



Shaolin Temple Kung Fu Center

9339 Foothill Blvd. Suite G, Rancho Cucamonga, CA 91730

www.ShaolinABC.com (909) 551-1305 Email: SHAOLINABC@YAHOO.COM

MON 星期一		4:00-5:00pm Beginner Youth Kung Fu	5:00-6:00pm Blue Belt	6:00-7:00pm Green& Purple	
TUE 星期二		4:00-5:00pm Brown & Up	5:05-6:05pm Beginner Youth Kung Fu	6:05-7:10 Blue Belt	7:20-8:20pm Adult Sparring 少林散手
WED 星期三	4:00 – 4:50pm Beginner Youth Kung Fu	4:50-5:40pm Blue Belt	5:40– 6:30pm Green &Purple	6:30 – 7:20pm Brown & Up	7:20 – 8:20pm Adult Kung Fu 少林功夫
THUR 星期四		4:00-5:00pm Green& Purple	5:05-6:05pm Brown & Up	6:10-7:10pm Beginner Youth Kung Fu	7:20-8:20pm Shaolin Health 少林禅武
FRI 星期五		4:00-5:00pm Blue Belt	5:05-6:05pm Green &Purple	6:10-7:10pm Brown & Up	7:20-8:20pm Adult Kung Fu 少林功夫

Time	9:00- 10:00am	10:10- 11:10am	1:00- 2:00pm	2:10- 3:10pm	3:15- 4:15pm	4:20- 5:20pm	5:20 6:20pm
SAT 星期六	Shaolin Health 少林禅武	Adult Kung Fu 少林功夫	Beginner Youth Kung Fu	Blue Belt	Green& Purple Belt	Brown Belt & Up	
SUN 星期日	Shaolin Health 少林禅武	Adult Kung Fu 少林功夫					

New Class Schedule Starting Sign up now.

Send Shifu Message with (Name / Belt level / Day & Time)

Every 4th Week of the month will be Shaolin Self defense & Sparring Practice. (少林實戰練習)

Private Lessons are available upon request.

Effective 05/01-08/01/2021 Schedule