroke



During summer months we can be exposed to heat exhaustion. Excessive heat causes accidents in many ways. It becomes more difficult to concentrate on the job, you sweat, you get tired and nervous, and begin making errors in judgment. When the temperature exceeds 90 degrees, everyone needs to be aware of the danger signs.

How to prevent heat exhaustion:

- Drink plenty of cool fluids
- Avoid heavy, fatty-type foods
- Wear light, loose clothing
- Avoid fatigue; get plenty of rest
- See a doctor if you are not feeling well

How to recognize heat exhaustion:

- A person is dazed, staggers or becomes dizzy
- There is a feeling of nausea or vomiting; the person also can feel chilly
- Their face looks pale
- There is a weak pulse and body temperature is below normal

What to do:

- Call for emergency medical assistance
- Keep the victim lying down with their head lower than their feet.
- Loosen the victim's clothing
- Give fluids if possible.

Lindsey's Construction will be
closed Friday, July 4th
in observance of
Independence Day

July 4



Independence Day

"Galloway Home"	"French Lick Family Medicine"	"Lake Home"
<p>We are close to completing the brick work. The interior doors & trim work will start soon. Painting should be finished in August.</p> <p>The owner has also hired us to perform downspout, drain grade work & side-walks.</p>	<p>Installing ceiling tile and cabinets. The tops next week and then flooring.</p>	<p>Brick chimney's, paint (2) windows and possibly replace decks.</p>

"Windy Ridge"	"Lindsey's Barn"	"Mickie's Facade"
<p>Plywood on walls, painting and heating will complete this job.</p>	<p>Half of metal roofing (2) doors and a little siding to complete.</p>	<p>Work should start soon.</p>

Upcoming Bids

- Toliver's Building
- Best Western
- Kemple New Home



Fascinating Facts

Every 4th of July the Liberty Bell in Philadelphia is tapped (not actually rung) thirteen times in honor of the original thirteen colonies.

Birthdays

- 2 - Hope
- 21 - Scott

