MAKE BIG CARDIO PART OF YOUR WELLNESS PROGRAM

WHAT'S IN IT FOR YOU?



OPPORTUNITY TO PROMOTE HEALTH AND WELLNESS

- Invest in your employees' health and wellness.
- Increase employee productivity.
- Improve employee attitude, well-being, and job satisfaction.
- Potentially decrease the number of employee sick day reports.
- Potentially reduce health insurance premiums over time.



GOODWILL AND CORPORATE RESPONSIBILITY

- Align your company with the solution to an important social issue: Providing opportunities for South Florida's at-risk youth.
- Network with other community-minded organizations.
- Get more visibility in the community for your brand.



TEAM SPIRIT

- Create team spirit, camaraderie and synergy within your company.
- Engage both leaders and employees in fun team activities.
- Encourage employees to engage their families.
- Build team unity and identity by providing everyone with branded team gear.



TEAM BENEFITS

- FREE Team Tent (10' x 10') and team name on printed on tshirts when you recruit 50 or more members to your team.
- Choose color of your team's tshirt when you recruit 20 or more members to your team.
- · Team banner on tent.
- Professional team picture at event (digital format).
- Team picture featured in BCF electronic newsletter.
- Team picture posting on social media.

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