Parish Magazine advertisers known to be open for business during lockdown.

Any further updates, please email: alveleyandquattparishmagazine@gmail.com

Tradepersons

Garden Services and Supplies

Vets

Meal Deliveries

Grocery Supplies

Personal Services

Tradepersons



A friendly, reliable & flexible service Painting, decorating, garden maintenance and much more.

Matthew Crossland Mobile: 07854 830051 email: mattcrossland@icloud.com

Helping the community with their gardens and homes whilst keeping social distance at all times.

C-D-I Electrical Solutions
All work undertaken
Big or small
Clean reliable service
No call out charges
Tel: Paul
07454993095. 01746219352

Open for emergency work and jobs where safe distance working is possible

Garden services and supplies



INDEPENDENT GROUNDS MAINTENANCE



All Aspects of Tree Surgery for Domestic & Commercial Clients.

Tree & Hedge - Pruning, Stump Grinding, Felling, TPO Approved Works.

Grounds Maintenance to Schools, Academies, Retail & Industrial Parks

Sale of Seasoned Logs £ 100-00. Sale of Woodchip £ 40-00

We offer quality & value for money, & our highly trained staff are DBS cleared.

FREE NO OBLIGATION QUOTATIONS



Telephone: 01746 781308 Mobile: 07876 454310 Email: mike@igm-limited.co.uk www.igm-limited.co.uk



We are still open for business – usual hours.

We are strictly adhering to social distancing and ask that customers do not approach our staff directly when on-site.



We are set up to make no contact, safe deliveries by taking payment over the phone prior to delivery and agreeing where orders are to be left.

Vets



We are available if you need an urgent or emergency appointment, a telephone consultation with a vet or to order repeat medicines.

Please contact us on 01746 763998.

Meal Deliveries



Dishes created by our chefs using local suppliers and producers. Delivered to your door. Call 01746 710310 to order

SHROPSHIRE'S FINEST CATERERS

Dedicated to exceptional food & service Weddings - corporate events - private parties



Fresh & Lush Ltd High Grosvenor, Bridgnorth, WV15 5PG tel. 01746 710310 e-mail. hello@freshandlush.co.uk www.freshandlush.co.uk

Fresh & Lush

Frozen Ready Meals

Created by our chefs using high quality ingredients from local producers & suppliers.
Collection or Local delivery for frozen meal orders of £30 or more (excluding Essentials).
Please call 01746 710310 to place an order.

Lamb
1 portion £5.10 / 2 portion £9.40 / 4 portion £17
Ras el hanout lamb tagine
Lamb, mint and vegetable pie

Chicken
1 portion £5.10 / 2 portion £9.40 / 4 portion £17
Mustard & tarragon chicken
Butter chicken curry
Chicken & local ham hock pie in a whole grain
mustard sauce
Thai green chicken curry

Pork
1 portion £5.10 / 2 portion £9.40 / 4 portion £17
Slow cooked pork and potato bake and mustard cider sauce

Fish 1 portion £5.80 / 2 portion £10.80 / 4 portion £20 Fish pie with salmon, smoked haddock & prawns

IN HOUSE BAKED BREADS Baguette - £1.75 Sourdough - £4.50 Pain de Campagne - £3.50

WINE SELECTION BOX - 3 white /3 red - £60

<u>Vegetarian</u>
1 portion £4.40 / 2 portion £8 / 4 portion £14.10
Grilled aubergine, mozzarella & slow cooked tomato lasagne
Luxury macaroni cheese with truffle & mature cheddar

Vegan

1 portion £4.40 / 2 portion £8 / 4 portion £14.10
Ras el hanout vegetable tagine
Mushroom bourguignon with chick pea bacon

Sides
1 portion £3/2 portion £5.20 / 4 portion £8.60
Dauphinoise potato bake
Creamy mashed potatoes
Rosemary & thymer oasted root vegetables
Cauliflower cheese
Pillau rice
Lime & coconut rice

Pudding
1 portion £2.75 / 2 portion £4.20 / 4 portion £6.50
Sticky toffee pudding
Apple & Blackberny crumble
Lemon, sultana & ginger steamed pudding
Sicilian lemon tart
Custard tart
Chocolate & sait caramel torte
Triple chocolate fudge brownies
Raspberry & white chocolate cheesecake

ESSENTIALS
Fruit 8. veg box - £33 (inc milk/eggs/bread)
Milk 21. £1.50 (skimmed, semi or full fat)
Butter 250g - £1.80 (salted or unsalted)
Mature cheddar 500g - £3.00
Essentials are a supplement to a meal order
(not sold separately)

<u>Your support is greatly appreciated</u> Fresh & Lush Ltd - Tel 01746 710310 – hello@freshandlush.co.uk - www.freshandlush.co.uk High Grosvenor Farm, Bridgnorth, WV15 5PG



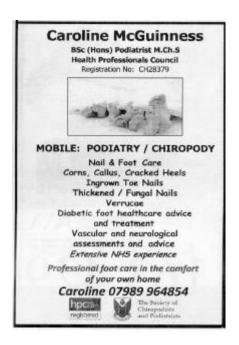
Delivering on Thursdays and Saturdays with non-contact collections available on Wednesdays and **Fridays**

Grocery Supplies

LONDIS

Alveley Food Stores and Off Licence Newsagents and Lottery 2/3 Cooks Cross Alveley WV15 6LS Tel: 01746 780773

Personal Services



As a HCPC registered podiatrist I am a key worker and therefore allowed to work during this pandemic including entering people's homes for medical reasons. I am following all precautions I.e removing shoes before entering houses, wearing a mask at all times including going into houses, wearing gloves, wearing uniform and no cardigan, also wearing a one-use plastic apron during treatment. I'm also limiting how many patients I go to, so maybe 3-5 maximum a day. I'm not going into any other premises/shops. And I don't work in any care-homes anyway.

If your feet are overdue for attention or if you feel that I can help, and you're happy for me to attend your home, please give me a call. I look forward to hearing from you.