

**OCTOBER
2018**

Pickaway Senior Center

"WE'RE LIVING IT UP"

Pickaway Senior Center

2105 Chickasaw Drive

P.O. Box 565

Circleville, OH 43113

740-474-8831

www.pickawayseniors.org

IMPORTANT DATES:

WEDNESDAY, OCTOBER 10
BOARD MEETING 10:15 AM

THURSDAY, OCTOBER 11
UNLOCK SECRET LUNCH NOON

TUESDAY, OCTOBER 16
COMMODITIES

WEDNESDAY, OCTOBER 17
SOUP & SALAD BAR NOON

FRIDAY, OCTOBER 19
CENTER CLOSED

TUESDAY, OCTOBER 23
NEWSLETTER ASSEMBLY
BREAKFAST BAR 9:00 AM

THURSDAY, OCTOBER 25
MONTHLY FELLOWSHIP NOON



October is here and that means that fall is in the air and there are less than 100 shopping days until Christmas. Change is happening all around us during this month and the Pickaway Senior Center is no exception. You may have heard, Ms. Cynthia Love is no longer with the Senior Center. The Board, staff, seniors, and volunteers wish her the best as she pursues new endeavors. The Board has appointed Mr. Dennis Bothel as the Interim Executive Director.

Our February 2019 trip to Amelia Island & Jacksonville FL and our July 2019 trip to Maine are filling up quickly. Either trip would be nice to escape the Ohio weather. Don't delay in getting your deposit in to reserve your spot!

Premier World Discovery through the Center is offering a California Rail trip in June of 2019. If you are interested in this trip please stop by the Center to pick up a flyer. In addition, Premier is looking at offering a trip to Nova Scotia later in 2019. Please look for further information on this trip.

October 11th is the Secret Lunch. The lunch will have a Pumpkin Theme as well as the much-anticipated Pumpkin decorating contest. Come dressed in your favorite Pumpkin Show attire. If you would like to enter the Pumpkin decorating contest please have your pumpkin at the Center by 11:30 on the 11th.

October 25th will be our Monthly Fellowship Meeting. We will enjoy a delicious chicken drumstick dinner followed by entertainment presented by the Transportation Trio. The Trio is back by popular demand after a successful show in late August.

Other days to stop by and join us would be October 17th for Soup & Salad Bar and October 23rd for our Breakfast Bar featuring scrambled eggs. This would be a great time to enjoy the food and time with friends.

We hope to see you at the Center often in October.

Dennis R. Bothel, Interim Executive Director

**Pickaway Senior Center
Board of Directors:**

Brenda Strittmatter	President
Marie Gerhardt	Vice President
Connie Kelly	Treasurer
Judy Stewart	Secretary
Debbie Dumm	Membership Pres.
Dennis Bothel	Interim Director
Dennis Bothel	Fiscal Officer
Lisa Robbins · Vince Yaniga	
Donna Thompson · Ed Boyer	
Dwight Radcliff · Pat Acord	
Tonya Thompson · Don Wolford	
Sandra Foster · Erika Cowles-West	

Pickaway County

Commissioners:

Jay Wippel · Brian Stewart
Harold Henson

**PICKAWAY SENIOR
CENTER**

2105 Chickasaw Drive
P.O. Box 565
Circleville, OH 43113

www.pickawayseniors.org

Office: 740-474-8831
Toll Free: 888-397-7246
Nutrition: 740-474-8617
Fax: 740-477-8114

Office Hours:
Monday-Friday
8am - 4:30 pm

Our services are provided for seniors ages 60 and over, Monday through Friday.

Adult Day Care:

Provides relief for families caring for a loved one with dementia or Alzheimer's. This service is available Monday through Thursday from 8:30 AM to 1:30 PM. Lunch and transportation are provided.

Congregate Meals:

A hot lunch served at the Pickaway Senior Center at 11:30 AM on Monday, and at 12:00 noon Tuesday through Friday.

Homemakers:

Assistance with cleaning, laundry and running errands. Clients must meet certain eligibility criteria.

Meals on Wheels:

A hot lunch delivered to your home five days a week.

**National Family
Caregiver Support
Program:**

Respite and personal care, financial help with co-pays and medicine, utility bills, home repair. The care recipient must be over 60 years of age.

Supportive Services:

Assistance with Medicare & Medicaid papers, HEAP and Commodities paperwork.

Transportation:

Transportation for medical appointments, dialysis, and grocery shopping.

**For information
on any of
these services,
call the Senior
Center: 740-
474-8831**

The Pickaway Senior Center is a non-profit organization. We are supported by financial contributions from the following:

- Title III administered through the Ohio Department of Aging
- Funds from a senior levy passed by Pickaway County voters
- Private donations and fundraisers



PICKAWAY SENIOR CENTER OCTOBER 2018 NEWSLETTER

In Memory or Honor of...

This Recognition Gift to the Pickaway Senior Center is a very thoughtful gift which means others in Pickaway County will be helped.

Enclosed is my gift of \$ _____ In Memory or Honor of _____

Occasion: ☐ Birthday ☐ Anniversary ☐ Other _____

Given by _____

Address _____

Please make checks payable to the Pickaway Senior Center. Mail gift to:

Pickaway Senior Center
P.O. Box 565
Circleville, OH 43113

Amelia Island, St. Augustine & Jacksonville FL Trip

Dates: February 24-March 2, 2019

Price: \$650 (per person double occupancy)
\$75 due upon signing up

Trip Includes:

- Motorcoach Transportation
- 6 nights lodging including 4 consecutive nights in Florida
- 10 Meals- 6 breakfasts and 4 dinners
- Visit to Fountain of Youth
- Visit to Historic Kingsley Plantation
- Guided Tours of Amelia Island, St. Augustine & Jacksonville
- Narrated Cruise on St. John's River
- Alhambra Dinner Theater

For more information please call the Center

Decorated Pumpkin Contest

Anyone wishing to enter a decorated pumpkin please have it at the Center by 11:30 a.m. on October 11th.

That is also the day of our Secret Lunch. Come dressed in your favorite Pumpkin/Pumpkin Show attire or costume.



OCTOBER BIRTHDAYS-HAPPY BIRTHDAY!

OCTOBER 1

ROGER CATHEL
JANET FEE
MARY ANN HALL
FREDERICK HOOVER
G. THOMAS MOORE
STEVEN THOMERSON

OCTOBER 2

KATHLEEN CAMERON
BARBARA HART
LOUISE HOOVER
DONNA LUTZ
PATRICK PARK

OCTOBER 3

PATRICK BINGHAM
PHYLLIS BOCHARD
JOYCE DEVORS
LOIS HARRINGTON
JOANNE HILLMAN
VERLA KELLENBARGER
DAVID LEGG
DEBBIE VAUGHN
LILLIE VOSS
RITA WILLIAMS

OCTOBER 4

SHEILA GEE
CAROLYN KEETON
JEAN KESSLER
MARILYN SPENCH

OCTOBER 5

PATRICIA BARNES
WILLIAM BRANDON
CHARLES GERHARDT
MICHAEL GRIFFITH
DONNA KARNS
DAVID LUCKHART
JAMES MCGUIRE
KAREN STOUT

OCTOBER 6

MARILYN IRVINE
LILA MYERS
DON RAMEY
STUART SHARPNACK
RON STUDEBAKER
CAROLYN VANFOSSEN
JERRY WAGNER

OCTOBER 7

CHERYL BATES
BETTY BOLDOSER
RUTH FLEMMING
ELMA RACE
JANE SCHNEIDER
RICHARD WELCH

OCTOBER 8

RUTH DEAN
DANIEL HARVEY
HARRY STYERS
PHYLLIS TOLLIVER
ROY WILEY

OCTOBER 9

JAMES DAVIS
PAUL EWING
DOROTHY MYERS

OCTOBER 10

BURLA BARR
JOYCE DRESBACH
NANCY DYE
JUDY JULIAN

OCTOBER 11

NANCY BALL
MARGARET COOK
ELEANOR STRAWSER

OCTOBER 12

JERRY GREINER
NANCY HOSOM
TERESA MARION
DIANE STEWART
MARGARET WALKER

OCTOBER 13

BONNIE BANDY
BETTY BROWN
TERESA GEBHART
BARBARA MISKO
PATSY OLDAKER
BETTY REESER
PATSY WINNER

OCTOBER 14

FRANCENE DISBENNETT
SHIRLEY DUNCAN
MARJORIE FOREMAN
BARBARA WOODS
DEBBIE YANIGA

OCTOBER 15

SYLVIA CHRISTY

OCTOBER 16

PAT HILDENBRAND
CAROLYN STEDMAN

OCTOBER 17

BEVERLY FOX
ROBERT HARRISON
BARBARA HOPPER
SANDY JORDAN
PAMELA PHIPPS
BONNIE SKAGGS

OCTOBER 18

KENNETH BENSONHAVER
ONALEE LAWSON
DAVID WEBB

OCTOBER 19

DEBORAH FOUCH
JEANETTE GERHART
RICHARD GROFF
SARAH MAHLMAN
EUGENE SMITH
BETTY SNYDER

OCTOBER 20

LEWIS CLIFTON
MARY FERRELL
JIM GEE
SHARON WEISENBERGER
CYNTHIA WORTHINGTON

OCTOBER 21

NELLIE CONKEL
JOYCE LUTZ
PATRICIA MCGINNIS
DEBORAH MINER

OCTOBER 22

JOY ACKLEY
EVELYN ALLISON
BRENDA DAVIS
BRENDA MANSON
JULIA MCDONALD
DAVID REYNOLDS
DONALD SMITH

OCTOBER 23

LINDA BRINER
LEROY BROOKINS
JULIE IMLER
SHARON IMLER

OCTOBER 24

ROBERT FERGUSON
SHARON FREE
KIMBERLY FULLEN
LINDA HARDIN
CAROLYN WITHERS
ROSE WOLFE
KARMA ZOSS

OCTOBER 25

MARILYN BURKE
PAT CANARSKY
ROBERT CLEMONS
NORMA HUNT
FREDA LINDSEY
ROBERT PONTIUS
LARRY RAYER
DIANE REESER
NORMA SHULL

OCTOBER 26

MARILYN BOWSHER
CHARLES HEMMING
CHARLES HUDSON
JACK ROBERTS

OCTOBER 27

PERLA BROWN
ESTHER DAVIS
JEWELL HINTON
VIRGINIA MCCOY

OCTOBER 28

DONNA BLANTON
LUCIE SCHUMM

OCTOBER 29

LOWELL BUITENDORP
CONNIE CHANDLER
ROBERT DIXON
DOLLY FREEMAN
JOE GOELLER
JENNY SPANGLER

OCTOBER 30

VELMA BOUCHER
LINDA COLLINS
PATTI STANTON
JEAN TERFLINGER
PAUL WHITE

OCTOBER 31

HAZEL BRANDON
JOE DONDEERS
GARY GREENE
GAIL JANKE
HENRY LAMBERT
ARLENE POLING
ROBERT WILLIS

SPECIAL THANKS TO THE FOLLOWING PEOPLE...

New Members

Betty M. Conley

Hazel Lutz

Lois Ely

Charles Hall

Karen Hall



\$10 Fund Donations

Linda & Don
Harden

Jeane Crider

Dr. Yolande Thomas

Dave & Vivian
Garrett

Charles & Susan
Patrick



Memorial/Honor of Donations

In Memory of

Bob & Joan Prindle

Given By,

David & Paula
Prindle

~~~~~  
In Memory of

Joyce Gibson

for the anniversary  
of her passing, beloved only  
child

Given By,

Anna Harber

~~~~~  
In Memory of

My Mother, Hyacinth Dearth

Given By,

Margaret Cook

~~~~~  
In Memory of

Ann Curtis

Given By,

JoAnn Leatherwood

### Memorial/Honor of Donations

In Memory of

Jackie Cooke for  
her birthday &  
Gordon Lloyd

Given By,

Kathleen Lloyd

~~~~~  
In Memory of

Tom Imler

Given By,

Julie Imler

~~~~~  
In Memory of

Gordon Lloyd

Given By,

Larry, Judy & Connie  
Beard

~~~~~  
In Memory of

Gordon Lloyd

Given By,

Rodger & Patty
Southward

**Memorial/Honor of
Donations**

In Memory of

James Gordon Lloyd

Given By,

Dale & Lou Ann
Boone
~~~~~

In Memory of  
  
James Gordon Lloyd

Given By,  
  
Nathan & Ruth  
Wilson  
~~~~~

In Memory of

Gordon Lloyd

Given By,

Donna Raines &
Joe Good
~~~~~

In Memory of  
  
Gordon Lloyd

Given By,  
  
Exercise Class

**Memorial/Honor of  
Donations**

In Memory of  
  
Gordon Lloyd

Given By,  
  
Health Care  
Logistics  
~~~~~

In Memory of

Fred Acord

Given By,

Linda Burns
~~~~~



**Estate Planning**

**It is often difficult during one's lifetime to give, yet many would like to make a significant contribution. You might want to consider a bequest to the Pickaway Senior Center.**

**We have established a Pickaway Senior Center Fund within the Pickaway County Community Foundation to help ensure we are able to continue meeting the needs of the seniors of Pickaway County well into the future.**

**Pickaway County  
Community Foundation:**

**Pickaway Senior Center  
Fund  
770 N. Court St.  
Circleville, OH 43113**

## Monthly Fellowship October 25, 2018

Please RSVP by the day before. Call 740-474-8831 to make reservations. October birthdays & anniversaries eat free on October 25 at noon.

- Chicken Drumsticks
- Mashed Potatoes & Gravy
- Seasoned Green Beans & Roll
- Chilled Fruit & Cake

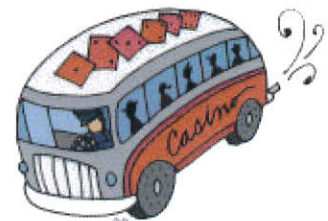
**Entertainment:**  
Transportation Trio

\*This will also be a Halloween themed fellowship come dressed in your favorite Pumpkin/Pumpkin Show attire or costume.

## Shuttle Service

There will be a shuttle service for the October Fellowship. Shuttle will run from 10:30 a.m.-11:45 a.m. from Emmett Chapel Church Tarlton Rd to the Center.

First 20 cars receive a free lunch certificate



"Discover where to Recover"



**Pickaway Manor**  
Rehabilitation Center,  
Skilled Nursing & Assisted Living  
A MacIntosh Community

PT, OT and Speech Therapy  
Services Available

391 Clark Drive | (740) 474-6036  
www.macintoshcompany.com/Pickawaymanor

## ANDERSON INSURANCE GROUP

906 N. Court St.  
Circleville, OH 43113

**Medicare Questions?**

Plan Comparisons  
All types of Health Ins.

**Contact: Nedra Betts**  
**740-477-2591**

## Amity Home Health Care

Personalized. Uncompromised. Healthcare. Since 1993

- ♥ In home nursing, home health aides, physical, occupational, and speech therapies.
- ♥ Locally owned home care provider for over 20 years.
- ♥ Covering 9 counties, available 24 hours a day 7 days a week.

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we provide hospice care.

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heartlandhospice.com/Circleville

**Heartland**  
Hospice Care

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and all in YOUR community!

|                               |                            |
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| Cancer Center                 | Occupational Health Center |
| Cardiology & Neurology        | Orthopedic Surgery         |
| Ear, Nose & Throat            | Pain Management            |
| Endocrinology                 | Pharmacy                   |
| Emergency Department          | Radiology                  |
| Gastroenterology              | Sleep Center               |
| General Surgery               | Therapy & Sports Medicine  |
| Imaging & Laboratory Services | Vein Specialists           |
| Infusion Center               | Women's Health & Maternity |
| Lung Care Center              | Wound Healing Center       |

**Berger Health System**  
600 N. Pickaway St.  
Circleville, OH 43113  
740.474.2126  
www.bergerhealth.com



**BERGER HEALTH SYSTEM**  
Care first. Community always.



## Unlock the Secret Lunch

October 11th @ Noon

I am so seeded  
You can admire me on the tower  
I am a favorite of the fall time

You don't have to wait till your Birthday  
Frosted or Not  
I am a treat year round  
People love me homemade or store bought

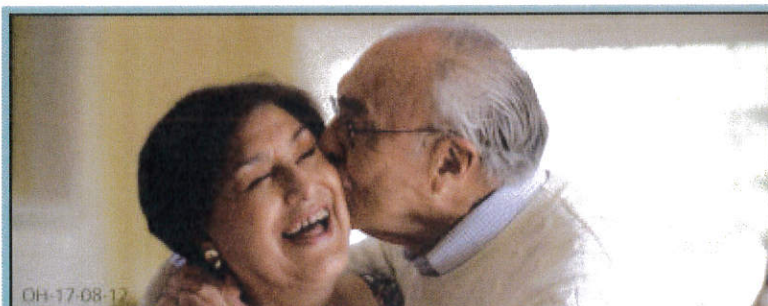
“Two Words”

September Answer: Corned Beef Hash

## AARP DRIVING CLASS

There will be a safe driving class at the Center on November 8th from 8:00 am-Noon

There is no cost for the class. Please call the Center at 740-474-8831 to sign up.



OH-17-08-17

**aetna**

Aetna Better Health® of Ohio

**+MyCareOhio**

Connecting Medicare + Medicaid

[www.aetnabetterhealth.com/ohio](http://www.aetnabetterhealth.com/ohio)

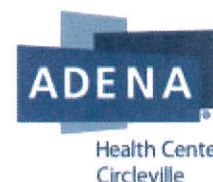
# Here For You, At Every Stage Of Life.



The more we age, the more complicated health issues can become. Fortunately, the experienced specialists at Adena Health Center–Circleville are here to treat sudden illnesses, like the flu or pneumonia; manage chronic issues, like arthritis or osteoporosis; and help prevent and treat conditions like heart disease and diabetes.

Schedule An Appointment Today:  
**740-779-FIND | ADENA.ORG/FIND**

**ADENA HEALTH CENTER–CIRCLEVILLE**  
140 Morris Rd.





## Beautiful Maine Trip

**Date:** July 14-20, 2019

**Price:** \$765 per person (double occupancy)  
(\$75 due upon signing)

### Trip Includes:

- Motorcoach Transportation
- 6 nights lodging including 4 consecutive nights in Maine
- 10 meals: 6 Breakfasts and 4 Dinners
- Guided Tour of quaint Kennebunk & Kennebunkport
- Tour of historic Victoria Mansion
- Guided tour of Pineland Farms
- Visit to Boothbay Railway Village
- Visit to the Seashore Trolley Museum and countryside trolley ride
- Guided Tour of Portland– Maine's largest city by the sea

## California Rail Discovery Trip

**Date:** June 5, 2019 (7days)

**Price:** \$2,845 per person (double occupancy w/  
booking discount)  
\$2,945 per person (double occupancy regular rate)

### Trip Highlights:

- Two Rail Experiences– Napa Valley Wine Train & Sierra Nevada Rail Journey
- San Francisco City Tour
- San Francisco Bay Cruise
- Sausalito
- Wine Tasting & Lunch (Napa Valley Wine Train)
- Winery Tour & Tasting
- Lake Tahoe Paddlewheeler Cruise
- Old Town Sacramento
- Virginia City
- Two Nights stay in San Francisco
- Two Night stay in Lake Tahoe

For more information please call the Center

Free Delivery Straight from *Your* Locally Owned  
**Independent Pharmacy\***

**Call 740-420-DRUG**  
**to get started today!**

### **CIRCLEVILLE APOTHECARY**

1200 North Court St.  
Circleville, Ohio 43113

Phone: (740) 420-3784  
Fax: (740) 420-3780

[www.apothecary-rx.com](http://www.apothecary-rx.com)

Hours: **Mon-Fri:** 9am -8pm  
**Sat:** 9am-2pm **Sun:** Closed



\*Delivery is only available to homes/businesses within  
the Circleville city limits or some nearby areas.

**Pickaway Senior Center**  
2105 Chickasaw Dr.  
P.O. Box 565  
Circleville, OH 43113

Non-Profit Org.  
U.S. Postage  
PAID  
Permit #200  
Circleville, OH 43113

*RETURN SERVICE REQUESTED*

Current Resident



### **Soup & Salad Bar**

Stop by the Center on October 17 at Noon for our Soup & Salad Bar:

- Vegetable Soup
- Potato Soup
- Chilled Fruit
- Pudding
- Garden Salad
- **Fresh Vegetables**



### **Don't miss our upcoming events and activities at the Center!**

Amelia Island Trip.....Pg 3  
Birthdays.....Pg 4  
AARP Class.....Pg 8  
Unlock the Secret Lunch....Pg 8  
California Rail Trip.....Pg 9  
Beautiful Maine Trip.....Pg 9  
Menu.....Pg 10  
Activities Calendar.....Pg 11



We are looking for Volunteers to work in the building on Commodity and Food Truck Days. Must be able to lift 40 lbs. If interested please contact Dayna at the Center 740-474-8831.