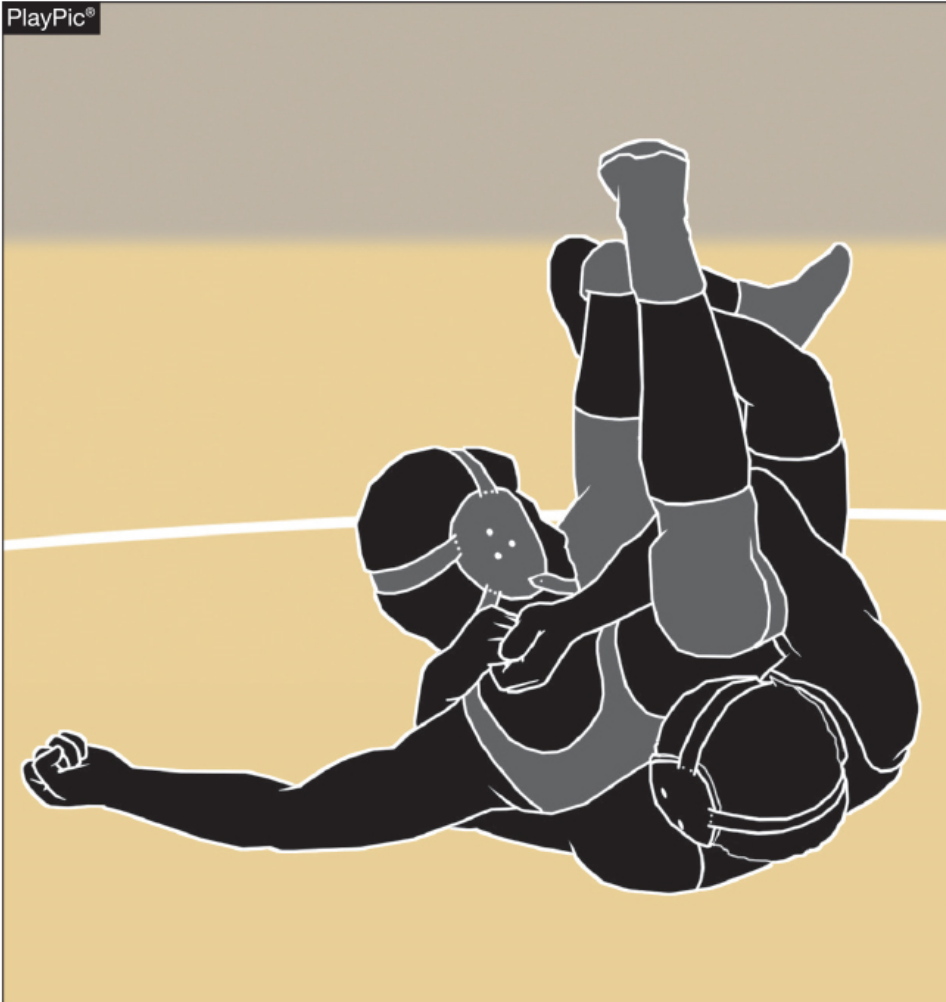


## ILLEGAL HOLD/MANEUVER RULE 7-1-5y



THE NELSON CRADLE IS ILLEGAL. IT IS A COMBINATION MADE UP OF A HALF NELSON ON ONE SIDE WITH A LOCKED CRADLE FROM AROUND THE NECK WITH THE FAR SIDE KNEE. THE CROTCH OF THE KNEE ACTS AS THE OTHER ARM (ARM PIT) TO COMPLETE THE FULL NELSON PRESSURE ON THE NECK AND THROAT.