



VALLEY STREAM UNION FREE SCHOOL DISTRICT NO. 24
HORTON AVENUE • VALLEY STREAM, NEW YORK 11581-1499 (516) 434-2825 • FAX: (516) 256-0163

Dr. Don Sturz
Superintendent of Schools

Jack R. Mitchell
Assistant Superintendent for Business

June 2019

Dear Parents or Guardians,

For many children, summertime means food, friends and fun. For families who count on school breakfast and lunch, however, the summer months can be stressful and family food budgets have to be stretched even further. Free summer meals, funded by the USDA, are available to children and teens ages 18 and younger at summer meals sites across Long Island, NY.

Many summer meals sites offer fun learning and recreational activities so children and teens can eat a healthy meal while staying active and being with friends. Sites are also registered with the USDA and are held at safe local places like schools, churches and community centers.

Free Summer Meal Program Details:

- Meals are **free to children and teens ages 18 and younger** who come to a summer meals site.
- Free summer meals will help families **save money** and stretch their already tight food budgets.
- Food served is **healthy and follows USDA nutrition guidelines.**
- Summer meals sites are at fun, safe places for children and teens to be active and visit with friends.
- No application or proof of income needed. You can just bring your child to a summer meals site in your community.

If you or someone you know is interested call 1-866-348-6479, go to www.fns.usda.gov/summerfoodrocks or text SUMMER MEALS to 97779, operated by a USDA partner to find a site and learn more.

Sincerely,

Dr. Don Sturz
Superintendent of Schools

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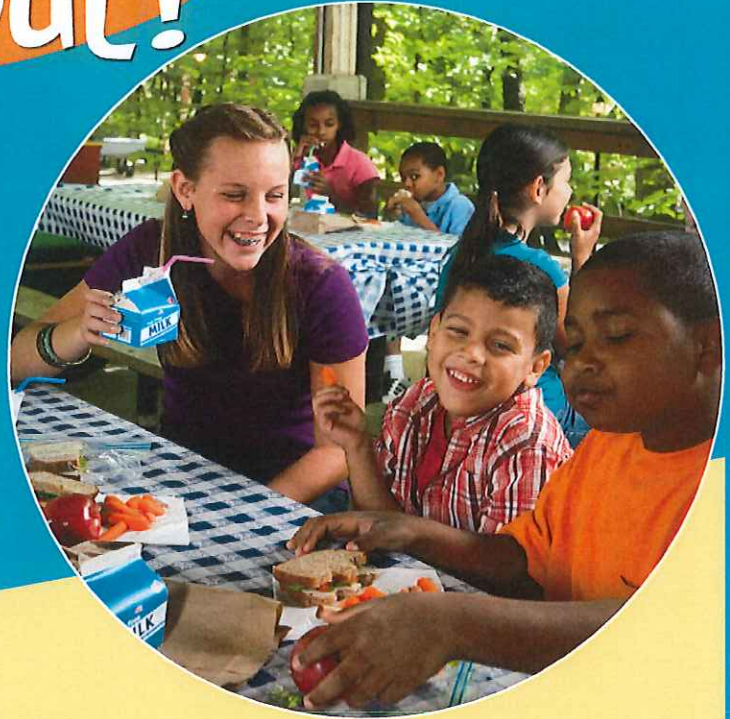


United States Department of Agriculture

School's Out!

POWER UP

for Summer Fun!



Did you know there are free activities and meals available in your community for your kids and teens this summer?

Find a site near you!



Call: 1-866-348-6479

Visit: www.fns.usda.gov/summerfoodrocks

Text: "Summer Meals" to 97779

No cost or enrollment required.
Open to all children under 18.





El Departamento de Agricultura de los Estados Unidos

¡Llegó el Verano!

¡Manténgase Energizado

para Divertirse!



¿Sabía que hay actividades y comidas gratuitas disponibles en su comunidad para sus hijos y jóvenes este verano?

Encuentra una sitio cerca de usted:

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Llame al 1-877-842-6273

Visite www.fns.usda.gov/es/summerfoodrocks

Envíe texto "Verano" a 97779

No hay costo ni registraci3n.
Disponibile para ni1os menores de 18 a1os.

