

Ebbing Tides presents...

SPRING BREAK SUP CAMP

We are offering a great opportunity this spring break. Your kids will learn the proper technique and skills for a fun and safe paddle! Our three day camp runs from 9 am to 3 pm and costs \$175. This camp



is designed for children ages 8-12. SUP Camps are led by an American Canoe Association (ACA) Stand-Up Paddle board instructor and certified life guard. In addition, these camps will offer your child the chance to learn about the unique ecology of Virginia Beach. At the end of the camp, all campers will receive a certificate of completion from the American Canoe Association for SUP Level 1 Skills.

We strive to insure all campers have a fun, educational and safe experience. Each camp has the kids on the paddle boards, learning proper paddle strokes and techniques,

water safety and rescue tactics and observing the local wildlife.

Daily activities are dependent on water/weather conditions. Camps are held either at the Lynnhaven Inlet or Chesapeake Bay (near Buoy 44). Site selection is based on wind and water conditions.



To Reserve your child's SUP Adventure: Complete this form and mail it along with payment to the following address: *Make payments out to Ebbing Tides*

Ebbing Tides Eco Tours, LLC
4425 Shore Drive Suite 104
Virginia Beach, VA 23455

Child's Name: _____ Child's Age: _____

Address: _____

Parent's Phone # _____

Parent's Email: _____

Get your kids outside, on the water, paddling, fishing, and having a great time this Spring Break! For questions or to reserve your child's adventure call

(757)-567-4601