

News and Views



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September-October 2022

National Convention 2022

By: Trisa Mannion-President



Thank you all for making the convention a success.

We have a full slate of officers now and look forward to the good things coming our way.

Before we get too far down the path of what is next to come, I want to thank Donnita Cameron

for the talent, skill, and time she gave this organization. She has played a significant role in many committees on the Executive Board. She shared her decorating talents to help make the Memorial Service beautiful and the Celebration Luncheon wonderful. Her skills and efforts made the event comfortable, beautiful, and fun. She made the centerpieces and set up the entire room. She will be missed. Thank you for everything you have done and will continue to do in Michigan.

We are welcoming two new District Coordinators to the Executive Board. Janeil Payne is the new District 1 Coordinator. She is from Salem, Oregon. Her resume is very impressive. I will leave the details for another article. Barbara Maciejewski, Wisconsin State President, is now the District 5 Coordinator. If that name seems familiar, it is because she has been on the board twice before. Her experience and knowledge are welcome assets.

The National Convention was a great success. The delegates spoke on several issues and elected officers. We celebrated ideas and many first-time delegates. Past national officers Kathy Danek, Clara Hill, Joan Kaczor, Joyce Tanguay, and

Doris Poland who also served as our Parliamentarian contributed to the success.

Thank you, Deb Koszarek, Julio Carios, and Roseanna Conlin, for running the Exhibit Booth for the week. They raised thousands of dollars for the charities that were selected. In addition, Kelly Macho and Renee' Brown sold

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The Auxiliary Board Hard at Work





**Child-Ed Class
was a huge hit!**



**Flip-Flopping Their
Way as First-Timers**



**Auxiliary
Booth was a
Success**



A Beautiful Luncheon!

Our Human Resource Project for 2019-2022 has come to an end. A check for over \$103,000 was presented to a representative from Fisher House at the Auxiliary luncheon. Thank you to all contributors as this was a group effort. Together we not only collected funds, but we also gave recognition to a remarkable organization.



Constitutional Resolutions

The following resolutions were passed at the 2022 convention.

⇒ Membership, Article III

- ◇ Section 1:A.2.shall read ,” any active or retired APWU member.”
- ◇ Section 1(A) 3 will have the following added. A National Officer who is an active employee and eligible for membership in the APWU must be a member in good standing in the APWU.
- ◇ Section 3, LWOLS will be deleted and Section IV will become Section III. All references to LWOLs in the constitution will be deleted.

⇒ Membership Protection By-laws, Article XII

- ◇ Section (A) (4) be added, and read as follows: Any member who puts the organization at risk of dissolution or negative action by the APWU.

⇒ Duties of Officers and Committees

- ◇ Officer’s salaries are to be increased by \$150.00 a month to be eligible for minimum Social Security Coverage.
- ◇ Section I-President (M) receive \$600.00 compensation monthly.
- ◇ Section II-Secretary (N) receive \$550.00 compensation monthly.
- ◇ Section III-Treasurer (N) receive \$600.00 compensation monthly.
- ◇ Section IIII-Legislative Aide-Editor (J) receive \$550.00 compensation monthly.



Convention Delegates



Pages: Chloe Friend and Trinity Kelly
not pictured Seven Rodriguez

thousands of tickets to benefit the Kentucky Postal Workers flood relief funds. Sandy Wheeler took photos to document the events, smiles, and classes.

We made some needed changes to the Constitution. Please review the article in this issue and update your organization’s Constitution. It is not required to say the same thing, but it

cannot be in conflict. The body did not accept some resolutions, but the ideas were well received in every one of them. Thank you for sending them to be considered.

The delegates are the ones that should be celebrated the most for spending their time and talents and sharing their ideas to make this a successful and meaningful convention. Thank you all.

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Miscellaneous Resolutions Passed



Child Labor-That the Auxiliary initiate action to participate in or sponsor such activities that promote the awareness of child labor abuse, that through conventions, meetings, and correspondence, the Auxiliary will organize legal protests or join a march in their area to display the outrage at child labor atrocities here and abroad, and that the Auxiliary designate the week beginning with Mother's Day each year as the Campaign Against Child Labor Abuse week.

Human Relations Project-The Auxiliary to the American Postal Workers Union assembled in convention in Fort Washington, Maryland the week of August 15-18, 2022 go on record in support of the Human Relations Projects for another two (2) years.

Legislation-The Auxiliary to the American Postal Workers Union assembled in Fort Washington, Maryland the week of August 15-18, 2022 go on record as

actively supporting any legislative programs that the American Postal Workers Union adopts and seeks to have enacted into law; and that during a legislative campaign all members of the Auxiliary seek support of relatives, friends, and civic and fraternal organizations to which they may belong.

Made in the U.S.A. Label-The Auxiliary to the APWU and it's affiliate organizations purchase only those products and services that are "Made in the U.S.A." and only those union "Made in the U.S.A." whenever possible, and that all members and officers not only put a priority on purchasing the products and services "Made in the U.S.A.", but they also take every opportunity to promote this practice within their communities, and that we maintain membership in the "Made in the U.S.A." Foundation for two more years.

Program Support-That the Auxiliary to the American Postal Workers Union, in convention assembled in Fort Washington, Maryland the week of August 15-18, 2022, go on record as actively supporting any program that the American Postal Workers Union adopts.

USPS Window Services-The Nebraska Auxiliary to the APWU go on record in supporting our window clerks by purchasing our postage for both letter and package mail from a USPS facility staffing career window clerks whenever available; and further go on record in support of our professional APWU window clerks by avoiding the use of online mail options that do not utilize the services of APWU bargaining unit professionals, forward this resolution to the National Auxiliary for their consideration at the rescheduled National Convention in conjunction with the 2021 All Craft; and that the Auxiliary forward this resolution to the American Postal Worker's Union AFL-CIO, showing support for the jobs and services provided by their members.



BREAST & CERVICAL CANCER

You may already know that breast cancer and cervical cancer are most prevalent among women but did you know that both can be treated if detected early or even prevented? With regular screenings, breast cancer can be detected early and treated, achieving survival probabilities of 90% or higher. And regular Pap tests can detect precancerous conditions of the cervix so they can be monitored or treated in order to prevent cervical cancer.

WHAT IS CANCER?

Cancer is a disease in which some of the body's cells grow uncontrollably and spread to other parts of the body. Cancer can start almost anywhere in the human body, which is made up of trillions of cells. Normally, human cells grow and multiply (through a process called cell division) to form new cells as the body needs them. When cells grow old or become damaged, they die, and new cells take their place. Sometimes this orderly process breaks down, and abnormal or damaged cells grow and multiply when they shouldn't. These cells may form tumors, which are lumps of tissue. Tumors can be cancerous or not cancerous (benign).



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Breast cancer is always caused by a genetic abnormality (a "mistake" in the genetic material). However, only 5-10% of cancers are due to an abnormality inherited from your mother or father. Instead, 85-90% of breast cancers are due to genetic abnormalities that happen as a result of the aging process and the "wear and tear" of life in general.

Various strains of the human papillomavirus (HPV), a sexually transmitted infection, play a role in causing most **cervical cancer**. When exposed to HPV, the body's immune system typically prevents the virus from doing harm. In a small percentage of people, however, the virus survives for years, contributing to the process that causes some cervical cells to become cancer cells.

Cancer is among the leading causes of death worldwide. In 2018, there were 18.1 million new cases and 9.5 million cancer-related deaths worldwide.

By 2040, the number of new cancer cases per year is expected to rise to 29.5 million and the number of cancer-related deaths to 16.4 million.

HOW CAN THE APWU HEALTH PLAN HELP?

Whether you're enrolled in the High Option Plan or the Consumer Driven Option Plan, as long as you stay in-network, all preventive care is covered at 100% including:

Cancer screenings approved by the U.S. Preventative Service Task Force

Well woman care such as Pap smears and annual counseling for sexually transmitted infections

Routine mammograms – as follows:

From age 35 through 39, one during this 5-year period

From age 40, one every calendar year

So don't hesitate and do your part to help detect cancer before it's too late. Get screened today!

Sources: cancer.gov; mayoclinic.org; breastcancer.org; who.int



APWU HEALTH PLAN PARTNERS WITH POSTAL AND FEDERAL FAMILIES TO CREATE A LIFESTYLE DEDICATED TO HEALTHY LIVING. WE ARE COMMITTED TO PROVIDING OUR MEMBERS WITH INNOVATIVE HIGH-QUALITY PRODUCTS AND SERVICES.



Sleep in Heavenly Peace

By: Janice Gillespie-Legislative Aide-Editor



Once again, Anna Braun hit a home run while chairing the Human Services committee. She and her committee brought the idea to adopt Sleep in Heavenly Peace as our Human Services Project to the convention body, which passed it unanimously.

Many children in the United States do not have a bed. Sleep in Heavenly Peace builds and delivers beds to those children. Established in 2012 by Luke and Heidi Michelson, SHP has 200 chapters in the

U.S. and has built over 100,000 beds. Luke was inspired as a youth group leader at his church when the church members built a bed for a family in need. Luke took this a step further and offered a free bed on Facebook. People in the community donated bedding items which encouraged the young entrepreneur.

Here is a little-known 501 nonprofit organization that will significantly benefit from our monetary donations and bedding supplies. We can educate our Auxiliary members, the APWU, our families, and people in the community about the need that SHP is filling.



The volunteers at Sleep in Heavenly have a motto; "No kid sleeps on the floor in our town".

Join us on our next Ziplines

October 4, 2022

December 6, 2022

February 7, 2023

8:00 pm EST

<https://zoom.us/j/368309307>

or call 1 (669) 900-6833



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