

2nd ANNUAL DAVE TAPP POWERLIFTING INVITATIONAL

HOSTED BY CHICKASHA FOOTBALL



The Chickasha Fightin' Chick Powerlifting meets will be held on Wednesday, February 17th for junior high, Thursday, February 18th for small high school (Class C-2A), and Friday, February 19th for large high school (3A-6A).

- Entry fees for all meets will be **\$150.00 per team**. Five or fewer lifters will be 125.00.
- Entry fees for girls teams will be **\$100.00 per team**. Four or fewer lifters will be \$80.00.

For the high school meets, medals will be given to the top 5 lifters in each weight class/division. Team champions as well as team runner-ups will be awarded in both the small and large high school divisions.

In the high school meets, **girls will compete in their own divisions at each weight class**. We will award medals for the top 3 in each weight class. If enough schools sign up girls' teams, we will also award a team champion at the end of the meet.

The junior high meet will be broken up by grades, 7th graders will compete against 7th graders, 8th graders against 8th, and 9th graders against 9th. We will also give a 7th, 8th, and 9th team championship plaque. Medals will be given to the top 3 lifters in each weight class.

A hospitality room will be available for the coaches. There will be a full concession for the lifters. No ice chests will be allowed in the gym. Lifters should bring money to cover breakfast and concession costs.

A pre weigh-in is REQUIRED this year due to COVID and an entry form from every team is due by Monday, February 15th. Masks will be required for all spectators, participants, and coaches. There will be designated sections for each team. Please read the second page for all of our COVID modifications. There will be a coaches' meeting at 8:30 each day. Lifting will begin at 9:00 a.m. on all three days.

Please email and confirm if you plan to attend either the junior high or high school meet or both meets.

Please make checks payable to Chickasha Football.

Sincerely,

Coach Jerry Bray

J.H. Weight Classes: 105-114-123-132-145-157-168-181-198-220-HWT

H.S. Weight Classes: 123-132-145-157-168-181-198-220-242-275-HWT

Any Questions, please contact:

Jerry Bray: (405) 401-3975 – jbray@chickasha.k12.ok.us

Joe Molder: (405) 651-9206 – jmolder@chickasha.k12.ok.us

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COVID-19 Modifications

The following guidelines will be in effect for all Chickasha Powerlifting Invationals for the 2021 season. These guidelines are for both high school and junior high. These requirements are in place for your student-athlete to safely compete.

- ★ **Pre-weigh in is required** for all three 2021 invitationals. Please complete the entry form on page 4. Entries **will not** be accepted after Monday, February 15th.
 - Lifters who are not on the entry form will not be allowed to participate.
 - There will be no weigh-in on the day of the meets.
- ★ We are limiting the number of participants. The first 25 schools to RSVP with their participants will be accepted.
 - Schools are limited to 25 participants per division. (25-high school boys, 25-high school girls, 25-7th grade, 25-8th grade, 25-9th grade)
 - Schools are limited to 3 coaches. Coaches will be issued wristbands at the coaches meeting before lifting begins. Only coaches will be allowed on the floor.
- ★ Masks will be required at all times by spectators, lifters, and coaches with the exception of when the student-athlete is lifting.
 - All lifters **MUST** be spotted by a teammate or their coach to minimize exposure risk
- ★ Designated sections will be marked for spectators and each school. Spectators and participants are required to sit in these designated areas. There will be enough room for social distancing.
- ★ Equipment will be cleaned and sanitized periodically.
- ★ Only the lifter, his/her spotter and the next lifter will be allowed on the floor at any time.
- ★ Each school will be required to judge an event. Teach your kids how to wrap. A list of judges will be provided during the coaches meeting.

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Chickasha Football

201 John Cowan Dr, Chickasha, OK 73018

School: _____ Coach: _____

Name of Lifter: _____ Weight: _____

We, the undersigned, agree not to hold the Oklahoma Football Coaches Association and/or Chickasha Public Schools and officials liable in the event of an accident. We further agree to abide by all rules and regulations established by the O.F.B.C.A.

(Signature of Lifter)

(Signature of Parent)

(Signature of Coach)

NOTE:

1. Each lifter must have this form completed and signed before the meet.
2. Each coach is to run off as many copies of the form as needed.
3. Coaches will bring all signed forms on the day of the meet.

Any Questions, please contact:

Jerry Bray: (405) 401-3975 – jbray@chickasha.k12.ok.us

Joe Molder: (405) 651-9206 – jmolder@chickasha.k12.ok.us

ALL COACHES:

- Please complete the entry form below and email to jmolder@chickasha.k12.ok.us. Coaches can also complete this form online by following the link below. You will have to make a copy of the google sheet file to use it and then email me the completed form.
 - ★ [2021 Chickasha Powerlifting Invitational Entry Form](#)
- Lifters who are not on the entry form will not be allowed to participate.
- There will be no weigh-in on the day of the meets.

2021 Chickasha Powerlifting Invitational Entry Form

School: _____ Coach: _____

	Name (Last, First)	Division	Bodyweight	Squat	Bench	Deadlift
ex:	<i>Rayburn, Sam</i>	<i>Large</i>	<i>175.8</i>	<i>375</i>	<i>225</i>	<i>415</i>
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