

Department Of Veterans Affairs
North Florida/South Georgia Veterans Health System

"PERSONAL AND CONFIDENTIAL"

OCT 19, 2020

BLACK, ROBERT H
9273 WATERGLEN LN
JACKSONVILLE, FLORIDA 32256

Dear BLACK, ROBERT H

RE: Test Results

Here are the results of your recent tests:
CBC (DIFF&PLT) BLOOD SP ONCE LB #1686103

Collection time: Oct 19, 2020@13:28

Test Name	Result	Units	Range
WBC	5.93	k/cmm	4.6 - 10.8
RBC	4.09L	M/cmm	4.44 - 6.1
HGB	12.6L	g/dL	13.9 - 18
HCT	39.1L	%	41 - 52
MCV	95.6	um3	80 - 98
MCH	30.8	pg	27 - 33.3
MCHC	32.2	g/dL	31.8 - 37.1
PLT	123L	k/cmm	130 - 440

COMPREHENSIVE METABOLIC PANEL BLOOD PLASMA SP ONCE LB #1686103

Collection time: Oct 19, 2020@13:28

Test Name	Result	Units	Range
GLUCOSE	91	mg/dL	65 - 99
UREA NITROGEN	22H	mg/dL	9 - 20
CREATININE	1.4H	mg/dL	0.5 - 1.2
eGFR-IDMS	49	mL/min	
SODIUM	137	mmol/L	135 - 145
POTASSIUM	5.0	mmol/L	3.5 - 5.0
CHLORIDE	106	mmol/L	98 - 108
CO2	23	mmol/L	23 - 32
ANION GAP	8	mmol/L	5 - 15
CALCIUM	9.9	mg/dL	8.4 - 10.5
PROTEIN, TOTAL	6.7	g/dL	6.0 - 8.2
ALBUMIN	4.4	g/dL	3.5 - 5.0

BILIRUBIN, TOTAL	0.9	mg/dL	0.0 - 1.3
ALKALINE PHOSPHATASE	64	U/L	0 - 125
AST	17	U/L	0 - 45
ALT	6	U/L	0 - 40
CHOLESTEROL	147	mg/dL	0 - 199
TRIGLYCERIDE	54	mg/dL	0 - 149
HDL CHOLESTEROL	48	mg/dL	Ref: >=40
LDL CHOLESTEROL	88	mg/dL	Ref: <=129
DIRECT LDL	canc	mg/dL	Ref: <=129
MAGNESIUM	2.2	mg/dL	1.7 - 2.5
TSH-G, LC, J, T	2.150	uIU/mL	0.27 - 4.2
PSA	1.250	ng/mL	0 - 4

FOLATE BLOOD SERUM SP ONCE LB #1686103

Collection time: Oct 19, 2020@13:29

Test Name	Result	Units	Range
B12	702	pg/mL	240 - 900
FOLATE	>20.0H	ng/mL	4.2 - 19.9

Action Required:

-Labs are stable except elevated BUN, Cr -- strongly encourage increase fluid intake.

-Continue current plan.

Please see the results in details as above.

Plant based diet, exercise and healthy weight strongly encouraged.

Call to the clinic if any concerns or questions.

Your upcoming scheduled appointments:

MAY 12, 2021@09:00 JAX LAB UNIVERSITY
MAY 19, 2021@09:00 JAX PC PACT TEAL MD3

ADDRESSING HEALTHCARE ISSUES FROM HOME:

Please contact your healthcare team prior to walking in.
This may avoid unnecessary visits and/or decrease wait times.

** These are not emergency services.

If you have a medical emergency, dial 911 **