



April 2019

Paramount Academy

BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Assorted Yogurt w/ WG Crackers Fruit 100% Orange Pineapple Juice	2 WG Lucky Charms Cereal Fruit 100% Apple Juice	3 WG Mini Cinnamon Rolls Fruit 100% Orange Juice	4 WG Grape-Filled Crescent Fruit 100% Fruit Punch	5 WG Sausage Pancake Wrap Fruit 100% Apple Juice
8 WG Ubr Chocolate Chip Round Fruit 100% Orange Pineapple Juice	9 WG Cinnamon Toast Crunch Cereal Fruit 100% Apple Juice	10 WG Glazed French Toast Fruit 100% Orange Juice	11 WG Blueberry Loaf Fruit 100% Fruit Punch	12 Cheese Omelette w/ WG Tortilla Fruit 100% Apple Juice
15 WG French Toast Bar Fruit 100% Orange Pineapple Juice	16 WG Cocoa Puffs Cereal Fruit 100% Apple Juice	17 WG Apple Frudel Fruit 100% Orange Juice	18 WG Chocolate Mini Donuts Fruit 100% Fruit Punch	19 NO MEAL SERVICE
22 WG Ubr Cinnamon Round Fruit 100% Orange Pineapple Juice	23 WG Apple Cinnamon Cheerios Cereal Fruit 100% Apple Juice	24 WG Maple Madness Waffles Fruit 100% Orange Juice	25 WG Filled Cocoa Puffs Bar Fruit 100% Fruit Punch	26 WG Turkey Sausage Sandwich w/ Cheese Fruit 100% Apple Juice
29 WG Strawberry PopTart Fruit 100% Orange Pineapple Juice	30 WG Trix Cereal Fruit 100% Apple Juice			

* This institution is an equal opportunity provider.
 * Menus are subject to change based on product availability.
 * WG = whole grain

All meals come with choice of 8 oz. 1% milk or 8 oz. fat free chocolate milk