# Making a Brighter World for Our Veterans

August 2021

THIS OFFICE IS OPEN...PLEASE CALL FOR AN APPOINTMENT BEFORE YOU COME TO DEPARTMENT OFFICE FOR ASSISTANCE...THIS IS DUE TO CORVID-19.

ARIZONA IS THE HOST DEPARTMENT FOR NATIONAL CONVENTION THIS MONTH IN PHOENIX.

NEW UNITS...Yes...let's get some.

**DIRECTORY ADDITIONS / CORRECTIONS...non this month.** 

EXTRA... EXTRA ... "RED TICKET" ... Did you get one?

**MEMBERSHIP...** "**REACHING FOR THE GOAL**". Membership is everyone's job. **Legion Act** has opened the window of eligibility from 12-7-1941 thru now. Be a life saver and get a renewal and a rejoin.

**RENEW MEMBERSHIP BY PHONE**...Call National Headquarters at (317) 569-4570 with your member ID and debit or credit card ready. If you would like to pay multiple members' dues at the same time, please call them, as this is the easiest way to accomplish this task.

This is doodle – note space....USE IT...

**Applications MUST BE LEGIBLE AND COMPLETE** 

- The original application is sent to DEPARTMENT not copies of them.
- Be eligible & USE BLUE INK, SEND ORIGINAL APPLICATION and COMPLETE INFO.
- Unit number
- Name of Veteran related to and only 1
- NEW "ANYTIME AFTER" Veteran Served...<u>MUST IDENTY</u> <u>CONFLICT...CHECK ALL THAT APPLY</u>
- DIRECT DESCENDANT... No longer on NEW application
- Only 1 relationship and do not add any
- Now you have spouse in place of wife, you have to identify female or male spouse
- Must be signed by a Post Officer unless it is woman veterans joining on herself
- Half sheet transmittal both white and yellow copies
- Do not pay for paid online and PUFL members on your transmittals...They are already paid for.
- NO NEW women veterans special offer for 2021.
- USE THE FORMS PROVIDED BY DEPARTMENT FOR MEMBERSHIP PROCESSING.
- DO NOT RECREATE THE FORMS.

Please say a little prayer or wish that all are safe.



Barbara Matteson Dept Secretary/Treasurer secretary@aladeptaz.org Bat Stanaski Dept Membership Processor membership@aladeptaz.org

### AMERICAN LEGION AUXILIARY DEPARTMENT OF ARIZONA

## PRESIDENT'S MESSAGE

## MAKING A BRIGHTER WORLD FOR OUR VETERANS

### August 2021

I AM HONORED AND HUMBLED TO BE GIVEN THE OPPORTUNITY TO BE YOUR PRESIDENT FOR THIS YEAR. I AM LOOKING FORWARD TO HAVING POSITIVE INTERACTIONS WITH ALL OUR MEMBERS AND HAVING THIS OPPORTUNITY TO SERVE.

AS I HAVE SEEN WE ARE GOING TO BE IN GREAT SHAPE THIS YEAR. AFTER THE PANDEMIC AND ALL THE RESTRICTIONS PLACED IN EFFORT TO KEEP US SAFE, **WE ARE READY TO GO.** 

WE HAVE A GREAT TEAM ON BOARD. YOU HAVE ELECTED LEADERS IN YOUR UNITS AND DISTRICTS THAT HAVE SHOWN YOU THEY ARE WILLING TO TAKE ON THE RESPONSIBILITY. I HAVE SELECTED CHAIRMAN WHO HAVE ALREADY DEMONSTRATED THEIR WILLINGNESS AND DESIRE TO WORK HARD AND GROW OUR ORGANIZATION.

AS YOU KNOW MY SPECIAL PROJECT IS EDUCATION AND BUILDING AWARENESS OF POST TRAMATIC STRESS DISORDER, (PTSD) WITH FUNDING FOR THE PTSD FOUNDATION OF AMERICA. I HAVE RECEIVED MANY CALLS AND POSITIVE COMMENTS ON THIS CHOICE. THIS IS SOMETHING THAT IS DEAR TO MY HEART.

I KNOW WITH ALL OF US WORKING TOGETHER WE WILL INCREASE OUR MEMBERSHIP, MAKE OUR ORGANIZATION STRONGER AND BETTER KNOWN. WE WILL BE LIKE THE SINGLE CANDLE THAT SPREADS ITS FLAME ONTO OTHER CANDLES TO MAKE THIS A BETTER AND BRIGHTER WORLD.

THANK YOU ALL FOR ALL THE WORK YOU DO, THE PASSION SHOW AND THE FLAME YOU KEEP LIGHTED AND PASSED TO OTHERS. GOD BLESS YOU AND GOD BLESS AMERICA.

JENNIEMOLINA	(520) 220-8460
AMERICAN LEGION AUXILIARY	P.O.BOX 448 DOUGLAS, AZ. 85608
DEPT OF AZ, PRESIDENT	truelepa@gmail.com



# Making A Brighter World for Our Veterans Cavalcade of Memories August 2021

Members:

We are about to embark on a new year, Making A Brighter World for Our Veterans welcome to the world of Cavalcade of Memories.

Learn more about Auxiliary members who made history within your Department or Unit. If you do not have a Cavalcade of Memories Chairman appoint one, are you can combine with your Historian Chairman, as the National Organization has done. Cavalcade and History go hand and hand.

A Cavalcade of Memories is a reflection of what we are all about it's an ongoing collection of Auxiliary memorabilia and cherished memories of the past. Our goal is to preserve and share history of the American Legion Auxiliary and our Cavalcade's Mission is to collect, help chronicle and preserve the history of the American Legion Auxiliary by telling the Organization's story thru pictures, documents personal mementos and other artifacts.

**Brighter World for Our Veterans** 

**Paula Burgess** 

**Department Cavalcade of Memories Chairman** 



Chaplain

August 2021

My Dearest American Legion Auxiliary Members:

I sincerely would like to thank every one of you for electing me as your new Department of Arizona Chaplain. It is with great honor to be able to represent this great State of ours. I will my best to represent the American Legion Auxiliary. It was great to see a lot of old friends a well as new friends at the Convention in Mesa. I pray that all of you are doing well and being safe, this pandemic is still not over, and we still need to keep our guard up.

I would like to ask you to send me prayers for our Madam President's Prayer Book, I would like to get an early start on the book, you can send to me by email, text, snail mail, picture, whatever is easier for you. Please feel free to contact me, if you wish for me to send any kin of cards out to any one you know of whether its for an illness, birthday, get well, thinking of you, condolences, retirement, anything you might think of, just drop me a message. Thank y

"Lord, this is the beginning of a new year of work in our beloved American Legion Auxiliary. Let us speak words of encouragement to our newly elected officers and all members. Be with us all Lord, as we work on all the good programs, we hold so important. Remember each one of our members, for they are needed in their own family and their units, for all the work they will be doing in their homes and communities. Let us all work for God and Country together in harmony and love.

Lord, teach us to think in wisdom and act in love and caring for others." Amen.

Dolores Chavez Department of Arizona-Chaplain P.O. Box 1517 Benson, AZ 85602 Cell Phone: 928-386-0841 chebeejs@cox.net



# American Legion Auxiliary Children & Youth August 2021

Greetings!

I am honored to serve as the 2021-2022 Department Chairman for the Children & Youth program.

I don't know about you, but I learned so much at Department Convention in June and I continue to learn more and more every day. Sitting in the convention meetings this year, I realized that there are so many unclaimed awards for ALA programs but also realized I personally didn't even know about them. With so many new members joining every day it is difficult to tell them about all the benefits of ALA membership.

My team and I are super excited for this year and have already started planning on how to grow and share this program. Our team would love to come out and visit with Units/Districts across the state to share some of the ideas that we have put together, along with the important information on reporting practices. We will be reaching out to schedule a time to meet – even if we need to do a video meeting – so we can answer any questions.

Sara Ward 520-840-4585 Children & Youth Chairman saraelizabethward@hotmail.com Ashley Cashin 928-250-4500 Committee Member <u>ashley.cashin180@gmail.com</u> Jessica Moore 602-587-2292 Committee Member volleyjessie95@yahoo.com

# Do you know about Star Spangled Kids?

Educating our children about American history is extremely important to our country's civic health. "Star Spangled Kids" is the American Legion Auxiliary initiative to educate our youth about United States history, Americanism, and the U.S. Constitution. For more information visit: <u>legion-aux.org/star-spangled-kids</u>

# **Americanism Essay Contest**

The Americanism Essay Contest was created to teach students the value of patriotism and what it means to be Americans. Thousands of students participate in the program each year and help promote a lifelong respect of our flag and country.

Students (grades 3 to 12) explore the fundamental rights and freedoms we enjoy today. Each year's contest has a different theme; one student in each category per division is awarded a prize. There is a category for students with special needs.

Current Essay Theme: "How can we support families who provide care to their Veterans?"

# **Community Service**

# August 2021

Hello ALA Members,

"You create a good community by becoming involved with the people who live there when you do that, you create a better community for all of us." ~Robert Cywinski

Thank you, Madame President, for this appointment. I am excited to be your Community Service Chairwoman again for the coming year and look forward to the ever-changing ways we can impact our communities.

Now is the time to start planning ahead. 9/11 has been designated as a national day of service and remembrance. I encourage you to make a pledge to serve others on or around 9/11 <u>Visit 911day.org</u> to explore service project opportunities in your community. If there are no projects listed in your area, consider working with your Unit to organize your own 9/11 Day project, or do some volunteering individually. ALA encourages its members to share their 9/11 day of service pledge on social media sites like Twitter and Facebook.

To share, visit <u>911day.org</u> and make your pledge. On the same screen as the pledge, scroll down to the header, "**Help Us Grow the 9/11 Day Movement.**" Select the share option. *"Pass It On!"* by sharing your pledge on Facebook or Twitter. Be sure to include the **#911day** and **#ALA** tags in your message to make sure your pledge is seen by others.

Until we meet again, stay safe and know that you are an essential part of the American Legion Auxiliary and your voice MATTERS!

Sara C. Decker Community Service Chairman <u>SaraCdecker91@gmail.com</u> (please be sure to add the C in my email address) 480-580-3269

# **CONSTITUTION AND BYLAWS**

# AUGUST 2021

### What is this program and why do we have it?

The Constitution and Bylaws program informs and educates members of the American Legion Auxiliary on the importance and power of properly written, reviewed and updated documents, policies, and procedures at all levels.

The importance of having bylaws in place to allow operations to continue in an emergency has become vital. Knowing the laws of the state under which a nonprofit operates is the foundation upon which an organization's governing documents rest.

Constitution & Bylaws are the basis for governance of your department, district, county, and unit. Preparing and adhering to updated Constitution, Bylaws and Standing Rules will ensure a more successful organizational process and provide the structure to follow at all levels of our organization.

**Constitution:** The Constitution is the organization's foundational document. It is a legal document that states the reason the organization was created and is its core structure. It should rarely be amended.

**BYLAWS:** Bylaws describe how your organization governs itself. They are also a legal document. They are fundamental rules on governance and should not be frequently amended.

**STANDING RULES:** Standing Rules are more "process focused" and more specific and administrative than Bylaws. Standing Rules provide details about provisions in the Bylaws. They have the flexibility to be amended more frequently as needed to maintain the effectiveness of the organization.

## **Committee Contact information**

Information will be in packet.

#### **Department Chairman**

Josephine Herrera 13010 West Hearn Road El Mirage, AZ 85335 (623)340-5936 jherrera268@aol.com

I have provided my contact information above. I would ask that if you have a question to please direct your question to my email and I will get back to you as soon as possible with a response. Thank you!

# **DEPARTMENT FINANCE**

# AUGUST 2021

<u>IT IS</u> Important that you file with the State of Arizona, the Internal Revenue Service and the AZ CORPORATION COMMISSION. YOUR membership needs to know you are registered with them with this information. You might need this information for a fund raiser also.

It seems as though we all at times forget to THANK THE ONES CLOSEST TO THE WORK WE ALL DO FOR THEM TO COMPILE AND PUT OUR WORDS INTO A BULLETIN. GUESS WHAT I REMEMBERED THIS TIME AND want to express my thanks as well as that, from the other officers and Chairmen to our ever faithful DEPARTMENT SECRETARY/TREASURER BARBARA MATTESON AND PAT STANASKI, DEPARTMENT MEMBERSHIP PROCESOR. LADIES, TO YOU BOTH WE OWE A DEBT OF GRATITUDE AND SINCERE THANKS FOR YOUR HOURS OF HARD WORK AND OVERTIME HOURS.

Thank you,

Helen Stout - Finance Chairman

Jennie Molina, Patricia Lugo, Helen Griffin and Penny Maklary Committee

# History 2021-2022

What is history? History is a record of events which tells an accurate story to succeeding generations. The goal of the Unit and District historians to compile the activities throughout the year beginning with the installation of officers at your Unit or District level.

- Start your history with the June 2021 Convention.
- When writing the history, ensure it is written in third person point of view. Please review the guidelines for writing a history on the Department website at <u>www.aladeptaz.org</u>.
- Include President Jennie's theme when writing the history. Her theme this year is PTSD, include her theme while writing the history.
- Did you have any fundraisers for President Jennie's Special Project, PTSD? Include that in your history.
- Remember to include any visits from our National President (if applicable).
- Document any special events in your Unit/District and how they relate to both Department and National theme.
- Did your Unit get media coverage from newspapers or local television?
- If submitting a History Book at Convention, read, read and read the instructions.

Please don't hesitate to contact me anytime if you have any questions.

For God and Country,

Stacey Mayberry Department Historian 702-403-4903 mayberry.stacey@gmail.com

# Legislative

## August 2021

Greetings Members,

Another great year ahead for the Department of Arizona with Department President Jennie Molina as our head cheerleader. She is rooting for all of us to do great things!!

As we were nearing Convention in Mesa, our State Legislature was working late nights and on weekends to pass the budget with disagreements and teamwork too. By July 1<sup>st</sup>, we had a budget and the State Legislature closed its session. SINE DIE!!

At Convention I was invited along with Alma Mattingly Department Music Chairman, to visit Verde Valley Unit #25 in Cottonwood. We spent the weekend of the 9<sup>th</sup>-11<sup>th</sup> with the officers of the Unit and helped them with programs. We also assisted them in the process of writing narratives and filing out the report forms. I want to personally thank Verde Valley Unit #25 and Post Family for their hospitality.

We have National Convention in our home state. Let's show our National guests a great time in the Grand Canyon State!!

More to come in and around Fall Conference. See you soon.

In conclusion, these are trying and challenging times for our nation. We are coming back together as a society, but it takes time and patience. I have learned so much as a person and ALA member in the last few months. Please be kind to one another. We are all here for the same thing. Helping veterans.

For God and Country, Stephanie M. McMullen Chairman 15239 W. Taylor St. Goodyear, AZ 85338 (623)910-4716, stephanieemr@yahoo.com

### Reaching for the Goal!

#### August 2021

#### Greetings!

It was wonderful to see so many of you at Convention. Many of us had not seen each other in over a year!

This year's Department Membership theme is "Reaching for the Goal!", the National Membership Them is "Together we Serve".

Six membership challenges were made at Convention. How awesome is that?! If you would like to challenge a Unit or District, send me the information. This chair would love to see six more challenges between Units or Districts!

2022 membership dues can be paid online at alaforveterns.org or to your Unit. Units received their membership packets at Convention.

I will be reaching out to the District Vice Presidents during the year to see if any Unit or District has held or plan on a membership drive.

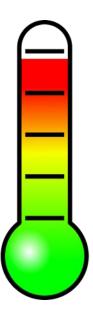
Unit Membership Chairman keep your District Vice President updated on your Unit's plans to recruit and retain members. Retaining members is a HUGE undertaking. Reach out to them to see how they are. Phone calls are best for the initial contact.

Who can reach 100% membership by October 11? There is a special prize for the Unit(s) who reach 100% by October 11.

National will be mailing the first renewal notices in November. Members do not need to wait to receive their renewal notice to pay their dues, dues can be paid anytime.

Until next month . . . .

Barbara White Department Vice President 602-908-2980 Barbarawhite99@gmail.com



# BASIC RULES FOR PROCESSING MEMBERSHIP

- **<u>1.</u>** Find a place where you will have the least number of distractions. Concentrate on what you are doing.
- **2.** Get out your last transmittal to see if there were any corrections Made on it.
- <u>3.</u> List your members making sure you have the correct ID number with the correct name. Indicate if Senior or Junior by an S orJ. (remember that when paying dues for years other than 2021 you must use a separate list sheet, transmittal and check for each different year).
- 4. Dues are \$19.00 for seniors and \$4.00 for Juniors.
- 5. Use your credits on your next transmittal so they do not grow, and pay your debits as soon as possible so they do not become large amounts also.

## APPLICATIONS VERY IMPORTANT

Make sure they are filled out completely, correctly and most importantly legibly I have to be able to read them to put in the right information.

6. If the veteran is LIVING He or She <u>MUST BELONG TO THE LEGION</u> Not the VFW or the DAV but THE AMERICAN LEGION nothing else will be acceptable. Criteria for acceptability is there for you all you have to do is fill in the Post name, number, city and state and check the boxes.



# Mission Training August 2021

It was wonderful to see so many of you attending convention in June. Really amazing to see what we can do under difficult circumstances. Congratulations to all who received well deserved awards. Actually, everyone deserves awards for doing the very best that you could do.

RENEW your energy, let's get started on a brand new year. Your Unit may hold planning meetings on activities that you want to continue this year. Perhaps you have new ideas that you or your unit could try. One idea would be to schedule a Mission Training for your Unit or District. You will need: To contact Mission Training Chairman.

10 or more participants and site.

\$10.00 each, paid to Department 10 days prior to event. Lunch usually served at a small charge.

That is all that needs to be done. I recommend that this training be done early in the year, especially if you have new members, or members that have not taken the training. I promise you that it will be a learning experience, fun, and you will leave with a smile! If I am wrong, then you win a prize!

Here is my contact information: I ask that you text or leave a message and I will return your call. Email is fine. KAREN SMITH, Chairman (520) 249-1119

ksmith111@cox.net

Hope to hear from you soon, let's get busy "Making a Brighter World for our Veterans!"



# "Education and Awareness of Our Veterans With PTSD" MUSIC REPORT

## August 2021

Greetings Members,

Another great year ahead with our new Madam President, Jennie Molina and her Special Project. I'm looking forward to working with her and supporting her Special Project. If you haven't had to opportunity to speak with her, please do. She is an extraordinary person and loves veterans.

My first experience as Memorial Service Choir director was amazing. The enthusiasm was spectacular! I would like to thank those that participated in the choir, your voices are music to my ears. If you missed the opportunity to lend your talents, you will have that opportunity at Fall Conference.

Convention gave me an opportunity to speak with some units and would like to visit and hear what the Units have in mind for music opportunities. If you would like assistance with ideas or music, I'm here to assist you. Some units are including a patriotic song during their meetings. Other Units' juniors have sung "The National Anthem" at their functions. It's wonderful to include these young voices, they are our future.

It might be early, but I've been looking at possible choices for Convention Memorial Service. I have a few selections in mind, but if you have a suggestion I would welcome your suggestions. I would like to add new music choices to the mix.

"Music and rhythm find their way into the secret places of the soul."

Plato

With a song in your heart For God and Country,

Alma Matttingly, Department Music Chairman

15239 W. Taylor Street, Goodyear, AZ 85338 amblonde01@gmail.com 602.999.4054 cell

# **National Security**

# August 2021

# **Embracing Resources for Comfort and Service**

**Purpose:** The National Security Program maintains and promotes a strong national defense by strengthening and supporting military service members and their families.

What can you do?

- Support the emotional and social needs of active, Reserve, and transitioning military service members and their families.
- ✤ Wear Red on Fridays to "Remember Everyone Deployed".
- Decorate your community with yellow ribbons as a gesture of appreciation for local service members' military service. Encourage others to do the same.
- \* Assist military spouses in getting and maintaining employment.
- Become more informed about issues affecting a military family's home life, such as PTSD, TBI, domestic violence, financial literacy, and other issues.
- Support the National Security programs of the American Legion.

As National Security Chairman, I look forward to working with you this year, helping you to continue servicing our veterans and their families.

There are a wide variety of programs and activities included in the National Security Program Action Plan that will be available to our members in service to our military service members and their families.

## **Reminder:**

Mid-year report is due to the National Security Chairman postmarked or emailed by December 1, 2021.

End of year report is due to the National Security Chairman postmarked or emailed by April 15, 2022.

Patricia Lugo, Chairman Plugo1@cox.net 602-475-0208

#### New Units/Unit Development & Revitalization

August 2021

I want to thank Madam President Molina for this appointment. My contact information is listed below and if you need assistance, please contact me.

REVITALIZATION is about identifying new and existing members with new ideas that breathe life into Units that are declining in membership and mission outreach. It is more than just organizing new Units and trying to help units keep their charters. Revitalization is also about providing mentors for struggling Units, providing training for new members, and finding leaders to replace long-time chairmen and officers. More importantly, revitalization is about finding, exploring and trying new ways for all members to become more engaged in meaningful opportunities for mission outreach. While revitalization is not focused on solving Unit disharmony and personality conflicts within the Units, conflict resolution training can help members learn to solve many of the problems that damage the Auxiliary's reputation, discourage members and distract from our mission and purpose.

Jan Cushing New units/UD&R Chairman gcushing@cox.net 623-544-0797



I look forward to serving as your PPP Chairman this fiscal year 2021-2022. As quoted in the National Action Plan, "The purpose of the Past Presidents Parley committee is to utilize the experience and knowledge of past Auxiliary leaders for training and encouragement of future Auxiliary leaders. Through the Past Presidents Parley committee, women who have served as unit, department, and national presidents have an opportunity to continue in active service to the Auxiliary, helping ensure strong future leadership for the organization. The Past Presidents Parley also recognizes and honors outstanding unit members through the Unit Member of the Year Award and women veterans through the Salute to Servicewomen Award."

Members who have served the Auxiliary as either a Unit, District or Department President are valuable to our organization and a great resource to all members. As a member of the PPP committee, the leadership, guidance and/or counseling on activities or issues requiring special attention is when their leadership skills are best utilized. Many Units honor our nurses by sponsoring the scholarship fund, as well as supporting women veterans.

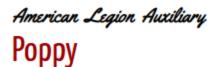
This year I will be taking the approach to honoring, recognizing and saluting our PPP program within our Units and Districts. Therefore, I ask that you contact me from the information listed below and let me know if your Unit or District has an active PPP program. I in turn will reach out to your Unit if I can help in any way.

It is never to late to put on your calendar the dates that reports are due to our chairman and what awards are out there for you to win: Mid-year reports are due to this PPP chairman by December 15, 2021. Your year-end report for the PPP program is due to me by May 1, 2022. What awards are out there for you to win?

The AAPP (Arizona's Active Past Presidents Plaque) Cora Grigg Past Presidents Parley Plaque Unit Member of the Year Jarvis Plaque (Auxiliary Member of the Year) National Salute to Women Veterans

I look forward to hearing from you and sharing your stories about your PPP program!!!!

Cindy Queen Past President Parley Chairwoman <u>cynqueen53@cox.net</u> 602-316-7647



August 2021



## Hi everyone, how are you?

I'm Jessica Vaupel and I'm so thankful to have been offered this position by our amazing President, Jennie Molina!

Now that we are starting to get some normalcy back into our lives, I will try to create fun and educational activities to complete as a unit, district, or with your juniors! If you or your unit have anything poppy-related that you would like to share, please email me at **jessicavaupel23@hotmail.com** or text/call me at **(623) 764-0369.** I check my email and texts daily so I should respond fairly quickly. I am also on **Facebook** if you prefer that method (**Jessica Vaupel**)!

A little about me: I'm a junior at Arizona State University studying Criminology and Criminal Justice with a minor in French and a certificate in cross-sector leadership. I have been a member since 2007. I am now twenty-one and looking forward to my active years in the auxiliary!

"The red poppy is a symbol to simply show we care. For all of our fallen heroes; A loss we all equally share. The red poppy is a symbol for too many we have lost. In every conflict of war, their valor was at a cost. The red poppy is a symbol; Wear it with pride for them. As each and every year goes by **we will remember them.**" -Larry Tickle

#### Jessica Vaupel (Unit 11)- Poppy Chair

jessicavaupel23@hotmail.com

623.764.0369



#### **PRESIDENTS CORNER**

#### "Making a Brighter World For Our Veterans"

#### ALA PUBLIC RELATIONS AUGUST 2021

Hello to my American Legion Family,\_We hope that all of you are well rested from the busy and successful Department of Arizona 102<sup>nd</sup> State Convention.

At this time, I would like to thank Madame President Jennie Molina for the opportunity to be the Department Public Relations Chairman. I look forward to serving you and our Veteran's with passion and to spread the word and pictures of our great organization.

I am sure that you have enjoyed the photographs that are posted on, Ring Your Bell Arizona ALA, on Facebook. Please feel free to share and download your favorites. I am also recommending that you can check out the pictures, for The American Legion and the Sons of the American Legion, on the American Legion Areas, 'A', 'B', and 'C' website.

The State Convention was well attended. It was so good to interact with everyone again. We made new friends and plans for the coming year and we are ready to nit the ground running.

We would like to Congratulate all our Volunteers with their new leadership positions. We are nothing without our Volunteers!

We are looking forward to working with everyone this year. Please contact me with any events you are putting on for your Unit or Post. We all are going to make this a fun year!

Please send me emails or texts with your information. Please provide your Name, Unit, Position, email, phone number and dates of when your events are going to happen.

We hope to see you at National Convention, August 26th through Setember 2nd. There will be no onsite regestration available. Masks required. See you soon.

Christel Romero/ Department of Arizona Public Relations Chairman

(602) 647-5086

Happy times come and go, but the memories stay forever.

Please join me in making a memorable scrapbook for our 2021-2022 Department of Arizona President by sending in all your fantastic photos from events you all participate in. These photos will assist us in recognizing the hard work you all are putting in, that often goes unheard of by other units and posts. Remember, every picture tells a story. So be sure to capture every memorable moment and send them in!

Be sure you also maintain your own Unit books so you always have something to look back on. If you ever need any assistance, feel free to reach out. Share your creative ideas and what you are working on as this may help us all have the best scrapbooks yet! You may be doing something unique that others have not though about.

Sandra Solis, Scrapbook Chairperson – <u>Sandra 211@live.com</u> Jacqueline Solis, Assistant Scrapbook Chairperson – <u>Jacquelinesolis24@gmail.com</u>

# PRESIDENT'S SPECIAL PROJECT "PTDS" AUGUST 2021

Post Traumatic Stress Disorder (PTSD). Sometimes referred to as the silent scream or the hidden wound because others cannot see it, they cannot hear it, and they cannot feel it, but it is there, hidden within the person suffering from PTSD.

Our madam President has chosen to dedicate her Presidency to the **PTSD Foundation** of America in hopes of educating about PTSD and the long lasting affects they have had on America's Veterans and their families. The mission of the PTSD Foundation of America is to bring hope and healing to combat veterans and their families suffering from the effects of combat related Post Traumatic Stress.

PTSD is not a disease, but rather something that can be worked on to heal. My goal with this chairmanship is to help educate. I plan to do this by providing educational pieces that can be spread to Veterans, families and the community, so there is a better understanding of PTSD and how to deal with it. Also, by providing resources on dealing with PTSD and the effects and hardship it may cause. Together we can assist in reaching out to the community to educate and provide assistance where possible.

Jacqueline Solis, Special Projects Chairperson – <u>Jacquelinesolis24@gmail.com</u>

"Trauma creates changes you don't choose. Healing creates change you do choose."

- Michele Rosenthal

# VA & R

# August 2021

Hello everyone,

It was great seeing you all at convention. Now it is time to get back to work, since most restrictions have been lifted.

Do you have questions about a program that falls under VA & R?? reach out to the wonderful chairmen and they will assist you. Cannot get ahold of a chairman and you are desperate call, text, or email me anytime. 602-628-4088 <u>auntwosie1990@yahoo.com</u> and I will help you.

Please send me emails with what your unit is doing to help and assist veterans. I am nosy and I enjoy reading what units are doing. It also helps with reports.

Remember to be eligible for awards at convention you must order a minimum of 100 poppies (by September 30) and turn in your 10% net income from poppies to Department 30 before convention, otherwise you cannot win a beautiful plaque for anything you have accomplished.

For God and Country Rose Ficklin Department 2<sup>nd</sup> Vice President 602-628-4088 Auntwosie1990@yahoo.com

### VAVS

# BOB STUMP NORTHERN ARIZONA VETERANS HEALTH CARE CENTER

I was recently appointed to this position and am trying to come up to speed.

Our VA hosted a Welcome Back ceremony June 1 for all volunteers. There were speeches by dignitaries, the Mayor of Prescott spoke, cake and popcorn. It was good to see smiling faces since the mask mandate has been lifted for outside. Masks are still required around patients.

The following list of hours is for 2021:

Total of all RS hours462Total occasional hours0Total All Hours462

Bingo has started up again and we are looking forward to more interaction with residents.

Juanita Moffitt

VAVS Representative

#### VA&R REPORT TUCSON VA MEDICAL CENTER 6-30-21

All events are suspended until further notice. There is communication that some volunteer activities will be restarting. No specifics as of this date. Thank you volunteers for your help!

Moderna vaccine has arrived and all staff who desired vaccination have been vaccinated. All Veterans and caregivers have been offered the two dose vaccine. Current numbers are encouraging according to Director.

Southwest Blind Rehabilitation Center is now opening back up. There is limited visitation at SAVAHCS. Monetary donations are being accepted at this time.

# There is a new program in start-up process to assist Veterans patients with food insecurities. Once implemented, a separate food pantry will fill this need.

There are not yet any monetary donations for the American Legion Auxiliary for May 1, 2021 to June 30, 2021.

The grand total of material and activity donations for the American Legion Auxiliary for May 1, 2021 to June 30, 2021 is \$1,552.00. Thank you Unit 7, Unit 24, Unit 66, Unit 68, Unit 131 and Unit 132 for your generous donations to support our programs.

Four registered hospital volunteers donated time which was credited to the American Legion Auxiliary. The grand total of registered volunteer hours May 1, 2021 to June 30, 2021 is 363. S AVAHCS is in the process of bringing back volunteers. Volunteers will be phased in as needed and the process will be closely monitored by the Director. Volunteers will be contacted by the Voluntary Service office as their services are needed. One more Auxiliary volunteer has been called back.

This chairman has volunteered 47 hours and logged 480 miles this year in service to the Tucson VA Medical Center as of June 30, 2021. This chairman has now logged over 4,000 hours in service to SAVAHCS. This chairman was elected to be the Chairman of the Executive Committee of the VAVS Executive Committee at the meeting on October 8, 2020. This chairman has attended every Executive Committee meeting and every VAVS meeting this year. This chairman worked with all Units to provide beverages and snacks for staff, patients and volunteers who were manning the COVID-19 vaccination sites. This chairman is working with the Homeless Program to ensure that our Homeless Veterans and those in Transitional Housing have the food and beverages that they need during this time of enormous stress on all community resources. This chairman is working with the Recreation departments to purchase needed supplies for the National Veterans Creative Arts Program and other recreational activities. Annual Joint Review was completed November 10, 2020.

Respectfully Submitted,

Kathy Szakonyi, VAVS Representative

Good morning to all the wonderful Auxiliary family members. I am off to a good start with the new contact person Brittany Tashner. This is what I've learned so far:

--Veterans can receive visits, but they have to be scheduled ahead of time through Brittany Tashner 602-248-1560 Email <u>btashner@azdvs.gov</u> OR Stella Perez 602-248-1568 Email <u>sperez@azdvs.gov</u> They will be glad to help you.

--As far as volunteers go--not yet. Slowly things will get back to normal.

--Included is a list of Birthday People for August, September, and October. Put some cards together and either send them off or bring them to Headquarters, and I can drop them off. It would be nice to include a cute little gift or a couple dollars for a trip to the facility gift shop.

--When you do something for the Arizona Home please let me know, so I can include it in my reports. Everyone will know what you're doing and maybe say to themselves, "I can do that, too."

Pat Stanaski ASVH-Phoenix Chairman

#### August

8- Clive S 8-George B 9- Charles W 12- Frank A 17- Frank R 25- Dennis S 25- Lyle B

#### <u>September</u>

6- Anthony H 6- Perry D 7- JW K 9- Darrel H 13- Wayne V 15- Rudolph J 15- Robert N 21- Tom K 21- Encarnacion T 21-Guy C 22- Ron M 24- Jay L 25- Richard B 29- Roy O October 4- Bill M 4- Patsy H 4- Roman C 11- Frank G 13- Henry H 19- Peter S 21- Americo D 24- Clifford S 29- John B