# Welcome to Connections 2014

The Mental Health Association of Southeast Florida is proud to present its **18th edition** of "**Connections**", a guide to behavioral health and support services in Broward County.

"Connections" provides a tool that empowers those with illness to be informed about resources and opportunities available to them in pursuit of recovery. "Connections" is also a resource to connect providers for collaboration and social service referrals to meet the community's need.

Please note that resource information in our community changes rapidly. While our staff and volunteers have made every effort to provide accurate content, there may be adjustments or corrections that were not available at the time this book went to print. We will make every effort to post the most current information in the "Connections" section under Publications & Directories on the MHA website at:

#### www.mhasefl.org

MHA appreciates the continued support of our project underwriters: Broward County's Human Services Department and Broward Behavioral Health Coalition. Without their partnership, this resource would not be possible.

The MISSION of your Mental Health Association is to promote mental health and victory over mental illness and related challenges through education, prevention, advocacy, research and empowerment. The Mental Health Association has provided its programs and services in Broward County since 1957. To meet the needs in Miami-Dade County, MHA has expanding its service area to build partnerships and resources and operates as the Mental Health Association of Southeast Florida.

"Connections" addresses each component of the Mental Health Association's mission. We invite you to join in our organization and our advocacy efforts.

## Mental health is a goal for everyone.



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Telephone Index listing all agencies and programs alphabetically begins on page 185.

## HOW TO USE THIS DIRECTORY

The "Needs Index" (starting on page 7) lists all of the agencies included in this directory under the specific categories of need served by the agency or one of the programs within the agency. Once you have identified an agency that is listed under the category you are looking for, you can locate that agency alphabetically (starting on page 19) for a more in-depth description of the agency and its programs.

If you know the name of the agency you are looking for, you can find it listed alphabetically in the "Agencies & Programs" section (starting on page 19) with a description of the programs and services of that agency.

The "Telephone Index" (starting on page 185), can be used to quickly look up a phone number for a particular agency or to find a specific program of an agency. If you cannot locate a phone number in the "Agencies & Programs" section, you may want to check the telephone index. To locate the full description of that program, look for it alphabetically in the Agency & Program section under the name of its agency which is listed in parenthesis after the program name in the telephone index section.

"Helpful Information" can be found starting on page 141. It includes phone numbers for hotlines, patient assistance programs for medications, national & state resources, information about various issues relevant to adults, and useful publications available through the Mental Health Association of Southeast Florida.

For assistance or any additional information Contact the Mental Health Association of Southeast Florida 9:00am - 5:00pm weekdays 954-746-2055

> 9Muses Art Center hours are 9:00am - 6:00pm weekdays, 10:00am - 5:00pm Saturdays Members Line: 954-746-9162

The Seth Line warm line hours are 6:00pm - 10:00pm weekdays 954-578-5640 or 866-964-3714

Our staff can help you access any of this information.



# Needs Index

Telephone Index listing all agencies and programs alphabetically begins on page 185.



## **NEEDS INDEX**

Listed under each category are the agencies that address that specific need. Get detailed information about each of the programs of these agencies starting on page 19.

**ABUSE & NEGLECT** (also see Domestic Violence) (also see Sexual Assault & Abuse) Barry University Ofc of Public Guardian Broward County Public Schools Broward Regional Health Planning Broward Sheriff's Office Camelot Community Care **Catholic Charities** ChildNet Children's Harbor Children's Home Society Department of Children & Families Early Learning Coalition Guardian Ad Litem H.A.N.D.Y. Kids In Distress Mental Health Association Mount Bethel Human Services

#### ADVOCACY

(also see Peer Run Programs) 9Muses Art Center ADM Planning Council Alzheimer's Association Barry University Ofc of Public Guardian Broward County Human Rights Section Broward County Long-Term Ombudsman Center for Independent Living Coalition To End Homelessness Family Voices Project Florida Initiative for Suicide Prevention Mental Health Association Nancy J. Cotterman Center National Alliance on Mental Illness Women In Distress

#### AIDS/HIV See HIV/AIDS

ALCOHOL ABUSE See Co-Occurring Disorders See Substance Abuse

#### ANGER MANAGEMENT

See Mental Health Services See Violence ANXIETY DISORDERS See Mental Health Services See Support Groups page 136

ARTS & CULTURE (also see Social & Recreational) 9Muses Art Center Mental Health Association Rebel's Drop-In Center

#### ASSAULT

See Abuse & Neglect See Domestic Violence See Sexual Assault & Abuse

#### ASSESSMENT

See Co-Occurring Disorders See Evaluations & Testing See Mental Health Services See Substance Abuse

#### ASSISTED LIVING FACILITIES

Contact Agency for Healthcare Administration (AHCA) www.ahca.myflorida.com

ATTENTION DEFICIT DISORDER/ADHD See Mental Health Services See Support Groups page 136

#### BAKER ACT RECEIVING FACILITIES

*(also see page 181)* Atlantic Shores Hospital Broward Health Fort Lauderdale Hospital Henderson Behavioral Health Memorial Healthcare System University Hospital/University Pavilion

BEREAVEMENT See Mental Health Services



#### **BIPOLAR DISORDER**

See Mental Health Services See Support Groups page 136

BI-SEXUAL See Gay, Lesbian, Bi-Sexual,

Transgender (GLBT)

BLIND See Disability - Physical

#### **CAREER DEVELOPMENT**

See Jobs & Training

#### CASE MANAGEMENT

Achievement & Rehabilitation Centers Archways Banyan Health Systems Broward County Elderly & Veterans Broward County Family Success Broward House Center for Hearing & Communication ChildNet Children's Diagnostic & Treatment Ctr. Children's Harbor **CINS/FINS Provider Agencies** Covenant House Florida Department of Children & Families Gateway Community Outreach Gulf Coast Jewish Family & Community Hallandale Beach Human Services H.A.N.D.Y. Healthy Mothers, Healthy Babies Henderson Behavioral Health House of Hope/Stepping Stones Lutheran Services Florida Minority Development & Empowerment MonarchCare Parent's Information & Resource Center Saint Laurence Chapel Schott Communities SunServe Susan B. Anthony Recovery Center Total Intervention Early Services

#### CHILDCARE

(After School, Day Care, Respite) Achievement & Rehabilitation Centers Broward County Family Success Broward County Public Schools Broward Sheriff's Office Child Care Licensing & Enforcement ChildNet Early Learning Coalition Family Central Jewish Adoption & Foster Care Options Jewish Community Centers Minority Development & Empowerment Mount Bethel Human Services Salvation Army YMCA of Broward County

#### **CHILDREN'S SERVICES**

2-1-1 Broward A Child Is Missing Achievement & Rehabilitation Centers American Red Cross Ann Storck Center Autism Society of Broward **Best Buddies** Big Brothers/Big Sisters of Broward Boys & Girls Clubs Broward Children's Center Broward County Children's Svcs. Admin. Broward County Courthouse Broward County Parks & Recreation Broward County Public Schools Broward Health Broward County Library Broward Regional Health Planning Broward Sheriff's Office Camelot Community Care Center for Autism & Related Disabilities Center for Hearing & Communication Center for Independent Living ChildNet Children's Diagnostic & Treatment Ctr. Children's Harbor Children's Home Society Children's Medical Services Children's Services Council **CINS/FINS Provider Agencies** Covenant House Florida Department of Juvenile Justice **Division of Blind Services** Early Learning Coalition Equine-Assisted Therapies Family Central Florida Dept. of Health in Broward County Gilda's Club Grottoes of Broward Guardian Ad Litem H.A.N.D.Y. Harmony Development Center Henderson Behavioral Health Hispanic Unity Hollywood Park, Recreation & Cultural

I'm Thumbody Impact Broward Jack & Jill Children's Center Jewish Adoption & Foster Care Options Jewish Communiity Centers Junior Achievement Kids In Distress Lauderdale Lakes Parks & Human Svcs Lighthouse of Broward Listen to Children Lutheran Services Florida Make A Wish Foundation Mental Health Association Minority Development & Empowerment Mount Bethel Human Services Nancy J. Cotterman Center Nova Southeastern University Our Children. Our Future PACE Center for Girls Smith Community Mental Health Center SOS Children's Villages State Attorney's Office SunServe Susan B. Anthony Recovery Center Swim Central Take Stock in Children The Starting Place Tomorrow's Rainbow United Cerebral Palsv Urban League YMCA of Broward County

#### CLINICS

See Hospitals See Medical Services

CLOTHING (also see Food Pantries page 131) (also see Financial) Clothing may also be available at local churches Coalition to End Homelessness Covenant House Florida Gateway Community Outreach H.A.N.D.Y. Jubilee Center Salvation Army

CONSUMER-RUN PROGRAMS See Peer-Run Programs **CO-OCCURRING DISORDERS** 

Achievement & Rehabilitation Centers Archways Atlantic Shores Hospital Banyan Health Systems Broward Addiction Recovery Center Broward County Elderly & Veterans Broward Health Broward House Broward Sheriff's Office Fort Lauderdale Hospital **GEO** Care Gulf Coast Jewish Family & Community Henderson Behavioral Health Hollywood Pavilion House of Hope/Stepping Stones Memorial Healthcare System Mental Health Association Smith Community Mental Health Center Susan B. Anthony Recovery Center The Starting Place

COUNSELING (Individual, Family & Group Therapy) If you are in crisis, call 9-1-1 See Mental Health Services Also see the MHA Directory of Professional Members available online at: www.mhasefl.org

CRISIS RESPONSE See Emergency Services

#### DAY CARE/RESPITE

Achievement & Rehabilitation Centers Alzheimer's Family Center Ann Storck Center Broward County Elderly & Veterans Broward House Catholic Charities Impact Broward Smith Community Mental Health Center United Cerebral Palsy

DAYTREATMENT See Mental Health Services

DEAF See Disability - Physical



#### DENTAL CARE

(also see Medical Services) Broward College Children's Diagnostic & Treatment Ctr. Florida Dept of Health in Broward Co. Grottoes of Broward Kids In Distress Nova Southeastern University

#### DEPRESSION

See Mental Health Services See Support Groups page 136

#### **DISABILITY - DEVELOPMENTAL**

Achievement & Rehabilitation Centers Ann Storck Center Best Buddies Broward Children's Center Broward County Public Schools Children's Diagnostic & Treatment Ctr. Equine-Assisted Therapies Grottoes of Broward MonarchCare Nova Southeastern University Schott Communities United Cerebral Palsy

#### **DISABILITY - PHYSICAL**

Achievement & Rehabilitation Centers Broward Children's Center Center for Autism & Related Disabilities Center for Hearing & Communication Division of Blind Services Equine-Assisted Therapies Grottoes of Broward Lighthouse of Broward MonarchCare Muscular Dystrophy Nova Southeastern University Schott Communities United Cerebral Palsy

#### DIVORCE

See Legal Services See Mental Health Services See Parenting Education

#### DOMESTIC VIOLENCE

(also see Abuse & Neglect) (also see Sexual Assault & Abuse) Department of Children & Families Mental Health Association Nova Southeastern University Parent Education/Parent Support Pride Center Salvation Army Women In Distress

#### DRIVER'S LICENSE

Department of Highway Safety

#### DRUG ABUSE

See Co-Occurring Disorders See Substance Abuse

#### DUAL DIAGNOSIS

See Co-Occurring Disorders

#### EATING DISORDERS

TREATMENTFACILITIES (also see Mental Health Services) (also see Hospitals) Renfrew Center

#### EMERGENCY ASSISTANCE

If you are in crisis, call 9-1-1 (also see Financial Assistance) 2-1-1 Broward American Red Cross Coalition to End Homelessness H.A.N.D.Y. Henderson Behavioral Health Hope Outreach Center Jubilee Center Nancy J. Cotterman Center Salvation Army Women In Distress

#### **EVALUATIONS & TESTING**

(also see Co-Occurring Disorders) (also see Mental Health Services) (also see Substance Abuse) Broward County Public Schools Gulf Coast Jewish Family & Community H.A.N.D.Y. Henderson Behavioral Health Memory Disorder Center New Direction Institute Our Children, Our Future Nova Southeastern University Parent's Information & Resource Center Smith Community Mental Health Center Susan B. Anthony Recovery Center

Telephone Index listing all agencies and programs alphabetically begins on page 185.

#### FAMILY SUPPORT

2-1-1 Broward Achievement & Rehabilitation Centers Al Anon Family Groups & Alateen Alzheimer's Association Ann Storck Center Autism Society of Broward Broward Addiction Recovery Center Broward County Family Success Broward County Public Schools Broward Regional Health Planning Camelot Community Care Center for Autism & Related Disabilities Children's Diagnostic & Treatment Ctr. Children's Home Society **CINS/FINS Provider Agencies Cooperative Parenting & Divorce** Early Learning Coalition Family Voices Project Healthy Mothers, Healthy Babies Jewish Adoption & Foster Care Options Mental Health Association Mount Bethel Human Services National Alliance on Mental Illness Parent Education & Parent Support SOS Children's Villages

#### FINANCIAL ASSISTANCE

(also see Emergency Services) Agency for Workforce Innovation Aging & Disability Resource Center Archways Broward County Family Success Broward County Minority Builders Catholic Charities Department of Children & Families Gateway Community Outreach Hallandale Beach Human Services Dept Hope Outreach Center MonarchCare SunServe Urban League

#### FOOD

(also see Food Pantries page 131) (also see Financial Assistance) Food may also be available at local churches

Broward Meals on Wheels Broward Outreach Centers Coalition to End Homelessness Covenant House Florida EASE Foundation Gateway Community Outreach Hallandale Beach Human Services Dept. H.A.N.D.Y. Hope Outreach Center Jewish Communiity Centers Jubilee Center Lifenet 4 Families Mount Bethel Human Services Our Father's House Poverello Center Saint Laurence Chapel Salvation Army South Florida Hunger Coalition Sunrise (City of) The Pantry of Broward

#### GAY, LESBIAN, BISEXUAL, TRANSGENDER (GLBT)

Fort Lauderdale Hospital Pride Center SunServe

#### GRIEF

See Mental Health Services

#### HEARING & SPEECH CHALLENGED

See Disability - Physical

#### **HIV/AIDS**

AIDS Healthcare Foundation Broward Health Broward House Broward Regional Health Planning Catholic Charities Children's Diagnostic & Treatment Ctr. Florida Dept. of Health in Broward Co. Memorial Healthcare System Minority Development & Empowerment Poverello Center Pride Center Red Hispana Florida Salvation Army SunServe



Telephone Index listing all agencies and programs alphabetically begins on page 185.

#### HOMELESS

See Case Management See Clothing See Emergency Services See Financial Assistance See Food See Housing See Shelter

HOMOSEXUAL See Gay, Lesbian, Bi-Sexual, Transgender (GLBT)

#### HOSPITALS

(also see Medical Services) (also see page 133) \* indicates behavioral health svcs. Atlantic Shores Hospital \* Broward Health \* Cleveland Clinic Hospital Fort Lauderdale Hospital \* GEO Care \* High Point Treatment Center \* Hollywood Pavilion \* Memorial Healthcare System \* North Shore Medical Ctr, FMC Campus \* University Hospital/University Pavilion \*

#### HOUSING

Wait lists may apply (also see Case Management) (also see Financial Assistance) (also see Shelter) Broward County Family Success Broward County Housing Authority Broward County Minority Builders Broward House **Broward Housing Solutions** Catholic Charities Gulf Coast Jewish Family & Community Helping People in America Henderson Behavioral Health Hope South Florida Housing Authorities Mount Bethel Human Services Pembroke Pines Human Services Volunteers of America

#### HOUSING – EMERGENCY See Shelter

#### IDENTIFICATION

(also see page 156) Department of Highway Safety

#### IN-HOME SERVICES

Achievement & Rehabilitation Centers Alzheimer's Family Center Broward Children's Center Broward Meals on Wheels Broward Regional Health Planning Camelot Community Care Family Central Family Voices Project Healthy Mothers, Healthy Babies Gulf Coast Jewish Family & Community Henderson Behavioral Health Lighthouse of Broward Lutheran Services Florida Mental Health Association MonarchCare Our Chidren. Our Future Smith Community Mental Health Center United Cerebral Palsy

#### JOBS AND TRAINING

Achievement & Rehabilitation Centers Agency for Workforce Innovation Archways Atlantic Technical Center **Best Buddies** Broward College Broward County Family Success Broward Outreach Centers Center for Independent Living Covenant House Florida Division of Blind Services Foot Print to Success Clubhouse Hallandale Beach Human Services H.A.N.D.Y. Henderson Behavioral Health **Hispanic Unity** Lighthouse of Broward Mc Fatter Vocational Technical Center OIC of Broward County Salvation Army Second Chance Society Sheridan Vocational Technical Center Social Security Administration Susan B. Anthony Recovery Center Urban League Vocational Rehabilitation Volunteers of America Workforce One Employment Solutions

#### LEGAL SERVICES

Barry University Ofc of Public Guardian Broward County Courthouse Broward Reentry Coalition Broward Sheriff's Office Department of Juvenile Justice Florida (State of) 17th Judicial Circuit Hispanic Unity Legal Aid Services Law Office of the Public Defender MonarchCare State Attorney's Office

#### LESBIAN, GAY, BI-SEXUAL, TRANSGENDER

See Gay, Lesbian, Bi-Sexual, Transgender (GLBT)

#### LIFE SKILLS

9Muses Art Center Broward County Family Success Center for Independent Living Covenant House Florida **FLITE Center** Florida Initiative for Suicide Prevention H.A.N.D.Y. I'm Thumbody Junior Achievement Lighthouse of Broward Mental Health Association PACE Center for Girls PROSPER SOS Children's Villages Urban League YMCA of Broward County

#### MAIL SERVICE

Coalition to End Homelessness Lifenet 4 Families Saint Laurence Chapel

MANIC-DEPRESSION (Bipolar) See Mental Health Services See Support Groups page 136

#### MEDICAL SERVICES

*(also see Hospitals)* AIDS Healthcare Foundation Broward Children's Center Broward Health Broward Outreach Centers Children's Diagnostic & Treatment Ctr. Children's Medical Services Florida Dept. of Health in Broward Co. Hispanic Unity Light of The World Clinic Memorial Healthcare System Nova Southeastern University Salvation Army William "Bill" Kling Outpatient Center

#### **MEDICATION ASSISTANCE**

*(also see page 177)* AIDS Healthcare Foundation Broward Health Broward House Florida Dept. of Health in Broward Co. Henderson Behavioral Health Nova Southeastern University

#### MENTAL HEALTH SERVICES

If you are in crisis, call 9-1-1 (also see Evaluations & Testing) (also see Hospitals) (also see Support Groups page 136) Also see the MHA Directory of Professional Members available online at: www.mhasefl.org 2-1-1 Broward Achievement & Rehabilitation Centers American Red Cross Aging & Disability Resource Center Alzheimer's Family Center Atlantic Shores Hospital Broward County Elderly & Veterans Broward County Public Schools Broward Health Broward House Boward Sheriff's Office Camelot Community Care **Catholic Charities** Center for Hearing & Communication Children's Diagnostic & Treatment Ctr. Children's Home Society Fort Lauderdale Hospital Gulf Coast Jewish Family & Community Hallandale Beach Human Services H.A.N.D.Y. Healthy Mothers, Healthy Babies Henderson Behavioral Health Hollywood Pavilion Jewish Family Service Kids In Distress Lighthouse of Broward

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Lifenet 4 Families Lutheran Services Florida Memorial Healthcare System Mental Health Association Minority Development & Empowerment Nancy J. Cotterman Center New Direction Institute Nova Southeastern University Our Children. Our Future PACE Center for Girls Parent's Information & Resource Center Saint Laurence Chapel Salvation Army Samaritan Counseling Center Schott Communities Smith Community Mental Health Center SunServe Susan B. Anthony Recovery Center The Starting Place Total Intervention Early Services University Hospital/University Pavilion Vet Center Vocational Rehabilitation Volunteers of America William "Bill" Kling Outpatient Clinic Women In Distress

NEGLECT See Abuse & Neglect

OBSESSIVE-COMPULSIVE DISORDER (OCD) See Mental Health Services See Support Groups page 136

#### OLDER ADULT SERVICES

(also see Senior Centers page 135) Aging & Disability Resource Center Broward County Elderly & Veterans Broward County Minority Builders Broward Meals on Wheels Catholic Charities Gulf Coast Jewish Family & Community Hallandale Beach Human Services Impact Broward Jewish Community Centers Lauderdale Lakes Parks & Human Svcs. Memorial Healthcare System MonarchCare Nova Southeastern University Sunrise (City of) SunServe Tamarac Social Services The Pantry of Broward Volunteers of America

#### PANIC DISORDER

See Mental Health Services See Support Groups page 136

#### PARENTING EDUCATION

Achievement & Rehabilitation Centers Cooperative Parenting & Divorce Covenant House Florida Family Central Jack & Jill Children's Center Kids In Distress Mental Health Association Mount Bethel Human Services Parent Education & Parent Support Parent Enrichment Classes Parent's Information & Resource Ctr.

#### PEER-RUN PROGRAMS

(also see Advocacy) (also see Support Groups page 136) 9Muses Art Center Archways Famiy Support Project Foot Print to Success Clubhouse Forest Park Drop-In Center Mental Health Association PROSPER Rebel's Drop-In Center Seth Line Silver Impact

#### PHOBIAS

See Mental Health Services See Support Groups page 136

#### PREGNANCY & BIRTH

(also see Hospitals) Broward Health Broward Healthy Start Children's Diagnostic & Treatment Ctr. Children's Harbor Florida Dept. of Health in Broward Co. Healthy Mothers, Healthy Babies Hope Women's Centers

## **NEEDS INDEX**

PRESCRIPTION ASSISTANCE See Medication Assistance (also see page 177)

#### **PSYCHIATRIC**

See Evaluations & Testing See Hospitals See Medication Assistance See Mental Health Services

RESPITE See Day Care

SENIORS See Older Adults See Senior Centers page 135

SEXUAL ASSAULT AND ABUSE See Abuse & Neglect See Domestic Violence See Legal Services Nancy J. Cotterman Center

#### SHELTER

(also see Case Management) (also see Emergency Assistance) (also see Financial Assistance) 2-1-1 Broward Broward County Housing Authority Broward Outreach Centers Broward Partnership for the Homeless Covenant House Florida ChildNet HANDY. Homeless Voice Jewish Adoption & Foster Care Options Kids In Distress Saint Laurence Chapel Salvation Army

#### SOCIAL & RECREATIONAL

(also see Arts & Culture) (also see Senior Centers page 135) 9Muses Art Center Boys & Girls Clubs Broward County Library Broward County Parks & Recreation Equine-Assisted Therapies Foot Print to Success Clubhouse Hallandale Beach Human Services H.A.N.D.Y. Hollywood Park, Recreation & Cultural Jewish Community Centers Lauderdale Lakes Parks & Human Svcs Mental Health Association Pembroke Pines Human Services Pride Center PROSPER Rebel's Drop-In Center Schott Communities Silver Impact Sunrise (City of) Swim Central YMCA of Broward County

#### SUBSTANCE ABUSE

(also see Co-Occurring Disorders) (also see Support Groups page 136) 2-1-1 Broward Al Anon Family Groups & Alateen Alcoholics Anonymous Archways Atlantic Shores Hospital Banyan Health Systems Broward Addiction Recovery Center Broward County Elderly & Veterans Broward County Public Schools Broward House Broward Outreach Centers Broward Partnership for Homeless Broward Sheriff's Office **Catholic Charities** Center for Hearing & Communication Covenant House Florida Faith Farm Ministries Florida (State of) 17th Judicial Circuit Fort Lauderdale Hospital Henderson Behavioral Health High Point Treatment Center Hollywood Pavilion House of Hope/Stepping Stones Memorial Healthcare System Narcotics Anonymous Nova Southeastern University Salvation Army Schott Communities Susan B. Anthony Recovery Center The Starting Place **Total Intervention Early Services** United Way Commission on Sub Abuse University Hospital/University Pavilion Volunteers of America



## **CONNECTIONS 2014**

#### SUPPORT GROUPS

(also see Support Groups page 136) 9Muses Art Center Al Anon Family Groups & Alateen Alcoholics Anonymous Alzheimer's Association Alzheimer's Family Center Broward House Children's Diagnostic & Treatment Ctr Family Voices Project Florida Initiative for Suicide Prevention Gilda's Club Jewish Adoption & Foster Care Options Memory Disorder Center Mental Health Association Narcotics Anonymous National Alliance on Mental Illness Parent Education & Parent Support Pride Center Rebel's Drop-In Center Red Hispana Florida SunServe Tamarac Social Services Women In Distress

#### TRANSGENDER

See Gay, Lesbian, Bi-Sexual, Transgender (GLBT)

#### **TRANSITIONING YOUTH**

Achievement & Rehabilitation Centers Big Brothers/Big Sisters Broward College Camelot Community Care Department of Children & Families FLITE Center Gulf Coast Jewish & Community Svcs Henderson Behavioral Health Jewish Adoption & Foster Care Options SOS Children's Villages

#### TRANSPORTATION

Broward County Transit Sunrise (City of)

#### TREATMENT SERVICES

See Co-Occurring Disorders See Evaluations & Testing See Hospitals See Medication Assistance See Mental Health Services See Support Groups page 136 (also see page 178)

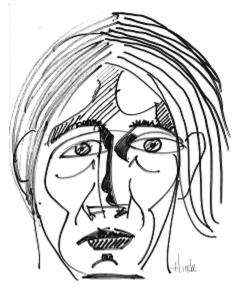
#### VETERANS

(also see page 157) Broward County Elderly & Veterans Broward Housing Solutions Impact Broward Vet Center William "Bill" Kling Outpatient Clinic

VIOLENCE See Abuse & Neglect See Domestic Violence See Legal Services See Sexual Assault & Abuse

YOUTH SERVICES See Children's Services See Transitioning Youth

VISUALLY CHALLENGED See Disability - Physical



# Agencies & Programs

Telephone Index listing all agencies and programs alphabetically begins on page 185.



## 2-1-1 BROWARD

(formerly First Call For Help of Broward) 250 NE 33rd Street Oakland Park, FL 33334 Dial 2-1-1 or 954-537-0211 TDD: 954-390-0942

www.211-broward.org No Fee Spanish, Creole, Language Line Service 24/7

Provides 24-hour comprehensive helpline and support services for individuals seeking crisis intervention, assistance and/or information and referrals to health and human services, community resources and disaster related information in Broward County. Callers in crisis should call 9-1-1 or go to the nearest emergency room.

#### 24-Hour Helpline Services

Crisis/suicide intervention, empathetic listening, information and referral helpline for callers of all ages seeking assistance with problems and needs such as mental health, substance abuse, family violence, financial problems, hunger, shelter needs, relationship issues and depression.

#### Behavioral Health Info Line

Specialized helpline providing information and referral to child and adolescent mental health services, substance abuse prevention and treatment programs, case management and other specialized behavioral health services.

#### Hotline For Children With Special Needs 954-537-0211

Information and referral services for families and caregivers of children with special physical needs, such as visual or hearing impairments, or children with developmental delays including Autism and Cerebral Palsy.

#### **Touchline/Senior Helpline**

Provides social contact and emotional support through a daily telephone call for people 60+ years, living alone and in need of someone to check on them.

#### **Homeless Helpline**

Maintains information about community resources and links homeless individuals and families seeking emergency shelter with appropriate resources.

#### Teen Hotline

www.teenspace211.org

Provides information, referral, crisis intervention and non-judgmental listening services for teens 13-18 years, to help them with issues of adolescent and young adulthood.

#### 954-537-0211

#### Telephone Index listing all agencies and programs alphabetically begins on page 185.

#### 954-563-4357

954-567-8336

## 954-396-4636

#### Teen Tapes

Offers taped messages on topics of interest to adolescents such as relationships, school and careers, dealing with siblings and parents, drugs and alcohol, pregnancy and HIV/AIDS. Counselors are available to the caller.

(Broward CARES participating organization, see page 153 for additional information.)

## 9MUSES ART CENTER

7139 W. Oakland Park Blvd. Lauderhill, FL 33313-1012

www.9musesartcenter.org No Fee for Persons with Diagnosis M-F: 9:00am - 6:00pm; Sat: 10:00am - 5:00pm

A community arts organization and fully-functioning art studio where instruction and mentoring are offered. Arts disciplines include painting, drawing, pottery, textiles, 2D & 3D design, sculpting, design, music, drama and creative writing. On-site Frame Shop and Gallery is open to the public.

## A CHILD IS MISSING

500 SE 17th Street, #101 Ft. Lauderdale, FL 33316

www.achildismissing.org No Fee

#### A Child Is Missing Alert Program

Assists law enforcement in the first hours a child or an elderly person goes missing by placing telephone alert calls in the area last seen; over 1,000 calls can be placed in less than 60 seconds. Program is free to law enforcement and the community.

### Child Abduction Response Teams (C.A.R.T. Alerts)

Serves as an activation arm for mobilization of teams that consist of members of all facets of law enforcement, emergency response, non-profit organizations and civil search groups that work together when a child is abducted.

#### **Child Safety Education Program**

Provides an interactive and child-friendly program that offers safety tips to children in summer camps.

Telephone Index listing all agencies and programs alphabetically begins on page 185.

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954-746-2055 Member Line: 954-746-9162

## 954-763-1288

#### 954-390-0490

## ACHIEVEMENT & REHABILITATION CENTERS (ARC Broward)

954-746-9400

10250 NW 53rd Street Sunrise, FL 33351

www.arcbroward.com Medicaid, Sliding Scale Spanish M-F: 8:00am - 6:00pm

Provides support and assistance to children and adults with autism, Down's syndrome, cerebral palsy, and other developmental disabilities. Offers rehabilitation services (OT, PT, Speech Therapy), in-home parent training, respite care, social and job skills for transitioning youth, and specialized summer camp for youth with developmental disabilities and moderate to severe behavioral challenges, 3-21 years. Also offers adult day program, residential, employment and mental health services for adults and children.

#### ABLE (Alternative Behavioral Learning Environment)

Provides after-school care for youth, 3-21 years with developmental disabilities and behavior issues that prevent participation in other available programs. All-day care is available on non-school days and summer.

#### Parents As Teachers Program (PAT)

Offers in-home family education and support, case management, mental health and applied behavioral analysis for parents of children with special needs, birth-10 years.

#### **Preschool Education & Infant Stimulation**

Provides certified teachers with a low teacher/student ratio for full-day, year-round instructional curriculum of activities and therapies to facilitate growth for children with and without special needs. Operates a developmental preschool for children, 18 months - 5 years, with extended care available before and after school hours.

(Broward CARES participating organization, see page 153 for additional information.)

800-204-2418

## AGENCY FOR WORKFORCE INNOVATION

## 866-352-2345

TTY· 800-955-8771

www.floridajobs.org

#### Florida Reemployment Office

www.fluidnow.com (online application)

Provides temporary wage replacement benefits to qualified individuals who are out of work through no fault of their own.

#### Special Unemployment Compensation Program

#### Disaster Unemployment Assistance

Provides assistance to individuals who do not qualify for regular unemployment benefits from Florida or any other state and whose unemployment is a direct result of a disaster.

#### Trade Readjustment Assistance

Provides training, job search, relocation allowances and other reemployment services to individuals who have been totally or partially separated from their job due to increased foreign imports.

#### Workforce Services

Provides support services to Workforce One and operates an online service to connect job seekers and employers. Offers information on training programs and job fairs. See Workforce One for locations.

## AGING & DISABILITY RESOURCE CENTER OF BROWARD (ADRC) TDD: 954-745-5689

954-745-9567

5300 Hiatus Road Sunrise, FL 33351

www.adrcbroward.org No Fee Spanish, French, Creole M-F: 8:00am - 5:00pm

### ADRC Helpline

#### 954-745-9779

Provides information and referral for counseling, assessments, assistance with utility payments on an emergency basis, and facilitates the financial eligibility process for publicly funded services for seniors 60+ years, persons with severe and persistent mental illness 18+ years, and their families and caregivers. Offers education for elders 60+ years and person with disability 18-49 years, on the Health Maintenance Organizations (HMO) Statewide Medicaid Managed Long-Term Care Program.

## AIDS HEALTHCARE FOUNDATION 954-522-3132 POSITIVE HEALTHCARE FLORIDA

110 SE 6th Street, #1960 Ft. Lauderdale, FL 33301

www.aidshealth.org Medicare, Medicaid, Insurance, Indigent Care Spanish, Creole

A special needs health plan for HIV positive Medicaid recipients in Broward County that covers members with no co-pays and no premiums. Services include routine and specialist doctor office visits, hospitalization, emergency and urgent care, outpatient services, durable medical equipment, prescription drugs with no limitations, medical transportation, and health benefits beyond those of standard Medicaid. Operates a not-for-profit pharmacy and disease management program that provides services regardless of an individual's ability to pay.

## AL ANON FAMILY GROUPS & ALATEEN

954-491-1915

1915 NE 45th Street, #205 Ft. Lauderdale, FL 33308

www.southfloridaal-anon.org No Fee Spanish, French

Serves families and friends of alcoholics 19+ years, who believe their lives are affected by someone else's drinking (Al Anon), and youth under 19 years (Alateen). Meetings are scheduled at various times and locations, 7 days a week.

## ALCOHOLICS ANONYMOUS

305 S. Andrews Avenue, #502 Ft. Lauderdale, FL 33301

www.aabroward.org No Fee Spanish, French M-F: 9:00am - 5:00pm Phone assistance available 24/7

Fellowship of men and women who work the 12-step program to stay sober and help others to achieve sobriety. Offers over 700 meetings in Broward County each week at various times and locations where the only requirement is a desire to stop drinking.

**954-462-0265** 954-462-7202

### ALZHEIMER'S ASSOCIATION

800-272-3900

Southeast Florida Chapter 201 E. Sample Road Deerfield Beach, FL 33064

www.alz.org/seflorida No Fee Spanish, French, Creole M-F: 9:00am - 5:00pm Helpline available 24/7

Provides education and support to Alzheimer's patients, families and caregivers as well as education to the community and professionals about Alzheimer's disease and other memory disorders. Operates dementia specific helpline for information, resources and counseling. Offers caregiver support groups, early stage support groups, advocacy & public policy initiatives, safety services for those with memory impairment, and a clinical trial matching program. Regional offices in Miami, W. Palm Beach and Hobe Sound.

## ALZHEIMER'S FAMILY CENTER

954-971-7155

6280 W. Atlantic Boulevard Margate, FL 33063

www.alzcenter.org No Fee, Sliding Scale for Respite Spanish M-F: 8:30am - 4:30pm

Provides in-home caregiver counseling, support groups, in-home respite, volunteer companions intergenerational program, Project Lifesaver for wanderers, crisis respite and information and referral for Alzheimer's and other memory disorders.



## AMERICAN RED CROSS

**Broward County Chapter** 6710 W. Sunrise Boulevard, #111

Plantation, FL 33313

www.browardredcross.org No Fee 24/7

Provides relief to victims of disaster and helps people prevent, prepare for, and respond to emergencies. Offers classes for first aid, CPR, water safety, lifeguard instructor and babysitter safety. Some fees may apply to these classes.

#### Mental Health Team

Offers emergency response mental health, case management and support services to survivors of a disaster.

## ANN STORCK CENTER

954-584-8000

1790 SW 43rd Way Ft. Lauderdale, FL 33317

www.annstorckcenter.org

Provides year-round residential programs for children and adults who are severely or multiply developmentally disabled and/or medically fragile. Offers a preschool with daily educational and therapeutic training for children with developmental disabilities and family support services including counseling, respite day care and parent education.



954-797-3800

ext. 265

## ARCHWAYS

919 NE13th Street Ft. Lauderdale, FL 33304

www.archways.org Medicare, Medicaid, Insurance, Sliding Scale Spanish, French, Creole, Italian, American Sign Language

Provides behavioral healthcare to persons suffering from severe and persistent mental illness or mental illness/substance abuse issues. Treatment services include case management, nursing/medical care, psychosocial rehabilitation, outpatient treatment, psychiatric evaluations, medication monitoring, supported employment services, residential supported housing and Temporary Assistance to Needy Families (TANF). Also provides prevention through education to youth and adults in the community on various topics including substance abuse prevention and violence prevention.

#### **Creative Colours of Archways**

Custom screen-printed T-shirts, tank tops, caps, visors, tote bags and aprons produced by clients of Archways.

(Broward CARES participating organization, see page 153 for additional information.)

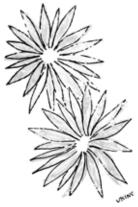
## ATLANTIC SHORES HOSPITAL

4545 N. Federal Highway Ft. Lauderdale, FL 33308

www.atlanticshoreshospital.com Medicare, Insurance, Private Pay

Private free-standing substance abuse and psychiatric hospital. Provides inpatient programs, medically supervised detoxification and individual, group and family therapy. Also offers dual-diagnosis treatment program. Baker Act receiving facility.

Telephone Index listing all agencies and programs alphabetically begins on page 185.



## 954-763-2030

954-771-2711

## ATLANTIC TECHNICAL CENTER

4700 Coconut Creek Parkway Coconut Creek, FL 33063

#### Arthur Ashe Jr. Campus

1701 NW 23 Avenue Ft. Lauderdale, FL 33311

www.atlantictechcenter.com Spanish, French, Creole, American Sign Language M-Th: 6:30am - 7:00pm; F: 6:30am - 8:00pm; 1st & 4th Sat: 8:00am - 12noon

Public post-secondary career and technical education center, operating under the authority of the School Board of Broward County and the Florida Department of Education. Provides technical training, adult general education classes and support for disabled students under the Americans with Disabilties Act Amendment Act (ADAAA).

## AUTISM SOCIETY OF BROWARD

P.O. Box 450476 Sunrise, FL 33

www.asabroward.org

Provides family support, children's programming, public outreach and education

## BANYAN HEALTH SYSTEMS

Spectrum Programs, Inc. **Outpatient Services** 790 E. Broward Blvd., #400 Ft. Lauderdale, FL 33301

www.banyanhealth.org Medicaid, Sliding Scale No Fee to eligible individuals (for residential & prevention)

Provides substance abuse case management and individual and group therapeutic services in Broward County for adolescents, 12-17 years, and adults 18+ years.

(Broward CARES participating organization, see page 153 for additional information.)

Telephone Index listing all agencies and programs alphabetically begins on page 185.

954-781-4405 24 Hr. Hotline: 305-774-4616

TTY:

954-577-4141

754-322-2800

754-321-5189

754-321-5100

## BARRY UNIVERSITY - OFFICE OF THE PUBLIC GUARDIAN

954-862-3655

12401 Orange Drive, #211 Davie, FL 33330

www.barry.edu/office-of-public-guardian No Fee

Provides no cost legal guardianship services to adults of limited financial means who lack the capacity to make decisions on their own behalf and in their best interest. Legal guardians protect the property and personal rights of incapacitated adults.

## **BEST BUDDIES**

### 954-449-6522

3325 Hollywood Blvd. Hollywood, FL 33021

www.bestbuddiesflorida.org No Fee M-F: 9:00am - 5:00pm

Pairs individuals with intellectual and developmental disabilities with volunteers for one-to-one friendships, integrated employment and leadership development.

## BIG BROTHERS/ BIG SISTERS OF BROWARD

954-584-9990

4101 Ravenswood Road, #123 Ft. Lauderdale, FL 33312

www.bbbsbroward.org No Fee

Pairs children 6-18 years with role models in one-to-one relationships. Offers specialized mentor programs for youth 13-21 years in protective custody and transitioning out of foster care, and children who have one or both parent(s) incarcerated.

## **BOYS & GIRLS CLUBS**

877 NW 61 Street Ft. Lauderdale, FL 33309

www.bgcbc.org Fee: \$15 Annually Spanish, Creole M-F: 2:00pm - 8:00pm, Sat: 11:00am - 3:00pm

Chartered clubs help youth, 6-18 years, build self-esteem and develop values and skills through education, social recreation, health and physical education, leadership and citizenship development, cultural enrichment and personal adjustment.

## BROWARD ADDICTION RECOVERY CENTER (BARC)

954-765-4200

Detoxification & Admissions 1000 SW 2nd Street Ft. Lauderdale, FL 33312

www.broward.org/addictionrecovery Medicaid, Sliding Scale Spanish, Creole, Telephone for Hearing Impaired American Sign Language with appropriate notice Detoxification & Residential Services: 24/7 Admissions - M, W, Th, F: 7:00am - 5:00pm; Tu: 7:00am - 7:00pm Outpatient - M-Th: 8:30am - 8:30pm; F: 8:30am - 5:00pm

Provides substance abuse services to adult Broward County residents. Accepts individuals with co-occurring disorders when the primary indicator is substance abuse and conditions are sufficiently stable so neither symptoms nor disability significantly interfere with standard treatment. Offers assessment, medical detox, residential and day/outpatient treatment services, perinatal addiction services and family education.

 Broward Addiction Recovery Division
 954-357-4880

 Administrative Office
 TTY:
 800-995-8711

 1011 S.W. 2nd Court
 Ft. Lauderdale, FL 33312
 H-F: 8:30am - 5:00pm

(Broward CARES participating organization, see page 153 for additional information.)

## 954-537-1010

## **BROWARD BEHAVIORAL HEALTH COALITION (BBHC)**

1715 SE 4th Avenue Ft. Lauderdale, FL 33316

www.bbhcflorida.org M-F: 8:30am - 5:00pm

Designated managing entity for Circuit 17 (Broward County) that provides the contract management and oversight for the DCF-funded mental health and substance abuse services for adults, youth and families.

#### ADM Planning Council

Council membership includes primary consumers of mental health and substance abuse services who provide direct input to the Broward Behavioral Health Coalition.

## BROWARD CHILDREN'S CENTER

200 SE 19 Avenue Pompano Beach, FL 33060

www.bcckids.org

Offers a range of health, wellness, education, recreation, therapeutic, daily living and advocacy services for infants, children and young adults with special health care needs.

BROWARD COLLEGE North Campus 1000 Coconut Creek Parkway Coconut Creek, FL 33066	<b>954-201-7350</b> 954-201-2240
<b>Central Campus</b> 3501 SW Davie Road Davie, FL 33314	954-201-6800
<b>South Campus</b> 7200 Pines Blvd Pembroke Pines, FL 33024	954-201-8835
<b>Downtown Campus</b> 111 E. Las Olas Blvd., Bldg 33, Rm 119 Ft. Lauderdale, FL 33301	954-201-7378
<b>Pines Center</b> 16957 Sheridan Street Pembroke Pines, FL 33331	954-201-3601

## 954-622-8121

954-561-9681

954-943-7336

Telephone Index listing all agencies and programs alphabetically begins on page 185.

#### Weston Center

4205 Bonaventure Blvd. Weston, FL 33332

## Miramar Town Center

2050 Civic Center Place Miramar, FL 33025 954-201-8501

954-201-8660

www.broward.edu

Career Centers
North Campus
South Campus
<b>Central Campus</b>

954-201-2355 954-201-8865 954-201-6612

### Child Care Certification Courses 8

Offers 40-hour required course for basic child care employment in Florida.

#### **Dental Clinic**

Downtown Campus Private Pay Daily hours vary each semester

Offers full services for dental hygiene and limited services for other dental procedures by appointment only.

#### **Vision Clinic**

#### 954-201-2400

North Campus Private Pay M & W: 9:00am - 4:00pm

Offers full services for eye care assessment, frame & lens fitting and contact lenses by appointment only.

# BROWARD COUNTY CHILDREN'S954-357-7880SERVICES ADMINISTRATIONTTY:954-357-2882

115 S. Andrews Avenue, #A-360 Ft. Lauderdale, FL 33301

www.broward.org/children M-F: 8:30am - 5:00pm

Responsible for the strategic planning and administration of contracts awarded to non-profit and public organizations that provide services to children and their familes in the areas of behavioral health, deep-end acting-out youth, special needs, independent living, system of care and child care.

#### 888-352-2842

954-201-6779

#### BROWARD COUNTY COURTHOUSE 954-831-6565 CLERK OF THE COURTS

201 SE 6th Street Ft, Lauderdale, FL 33301

Services include filing court proceedings; filing and retrieval of documents such as arrests, traffic citations, affidavits, marriage licenses, name changes, restraining orders, exparte orders and other court related documents.

#### North Regional Courthouse

1600 W. Hillsboro Blvd. Deerfield Beach, FL 33442

#### South Regional Courthouse

3550 Hollywood Blvd. Hollywood, FL 33021

#### West Regional Courthouse

100 N. Pine Island Road Plantation, FL 33324

#### Juvenile Division

#### **Unified Family Court** Case Management

Provides case management for domestic violence, domestic relations, dependency and delinquency cases.

#### **Community Justice Alternatives** 954-831-7752

Offers mediation for neighborhood disputes including conflicts between children.

#### **Court Mediation & Arbitration**

Preserves the parental relationships before, during and after divorce by helping parents constructively and amicably resolve conflicts concerning children. These resolutions are formalized in a written agreement and may be made an order of the court if requested.

#### Teen Court

Offers an alternative to formal juvenile court proceedings for youth 11-17 years. Uses positive peer pressure, counseling, referral, community service and other interventions. Must be referred by the State Attorney's office or local police department.

## 954-831-6076

#### 954-831-7600

954-831-6424

954-831-8532

## BROWARD COUNTY DENTAL ASSN. 95

954-772-5461

1919 NE 45th Street #216 Ft. Lauderdale, FL 33308

www.browarddental.org No Fee

Provides telephone referrals for dental care for children and adults.

## BROWARD COUNTY ELDERLY AND 954-357-6622 VETERANS SERVICES DIVISION TTD: 954-357-2882

2995 N. Dixie Highway Oakland Park, FL 33334

www.broward.org/eldervets Medicaid, Sliding Scale Spanish, Italian, French, Creole, Portuguese, Hindi, Hindustani, Urdu, Kannada, Malayalam, Romanian M-F: 8:00am - 5:00pm

County funded agency provides services to older adults.

#### **Behavioral Health**

Services provided to persons 55+ years include behavioral health management, substance abuse prevention, outpatient, individual, aftercare, brief intervention screening, outpatient/peer support and an elderly crisis support team. Some services may be provided in-home.

#### **Community Care for the Elderly**

Assists functionally impaired, adults 60+ years who are at risk of premature nursing home placement. Services may include case management, homemaking, personal care, respite care, health support, adult day care, monthly caregiver stipend, and others.

#### **Veterans Services**

Provides assistance to veterans, their widows, dependents and dependent survivors regardless of age or other status. Services include outreach, information and referral linkage, and benefits and claims processing.

(Broward CARES participating organization, see page 153 for additional information.)

## BROWARD COUNTY FAMILY SUCCESS 954-357-6367 ADMINISTRATION DIVISION TTY: 800-955-8770

Edgar P. Mills Multipurpose Center 900 NW 31st Avenue, #3000 Ft. Lauderdale, FL 33311

www.broward.org/family No Fee Spanish, French, Creole, American Sign Language Telephone for Hearing Impaired M-F: 8:30am-5:00pm

Assists individuals and families to achieve economic and social stability.

#### **Family Success Centers**

Provides social services information, referrals and services to assist individuals and families in setting goals, learning skills, and accessing the services for self-sufficiency. On-site community partners provide integrated intake, assessment and case management; rent/mortgage and utility assistance; and life skills classes. Referrals available for job training and employment, housing counseling, legal aid services, budget counseling, family support services, subsidized child care and children's services, health services, elderly services and veteran services.

North Region Family Success Center 2011 NW 3rd Avenue Pompano Beach, FL 33060 M-F: 8:30am - 4:30pm	954-357-5340
Northwest Region Family Success Ctr. 10077 NW 29th Street Coral Springs, FL 33065 M-F: 8:00am-5:00pm	954-357-5000
<b>Central Region Family Success Center</b> 900 NW 31st Avenue, #3000 Ft. Lauderdale, FL 33311 M-F: 8:00am - 5:00pm	954-357-5001
South Region Family Success Center 4733 SW 18th Street West Park, FL 33023 M-F: 8:30am - 5:00pm	954-357-5650
Davie Family Success Center 4700 Davie Road, #B Davie, FL 33314 M-F: 8:30am - 5:00pm	954-797-2054

#### **Community Action Agency**

900 NW 31st Avenue, #3100 Ft. Lauderdale, FL 33311 M-F: 8:00am - 5:00pm

Assists individuals and families in setting goals, learning skills and accessing services they need to become self-sufficient including education, training, books, tools, child care, and bus passes. Offers low income Broward County residents financial assistance with electric bills depending on eligibility.

#### **Housing Options Program**

954-357-5099

(formerly Homeless Initiative Partnership) 900 NW 31st Avenue, #1001 Ft. Lauderdale, FL 33311 M-F: 8:30am - 5:00pm

Provides intensive case management for families in need of temporary subsidized rental assistance including a life management skills program. Assists chronically homeless individuals with mental health or substance abuse issues to transition from homelessness to living independently. Family Reunification Program provides a one-way bus ticket anywhere Greyhound travels to be reunified with family.

## BROWARD COUNTY HOUSING AUTHORITY

954-739-1114

4780 N. State Road 7 Lauderdale Lakes, FL 33319

www.bchafl.org No Fee Spanish, Creole M-F: 7:30am - 5:00pm

Owns and operates federally subsidized rental housing for eligible lowincome families, the elderly and persons with disabilities throughout Broward County. Provides rental subsidies to families living in private rental housing, and housing counseling to first time homebuyers and those facing possible foreclosure.

#### Housing Choice Voucher Program (Section 8)

Provides rental assistance to income eligible families/individuals. Rent subsidy is paid to private landlords on behalf of program participants with families paying a percentage based on their annual adjusted income. Applications are accepted only when the waiting list is opened following public notice.

954-357-5025

## BROWARD COUNTY HUMAN RIGHTS SECTION

954-357-7800

TTY: 954-357-6181

115 S. Andrews Avenue, #427 Ft. Lauderdale, FL 33301

www.broward.org/humanrights No Fee M-F: 8:30am - 5:00pm Spanish, French, Creole, American Sign Language

Investigates complaints of discrimination in employment, housing and public accommodations that violate local and federal statutes.

## BROWARD COUNTY HUMAN SERVICES DEPT.

954-357-6385

TTY: 954-357-5608

Administration 115 S. Andrews Avenue, #303 Ft. Lauderdale, FL 33301

www.broward.org/humanservices

Branch of Broward County Government responsible for the administration of social services.

## **BROWARD COUNTY LIBRARY**

954-357-7444

100 S. Andrews Avenue Ft. Lauderdale, FL 33301

www.broward.org/library www.browardlibrary.org No Fee

Provides library services to residents for information and recreation. Offers specialized resources for youth and persons wth disabilities. Library cards are free of charge upon request with proof of Broward County residence.

## BROWARD COUNTY LONG-TERM OMBUDSMAN COUNCIL

954-597-2266

8333 W. McNab Road, #231 Tamarac, FL 33321

http://ombudsman.myflorida.com No Fee M-F: 8:00am - 5:00pm

Advocates for the residents of licensed adult family care homes, assisted living facilities and nursing/rehab homes, and educates the public on locating appropriate facilities.

## BROWARD COUNTY MINORITY BUILDERS COALITION

954-792-1180

665 SW 27th Avenue, #16 Ft. Lauderdale, FL 33312

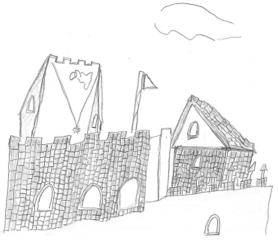
No Fee

#### Home Touch Program

Provides minor carpentry, plumbing or electrical repairs where necessary, for Broward County homeowners 60+ years in owneroccupied homes to preserve health and safety in the home.

#### **Community Improvement Programs**

Offers a five-year deferred payment loan to homeowners who occupy their property in Coral Springs, Davie or unincorporated Broward County for improvement and maintenance to correct code violations, prevent further deterioration, and stop the loss of energy and infiltration of outside elements.



## BROWARD COUNTY PARKS AND RECREATION DIVISION

Administrative Offices 950 NW 38th Street Oakland Park, FL 33309

www.broward.org/parks Telephone for Hearing Impaired Upon Request (website can be translated to many languages) Hours and fees vary by location

Manages more than 6,500 acres, encompassing regional parks and nature centers, neighborhood parks and natural areas at various stages of development. Facilities include water parks, campgrounds, target range, stadium, skate park, observatory, mountain bike trails, educational farm with stables and a velodrome and other sports facilities.

## Broward County 4-H Program

Offers a youth development program teaching leadership, citizenship and lifeskills to youth 5-18 years

## BROWARD COUNTY PUBLIC SCHOOLS

600 SE 3rd Avenue, 7th Floor Ft. Lauderdale, FL 33301

www.browardschools.com No Fee Spanish, French, Creole, Portuguese M-F: 8:00am - 8:00pm

### Office of Prevention Programs

www.browardprevention.org

Provides culturally competent violence and substance abuse education, mental health services, and appropriate referral, treatment and follow-up services. Utilizes collaborative partnerships to provide programs that address body image, bullying, character, depression, relationships and offers a peer counseling curriculum.

### BLAST

#### (Building Lasting Attitudes & Strategies for Tomorrow)

Family-centered program for awareness, education, prevention and early intervention of behavior problems of at-risk children, grades K - 12. Provides individual and group counseling focused on anger management and substance abuse prevention.

## 754-321-0000

954-357-5270

754-321-1655

954-357-8100

## **AGENCIES & PROGRAMS**

#### Family Counseling

Provides short-term counseling for families with a child enrolled in any Broward County school, that addresses school related problems, mild depression, family communication, adjustment to significant family changes, interpersonal difficulties and minor substance abuse.

#### Before & After School Childcare 754-321-3330

Provides before and/or after-school childcare at elementary and middle schools, and maintains a list of additional private providers approved by the School Board.

#### Florida First Start/Parents as Teachers 754-321-1961

Home-school partnership for children at-risk of school failure that supports parents as their children's first teachers and emphasizes intellectual, physical, language and social development. Provides monthly home visits, developmental screenings, parent groups and resource coordination.

#### Guidance

#### Home Education

Offers programs and services to help students achieve success and develop life skills for academic, career development and personal and social success.

#### BRACE

#### (Broward Advisors for Continuing Education)

Advisors work with guidance counselors to provide students with information on scholarships, financial aid and the college application process. Information on technical schools, military options and workforce entry is also available.

#### Health Education

Provides education to maintain the health and well-being of students.

#### Innovative Programs

Specially designated public schools that offer opportunities for in-depth experiences and study in specific areas of interest.

#### Prevention Programs

Provides violence and substance abuse education, mental health treatment, appropriate referrals and follow-up services.

#### Seagull School Homebound Program 754-321-7320

Provides in-home school for medically fragile children who cannot attend classes in a school setting.

#### 754-321-2587

#### 754-321-1655

754-321-1576

754-321-2070

### 754-321-1590

754-321-2585 754-321-2586

754-321-2584

## SEDNET

## (Severely Emotionally Disturbed Children Network)

Multi-agency cooperative effort between the Broward County School Board, Department of Children and Families, parents/caregivers, children's agencies, community mental health centers and other organizations to improve the service delivery system for SED children and adolescents.

## Student Support Services

Federally funded remedial programs at various elementary and middle schools to help children reach their grade level in reading and math.

## **Child Abuse Services**

Provides case consultation and supportive services for children, identified or at high risk for child abuse, abandonment or neglect including victims of domestic violence and sexual behavioral problems.

## Child Find

Provides resources, screening and referral for children, 0-22 years at risk of developing special needs and not receiving educational services. Offers free evaluations for hearing, vision, speech/language and developmental functioning.

## Exceptional Student Education (E.S.E.) 754-321-3400

Provides specialized education and services for gifted students and students with disabilities.

## Family Counseling-IDEA Students

Provides counseling to emotionally handicapped, SED and/or autistic students, 5-22 years and their families. Encourages teamwork home, school and other referral resources.

#### Florida Diagnostic & Learning 754-321-2205 Resources System (FDLRS)

Provides support services to educators, parents and other professionals who work with exceptional students.

## Homeless Education Program

Identifies homeless students and removes systemic barriers to their education including school enrollment, transportation and reassignment. Provides supplemental academic and counseling case management services.

## Psychological Services

Provides psychological testing and other support services for students including educational placement.

## SALT Program

## (Specialized Auditory Language Training)

Assists parents to foster the growth of their children, 0-5 years with hearing impairment, and emphasizes parent/child interaction.

# 754-321-3425

## 754-321-1569

754-321-1618

## 754-321-7205

754-321-3421

## 754-321-1570

## 754-321-3400

# 754-321-3467

#### Social Work/Attendance

Provides supportive counseling services and attendance intervention (including individual, group or family counseling, student/family psychosocial assessments and parent education) for students and families based on individualized needs to increase student achievement. Offers special intervention and case management services for students experiencing behavioral problems, homelessness, child abuse, teenage pregnancy or other special situations.

#### Strategic Achievement Office

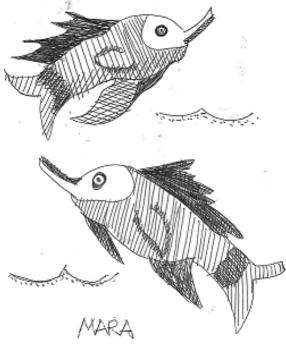
Provides at-risk students with the necessary tools to foster personal, academic and social growth leading to school completion.

#### Suicide Prevention

Each school has a staff person, trained on the signs and symptoms of a child in crisis, who can be contacted regarding a student who may be suspect for suicide.

#### Title 1 Office

Provides federally funded remedial programs at various elementary and middle schools to help children reach their grade level in reading and math.



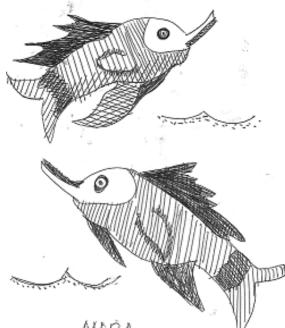
#### Telephone Index listing all agencies and programs alphabetically begins on page 185.

## 754-321-1891

754-321-1618

## 754-321-3425

754-321-1400



## **BROWARD COUNTY TRANSIT**

Administrative Offices

www.broward.org/bct Sliding Scale, Medicaid Spanish, Creole, Telephone for Hearing Impaired Administration - M-F: 8:30am - 5:00pm Fixed Route Bus Service - 4:30am - 12:40am

#### Customer Service (Bus Schedule)

M-F: 7:00am - 8:00pm, Sat, Sun, Holidays: 8:30am - 5:00pm

Operates community buses that connect to fixed routes and are wheelchair accessible and equipped with bike racks.

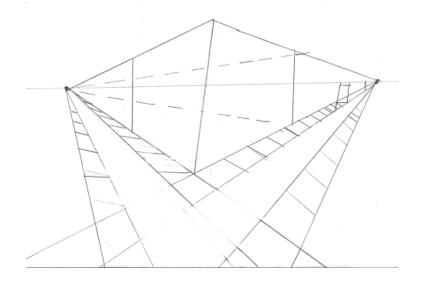
(Locations include Coconut Creek, Coral Springs, Dania Beach, Davie, Deerfield Beach, Ft. Lauderdale, Hallandale Beach, Hillsboro Beach, Lauderdale-By-The-Sea, Lauderdale Lakes, Lauderhill, Lighthouse Point, Margate, Miramar, North Lauderdale, Pembroke Pines, Plantation, Pompano Beach and Tamarac.)

### Paratransit (TOPS) Paratransit Customer Service

Provides transportation for persons with a physical, cognitive, emotional, visual or other disability which functionally prevents them from using fixed route bus services. To quality, each application must go through an eligibility determination process.

#### Senior and Disabled Passes

Income disadvantaged may apply for reduced price bus pass.



954-357-8300 954-357-8302

TTY: 954-357-8302

954-357-8400

866-682-2258

954-357-6794

954-357-8400

## **BROWARD HEALTH**

(formerly North Broward Hospital District) Corporate Office 303 SE 17th Street Ft. Lauderdale, FL 33316

www.browardhealth.org Medicare, Medicaid, Insurance, Sliding Scale Spanish, French, Creole, American Sign Language, Interpretation Services Available

Community healthcare system encompassing more than 30 facilities that provide a full spectrum of healthcare services including disease management and health education.

### HOSPITALS

Tax-assisted hospitals with emergency rooms that treat indigent patients.

Broward Health Medical Center** 1600 S. Andrews Avenue Ft. Lauderdale, FL 33316	954-355-4400
<b>Broward Health Coral Springs</b> 3000 Coral Hills Drive Coral Springs, FL 33065	954-344-3000
<b>Broward Health Imperial Point**</b> 6401 N. Federal Highway Ft. Lauderdale, FL 33308	954-776-8500
Broward Health North 201 E. Sample Road	954-941-8300

Deerfield Beach, FL 33064

\*\* Includes behavioral health units

\*\* Baker Act receiving facilities

#### URGENTCARE

Provides medical services in an urgent care setting.

#### Broward Health Weston

954-217-5000

2300 N. Commerce Parkway Weston, FL 33326

Medicare, Insurance M-F: 8:00am - 9:00pm, Sat, Sun: 9:00am - 8:00pm No appointment needed

954-355-4400

### **COMMUNITY HEALTH CENTERS**

Provides community-based health care services including a disease state management program to reduce complications associated with chronic medical conditions.

#### Clinica de las Americas

954-761-1020

1101 NW 1st Street Ft. Lauderdale, FL 33311

Medicare, Medicaid, Insurance, Sliding Scale M-F: 8:00am - 4:30pm, Sat: By Appointment

Provides culturally competent and sensitive primary care and pediatric services to the Latin community.

#### Comprehensive Care Center 954

1101 NW 1st Street Ft. Lauderdale. FL 33311 954-467-0880

Mon: 8:00am - 7:00pm, Tue-Thu: 8:00am - 5:00pm, Fri: 8:00am - 1:00pm

Provides primary care services for individuals infected and affected by HIV and AIDS. Services include free HIV testing, nutrition, mental health and pharmacy counseling, case management, gynecology and dermatology.

#### Bernard P. Alicki Health Center 954-527-6041

(formerly Healthcare for the Homeless) 1101 W. Broward Blvd. Ft. Lauderdale, FL 33312

Provides healthcare and related services to the homeless, delivered by mobile and fixed health care teams.

#### Annie L. Weaver Health Center 954-786-5901

(formerly Pompano Adult Primary Care Ctr.) 2011 NW 3rd Avenue Pompano Beach, FL 33060

Medicare, Medicaid, Insurance, Sliding Scale M-F: 8:00am - 5:00pm and Wed: 5:00pm - 9:00pm

Provides adult primary care for residents of northern Broward County including physical exams, case management/disease state management, immunizations, HIV/AIDS care, nutritional counseling and on-site pharmacy.

#### Pompano Pediatric Primary Care 954-786-5413

601 W. Atlantic Avenue Pompano Beach, FL 33060

#### Pompano Prenatal Care Center

601 W. Atlantic Avenue Pompano Beach, FL 33060

Medicaid, Insurance, Sliding Scale M-F: 8:00am - 4:30pm (Only blood work done on Mondays)

Provides pregnancy testing, prenatal care, laboratory services, Healthy Start, nutritional counseling, WIC services and parenting education. Co-located with Pompano Pediatric Primary Care Ctr.

#### Cora E. Braynon Health Center 954-759-6600

(formerly Seventh Avenue Family Health Ctr.) 200 NW 7th Avenue Ft. Lauderdale, FL 33311

Medicare, Medicaid, Insurance, Sliding Scale Spanish, French, Creole, Interpretation for American Sign Language and other languages M-F: 8:00am - 4:30pm Pharmacy - M-F: 8:30am - 6:30pm Urgent Care - M-F: 8:00am - 8:30pm

Provides adult and pediatric primary health care services for uninsured and low income individuals. Includes immunization, vision and hearing screenings, nutritional counseling, pregnancy testing, ultrasound, genetic screening, Healthy Start & WIC screening, dental, laboratory, pharmacy, behavioral health and urgent care services.

#### Specialty Care Center

#### 954-463-7313

954-786-5418

1111 W. Broward Blvd. Ft. Lauderdale, FL 33312

Medicare, Medicaid, Insurance, Sliding Scale M-F: 8:00am - 4:30pm, Sat: 9:00am - 1:00pm Pharmacy - M-F: 8:30am - 4:00pm

Provides adult primary care, dermatology, ophthalmology, HIV/AIDS medical services, nutritional counseling, pharmacy, laboratory and behavioral health counseling.

## SCHOOL-BASED HEALTH CENTERS

Provides primary healthcare and immunizations for students, their families and community residents in the surrounding neighborhoods.

Amadeo Trinchitella	754-322-0712	
Deerfield Beach H.S. Health Ctr.		
901 SW 15th Street		
Deerfield Beach, FL 33441		
Lauderhill Middle School Health Center	754-322-3611	
1901 NW 49th Avenue		

Lauderhill, FL 33313

#### William Dandy Middle Community Health Center

2400 NW 26 Street Ft. Lauderdale, FL 33311 754-322-3235

Also see separate listing for Children's Diagnostic & Treatment Center Also see separate listing for Memory Disorder Center

(Broward CARES participating organization, see page 153 for additional information.)

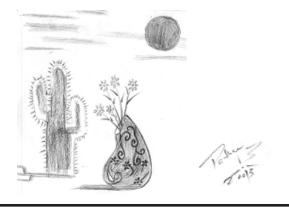
## **BROWARD HEALTHY START**

954-563-7583

6555 Powerline Road, #304 Ft. Lauderdale, FL 33309

www.browardhsc.org No Fee

Provides care coordination and outreach services to pregnant women and infants up to 3 years. Educational and support services available based on risk factors and need.



## BROWARD HOUSE

1726 SE 3rd Avenue Ft. Lauderdale, FL 33316

www.browardhouse.org No Fee Spanish, Creole M-F: 8:30am - 5:00pm

Serves individuals living with or at risk for HIV and other health issues. Offers assisted living and independent living, medical respite, case management, HIV testing and counseling, education and prevention programs, substance abuse treatment, mental health therapy and support groups.

(Broward CARES participating organization, see page 153 for additional information.)

## **BROWARD HOUSING SOLUTIONS**

954-764-2800

305 SE 18th Court Ft. Lauderdale, FL 33316

www.browardhousingsolutions.org

Provides affordable housing opportunities for low-income clients with severe and persistent mental illness who can live independently. Must receive case management services from Archways, Broward Elderly and Veterans Services or Henderson Mental Health Center. Offers subsidized rents to each tenant and their family, based on 30% of the gross monthly income, or rental subsidy for individuals who experience a sudden change in life situation necessitating rental assistance. Candidates must be approved by the Department of Children and Families (DCF). Also offers a lease-to-buy program that enables low-to-moderate income individuals with mental illness to lease affordable rental housing for up to two years and then qualify for a mortgage to become a homeowner. Also offers affordable and permanent housing for young adults 18-23 years who battle mental illness and have aged out of the foster care system.

#### Home for the Brave

Provides permanent, affordable housing for homeless veterans.

954-522-4749

## BROWARD MEALS ON WHEELS

954-731-8770

451 N. State Road 7 Plantation, FL 33317

www.bmow.org Spanish M-F: 8:00am - 4:00pm

Provides meal delivery to low-income, homebound and frail older adults. Offers hot meals to registered individuals at senior centers, meals for companion pets and nutrition counseling. Arranges for a volunteer to shop for those who can pay for their own groceries but are unable to shop for themselves. Delivers a 14-day of supply of emergency meals to older adults returning home from the hospital or who suddenly find themselves in need of immediate assistance.

## BROWARD OUTREACH CENTERS SOUTH

954-926-7417

2056 Scott Street Hollywood, FL 33020

## NORTH

954-979-6365

1700 Blount Road Pompano Beach, FL 33069

www.miamirescuemission.com/boc.htm

Provides food, shelter, substance abuse treatment, education, computer literacy, job placement, healthcare and spiritual development in a drug and alcohol free environment. Accommodates men, women and children.



MARA BYMAN

Telephone Index listing all agencies and programs alphabetically begins on page 185.

## BROWARD PARTNERSHIP FOR THE HOMELESS (BPHI)

920 NW 7th Avenue Ft. Lauderdale, FL 33311

www.bphi.org No Fee Spanish, French, Creole 24/7

#### **Central Homeless Assistance Center**

Provides emergency homeless shelter for men, women and families with children. Current residents (in some cases, former residents) receive meals, behavioral health counseling, primary medical and dental care, substance abuse treatment, case management, linkage and referral services, vocational training, employment services, transportation and family support. Must be referred by 2-1-1; walk-ins are not permitted.

(Broward CARES participating organization, see page 153 for additional information.)

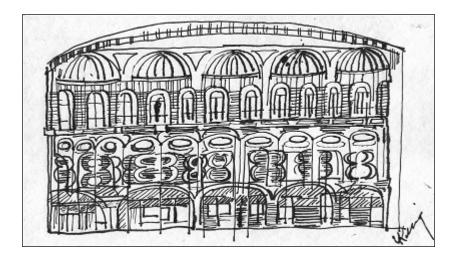
## BROWARD REENTRY COALITION

954-868-7532

4200 NW 16 Street Lauderhill, FL 33313

#### No Fee

An allliance of social service providers and government agencies that offer support and assistance to ex-offenders during incarceration and after release including employment, housing, identification and healthcare.



954-779-3990

## BROWARD REGIONAL HEALTH PLANNING COUNCIL

954-566-9681

200 Oakwood Lane, #100 Hollywood, FL 33020

www.brhpc.org No Fee Spanish, French, Creole

Legislatively designated local health planning entity delivers health and human service innovations at the national, state and local level through planning, direct services, evaluation and organizational capacity building.

#### **Healthy Families Broward**

Community-based, voluntary home-visiting program that promotes positive parent/child interaction and healthy childhood growth and development to prevent child abuse and neglect.

#### **HIV Planning Council**

Oversees funding and services for Broward County Ryan White Part A program.

### Centralized Intake and Eligibility Determination (CIED)

Provides a single entry point of service and assistance for persons living with HIV/AIDS.

(Broward CARES participating organization, see page 153 for additional information.)



## BROWARD SHERIFF'S OFFICE (B.S.0) 954-831-8900

2601 W. Broward Blvd. Ft. Lauderdale, FL 33311

www.sheriff.org

Provides law enforcement and fire rescue services for unincorporated areas of Broward County as well as municipalities that have contracted for these services and the Ft Lauderdale-Hollywood International Airport, Port Everglades and the Broward County Courthouse. District offices are located throughout the county.

#### Child Protective Investigative Svcs 954-797-5299

Investigates allegations of child abuse, neglect or abandonment.

#### Youth & Special Needs Services 954-321-4167 Targets youth & special needs population.

## Police Athletic League (PAL)

Provides youth an opportunity to stay out of trouble by participating in sports and other activities after school or during the summer.

#### Law Enforcement Explorers

Offers teens and young adults the opportunity to learn and experience lawful citizenship by participating side-by-side with certified BSO deputies in ongoing training and community service projects.

#### **Fire Rescue Explorers**

Provides high school students with practical training and experience through education, community involvement and public service.

#### **Juvenile Firesetter Prevention & Intervention Program**

Provides prevention and intervention through specialized fire safety education for youth, 2-17 years, targeting at-risk youth with an interest in, or a history of starting fires, initiating bomb threats, creating destructive incendiary devices or pulling fire alarms.

#### Neighborhood Services

#### 954-321-4102

Provides services directly related to local neighborhoods including Citizens on Patrol, Crime Prevention Unit, Sheriff's Posse, Poll Deputy Unit and Parking Enforcement.

#### Juvenile Assessment Center

#### 954-761-2641

2600 SW 4th Avenue Ft. Lauderdale, FL 33315

Manages the centralized juvenile drop-off point for deputies and law enforcement officers where assessment and case management services are provided to at-risk youth.

#### Department of Community Programs

954-535-2373

4200 NW 16th Street Lauderhill, FL 33313

Administration for in-custody and community-based offender programs.

#### In-Custody Behavioral Services 954-831-0248

Provides mental health and substance abuse counseling to persons either incarcerated in the county jail or involved with the 17th Judicial Circuit's Drug Court. Persons receiving services from the Broward Sheriff's Office are referred to community providers for additional and/or ongoing services upon release from jail, while receiving outpatient treatment and in preparation of discharge.

#### Day Reporting & Reentry Division 954-497-3643

Provides support for successful transition and monitoring to prevent recidivism for the reintegration of offenders back into the community following release from jail.

#### Drug Court Treatment Program 954-497-3610

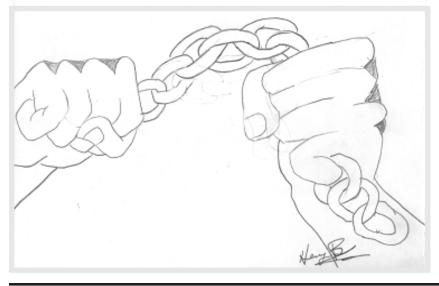
Offers an alternative to traditional incarceration for criminal offenders who are charged with the purchase or possession of a controlled substance and/or other substance abuse related offense.

#### Victim Services Unit

#### 954-321-4200

Offers assistance for the victims and witnesses of crimes through established advocacy policies and by providing necessary notification.

(Broward CARES participating organization, see page 153 for additional information.)



## CAMELOT COMMUNITY CARE

1925 S. Perimeter Road, #120 Ft. Lauderdale, FL 33309

www.camelotcommunitycare.org Medicaid, Sliding Scale, No Fee for qualified families Spanish, Creole Office Hours - M-F: 8:30am - 5:00pm Service Hours - M-F: 8:30am - 8pm & weekends by appointment

Provides behavioral health and child welfare services.

#### In-Home Counseling

Provides counseling and psychiatric services in the home, school or community for families with children 3-17 years, (up to 22 years, if qualified and already in the program by 18th birthday) who have mild to moderate emotional or behavioral difficulties. Offers assessment, family and individual therapy.

#### Solutions for School Success

Offers assessment, in-home individual and family therapy, and school classroom observation and support for children 5-17 years who are having emotional and behavioral issues at school and at home that are affecting their school performance.

#### **Family Development**

Provides in-home family therapy and support services to youth 10-17 years who are at risk for abuse/neglect and are residing with their family.

#### **Youth Transitions**

Offers transitional independent living services for youth (15-22 years) with serious emotional and behavioral issues who are aging out of the child welfare system (both foster care and relative placements), including case management, youth development activities and life skills coaching counseling.

#### **Foster Care**

Provides foster parent recruitment, training and licensing services, and placement and monitoring of children in foster care, 0-17 years. Parents must meet DCF requirements. Counseling services are provided to children who require in-home intervention for emotional and behavioral issues.

954-332-6640

# CATHOLIC CHARITIES OF THE ARCHDIOCESE OF MIAMI

1079 SE 22nd Avenue Pompano Beach, FL 33062

www.ccadm.org Sliding Scale Spanish, Creole

Provides social services including behavioral health, adult day care centers, transitional housing and emergency financial assistance.

## Family Counseling

Provides brief therapy to individuals and families for physical abuse, trauma, substance abuse, job loss, depression and other issues.

## **Emergency Services**

Provides rent/mortgage assistance for people facing eviction and food vouchers.

## Volunteer Friendship Ministry

1503 NE 26th Street Wilton Manors, FL 33305

Trained volunteer care teams provide emotional and spiritual support to persons living with HIV/AIDS through visitation, telephone reassurance and social gatherings.

## Adult Day Care Centers

Licensed adult day care centers for disabled individuals 19+ years and older adults. Provides daily supervised activities, exercise and medical observation.

Central West Adult Day Care Ctr.	954-583-6446
Centro Oeste Hispano	954-581-9170
Wilton Manors Adult Day Care Ctr.	954-630-9501



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#### 866-758-0025

## 954-630-9793

954-568-6610

## CENTER FOR AUTISM & RELATED DISABILITIES (C.A.R.D.)

University of Miami/Nova Southeastern University 3301 College Avenue Ft. Lauderdale, FL 33314

www.umcard.org No Fee Spanish M-F: 8:00am - 4:30pm

Provides support to people with autism and related disorders, their familes and the professionals who work with them.

## CENTER FOR HEARING AND COMMUNICATION

2900 W. Cypress Creek Road, #3 Ft. Lauderdale, FL 33309

www.chchearing.org Medicare, Private Pay, Sliding Scale American Sign Language M-F: 9:00am - 5:00pm

Provides hearing rehabilitation and human services for people who are hard of hearing or deaf, and their families. Services include psychological assessment, mental health and substance abuse counseling, case management, educational after-school and summer camp programs, audiology services, assistive listening devices and specialized no-cost phone equipment for Florida residents with hearing difficulties.

## CENTER FOR INDEPENDENT LIVING OF BROWARD

954-722-6400 TTY: 954-735-0963

4800 N. State Road 7, Suite 102 Lauderdale Lakes, FL 33319

www.cilbroward.org No Fee Spanish, Telephone for the Hearing Impaired M-F: 9:30am - 5:00pm

Provides advocacy, peer support, independent living skills training, job placement services, housing coordination, equipment loans and other assistive technology, and youth services.

Telephone Index listing all agencies and programs alphabetically begins on page 185.

954-601-1930

TTD: 954-601-1938 Video Ph: 954-642-2351

## 954-262-7111

iversity

## CHILD CARE LICENSING AND ENFORCEMENT

2995 N. Dixie Highway Ft. Lauderdale, FL 33334

www.broward.org M-F: 8:00am - 5:00pm

Regulates and monitors child care facilities and family child care homes in accordance with Broward County Ordinance and State Statute. Provides criminal background screening for employment in childcare facilities and child care homes.

## CHILDNET

954-414-6000

954-357-4800

TTY: 954-831-3940

313 N. State Road 7 Plantation, FL 33317

www.childnet.us No Fee

Manages the Broward child welfare system for foster care, adoption, protective and related services for abused, neglected and abandoned children. Provides case management, independent living and adoption services, and subcontracts with social service agencies to provide child welfare services including family preservation and strengthening, residential group and shelter care and foster home management.

## CHILDREN'S DIAGNOSTIC & TREATMENT CENTER

954-728-8080

1401 S. Federal Highway Ft. Lauderdale, FL 33316

www.childrensdiagnostic.org

Provides medical care, case management, social services and other types of intervention to children and adolescents with chronic illnesses and development disabilities and support and education to their families. Assists pregnant women receive prenatal care.

#### **Comprehensive Family AIDS Program**

Provides care to infants, children. women and families who are infected and affected by HIV/AIDS including gynecology, nutritional counseling, dental care, laboratory tests, medication management, mental health assessment and counseling, support groups and summer camp program for infected children.

## CHILDREN'S HARBOR

19425 SW 59th Manor Pembroke Pines, FL 33332

www.childrensharbor.org

Provides residential services for foster children in a family-style setting, and community-based services for the prevention and intervention of abuse and neglect.

#### Family Strengthening Program

Provides in-home counseling and case management for families with children, 0-18 years living in the home, to keep families intact, prevent abuse/neglect, improve relationships and incorporate the nurturing parenting model.

#### **Residential Group Home**

Provides 24-hour care and supervision for pregnant and/or parenting teens and their infants in foster care, and 24-hour care and supervision for sibling groups in foster care to allow them to remain together. Referrals come from ChildNet.



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## CHILDREN'S HOME SOCIETY

954-453-6400

401 NE 4th Street Ft. Lauderdale, FL 33301

www.chsfl.org/intercoastal Medicaid Spanish, Creole M-F: 8:30am - 5:00pm

Provides adoption assistance, child abuse and neglect prevention, family counseling and emergency care for children.

#### **Adoptive Services**

Provides counseling to birth parents, home studies and postplacement services for domestic and international adoptions.

#### **Family Preservation Intervention Program**

Provides support and family strengthening services to those at risk for child abuse and neglect and families in crisis.

#### **Foster Care**

Offers temporary services to abused, neglected and abandoned children, and 10-week training session for potential foster parents.

#### I. Lorraine Thomas Children's Home

Provides residential group care and supervision for boys, 13-18 years, who have been in the foster care system, have repeated failed placements, and are in need of a more structured group home setting.

#### **Clinical Services**

Provides intensive behavioral therapy for Broward County children (with Medicaid) who are experiencing severe emotional/behavioral problems at home and/or school and at risk for a higher level of care.

## CHILDREN'S MEDICAL SERVICES

954-713-3100

1625 SE 3rd Avenue, #415 Ft. Lauderdale, FL 33316

www.cms-kids.com

Provides family-centered prevention, early intervention, primary care, medical, therapeutic specialty and long-term care to children under 21 years with special healthcare needs.

## CHILDREN'S SERVICES COUNCIL

6600 W. Commercial Blvd. Ft. Lauderdale, FL 33319

www.cscbroward.org

Provides leadership, coordination and funding for services for and on behalf of children.

## **CINS/FINS PROVIDER AGENCIES**

Through the Florida Department of Juvenile Justice and local social service agencies, provides help to children and their families to reduce or stop behaviors that may otherwise require families to go to court as last resort.

#### Child In Need of Services (CINS)

Services provided to a child who has been found by the court to be runaway, truant or ungovernable.

#### Families In Need of Services (FINS)

Services provided to a family that has a child who is displaying behaviors such as truancy, runaway, and will not follow directions or is beyond parental control.

#### Shelters

Provides short-term, primarily voluntary, services including crisis intervention, shelter, food, clothing, case management and counseling. Shelter services are available 24/7.

#### Lippman Youth Shelter

#### 954-568-2801

221 NW 43rd Court Oakland Park, FL 33309

#### Non-Residential Counseling

Provides family counseling to stabilize a crisis, keep families intact, minimize out-of-home placement, provide aftercare services for youth returning home from shelter services and prevent the involvement of families in the juvenile justice and dependency systems.

Lutheran Services of Florida	954-486-4222
4185 N. State Road 7	
Lauderdale Lakes, FL 33319	
	054 700 0050

Mt. Bethel Human Services 954-766-6058 708 W. Oakland Park Blvd. Ft. Lauderdale, FL 33311

#### Community Based Connections 954-524-9797

1033 Sistrunk Blvd., #201 Ft. Lauderdale, FL 33311

954-486-4222

954-377-1000

## **CLEVELAND CLINIC**

## 954-689-5000

2950 Cleveland Clinic Blvd. Weston, FL 33331

www.clevelandclinicflorida.org

Private not-for-profit hospital offering medical and surgical services. No behavioral health unit but offers groups and programs on physical and emotional health issues.

#### **Family Health Center**

954-349-1111

1825 N. Corporate Lakes Blvd. Weston, FL 33331

Offers primary care services in an outpatient setting.

## COALITION TO END HOMELESSNESS 954-792-4000

924 NW 1st Street Ft. Lauderdale, FL 33311

No Fee M-F: 9:00am - 4:00pm

#### Yellow House

Advocates and educates to address the needs of the homeless. Offers clothing, crisis response, phones, computers, laundry, hygiene needs, showers and mail service.

## COMMUNITY PARTNERSHIP DIVISION 954-357-8647

115 S. Andrews Avenue, #A-370 Ft. Lauderdale, FL 33301 TTY: 954-357-2882

www.broward.org/humanservices/communitypartnerships M-F: 8:30am - 5:00pm

Branch of Broward County Government responsible for the planning, coordination, administration and evaluation for human services programs including behavioral health, child care licensing, sexual assault treatment and counseling, health care, HIV/AIDS and homeless services.

## COOPERATIVE PARENTING & DIVORCE

Mental Health Association of Southeast Florida 7145 W. Oakland Park Blvd. Lauderhill, FL 33313-1012

www.mhasefl.org Fees apply Hours by appointment

Individual and group training, for moderate to high conflict divorced couples and parents living in separate households, to reduce parental conflict and risk factors that influence the child's post divorce adjustment.

## COVENANT HOUSE FLORIDA

733 Breakers Avenue Ft. Lauderdale, FL 33304

954-561-5559 24-Hour: 800-999-9999

954-746-2055

www.covenanthousefl.org No Fee Spanish, Creole 24/7

Emergency shelter for youth under 21 years, including youth with babies. Provides shelter, food, clothing, health services, parent education, counseling, substance abuse treatment, case management, employment assistance, life skills instruction, transportation assistance and transitional housing for older adolescents bridging into independent living.

(Broward CARES participating organization, see page 153 for additional information.)

## DEERFIELD BEACH (City of) PARKS AND RECREATION

954-480-4433

150 NE 2nd Avenue Deerfield Beach, FL 33441

Offers athletic programs and summer camp at various locations.

#### Westside Park Summer Camp

#### 954-480-4481

Serves economically-disadvantaged children, 6-12 years, who are primarily from Deerfield Beach's Consolidated Plan area.

## DEPARTMENT OF CHILDREN & FAMILIES (DCF)

1400 W. Commercial Blvd. Ft. Lauderdale, FL 33309

www.dcf.state.fl.us No Fee Spanish, Creole M-F: 8:00am - 5:00pm

Branch of State Goverment responsible for the administration of social services.

#### **Abuse Hotline**

Serves as the central reporting center for allegations of abuse, neglect, and/or exploitation for all children and vulnerable adults in Florida.

### **Domestic Violence Hotline**

Administers and coordinates statewide activities related to the prevention and intervention of domestic violence through communitybased partnerships. Regulates, certifies and monitors domestic violence centers across the state of Florida.

### Adult Protective Services (APS)

201 W. Broward Blvd., #510 Ft. Lauderdale, FL 33301

Provides services for frail, elderly and disabled adults who are at risk or are victims of abuse, neglect, or exploitation and disabled adults who need assistance to remain in their own homes in the community. Investigates allegations of elderly/disabled adult abuse neglect and exploitation. Provides case management for clients who receive OSS (Optional State Supplement) and live in an ALF (Assisted Living Facility) or adult family care home, and clients who receive subsidies from the Home Care for Disabled Adults/Elderly program. To report abuse, neglect or exploitation, call the Florida Abuse Hotline at 800-952-2873.

(Broward CARES participating organization, see page 153 for additional information.)

## 954-267-4040

## 800-962-2873

800-500-1119

#### 954-467-5969

#### ACCESS Economic Services

866-762-2237

#### **Central Broward Service Center**

3511 N. Pine Island Road Sunrise, FL 33351

#### North Broward Service Center

1400 W. Commercial Blvd. Ft. Lauderdale, FL 33309

Determines eligibility and ongoing case management of Food Assistance (food stamps), Temporary Cash Assistance and Medicaid for families with children or older adults, blind or disabled adults, based on state and federal guidelines.

Clients may also apply for benefits at over 150 community partner sites.

#### Things to bring to interview:

Identification of head of household and/or person attending interview (photo I.D.)

Proof of residency in this county (proof of address such as bill, etc.)

Social Security Cards for all members of household on application

Alien Status (I.D. Card) of all members of household who are not U.S. citizens

Proof of household size and composition (# in family, how many boys/girls, ages)

Resources (bank accounts, car registrations, etc.)

Proof of any and all income to all household members - loss or lack of income must also be proven. Provide at least 8 weeks proof of current income from employment

Notes from people providing money or paying your bills

Medical bills for members of household 60+ years who receive SSI or SSD, if you wish to claim medical deductions

Child/adult dependent care expenses for allowable deductions

Shelter costs, if you wish to claim allowable deductions

Proof of rent/mortgage payment, home owners' insurance, electric, gas, taxes/ assessments, telephone, heating fuel, water, sewage, etc.

800-303-7288

## DEPARTMENT OF HIGHWAY SAFETY & MOTOR VEHICLES (D.M.V.)

www.flhsmv.gov www.gathergoget.com

Issues and renews driver's license or state identification card. Office hours vary by location and appointments are available.

#### **Driver's License Offices**

100 S. Military Trail, #126 Deerfield Beach, FL 33442

1135 Banks Road Margate, FL 33063

7217 W. Oakland Park Blvd. Lauderhill, FL 33313

#### 954-497-1570

3718 W. Oakland Park Blvd. Lauderdale Lakes, FL 33311 15739 Pines Blvd. Pembroke Pines, FL 33027 8001 Pembroke Road Pembroke Pines, FL 33025

Everyone requesting a driver's license or state identification card must show an original or certified copy of their birth certificate or valid U.S. passport, social security card or computer generated W-2 or 1009 form, and two proof of address items such as voter's registration, vehicle registration, utility bill (telephone, water, FPL, etc. or bank statement less than 2 months old), deed, rental/lease agreement, mail from federal, state, county or city government, a letter from a homeless shelter or transitional housing provider verifying they receive your mail accompanied by a certification of address form.

For an initial driver's license, you will be required to take vision, hearing, road signs, road rules and driving tests. For the driving test, you will need to have a car and proof of insurance. You may pick up a study booklet at any of the locations listed above.

Fees for License:	
Original License	\$48
Renewal	\$48
Replacement	\$25
Delinquent fee (late renewal)	\$15 additional
ID Card (original, renewal, replacement)	\$25

## DEPARTMENT OF JUVENILE JUSTICE (D.J.J.)

954-831-7740

2928-A North State Road 7 Lauderdale Lakes, FL 33313

www.djj.state.fl.us

Oversees detention, prevention & victims, and residential services for youth.

#### **Probation and Community Intervention**

Youth, under 18 years, charged with a crime in Florida are referred to DJJ. A referral is similar to an arrest in the adult criminal justice system. DJJ provides a recommendation to the State Attorney and the Court regarding appropriate sanctions and services for the youth. When making recommendations, DJJ has two options:

#### Diversion

Offers programs that are alternatives to the formal juvenile justice system for youth who have been charged with a minor crime. Diversion programs employ non-judicial sanctions including restitution to victim(s), community service hours, letter of apology to victim(s), curfew, forfeiture of driver's license, encouragement to avoid contact with co-defendants, friends, or acquaintances deemed to be inappropriate associations, referrals to local social service agencies, and substance abuse or mental health counseling.

#### Probation

Court-ordered sanctions and services overseen by an assigned juvenile probation officer who monitors compliance and helps the youth connect with service providers. If the youth does not comply with probation, is charged with a serious crime, or has a significant history of offenses, the youth may be ordered to live in a residential facility for a period of time. After discharge from the facility, the youth is usually placed on Conditional Release (much like parole in the adult criminal justice system) that provides monitoring and services while transitioning back to the community after being in a residential program.

#### Juvenile Detention Center

954-467-4563

222 NW 22nd Avenue Ft. Lauderdale, FL 33311

Secure facility that serves youth detained pending adjudication, disposition or placement in commitment facility. Services include education, mental health, substance abuse treatment and health care.

#### **Prevention and Victims Services**

Provides contracted delinquency prevention programs that address specific problems and provide interventions for at-risk youth and their families to reduce juvenile crime and protect public safety. Programs target high-risk juveniles and those who exhibit problem behaviors such as ungovernability, truancy, running away from home and other pre-delinquent behaviors.

#### **Residential Services**

Contracts to provide residential programs for juvenile offenders.

#### Broward Girls Academy 954-322-6500

Residential program for low and moderate risk girls, 14-19 years, who are committed to DJJ after being assessed and classified as moderate risk with serious to severe mental disturbance. Services include mental health group, individual and family counseling. Education services are provided by the Broward County Schools.

#### Pompano Substance Abuse 954-956-5615 Treatment Center

Staff-secured substance abuse treatment program for moderate risk boys, 13-18 years. Uses evidence-based curriculum and treatment with an integrated education program provided by the Broward County Schools. Also offers a culinary arts vocational program. Basic medical services are provided onsite.

#### Thompson Academy

#### 954-967-6300

Residential program for youth, 13-18 years, who are committed to DJJ after being assessed and classified as moderate-risk to public safety. Utilizes a community therapeutic model and has a full-time medical department and on-site educational program provided by Broward County School System.

#### **Juvenile Assessment Center**

954-467-4616

2600 SW 4th Avenue Ft. Lauderdale, FL 33315

Provides screening of youth offenders.

## DIVISION OF BLIND SERVICES

954-746-1770

7771 W. Oakland Park Blvd., #195 Sunrise, FL 33351

www.myflorida.com/dbs No Fee Spanish, Creole M-F: 8:00am - 5:00pm

Provides rehabilitation services to persons who are blind or have severe visual impairment.

#### Independent Living Services

Assists individuals who are blind or severely visually impaired to live more independently in their homes and communities.

#### **Vocational Rehabilitation Services**

Assists blind and visually impaired individuals seeking employment.

#### Blind Babies Program

Provides community-based early intervention education for children, 0-5 years, who are blind or visually impaired.

#### **Braille and Talking Books Library Services**

Provides reading materials to individuals who have trouble reading print because of sight impairment, reading disability or difficulty holding a book due to arthritis, stroke or an accident.

## EARLY LEARNING COALITION

954-377-2188

6301 NW 5th Way, #3400 Ft. Lauderdale, FL 33309

www.elcbroward.org Spanish, French, Creole M-F: 9:00am - 5:00pm

Provides resources, advocacy, leadership, coordination and oversight for early care and education from birth to school-age and supports access to school-age care to ensure chidren's success in school. Assists incomeeligible families with the cost of child care so they may continue to work and/or participate in training. Through the Voluntary Pre-Kindergarten program (VPK), prepares children by helping them develop the skills needed to become good readers and successful students.

## FASE FOUNDATION

(Emergency Assistance Service Effort)

3801 SW 47 Avenue Davie, FL 33314

www.easefoundation.org No Fee Food Distribution - Tue & Thu: 9:00am - 2:00pm

Provides emergency assistance, on a one-time basis, to qualified residents of Davie. Food pantry available by appointment.

## EQUINE-ASSISTED THERAPIES **OF SOUTH FLORIDA**

954-974-2007

(formerly Horses and the Handicapped) Tradewinds Park 3600 W. Sample Road Coconut Creek, FL 33073

www.equineatsf.org Fees apply M-Sat: 7:00am - 7:00pm, Sun: 7:00am - 11:00am

Provides therapeutic equine-assisted activities for children 4+ years and adults with physical, cognitive, emotional or psychological difficulties.

## FAITH FARM MINISTRIFS

1980 NW 9th Avenue Ft. Lauderdale, FL 33311

www.faithfarm.org No Fee

Thrift stores sell new and used furniture and accessories.

#### Men's Residential Program 954-463-6214

Offers residental, 9-month non-denominational, faith-based substance abuse recovery program for men 21+ years.

# 70

## 954-797-1077

954-763-7787

## FAMILY CENTRAL

840 SW 81st Avenue N. Lauderdale, FL 33068

www.familycentral.org Sliding Scale Spanish, Creole M-F: 8:00am - 6:00pm

Connects families with childcare resources and provides community-based parenting classes and in-home parenting education.

#### **Resource & Referral Hotline**

Provides referrals to early care and school readiness programs and child care services during times when children are out of school.

## FAMILY VOICES PROJECT FAMILY SUPPORT PARTNERS

954-746-2055

954-530-4686

954-724-4609

Mental Health Association of Southeast Florida 7145 W. Oakland Park Blvd. Lauderhill. FL 33313-1012

www.mhasefl.org

Trained mentors work with, and advocate for, families of children/youth diagnosed with, or at risk for, behavioral disorders. Offers individual and group support.

## FLITE CENTER

#### (Fort Lauderdale Independence Training & Education Center)

3521 W. Broward Blvd. Lauderhill, FL 33312

www.flitecenter.org

Assists emancipated young adults wth the life skills and education necessary to become self-sufficient, live independently and maintain employment.

954-720-1000

954-931-3576

954-831-7740

# FLORIDA (STATE OF) 17TH JUDICIAL CIRCUIT COURT

201 SE 6th Street Ft. Lauderdale, FL 33301

www.17th.flcourts.org

## Misdemeanor Drug Court

Offers voluntary program for adults 18+ years that includes working with the court, treatment and supervision team. Charges will not be prosecuted in exchange for the offender's compliance with the conditions of the program and successful graduation. Eligible offenses include possession of cannabis, and/or possession of drug paraphernalia. Other non-violent misdemeanor crimes where there is a substance abuse issue are also eligible.

## Misdemeanor Mental Health Court 954-831-7240

Specialized docket for non-violent misdemeanor defendants with serious mental illness or mental disability that offers an opportunity to participate in court-supervised treatment in lieu of the traditional criminal justice system. Accepts defendants with prior convictions; DUI or domestic violence cases are not accepted.

## Felony Mental Health Court

Specialized docket for felony defendants with severe and persistent mental illness, those who have been declared incompetent to proceed or those not guilty by reason of insanity that offers treatment at a forensic hosital for competency restoration or a conditional release plan with a probation officer.



### 954-831-7805

Telephone Index listing all agencies and programs alphabetically begins on page 185.

# FLORIDA DEPT. OF HEALTH IN BROWARD COUNTY

(formerly Broward County Health Dept.) 780 SW 24th Street Ft. Lauderdale, FL 33315

www.browardchd.org Medicaid, Sliding Scale Spanish, Creole M-F: 8:00am - 5:00pm (may vary depending on program)

Provides healthy living programs, HIV/AIDS testing and treatment, hepatitis prevention and testing, STD services, breast and cervical cancer screening, dental care for children (and adults receiving services through Ryan White), pharmacy services, child and adult immunization, school health, smoking cessation, KidCare outreach, social services, family planning, WIC and nutrition, health education, tuberculosis diagnosis and treatment, vital statistics, birth and death certificates, environmental health, and epidemiology. Coordinates a perinatal community network coalition that provides prevention services for pregnant women.

Fort Lauderdale Health Center 954-467-4705 2421 SW 6th Avenue Ft. Lauderdale, FL 33315

Edgar Mills Health Center 954-467-4705 900 NW 31st Street Ft. Lauderdale, FL 33311

North Regional Health Center 954-467-4705

601 W. Atlantic Blvd. Pompano Beach, FL 33060

# FLORIDA INITIATIVE FOR SUICIDE PREVENTION (F.I.S.P.)

954-384-0344

2645 Executive Park Drive Weston, FL 33331

www.fisponline.org

Provides suicide prevention education, support for survivors of suicide and legislative advocacy. Callers in crisis should call 9-1-1 or go to the nearest emergency room.

### Sun Program (Solutions Unlimited Now)

Offers teens a group program that addresses life skills, problemsolving, self-confidence and empathy.

# 954-467-4700

# FOOT PRINT TO SUCCESS CLUBHOUSE

954-657-8010

954-392-3350

3511 NW 8 Avenue, #7 Pompano Beach, FL 33064

www.footprintsuccess.org

Provides a pre-vocation program that helps adults with severe mental illness develop meaningful work and social opportunities.

# FOREST PARK DROP-IN CENTER

GEO Care/South Florida State Hospital 800 E. Cypress Drive Pembroke Pines, FL 33025

No Fee

Consumer-operated support center for adults residing at South Florida State Hospital with a mental illness and/or co-occurring substance abuse disorder.

# FORT LAUDERDALE HOSPITAL

954-463-4321

1601 E. Las Olas Blvd. Ft. Lauderdale, FL 33301

www.fortlauderdalehospital.org Medicare, Insurance, Self-Pay 24/7

Private psychiatric hospital that provides inpatient treatment, outpatient treatment and aftercare for addiction, co-occurring and psychiatric issues. Offers medically-supervised detoxification from drugs and alcohol. Baker Act and Marchman Act receiving facility.

### **Pride Institute**

### 954-453-8679

www.prideinstituteflorida.com

Specialized inpatient mental health and substance abuse treatment for GLBT clients.

(Broward CARES participating organization, see page 153 for additional information.)

# GATEWAY COMMUNITY OUTREACH 954-725-8434

291 SE 1st Terrace Deerfield Beach, FL 33441

www.gcoflorida.org No Fee M-F: 8:30am - 4:30pm (main office)

Provides food, clothing, furniture, case management, rent and mortgage assistance to those in need. Also operates satellite sites in Coral Springs, Deerfield Beach, Pompano Beach and Lauderhill on a variable schedule.

# GEO CARE SOUTH FLORIDA STATE HOSPITAL

800 E. Cypress Drive Pembroke Pines, FL 33025

Treats adults with severe and persistent mental illness, involuntarily committed to the hospital when community treatment alternatives are no longer effective.

(Broward CARES participating organization, see page 153 for additional information.)

### **GILDA'S CLUB**

954-763-6776

954-392-3000

119 Rose Drive Ft. Lauderdale, FL 33316

www.gildasclubsouthflorida.org No Fee

Provides networking and support groups, workshops, education and social activities for anyone living with cancer, along with families and friends. Offers bereavement services for adults and children.

#### Noogieland

Offers social and emotional support for children and teens living with cancer, or those who have, or have lost, a loved one with cancer. Provides events and teen groups to meet the special needs of adolescents. School re-entry program assists children, their classmates and teachers following a cancer diagnosis or treatment.

# **GROTTOES OF BROWARD**

(formerly Children with Special Needs Dental Care) 6278 N. Federal Highway, #221 Ft. Lauderdale, FL 33308

www.hfgrotto.org No Fee

Provides free dental treatment, including hospital and anesthesia costs, when needed, for children with cerebral palsy, muscular dystrophy and related neuromuscular disorders, those with mental retardation, and organ transplant recipients.

# **GUARDIAN AD LITEM**

524 S. Andrews Avenue, #300E Ft. Lauderdale, FL 33301

www.guardianadlitem.org No Fee

Recruits, trains and supervises volunteers appointed by the court to protect the rights, and advocate in the best interest, of a child involved in a court proceeding, primarily cases of alleged abuse or neglect.



954-782-9804

954-831-6214

# GULF COAST JEWISH FAMILY & COMMUNITY SERVICES

www.gcjfcs.org Insurance, Medicare, Medicaid, Sliding Scale Spanish, French, Creole 24/7

201 NE 40th Court Oakland Park, FL 33334

### ARTS

#### 954-703-3570

### (Adult Residential Treatment and Stabilization) (formerly EGRTS)

Provides a home environment for adults 40+ years, with severe and persistent mental illness to stabilize psychiatric symptoms in a 3-4 month length of stay.

### Youth Adult Transition Program (YATP) 954-703-3586

Provides young adults 18-24 years, who have serious emotional/ behavioral difficulties or serious mental illness, with the support and assistance to make a successful transition to adulthood.

7777 Davie Road Extension, #103B Hollywood, FL 33024

#### Alternative Family Program (AFP) 954-704-2914

Offers supportive community placement for adults with severe and persistent mental illness upon return from a mental health facility.

### Older Adult Support Team (OAST) 954-704-2914

Provides in-home assessment, crisis intervention counseling, psychiatric evaluation, follow-up and case management for older adults at risk of suicide. Works in coordination with the state Adult Protective Services.

#### TANF

#### 954-704-2914

### (Temporary Assistance for Needy Families)

Provides outreach, screening, assessment, case management and treatment services to individuals who are having employment and family instability due to substance abuse and/or mental illness.

(Broward CARES participating organization, see page 153 for additional information.)

# 800-888-5066

# HALLANDALE BEACH HUMAN SERVICES DEPARTMENT

954-457-1460

Austin Hepburn Center 750 NW 8th Avenue Hallandale Beach, FL 33009

www.hallandalebeachfl.gov No Fee After School Program: \$200 resident / \$250 non-resident annually Spanish M-F: 8:00am - 6:00pm, W: 8:00am - 8:00pm After School Program - M-F: 2:00pm - 5:30pm Senior Activity Center - M-F: 8:00am - 12:00pm

Provides social services to the residents of Hallandale Beach including case management, supportive counseling, job assistance, emergency food, utility payments, rent and mortgage assistance, health services and youth services. Offers after school program, grades K-8.

#### **Senior Activity Center**

Provides round-trip transportation, continental breakfast, arts & crafts, computer classes, music, exercise, educational forums, field trips and lunch to older adults 60+ years. Offers case management and counseling.

### HANDS ON BROWARD

954-233-1300

(formerly Volunteer Broward) 6600 W. Commercial Blvd. Ft. Lauderdale, FL 33319

www.handsonbroward.org No Fee M-F: 8:30am - 5:00pm

Provides hands-on volunteer experience by matching individuals and groups with non-profit agencies with volunteer openings.

### H.A.N.D.Y. 954-522-2911 (Helping Abused, Neglected and Dependent Youth) 501 NE 8th Street Ft. Lauderdale, FL 33304

www.handyinc.org No Fee Spanish, Creole

Provides assessments, case management and counseling for at-risk youth, birth-25 years, who have been abused, neglected and/or abandoned. Offers tutoring, mentoring, social and recreational activities, emergency assistance for food and clothing, school supplies, housing, lifeskills training, post-secondary education support, internships and job placements. Referral from a social service agency is required.

# HARMONY DEVELOMENT CENTER

954-766-4483

12233 SW 55th Street Cooper City, FL 33330

www.harmonydevelopmentcenter.org

Provides alternatives for at-risk youth, 11-17 years who commit non-serious delinquent acts, to ensure swift and appropriate progress in their behavior.



# HEALTHY MOTHERS, HEALTHY BABIES COALITION

954-765-0550

# 1100 W. State Road 84

www.hmhbbroward.org No Fee Spanish, Creole

Ft. Lauderdale, FL 33315

Provides prenatal care, parenting, education and support services to reduce infant death, and temporary assistance for basic needs (food, one-time partial rental assistance and vouchers) to low-income Broward families who meet income eligibility.

### **Cribs for Kids**

Provides cribs for and education to families in need of a safe sleeping environment for an infant.

### Fatherhood Mentorship Program

Provides individual and group education to help men develop the skills needed to become and remain active in their child's lives.

#### Forget Me Not

Provides individual and group bereavement support to families who have experienced the loss of a baby.

#### **Healthy Families**

Provides education and case management to pregnant or parenting families living in targeted zip codes to prevent abuse and neglect.

#### **Mahogany Project**

Provides intensive case management including childbirth education, nutrition, breastfeeding and infant care to high-risk mothers in the 33311 zip code.

#### Maternal/Child Nurturing Program

Provides in-home one-to-one instruction to pregnant women and mothers with children 0-2 years. Offers individual psychosocial counseling.

#### **Teen Collaborative Project**

Provides in-home case management to at-risk teenage girls during their pregnancy and up to their child's second birthday.

# HENDERSON BEHAVIORAL HEALTH

4740 N. State Road 7. Bldg. C #201 Ft. Lauderdale, FL 33319

www.hendersonbehavioralhealth.org Insurance, Sliding Scale, Medicare, Medicaid

Offers crisis intervention, inpatient crisis stabilization, supported employment, housing, youth transitional housing and group homes, homeless outreach and emergency shelter, forensic services, medication management, adult and youth outpatient mental health and co-occurring treatment, adult and youth case management, psychosocial rehabilitation and college/university student counseling.

Crisis:

TTY:

#### Adult Walk-In 954-463-0911 & Mobile Crisis Response Team 4720 N. State Road 7, Bldg. B Ft. Lauderdale, FL 33319 Youth Emergency Services (YES) 954-677-3113 Provides 24/7 crisis intervention and counseling to individuals experiencing a crisis who have a child 2-17 years (up to 18 years if enrolled in high school).

#### Crisis Stabilization Unit (CSU) 2677 NW 19th Street

Ft. Lauderdale, FL 33311

Baker Act receiving facility.

### **Community Support Services:**

#### PATH Project, Forensic 954-730-7284 & HILL Project 4720 N. State Road 7, Bldg. B Ft. Lauderdale, FL 33319

### F.A.C.T.

4720 N. State Road 7, Bldg. B Ft. Lauderdale, FL 33319

954-485-8888

954-739-8066

954-486-4005

954-463-0911

954-584-4981

### Adult Outpatient & Psychosocial Rehabilitation Services:

<b>New Vistas</b> 2900 W. Prospect Road Ft. Lauderdale, FL 33309	954-731-1000
<b>Central</b> 330 SW 27th Avenue Ft. Lauderdale, FL 33312	954-791-4300
<b>South</b> 1957 Jackson Street Hollywood, FL 33020	954-921-2600
West 3501 S. University Drive, #6	954-888-7999

### Housing Services:

Davie, FL 33328

Rainbow Villas 5800-5810 NW 27th Court Ft. Lauderdale, FL 33312 954-731-2835

#### Parkside House

5700 NW 27th Court Ft. Lauderdale, FL 33312 **954-735-1901** 

#### The Village/Safe Haven 5700 NW 27th Court Lauderhill, FL 33313

### 954-735-4331

#### **Student Counseling Services:**

NSU Students Broward College Students

**Family Counseling** & Outpatient Program 2900 W. Prospect Road Ft. Lauderdale, FL 33309

Provides office-based and home-based, brief solution-focused, individual, family and group counseling for children, 2-21 years, who are enrolled in school.

#### **The Summit Apartments**

868 SW 10th Street Pompano Beach, FL 33060 **954-785-4097** 

#### **Chalet Apartments**

746 N. 19th Avenue Hollywood, FL 33020 **954-925-3353** 

#### HHOPE

4700 N. State Road 7, #102 Lauderdale Lakes, FL 33310 **954-735-9550** 

> 954-424-6911 954-424-6916

954-735-6624

### 954-735-6624

### (System of Adolescent Addiction Recovery)

2900 W. Prospect Road Ft. Lauderdale, FL 33309

SOAAR

Provides intensive, in-home substance abuse counseling to youth, 9-21 years, and individual family and group counseling.

(Broward CARES participating organization, see page 153 for additional information.)

# HIGH POINT TREATMENT CENTER

5960 SW 106th Avenue Cooper City, FL 33328

www.highpointtreatment.com Insurance, Private Pay

Private facility provides chemical dependency treatment including detox, rehab, partial hospitalization and outpatient treatment.

# HISPANIC UNITY OF FLORIDA

954-964-8884

954-680-2700

840 Johnson Street Hollywood, FL 33021

www.hispanicunity.org No Fee Spanish, Telephone for Hearing Impaired M-F: 8:00am - 5:00pm

Provides services to ease the cultural transition for newcomers from other nations. Provides education including ESOL classes, employment, economic development, health services, civic engagement and basic legal assistance.

#### Unity 4 Kids

Provides licensed dual-language preschool that prepares children for academic and social success in kindergarten.

# HOLLYWOOD PARKS, RECREATION 954-921-3404 & CULTURAL ARTS (CITY OF)

1405 S. 28th Avenue Hollywood, FL 33020 www.hollywoodfl.org/parks Some fees apply

Provides services for youth and teens including summer camp and afterschool programs in drama, dance, music, aquatics, athletics and sports.

# HOLLYWOOD PAVILION

954-962-1355

1201 N. 37th Avenue Hollywood, FL 33021

www.hollywoodpavilion.com Insurance, Private Pay

Private facility offering adult inpatient programs including dual diagnosis and women's specialized treatment, and intensive outpatient programs for behavioral health, addictions and trauma.

# HOMELESS VOICE

954-924-3571

The Cosac Foundation 1203 N. Federal Highway Hollywood, FL 33020

www.cosacfoundation.org

Provides emergency shelter, transitional housing, 6-month homeless recovery program for homeless, persons with HIV, or the substance abusing homeless who want to get off the street. Operates low-income hotel for the poor.



### HOPE WOMEN'S CENTERS

991 SW 71st Avenue N. Lauderdale, FL 33068

www.thereishope.org

Provides confidential pregnancy testing, adoption education and referrals. Also helps a man in an unplanned pregnancy to understand his role as a father.

Davie Center	954-452-9459
Fort Lauderdale Center	954-568-2616
N. Lauderdale Center	954-726-7464
Sunrise	954-980-4523
Hollywood	954-980-4524

# HOPE SOUTH FLORIDA

PO Box 14156 Ft. Lauderdale, FL 33302

www.hopesouthflorida.org Spanish M-F: 9:00am - 4:00pm

Faith-based/community-based organization that provides a community drop-in center for families facing housing and economic crisis in their lives. Homeless services, housing, mass feedings, daycare, after-school care and spiritual support are provided through community partnerships.

# HOPE OUTREACH CENTER

4700 SW 64th Avenue, #A Davie, FL 33314

www.hopeoutreachfl.org No Fee Spanish

Provides social services to southwest Broward County residents. Offers food and emergency assistance.

### 954-372-7089

954-566-2311

954-321-0909

# HOUSE OF HOPE (Men) STEPPING STONES (Women)

### 954-524-8989

Administration & Admission Office 908 SW 1st Street Ft. Lauderdale, FL 33312

www.houseofhopeonline.org

Residential treatment center for individuals with substance use issues or co-occurring disorder, including case management, aftercare and outpatient intervention.

(Broward CARES participating organization, see page 153 for additional information.)



# HOUSING AUTHORITIES Dept. of Housing & Urban Development

www.hud.gov

Housing Choice Voucher Program, sometimes referred to as "Section 8", is a partnership between the federal government and local housing authorities. Provides rental assistance in the private rental market to low-income families, the elderly and disabled in the private rental market. Rent subsidies (vouchers) allow families to pay a reasonable share of their income toward rent while the program, within specific limits, makes up the difference.

<b>Broward County Housing Authority</b> 4780 N. State Road 7 Lauderdale Lakes, FL 33319	954-739-1114
<b>Dania Beach Housing Authority</b> 715 W. Dania Beach Blvd. Dania Beach, FL 33004	954-920-9662
<b>Deerfield Beach Housing Authority</b> 412 SW 2nd Street Deerfield Beach, FL 33441	954-428-0678
<b>Fort Lauderdale Housing Authority</b> 437 SW 4th Avenue Ft. Lauderdale, FL 33315	954-525-6444
Hollywood Housing Authority7300 N. Davie Road ExtensionHollywood, FL 33024	<b>954-989-4691</b> 954-981-8264
<b>Pompano Beach Housing Authority</b> 321 W. Atlantic Blvd. Pompano Beach, FL 33060	954-785-7200

# I'M THUMBODY (2nd grade) THUMBODY, TOO (kindergarten)

954-746-2055

Mental Health Association of Southeast Florida 7145 W. Oakland Park Blvd. Lauderhill, FL 33313-1012

www.mhasefl.org

Provides group self-esteem programs that introduce mental health, resilience and bully prevention themes. Promotes respect for self and others, responsibility for behavior and sources of safe help.



Telephone Index listing all agencies and programs alphabetically begins on page 185.

# IMPACT BROWARD

954-484-7117

(formerly Senior Volunteer Services) 4701 NW 33rd Avenue Ft. Lauderdale, FL 33309

www.impactbroward.org No Fee Telephone for Hearing Impaired M-F: 8:30am - 4:30pm

Volunteer service organization provides opportunities for older adults to tutor and mentor children, provide support and companionship to frail elderly and adults with disabilities or mentor veterans. Also matches volunteers with community agencies.

### Senior Companion

Volunteers provide friendship and companionship to frail elderly and adults with disabilities who are living alone and may be at risk for institutional placement.

### **Respite for Caregivers**

Volunteers provide in-home help to relieve caregivers of older adults.

#### **Foster Grandparents**

Senior volunteers, 55+ years, mentor and tutor youth, 3-11 years, on a one-to-one basis in various settings. Small stipend is available to volunteers who meet low-income eligibility.

#### **Drop-out Prevention Program**

Uses Foster Grandparent program volunteers to work with youth in danger of academic failure and youth involved with the Department of Juvenile Justice.

#### **Students and Teachers Achieving Reading Success**

Volunteers tutor students, grades 1-3, in Broward County Title I elementary schools.

#### **Veterans Helping Veterans**

Senior volunteers, 55+ years who are veterans themselves, serve as mentors to returning veterans transitioning back to civilian life.

# JACK AND JILL CHILDREN'S CENTER 954-463-8772

1315 W. Broward Blvd.

Ft. Lauderdale, FL 33312

www.jackandjillcenter.org

Sliding Scale M-F: 7:15am- 5:45pm

Provides early childhood education for children 6 weeks - 5 years, and family support services for economically-disadvantaged working families.

### Parent Enrichment Program

Offers a 10-week parenting course that includes stress management, listening and communication, positive development and basic child development. Court-ordered participants whose children have been removed from the home are not eligible.

# JEWISH ADOPTION & FOSTER CARE OPTIONS (JAFCO)

954-749-7230

4200 N. University Drive Sunrise, FL 33351

www.jafco.org No Fee M-F: 9:00am - 5:00pm Emergency Shelter 24/7

Provides services for at-risk children and their familes including adoption program, foster care, group homes, case management for family preservation and developmental disabilities program. Emergency shelter for children 0-12 years who have been removed from their homes due to abuse, neglect or abadonment. Independent living program supports youth, 13-21 years, living in the group home to eventually live on their own.

### Senior Caregiver Program

Offers support to grandparents, 55+ years, who are raising their grandchildren. Assists with daycare, after-school care and camp. Bi-weekly support group.

# JEWISH COMMUNITY CENTERS

#### David Posnak JCC

954-434-0499

5850 S. Pine Island Road Davie, FL 33328

www.dpjcc.org

Provides pre-school, after-school, summer camp and special needs programs for youth, and social and recreational programs for adults including healthy aging.

#### Samuel & Helene Soref JCC

954-792-6700

6501 W. Sunrise Blvd. Plantation, FL 33317

www.sorefjcc.org

Provides pre-school, after-school, summer camp and special needs programs for youth, and social and recreational programs for adults and older adults. WECARE program provides food pantry and medical equipment loan.

### JEWISH FAMILY SERVICE

954-370-2140

954-920-0106

100 S. Pine Island Road, #230 Plantation, FL 33324

www.jfsbroward.org Insurance, Medicare, Sliding Scale Hebrew M: 9:00am - 7:00pm; Tu & Th: 9:00am - 9:00pm; W: 9:00am - 5:00pm; F: 8:00am - 4:00pm

Provides individual, couples, family, group and in-home counseling.

# JUBILEE CENTER **OF SOUTH BROWARD**

2020 Scott Street Hollywood, FL 33020

www.jubileecenterbroward.org No Fee Food Pantry, Hygiene Kits, Clothing: M-F: 10:30am - 12:30pm Soup Kitchen: M-F: 11am Senior Meal: Monday's 3:00pm

Provides emergency services to working and homeless individuals and families in Broward County.

# JUNIOR ACHIEVEMENT

954-979-7100

954-390-7654

1130 Coconut Creek Blvd. Coconut Creek, FL 33066

www.jasouthflorida.org

Provides business, economic and life skills programs for youth, grades K-12.

# **KIDS IN DISTRESS**

819 NE 26th Street Wilton Manors, FL 33305

www.kidsindistress.org Medicaid, Insurance, Sliding Scale Spanish, Creole

Provides child and family strengthening services to prevent child abuse, preserve the family and treat children who have been abused or neglected. Emergency shelter offers 24/7 refuge for children birth-15 years who are victims of abuse or neglect. Offers individual and family counseling, adoption and foster care services, supportive housing and family preservation programs. Operates pediatric dental and optical clinics in collaboration with Nova Southeastern University.

# LAUDERDALE LAKES PARKS & HUMAN SERVICES (CITY OF)

954-535-2580

4331 NW 36th Street Lauderdale Lakes, FL 33319

www.lauderdalelakes.org

Offers recreational, educational, fitness, social, athletic and cultural programs for youth and adults. Operates summer camps and after-school programs for youth. Provides social services for seniors, children and families.

# LAW OFFICE OF THE PUBLIC DEFENDER

201 SE 6th Street, Room 3872 Ft. Lauderdale, FL 33301

www.browarddefender.org

Provides legal representation for defendants responding to criminal charges, who otherwise would be unable to afford a lawyer.

# LEGAL AID SERVICES

491 N. State Road 7 Plantation, FL 33317

www.legalaid.org No Fee Spanish, French, Creole M-F: 9:00am- 5:00pm

Provides free civil legal services to financially eligible clients on issues of children's advocacy, consumers, environmental, homeless, housing, immigration, tax clinic, HIV/AIDS, and human rights.

### LIFENET 4 FAMILIES

954-792-2328

(formerly Cooperative Feeding Program) 1 NW 33rd Terrace Ft. Lauderdale, FL 33311

www.lifenet4families.org No Fee Office Hours - M-F: 9:00am - 4:00pm Hot Meals - M-Sat: 9:00am - 11:00am, Sun: 11:00am - 12:30pm Food Pantry - M-F: 9:00am - 2:00pm

Provides necessary food, ancillary services and referrals to individuals and families in poverty. Mail, email and phone center is available. Offers counseling to homeless individuals and families.

954-831-8650

954-765-8950

# LIGHT OF THE WORLD CLINIC

954-563-9876

(Clinica Luz del Mundo) 806 E. Prospect Road Oakland Park. FL 33334

www.flafreeclinic.org Fee for Lab Services only Spanish Tu-Th: 9:00am - 5:00pm; F: 9:00am - 3:00pm; Sat: 8:00am - 2:00pm

Provides free medical care to uninsured, low-income or no-income residents of Broward County. Clients must be pre-qualified before an appointment can be given.

### LIGHTHOUSE OF BROWARD COUNTY 954-463-4217

650 N. Andrews Avenue Ft. Lauderdale, FL 33311

www.lhob.org No Fee

Provides instruction in specific skills needed by low vision or blind persons including low vision clinic, retail store for aids and appliances, group and individual counseling, in-home and in-agency programs. Offers specialized programs for children with visual impairment.

### Adult Vision Rehabilitation

Provides independent living skills leading to success in school, college, work, family and community for blind and visually impaired teens, adults and seniors.

#### **Bright Beginnings**

Provides specialized early intervention services for visually impaired children, birth-5 years. Offers parents and caregivers tools to help their child reach critical developmental stages that are normally achieved through visual interaction with the world. Services are also available in the child's natural environments such as home, daycare or another therapy provider's location.

# LISTEN TO CHILDREN (MHA Listeners) 954-746-2055

Mental Health Association of Southeast Florida 7145 W. Oakland Park Blvd. Lauderhill. FL 33313-1012

www.mhasefl.org

Offers an elementary school-based mentoring program that pairs children with screened, trained, supervised volunteers who provide weekly support focused on self-esteem, communication and problem-solving skills.

# LUTHERAN SERVICES FLORIDA

954-486-4222

4185 N. State Road 7 Lauderdale Lakes, FL 33319

www.lsfnet.org No Fee

Provides in-home and residential services including crisis intervention, case management, counseling and referral for youth 10-17 years, who are at risk of entering the juvenile justice system due to truancy, ungovernability, runaway or lock-out.

### Lippman Youth Shelter

221 NW 43rd Court Oakland Park, FL 33309

Provides residential crisis intervention, counseling, case management and referral services to Broward County at-risk youth, 10-17 years, homeless or runaway due to severe family conflicts, truant, ungovernable or lock-outs who are not delinquent or dependent. Also serves youth 13-17 years, who are in foster care or shelter care status and in need of temporary care.

#### **Broward Family Center**

954-486-4222

954-568-2801

4135 N. State Road 7 Lauderdale Lakes, FL 33319

Provides crisis intervention, counseling, case management and referral services to Broward County at-risk youth, 10-17 years, who may be ungovernable, truant, runaway or runaway threat who are not adjudicated or delinquent and/or dependent.

# MAKE A WISH FOUNDATION

954-967-9474

4491 S. State Road 7, #021 Ft. Lauderdale, FL 33314

www.sfla.wish.org No Fee

Grants wishes to children 2 1/2 -18 years with life threatening health conditions.

# MC FATTER VOCATIONAL TECHNICAL CENTER

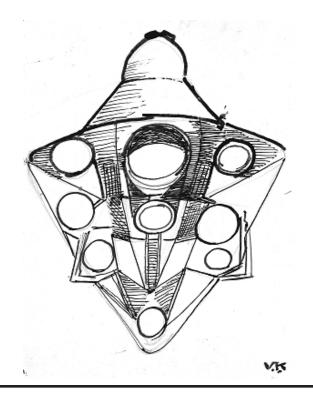
### 754-321-5700

6500 Nova Drive

Davie, FL33314

www.mcfattertech.com

Public post-secondary career and technical education center, operating under the authority of the School Board of Broward County and the Florida Department of Education. Provides curricula for both basic and advanced instruction in the academic and occupational programs.



MEMORIAL HEALTHCARE SYSTEM 3501 Johnson Street Hollywood, FL33021	954-987-2000
www.mhs.net Medicare, Medicaid, Insurance, Sliding Scale	
HOSPITALS: Tax-assisted hospitals with emergency rooms indigent patients.	that treat
Memorial Regional Hospital** 3501 Johnson Street Hollywood, FL 33021	954-987-2000
<b>Memorial Regional Hospital South</b> 3600 Washington Street Hollywood, FL 33021	954-966-4500
<b>Memorial Hospital West</b> 703 N. Flamingo Road Pembroke Pines, FL 33028	954-436-5000
<b>Memorial Hospital Miramar</b> 1901 SW 172 Avenue Miramar, FL 33029	954-538-5000
<b>Memorial Hospital Pembroke</b> 7800 Sheridan Street Pembroke Pines, FL 33024	954-962-9650
<b>Joe DiMaggio Children's Hospital</b> 1005 Joe DiMaggio Drive Hollywood, FL 33021	954-265-5324
<ul><li>** Includes behavioral health units</li><li>** Baker Act receiving facility</li></ul>	
<b>URGENTCARE:</b> Provides medical services in an urgent care se	tting.

### Memorial Pembroke Urgent Care 954-276-6500

801 S. Douglas Road Pembroke Pines, FL 33025 97

<b>SOUTH BROWARD COMMUNITY HEALTH SERVICES:</b> Provides primary care medical services.		
<b>Dania</b> 140 S. Federal Highway Dania Beach, FL 33004	954-922-7606	
<b>Hallandale</b> 1750 E. Hallandale Beach Blvd. Hallandale Beach, FL 33009	954-276-9700	
<b>Hollywood</b> 4105 Pembroke Road Hollywood, FL 33021	954-985-1551	
<b>Miramar</b> 6730 Miramar Parkway Miramar, FL 33023	954-276-6600	
<b>W. Hollywood</b> 6214 Johnson Street Hollywood, FL 33024	954-967-2500	
OUTPATIENT CARE:		
<b>Memorial Outpatient Center</b> 1750 E. Hallandale Beach Blvd. Hallandale Beach, FL 33009	954-276-9880	
Behavioral Health Services & SHARE 3400 N. 29th Avenue	954-276-3403	

Hollywood, FL 33020 Provides mental health and substance abuse services including intensive outpatient programs for addictions, mood disorders or co-occurring disorders. Offers non-residential detoxification program and an aftercare program for one year after completion from the IOP. A day treatment program for adults 18+ years with a thought disorder such as schizophrenia or schizoaffective disorder

provides group and individual therapy, plus lunch.

Telephone Index listing all agencies and programs alphabetically begins on page 185.

### SENIOR FACILITIES:

<b>Memorial Manor</b> 777 S. Douglas Road Pembroke Pines, FL 33026	954-276-6200
<b>Memorial Adult Day Care</b> 1750 E. Hallandale Beach Blvd. Hallandale Beach, FL 33009	954-276-9880
<b>Senior Partners Resource Center</b> 1301 S. Ocean Drive Hallandale Beach, FL 33009	954-924-2954
Senior Partners Resource Center 7031 Taft Street Hollywood, FL 33024	954-963-8030
Leeza's Care Connection at Memorial Hospital Pembroke 2661 N. University Drive, #103	954-883-7240 954-883-7243

Pembroke Pines, FL 33024

www.memorialpembroke.com/services/leezasplace

Offers individual guidance, information and referral, and a variety of support programs and resources for caregivers impacted by any chronic or progressive illness. Provides a community gathering place for family caregivers to connect with each other.

### Ryan White Mental Health and Substance Abuse Services

Provides services to individuals with HIV/AIDS who have been determined eligible for Ryan White funding. Offers psychiatric evaluation and medication management, individual counseling, mental health and substance abuse intensive outpatient programs and ambulatory detoxification.

### PEAC

#### 954-265-6310

#### (Psychiatric Emergency Assessment Center)

Licensed Baker Act receiving facility. Provides psychiatric emergency screening for individuals 14+ years experiencing a crisis related to substance abuse and/or mental health issues.

(Broward CARES participating organization, see page 153 for additional information.)

# MEMORY DISORDER CENTER at BROWARD HEALTH NORTH

954-786-7392

201 E. Sample Road Deerfield Beach, FL 33064

www.browardhealth.org/memory Insurance, Medicare, Medicaid

Outpatient diagnostic facility offering multi-disciplinary approach to determine the cause of a memory disorder. Provides training, education, support groups, counseling and clinical drug trials. Offers evaluations on suitability to drive a vehicle and a memory enhancement program.



# MENTAL HEALTH ASSOCIATION OF SOUTHEAST FLORIDA (MHA)

954-746-2055

(formerly MHA of Broward County) 7145 W. Oakland Park Blvd. Lauderhill, FL 33313-1012

www.mhasefl.org M-F: 9:00am - 5:00pm, Additional hours by appointment No Fee for most services Spanish

Provides information and referral to the public and private community. Offers resources and education for the prevention of mental illness and the promotion of mental health, and advocacy for and empowerment of people with behavioral illness.

#### Connections

Provides a comprehensive guide to social services in Broward County. A copy of *Connections* can be picked up at the MHA office or viewed online.

#### **Consumer Support**

Offers a range of peer-to-peer social activities, support groups and educational opportunities including groups for anger and stress management, hoarding, anxiety disorders, depression, depression in older adults, OCD (hosted), as well as Recovery workshops and Schizophrenics Anonymous meetings.

#### **Continuing Education (CEU)**

Offers in-service staff trainings and continuing education (CEU) for behavioral health and elder care professionals as a State of Florida, Department of Health-Division of Medical Quality Assurance (MQA) provider.

#### **Cooperative Parenting & Divorce**

Individual and group training, for moderate to high conflict divorced couples and parents living in separate households, to reduce parental conflict and risk factors that influence the child's post divorce adjustment.

# Family Voices Project

### **Family Support Partners**

Trained mentors work with, and advocate for, families of children/youth diagnosed with, or at risk for, behavioral disorders. Offers individual and group support.

### I'm Thumbody (2nd grade)

### Thumbody, Too (kindergarten)

Provides group self-esteem programs that introduce mental health, resilience and bully prevention themes. Promotes respect for self and others, responsibility for behavior and sources of safe help.

### Listen to Children (MHA Listeners)

Offers an elementary school-based mentoring program that pairs children with screened, trained, supervised volunteers who provide weekly support focused on self-esteem, communication and problem-solving skills.

### Live Your Life Well

A national public education campaign designed to help people better cope with stress and enhance their well-being

### National Institute of Mental Health (NIMH) Outreach Partnership Program

Outreach Partner for the State of Florida in a nationwide initiative of the NIMH with support from the National Institute on Drug Abuse (NIDA) and the Substance Abuse and Mental Health Services Administration (SAMHSA) to strengthen the public health impact of research by disseminating the latest scientific findings; informing the public about mental disorders, alcoholism, and drug addiction; and reducing the associated stigma and discrimination. Provides presentations and literature through public education.

### 9Muses Art Center

7139 W. Oakland Park Blvd. Lauderhill, FL 33313

www.9musesartcenter.org

A community arts organization and fully-functioning art studio where instruction and mentoring are offered. Arts disciplines include painting, drawing, pottery, textiles, 2D & 3D design, sculpting, design, music, drama and creative writing. On-site Frame Shop and Gallery is open to the public.

### Parent Education & Parent Support (PEPS)

Offers parent education courses and parent support groups which meet DCF, ChildNet and Court criteria, and parent skills workshops including classes for parents who are divorcing or need help after a divorce. Specialty tracks available for parents of infants or teens, or parents with behavioral illness. In-home and supervised parenting education available for ChildNet involved parents.

### **Parenting Enrichment Classes**

Community-based workshops are available on parenting subjects including communication, listening, positive discipline and stress management.

### PROSPER (Peers Reaching Out Support Partners for Emotional Recovery)

7139 W. Oakland Park Blvd. Lauderhill, FL 33313

This recovery initiative for adults with mental illness pairs consumers to peer partners who assist one another as they pursue life skills, social skills and health agendas that support recovery. Social skills and successful community integration are reinforced.

### **Public Policy Initiatives**

Supports and advocates public policy and agendas consistent with the values of access, choice and empowerment.

### Seth Line

### Peer Support Warm Line

#### 954-578-5640 866-964-3714

Provides a "warm line" offering peer support, information and referral, and telephone reassurance to any person seeking a caring and supportive listener. Contact is by phone only.

(Broward CARES participating organization, see page 153 for additional information.)



# MINORITY DEVELOPMENT & EMPOWERMENT

954-315-4530

2800 W. Oakland Park Blvd., #204 Oakland Park, FL 33311

www.mdeinc.org No Fee Spanish, French, Creole

Provides human and social services targeted to Caribbean and other minority individuals and families. Services include confidential HIV testing and counseling, case management and mental health counseling, substance abuse prevention education, after-school programs and foster parent recruitment and support. Offers prevention services and education for men who have sex with men. Free tax and financial services to low-income residents, January - April, and by appointment, May - December.

### MONARCH CARE

954-720-2485

(formerly Care Source) 7071 W. Commercial Blvd., #2-D Ft. Lauderdale, FL 33319

www.monarchcare.org Sliding Scale Spanish M-F: 9:00am - 5:00pm

Provides legal guardianship, trustee services and case management for children, elderly, persons with mental illness or persons with physical/ developmental disabilities who need short-term intervention or lifetime continuous care. Assists individuals who have difficulty with daily needs due to declining physical health and/or cognitive function. Offers money management services for individuals who can no longer manage their personal monetary affairs due to age or disability. Provides support services for persons who serve as legal guardians of family or friends.

# MOUNT BETHEL HUMAN SERVICES 954-763-5010

1021 NW 6th Street Ft. Lauderdale, FL 33311

www.mbhsc.org

No Fee Spanish M-F: 8:30am - 5:00pm

Provides services for at-risk families including foster care, family reunification, child care assistance, emergency food pantry, parenting and neighborhood empowerment.

### **CINS/FINS**

(Children in Need of Services/Families in Need of Services) Provides services to youth 10-17 years, who are at risk for delinquency.

#### New Vision Community Development Corporation

Offers certified HUD housing counseling to first-time homebuyers.

#### **Foster Home Management**

Provides a stable, nurturing environment for children who have been removed from their homes due to abuse, neglect or abandonment.

#### Becoming a Responsible Teen (BART)

Offers teen group-level education and behavior skills training intervention to reduce risky sexual behaviors and improve safer sex skills among African American adolescents.

#### Family Resource Center

954-768-0920

1004 NW 1st Street Ft. Lauderdale, FL 33311

Provides neighborhood-based support services including child care assistance to qualified families within the specified boundary of Fort Lauderdale, and a food pantry on Thursdays.

### MUSCULAR DYSTROPHY ASSN.

954-971-0123

4901 NW 17th Way, #404 Ft. Lauderdale, FL 33309

www.mda.org No Fee

Provides clinical services, durable medical equipment, flu shots and children's summer camp for persons with neuromuscular disease.

# NANCY J. COTTERMAN CENTER

### 954-357-5775

*(formerly Sexual Assault Treatment Center)* 400 NE 4th Street Ft. Lauderdale, FL 33301

TTY: 954-357-5418

www.broward.org/sexualassault No Fee Spanish, Creole

### **Crisis Intake Unit**

24/7

Provides hotline and immediate crisis counseling to victims of sexual assault and adult survivors of childhood abuse. Also provides forensic medical examinations and interviews, crisis counseling, victim advocacy and information and referral. Forensic interviews conducted upon referral from law enforcement or child protective services.

### **Counseling Unit**

M-Th: 8:30am - 8:00pm, F & Sat: 9:00am - 5:00pm

Individual, family and group counseling for child and adult victims of sexual assault and/or sexual abuse and their non-offending family members, and for child victims of physical abuse. Extended forensic interviews are also provided at request of members of law enforcement or child protective services. Offers primary prevention education services.

### **Child Protection Teams**

A team consisting of a medical director, team coordinator, psychologist, nurse practitioner, clinical supervisor and mental health professionals serve as consultants to the Broward Sheriff's Office Child Protective Investigation Section to assist in the investigation of child abuse that has been reported to the Florida Abuse Registry.



### NARCOTICS ANONYMOUS

www.na.org No Fee 24/7

Recovering drug addicts meet regularly at various locations to help each other stay clean using a 12-Step model.

**Gold Coast Narcotics Anonymous** P.O. Box 101346 Ft. Lauderdale, FL 33310

www.goldcoastna.org

South Broward Narcotics Anonymous954-967-6755P.O. Box 816313Hollywood, FL 33081

www.southbrowardna.org

# NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

954-739-1888

888-524-1777

3500 N. State Road 7, #214 Lauderdale Lakes, FL 33319

www.namibrowardinc.org No Fee

Provides support, advocacy and educational resources for persons living with serious mental illness and their families.

### NEW DIRECTION INSTITUTE

954-748-8444

6730 W. Commercial Blvd. Lauderhill, FL 33319

1509 N. State Road 7 Margate, FL 33063 954-977-8352

www.newdirectioninstitute.org Medicaid Spanish, French, Creole

Provides mental health day treatment programs for children, adults and elderly offering counseling, psychiatric evaluations, social rehab skills training and medication management. Meals and transportation are included.

(Broward CARES participating organization, see page 153 for additional information.)

# NORTH SHORE MEDICAL CENTER 866-498-4333 FMC CAMPUS

(formerly Florida Medical Center) 5000 W. Oakland Park Blvd. Ft. Lauderdale, FL 33313

www.fmc-campus.com Medicare, Medicaid, Insurance Telephone for Hearing Impaired Spanish, French, Creole, American Sign Language

Private hospital provides medical/surgical services and also offers inpatient and outpatient behavioral health treatment for adults 18+ years. Provides separate psychiatric emergency room and inpatient acute stabilization. Baker Act receiving facility.



# NOVA SOUTHEASTERN UNIVERSITY 800-541-6682

3301 College Avenue Davie, FL 33314

www.nova.edu

Private, not-for-profit academic institution that also offers a range of clinical services and community programs

### **Psychology Services Center**

954-262-5730

Maltz Psychology Building

www.nova.edu/healthcare/psychology Sliding Scale

Provides therapy for mental health issues, family issues, child and adolescent behavior and adjustment difficulties, spousal abuse and other domestic violence, emotional problems associated with aging and psychological problems related to physical disease. Offers biofeedback services, specialized programs for older adults, Brief Therapy Institute for family counseling, intensive psychodynamic psychotherapy and neuropsychology assessment.

### **Guided Self-Change Clinic**

954-262-5968

Maltz Psychology Building

www.nova.edu/gsc Sliding Scale

Provides an outpatient, cognitive-behavioral program for individuals who are concerned about becoming healthier, losing weight, drinking less, stopping drug use, quitting smoking or gambling, reducing internet use, or achieving other goals.

### Medical Health Center

954-678-2273

3200 S. University Drive Davie, FL 33328

Offers medical services in family medicine, internal medicine, pediatrics and osteopathic manipulative medicine. Specialties include nephrology and hypertension, obstetrics and gynecology, dermatology, optometry and psychiatry. Also provides physical rehabilitation, speech/language and communication services, interdisciplinary fall prevention, hearing and balance center, and Parkinson's Disease management and support services.

### 954-262-4550

**Pharmacy** 3200 S. University Drive Davie, FL 33328

Full-service pharmacy available to the community for prescription dispensing, compounding tailor-made medicines, disease management programs, dosage monitoring for patients with multiple prescriptions, herbal and nutritional counseling and wellness screenings.

### Dental Clinic

### 954-262-7500

3200 S. University Drive Davie, FL 33328

Offers dental care to adults, children, adolescents and older adults including specialty care (orthodontics, endodontics, periodontics, oral surgery and prosthetics).

### Eye Care Institute - Pediatrics

954-262-4200

3200 S. University Drive Davie, FL 33328

Provides vision care for infants and children. Also offers services at Broward Health Specialty Care and Kids In Distress.

### University of Miami/NSU 954-678-2273 Center for Autism & Related Disorders (C.A.R.D.) 3301 College Avenue

Davie, FL 33328

Provides services for individuals of any age with autism spectrum disorder, pervasive developmental disorder, childhood disintegrative disorder or Rett's disorder and individuals with a dual sensory impairment or a sensory impairment with other handicapping conditions. Offers support to families and professionals involved with these individuals.

## Adolescent Drug Abuse

### 954-262-5854

### Prevention and Treatment (ADAPT)

Provides early intervention for adolescents, 10-17 years, who have been arrested for minor offenses, have substance abuse issues or are considered at-risk for developing these problems.

### ADHD Assessment, Consultation 954-262-5912 & Treatment Program (A.A.C.T.)

Provides assessment, testing and treatment for children and adolescents, 2-22 years, who are demonstrating behavioral problems consistent with a diagnosis of ADHD.

# Brief Therapy Institute

Offers short-term therapy for individuals and families that focuses on the client's strengths and resources.

### Child, Adolescent and Family Services 954-262-5730

Provides individual, group and family therapy and psychological and psycho-educational testing for children, adolescents and their families.

### Child and Adolescent Traumatic 954-262-5730 Stress Program (C.A.T.S.P.)

Provides specialized psychological services for youth, 3-18 years, who are experiencing post-trauma symptoms.

### Family Violence Program

Provides family therapy for dealing with issues of anger, violence, communication problems and emotional/behavioral disturbances including anger management for adolescents.

### School Psychology Assessment 954-262-5730 and Consultation Center (S.P.A.C.E.)

Offers comprehensive psychoeducational evaluations for school related academic, behavioral, developmental and learning problems.

### 954-262-7754 NSU Hearing & Balance Center **Pediatric Center**

Provides comprehensive assessment and treatment for newborns and children with hearing and balance disorders.

### NSU Clinic for Speech, Language 954-262-7726 and Communications

Provides services to youth of all ages for apraxia, articulation, dysarthria, feeding/swallowing difficulties, phonology, pragmatic/ semantic language, receptive/expressive language, stuttering/fluency and voice disturbances.

### 954-262-4237 Community Resolution Services

Offers professional mediation and facilitation services, as well as training, workshops and conflict coaching for individuals, families, groups and organizations.

## 954-262-3032

# OIC OF BROWARD COUNTY

954-563-3535 (Opportunities Industrialization Centers of Broward County)

3407 Powerline Road, #100 Ft, Lauderdale, FL 33309

www.oicofbrowardcounty.org No Fee

Provides self-help skills and employment opportunities for disadvantaged and underemployed residents of Broward County. Offers re-entry program for prison inmates.

# OUR CHILDREN, OUR FUTURE

954-929-7517

2835 Hollywood Blvd., 4th Floor Hollywood, FL 33020

www.ourchildrenourfuturefl.org

Provides behavioral health services for children, adolescents and their families including individual and family therapy, psychological evaluation and testing, Offers in-home/school services.

(Broward CARES participating organization, see page 153 for additional information.)

# OUR FATHER'S HOUSE

954-968-7550

2380 Martin Luther King Blvd. Pompano Beach, FL 33066

www.ofhsoupkitchen.org No Fee M-F: Lunch 11:30am - 12:55pm

Serves hot lunch at the facility or a bag lunch to go. Provides a bag of food to needy families once a month and clothing upon request.

# PACE CENTER FOR GIRLS

2225 N. Andrews Avenue Wilton Manors, FL 33311

www.pacecenter.org/broward No Fee Spanish, French, Creole

### Day Program

M-F: 8:00am - 4:00pm

Provides gender responsive academics, counseling and life skills education for girls, 11-17 years, at risk for delinquency, academic failure, teen pregnancy and/or substance abuse. Lunch and transportation provided for those who qualify or available for purchase.

### PACE Reach

M-F: 10:00am - 7:00pm

Provides gender responsive counseling and family management services to girls and their families, and gender responsive diversion services for girls, 10-17 years, who are referred by the State Attorney's Office. Evening and Saturday appointments available.



# 954-561-6939

# PARENT EDUCATION & PARENT SUPPORT (PEPS)

954-746-2055

Mental Health Association of Southeast Florida 7145 W. Oakland Park Blvd. Lauderhill, FL 33313-1012

www.mhasefl.org Spanish, Creole Some fees may apply Hours by appointment

Offers parent education courses and parent support groups which meet DCF, ChildNet and Court criteria, and parent skills workshops including classes for parents who are divorcing or need help after a divorce. Specialty tracks available for parents of infants or teens, or parents with behavioral illness. In-home and supervised parenting education available for ChildNet involved parents.

# PARENT ENRICHMENT CLASSES

954-746-2055

Mental Health Association of Southeast Florida 7145 W. Oakland Park Blvd. Lauderhill, FL 33313-1012

www.mhasefl.org

Community-based workshops are available on parenting subjects including communication, listening, positive discipline and stress management.

# PARENT'S INFORMATION & RESOURCE CENTER

954-785-8285

817 N. Dixie Highway Pompano Beach, FL 33060

www.pircinc.org Medicare, Medicaid, Insurance, Sliding Scale Spanish, French, Creole M-F: 9:00am - 6:00pm, Sat: 9:00am - 5:00pm

Provides outpatient individual and family counseling, psychiatric evaluation, medication management, case management, pscyhological testing, parenting classes and anger management training for parents and children who are at risk of separation or are attempting reunification.

# PEMBROKE PINES HUMAN SERVICES DIVISION

10010 Pines Blvd. Pembroke Pines, FL 33026

www.ppines.com

### **Special Populations Programs**

Provides recreational and educational activities for individuals with special needs including Special Olympics training, wheelchair sports and field trips.

### **Community Services**

Pines Point

501 NW 103rd Avenue Pembroke Pines, FL 33025

Offers affordable, independent living for adults, 55+ years.

# **POVERELLO CENTER**

2292 Wilton Drive Wilton Manors, FL 33305

www.poverello.org

Provides a food bank to serve Broward County residents who are living with HIV/AIDS, with their basic nutritional needs. Offers nutritional counseling and a fitness center. Proper ID and doctor's verification of testing positive needed. Operates a thrift store that supports the food bank; can arrange for pick-up of donated items.

# PRIDE CENTER

2040 N. Dixie Highway Wilton Manors, FL 33305

www.pridecenterflorida.org

Provides a welcoming, safe space for the GLBT community and friends to access services that embrace individuality, diversity and acceptance. Offers bereavement support groups, confidential HIV testing and activities.

### GLBT Domestic Violence Hotline (24/7) 954-226-2279

Offers awareness, referrals and training. Provides first responders, specifically emergency room staff and police departments with the training tools needed to provide specialized service to the GLBT community.

Telephone Index listing all agencies and programs alphabetically begins on page 185.

954-435-6500

115

# 954-450-6888

954-435-3660

954-450-6960

954-561-3663

954-463-9005

# PROSPER

954-746-2055

Peers Reaching Out: Support Partners for Emotional Recovery Mental Health Association of Southeast Florida 7139 W. Oakland Park Blvd. Lauderhill, FL 33313-1012

www.mhasefl.org

This recovery initiative for adults with mental illness pairs consumers to peer partners who assist one another as they pursue life skills, social skills and health agendas that support recovery. Social skills and successful community integration are reinforced.

# **REBEL'S DROP-IN CENTER**

954-276-3452

954-547-1570

Memorial Outpatient Behavioral Health 3400 N. 29th Avenue Hollywood, FL 33020

No Fee M-F: 3:00pm - 8:00pm; Sat, Sun & Holidays: Noon - 5:00pm

Peer-run drop-in center for adults 18+ years who have mental health issues and/or are in substance abuse recovery. Offers social support, peer-run support groups, and painting and arts & crafts programs. One-on-one peer mentoring is available.

# **RED HISPANA FLORIDA**

1350 E. Sunrise Boulevard, #108 Ft. Lauderdale, FL 33304

www.redhispanafl.org No Fee

Provides HIV services including confidential testing, counseling, nutrition, prevention education and support groups.

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Telephone Index listing all agencies and programs alphabetically begins on page 185.

# **RENFREW CENTER OF FLORIDA**

7700 Renfrew Lane Coconut Creek, FL 33073

www.renfrewcenter.com 24/7

Private facility provides inpatient eating disorders treatment for female adults and adolescents 14+ years. Outpatient services include day treatment and intensive outpatient programs, individual, group and family treatment groups. Offers transitional living (room and meals) for participants in the day treatment program who cannot commute on a daily basis.

# SAINT LAURENCE CHAPEL

1698 Blount Road Pompano Beach, FL 33069

www.stlaurencechapel.org No Fee

Day shelter for the homeless or nearly homeless that provides hot breakfast and lunch, showers, clothing, case management, group counseling, medical assistance, mailing address and telephone center, storage and voluntary chapel services. Offers bus passes and/or transportation to and from the shelter.



### 954-698-9222

954-972-2958

# SALVATION ARMY

954-524-6991

1445 W. Broward Boulevard Ft. Lauderdale, FL 33312

www.salvationarmyfortlauderdale.org Spanish, French, Creole Sliding Scale M-F: 8:30am - 5:00pm

Faith-based organization provides social services including food, shelter and clothing to those in need. Also offers disaster relief services, child care centers, AIDS education and residential services, medical facilities, shelters for battered women and children, family counseling, vocational training and substance abuse rehabilitation.

### Adult Rehabilitation Program

954-463-3725

1901 W. Broward Blvd. Ft. Lauderdale, FL 33312

M-F: 7:30am - 4:00pm

Provides spiritual, social and emotional assistance to men who have lost their ability to cope with their problems and provide for themselves. Income from the thrift stores supports the Adult Rehabilitation Center.

# SAMARITAN COUNSELING CENTER 954-463-2273

101 SE 3rd Avenue Ft. Lauderdale, FL 33301

www.samaritansfl.org Medicare, Insurance, Sliding Scale Spanish M-F: By appointment

Provides faith-based individual, marriage and family counseling at locations in Ft. Lauderdale, Plantation, Pompano Beach and Southwest Ranches.

# SCHOTT COMMUNITIES

954-434-3306

6591 S. Flamingo Road Cooper City, FL 33330

www.schottcommunities.org

Provides services for individuals who are deaf or hard of hearing, blind or visually impaired, or physically or developmentally disabled including counseling and case management, adult day training classes and social opportunities. Operates a group home for developmentally disabled women and apartments for deaf and/or disabled individuals who can live independently.

# SECOND CHANCE SOCIETY

1835 SE 4th Avenue Ft. Lauderdale, FL 33316

www.secondchancesociety.org No Fee M-F: 8:30am - 5:00pm

Assists homeless and other struggling individuals who are seeking employment to obtain basic tools, uniform or work clothes, business license or certification. May also assist with payment for vocational training or books. Provides help in securing birth certificate and/or I.D.

# SETH LINE **Peer Support Warm Line**

Mental Health Association of Southeast Florida

www.mhasefl.org No Fee M-F: 6:00pm - 10:00pm

A "warm line" offering peer support, information and referral, and telephone reassurance to any person seeking a caring and supportive listener. Contact is by phone only. Callers in crisis should call 9-1-1 or go to the nearest emergency room.

# SHERIDAN VOCATIONAL **TECHNICAL CENTER**

5400 Sheridan Street Hollywood, FL33021

20251 Stirling Road Pembroke Pines, FL 33332

www.sheridantechnical.com

Public post-secondary career and technical education center, operating under the authority of the School Board of Broward County and the Florida Department of Education. Provides academic support programs including GED preparation, English for speakers of other languages (ESOL), and post-secondary workforce development training for individuals beyond compulsory school attendance age. Offers technical programs for students (grades 10-12) who earn elective credits toward their high school diploma. Job placement assistance and financial aid available to qualified students.

# 954-763-5999

754-321-5400 754-321-3900

954-578-5640 866-964-3714

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# SILVER IMPACT CENTER

954-572-0444

7155 W. Oakland Park Blvd. Lauderhill, FL 33313

No Fee

Drop-in center for adults 50+ years with mental illness, emotional and/or substance abuse challenges. Provides group discussions and activities. Broward Meals on Wheels site.

(Broward CARES participating organization, see page 153 for additional information.)

# SMITH COMMUNITY MENTAL HEALTH CENTER

954-321-2296

601 S. State Road 7 Plantation, FL 33317

www.smithcmh.com Medicaid, Insurance, Sliding Scale M-F: 8:00am - 6:30pm

Provides mental health and substance abuse services to children, adults and families, including psychiatric evaluations and pharmacological management, psychological testing, day treatment programming for children and adolescents, in-home therapy, outpatient counseling, behavioral assessment, therapeutic after-school programming, teen programming and therapeutic respite services.

(Broward CARES participating organization, see page 153 for additional information.)

# SOCIAL SECURITY ADMINISTRATION

3201 W. Commercial Blvd. Ft. Lauderdale, FL 33309 TTY: 800-325-0778

800-772-1213

www.ssa.gov M-F: 8:30am - 3:00pm; Automated services: 24/7

### **Ticket To Work Program**

www.ssa.gov/work

Offers opportunities to those receiving disability benefits to obtain employment, vocational rehabilitation and other support services that assist in achieving employment goals.

### 954-420-5030

SOS CHILDREN'S VILLAGES

3681 NW 29th Place Coconut Creek, FL 33073

www.sosflorida.com No Fee 24/7

A residential community of 12 single-family homes, a community center and a counseling center that serves children in foster care and allows brothers and sisters, who are typically separated while in foster care, to reunite and maintain their family connection. Staff members live with youth to provide a combination of family life, friends, school, extracurricular activities, therapy and life skills classes that help youth overcome their traumatic pasts and learn to become independent. Offers an after care program for young adults transitioning out of foster care that helps them find housing, employment, finish their education and raise their own children.

# SOUTH FLORIDA HUNGER COALITION 954-714-6923

451 N. State Road Plantation, FL 33317

www.southfloridahungercoalition.org

Serves as a resource for hunger related initiatives and maintains an updated list of food pantries.

# STATE ATTORNEY'S OFFICE

201 SE 6th Street Ft. Lauderdale, FL 33301

www.sao17.state.fl.us

### Victim Advocate Unit

Assists crime victims to understand and navigate the criminal justice system by providing case specific information, resource and referral information (including help with crime victim compensation and restitution), crisis and supportive counseling, safety planning, courtroom orientation and courtroom accompaniment.

### Truancy Intervention Program

Provides intervention with the parent or guardian of a truant child to place the youth back in school. Works in partnership with schools to intervene when unexcused absences continue after a school worker has attempted to work with the family. Also monitors truant children who are under the supervision of the Department of Juvenile Justice.

### 954-765-4133

954-831-8592

954-831-6955

Telephone Index listing all agencies and programs alphabetically begins on page 185.

Telephone Index listing all agencies and programs alphabetically begins on page 185.

# SUNRISE (CITY OF)

10770 W. Oakland Park Blvd. Sunrise, FL 33351

www.sunrisefl.gov M-F: 9:00am - 5:00pm

## Leisure Services

10610 W. Oakland Park Blvd. Sunrise, FL 33351

Offers sports, recreational and leisure activities and hosts programs and special events at various facilities.

### Social Services

10650 W. Oakland Park Blvd. Sunrise, FL 33351

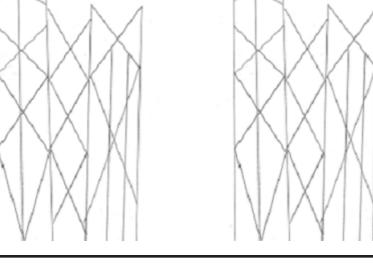
Offers emergency food pantry and assistance to Sunrise residents.

### Transportation Bus Service

Mini buses equipped with handicap lifts and wheelchair stations operate on a regular schedule.

### Medical Transportation

Car or van with wheelchair lift provides transportation to medical appointments for residents, 62+ years or physically handicapped, . Prior registration is required.



# 954-746-3677

954-746-3676

954-746-3670

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### 954-747-4600

954-741-2580

# SUNSERVE

2312 Wilton Drive Wilton Manors, FL 33305

www.sunserve.org

Provides outpatient mental health treatment, education and outreach services that are targeted to especially benefit the GLBT community including programs specifically for youth. Services include individual, couples, family and group therapy as well as support groups and professional training.

### **Transgender Case Management**

Offers transgender case management including linkage to safe housing and employment opportunities as well as culturally relevant medical care and mental health services.

### **Intensive Housing Case Management**

Provides housing resources for people living with AIDS including rent or mortgage assistance, move-in assistance, utilities and case management.

### Noble A. McArtor Senior Day Care Center 954-764-5055

1480 NW 9th Avenue Ft. Lauderdale, FL 33315

Provides daytime or respite care for frail elderly population regardless, and supportive of any sexual orientation or identification.

# SUSAN B. ANTHONY RECOVERY CENTER

954-733-6068

1633 Poinciana Drive Pembroke Pines, FL 33025

www.susanbanthonycenter.org Medicaid, Sliding Scale 24/7

Provides residential substance abuse and co-occurring treatment for women with children. Women and children live on campus in transitional housing. Integrated services include addiction, trauma, parenting, developmental intervention, educational and vocational goals and peer mentoring/case management. Offers aftercare and outpatient services that include case management and relapse prevention. Also offers child therapy services.

(Broward CARES participating organization, see page 153 for additional information.)

954-764-5150

# SWIM CENTRAL

3700 NW 11th Place Lauderhill, FL 33311

www.broward.org/parks No Fee Spanish, French, Creole, Telephone for Hearing Impaired

Provides water safety classes through public elementary schools, charter schools, day care centers and summer camps.

# TAKE STOCK IN CHILDREN OF BROWARD

754-321-2577

954-357-7946

600 SE 3rd Avenue, 14th Floor Ft. Lauderdale, FL 33301

www.takestockbrowardfl.org No Fee Spanish

Provides mentors and college scholarships to low-income, at-risk youth.

# TAMARAC (CITY OF) SOCIAL SERVICES

954-597-3642

954-358-1481

8601 W. Commercial Blvd. Tamarac, FL 33351

www.tamarac.org No Fee

Provides bereavement support group facilitated by a licensed professional, and depression and bipolar peer support groups, and caregiver support group.

# THE PANTRY OF BROWARD

610 NW 3rd Avenue Ft. Lauderdale, FL 33311

www.thepantryofbroward.org No Fee M-F: 8:00am - 4:00pm

Provides assistance including balanced and nutritious meals and classes on menu planning and economical food shopping to low-income older adults and grandparents raising their grandchildren.

Telephone Index listing all agencies and programs alphabetically begins on page 185.

# THE STARTING PLACE

351 N. State Road 7 Plantation, FL 33317

www.startingplace.org Medicaid, Insurance, Sliding Scale Spanish, Creole M-Th: 8:00am - 7:00pm, F: 8:00am - 4:30pm

Provides prevention, intervention and treatment services for children, teens and adults facing substance abuse and/or mental illness.

(Broward CARES participating organization, see page 153 for additional information.)

# TOMORROW'S RAINBOW

4341 NW 39th Avenue Coconut Creek, FL 33073

www.tomorrowsrainbow.org No Fee

Provides grief support for children, and their families, who have experienced the death of a loved one. Uses miniature horses as supportive tools for healing.

# TOTAL INTERVENTION EARLY SERVICES (T.I.E.S.)

4699 N. State Road 7, #Z Tamarac, FL 33319

Medicare, Medicaid, Insurance

Provides case management services including behavioral health management, substance abuse treatment and after care in an outpatient, group setting.

# UNITED CEREBRAL PALSY

3117 SW 13th Court Ft. Lauderdale, FL 33312

www.ucpsouthflorida.org

Provides support and services for people with cerebral palsy and other developmental disabilities, and their families. Offers group residential homes, early intervention programs, after-school care, in-home respite and educational programs.

### tate Road 7

# 954-327-4060

125

954-584-7178

954-234-2724

954-978-2390

# UNITED WAY OF BROWARD COUNTY 954-760-7007 COMMISSION ON SUBSTANCE ABUSE

1300 S. Andrews Avenue Ft. Lauderdale, FL 33316

www.drugfreebroward.org No Fee

Coordinates community efforts in the area of substance use/abuse services. Provides education, training and collaboration to foster, develop and enhance drug-free efforts throughout Broward County.

(Broward CARES participating organization, see page 153 for additional information.)

# UNIVERSITY HOSPITAL

7201 N. University Drive Tamarac, FL 33321

www.uhmchealth.com

Private hospital offering medical/surgical services.

### **University Pavilion**

954-722-9933

Provides inpatient, intensive outpatient and partial hospitalization programs for mental health and substance abuse issues in a free-standing psychiatric hospital on the grounds of the medical center. Offers outpatient detoxification for medically stable patients. Baker Act receiving facility.

# URBAN LEAGUE

560 NW 27thAvenue Ft. Lauderdale, FL 33311

www.ulbroward.org No Fee

Provides programs to reduce risk factors associated with substance abuse, teen pregnancy, delinquency, and school failure and deter at-risk youth from engaging in criminal behavior. Services include tutoring, homework assistance, employability skills training, physical fitness, life skills, cultural and leadership activities, college prep workshops, anger management and behavior modification. Provides education, job training, job placement and support to young adults, 16-21 years, who have not completed high school and/or were juvenile offenders. Offers comprehensive housing counseling for first time homebuyers and individuals facing foreclosure and a 2:1 match savings program for low-income individuals/families to purchase their first home, continue post secondary education or establish a small business.

954-721-2200

954-584-0777

# VFT CENTER

713 NE 3rd Avenue Ft. Lauderdale, FL 33304

www.vetcenter.va.gov No Fee M-F: 8:00am - 4:30pm, Additional hours by appointment

Provides mental health counseling to all conflict/combat military veterans under the Department of Veterans Affairs.

Pompano Beach Vet Center 2300 W. Sample Road, #102 Pompano Beach, FL 33073

VOCATIONAL REHABILITATION 800-451-4327 954-747-7900 7771 W. Oakland Park Blvd., #201 Sunrise, FL 33351 7550 Davie Road Extension 954-893-5093 Hollywood, FL33024 1400 W. Commercial Blvd., #115 954-202-3800 Ft. Lauderdale, FL 33309

www.rehabworks.org No Fee

Assists individuals with physical, mental or emotional disability to achieve employment goals. Provides medical/psychological evaluations, counseling, interpreter services, adjustment services and employment assistance.

# VOLUNTEERS OF AMERICA FLORIDA 954-735-5068

Broward Office 2713 N. Andrews Avenue Wilton Manors, FL 33311

www.voa-fla.org No Fee

Provides services to older adults who wish to age in place, veterans experiencing homelessness, individuals with mental illness and/or substance abuse, and persons with limited financial resources. Offers assistance with behavioral health care, supportive housing, education, training and employment.

(Broward CARES participating organization, see page 153 for additional information.)

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### 954-356-7926

954-984-1669

# WILLIAM "BILL" KLING OUTPATIENT CLINIC

954-475-5500

(formerly Veterans Outpatient Clinic) 9800 W. Commercial Blvd. Sunrise, FL 33351

www.va.gov

Provides primary, specialized, and diagnostic health care and clinical services including audiology, cardiology, dental, dermatology, diagnostic X-ray, nutrition counseling, gastroenterology, general surgery, immunology, internal medicine, orthopedics, kinesiotherapy, laboratory services, neurology, occupational therapy, oncology, ophthalmology, optometry, pharmacy services, physical therapy, podiatry, prosthetics, psychiatry, psychology, social work services, urology, visual impairment services, women's services and urgent care.

### Community Based Outpatient Clinics (CBOC)

TriCare	888-363-2273
Deerfield Beach	954-570-5572
Hollywood	954-986-1811
Pembroke Pines	954-894-1668

# WOMEN IN DISTRESS

954-760-9800

Hotline:

954-761-1133

PO Box 50187 Lighthouse Point, FL 33074

www.womenindistress.org No Fee Telephone for Hearing Impaired Spanish, Creole, Language Line assistance available M-Th: 9:00am - 9:00pm; F: 9:00am - 5:00pm; Shelter: 24/7

Operates a 24-hour domestic violence crisis line and emergency shelter. Provides counseling for men, women and children including support groups and individual advocacy services.



# WORKFORCE ONE EMPLOYMENT SOLUTIONS

954-202-3830 954-677-5555

6301 NW 5th Way, #3000 Ft, Lauderdale, FL 33309

www.wf1broward.com www.employflorida.com (for employment resources) No Fee Spanish, American Sign Language M-F: 8:00am - 5:00pm

Provides job seekers with job leads and placement services, access to internet job searches, training and workshops, assistance with resume writing, unemployment compensation information and resource rooms with free faxes, phones, copiers and computers for job search usage. Offers transportation and childcare assistance to eligible individuals.

### Ticket to Work program

Provides job training and placement and other support services to SSI/SSDI beneficiaries who are interested in working.

### North

954-969-3541 2301 W. Sample Road, Bldg. 4, #7A

Pompano Beach, FL 33073

### Central

954-677-5555

2610 W. Oakland Park Blvd. Ft. Lauderdale, FL 33311

South

954-967-1010

7550 Davie Road Extention Hollywood, FL33024

# YMCA OF BROWARD COUNTY

954-372-0533

900 SE 3rd Avenue Ft. Lauderdale, FL 33311

www.ymcabroward.org

Provides programming and service coordinaton that fosters physical, social and academic development and family strengthening.

### Children's Advocacy Center

Provides after school programs for school-age children with special needs and teens to improve academic functioning, develop positive relationships and promote health and wellness.

# YOUTH CO-OP

Hollywood Office 5090 Coconut Creek Parkway Margate, FL 33063

### Margate Office

954-971-1163

954-327-0533

5090 Coconut Creek Parkway Margate, FL 33063

www.ycoop.org No Fee Spanish, French, Creole M-F: 8:00am - 6:00pm

Assists refugees, asylees and public interest parolees to ease transition to their new country. Serves youth as well as adults, families and recent immigrants who may be unemployed or underemployed, economically disadvantaged, or face barriers to employment.

### **Refugee Youth & Family Program**

Facilitates acculturation, the development of social skills and the the improvement of grades for at-risk youth, 5-18 years, through career planning, vocational orientation, ESOL, tutoring, homework assistance, and cultural and recreational activities. Provides individual and family counseling, and offers summer camp and spring break programs.



# FOOD PANTRIES

South Florida Hunger Coalition maintains an updated list of food pantries and can assist in identifying what is currently available.

### Some food pantries may also provide clothing. Food and clothing may also be available at local churches. All phone numbers are 954 area code.

15th Avenue Church of God 705 NW 15th Avenue AHM Church All Saints Catholic Church All Saints Catholic Mission Atlantic Baptist Church Baptiste Church **Big Mama Bethel Baptist** Blessings Food Pantry **Broward Outreach Centers** Broward Outreach Centers Broward Partnership/Homeless Catholic Charities Christ Church Christian Love Fellowship City of Hallandale Bch/Hepburn City of Miramar - Senior Center Cokesbury United Methodist Crossroad Food Bank E.A.S.E. Foundation Eagle's Wings Development Ctr 416 NW 4th Avenue Enrichment Center Faith Life Fellowship Ministries Feeding South Florida First Baptist Church First Baptist Church Pompano First Christian Church First Congregational Church Ft. Laud. 7th Day Adventist Gateway Community Outreach Gulf Stream Baptist Assn Haitian Evangelical Baptist Hallandale Food Pantry Hollywood Community Church Hollywood Hills United Methodist 400 N 35th Avenue Hope Outreach Center Iglesia Bautista de Pompano Jack & Jill Children's Center Jewish Family Services Jubilee Center Kids In Distress Liberia Economic/Social Dev. Liberia Economic/Social Dev. LifeNet4Families Lighthouse Community Church Luther Memorial Lutheran Church 1925 N State Road 7

744 NW 12th Avenue 10900 W Oakland Pk 3460 Powerline Road 4850 W. Atlantic Blvd 1039 NE 3rd Avenue 2136 NW 8th Street 6060 Kimberly Blvd 210 NE 3rd Street 2056 Scott Street 1700 Blount Road 920 NW 7th Avenue 1503 NE 26th Street 4845 NE 25 Avenue 747 S Federal Highway 750 NW 8th Avenue 6700 Miramar Parkway 1801 NW 65th Avenue 621 NW 6th Avenue 6901 Orange Drive 3590 NW 54th Street 121 N 24th Avenue 2501 SW 32nd Terrace 301 E Broward Blvd 138 NE 1st Street 2725 NE 14 Avenue 2501 NE 30 Street 850 W Davie Blvd 291 SE 1st Terrace 20 NW 46th Avenue 153 NW 12th Street 220 SW 6th Avenue 1708 N 60 Avenue 4700 SW 64th Avenue 101 SW 17th Street 1315 W Broward Blvd 100 S Pine Island Road 2020 Scott Street 819 NE 26 Street 3220 N 24th Avenue 2334 Greene Street 1 NW 33rd Terrace 806 NW 1st Street

Ft. Lauderdale 33311 764-6841 Ft. Lauderdale 33311 763-9945 Sunrise 33351 742-2666 Oakland Park 33309 396-3086 Margate 33063 974-8900 Ft. Lauderdale 33304 763-7282 Ft. Lauderdale 33311 584-1400 N. Lauderdale 33068 972-3321 Pompano Beach 33060 943-0404 Hollywood 33023 620-4025 Pompano Beach 33069 979-6365 Ft. Lauderdale 33311 779-3990 Wilton Manors 33305 332-6640 Ft. Lauderdale 33308 771-7300 Deerfield Beach 33441 428-8980 Hallandale Beach 33009 457-1460 889-2742 Miramar 33023 Margate 33063 972-3424 Ft. Lauderdale 33311 627-6900 Davie 33314 797-1077 Hallandale Beach 33009 457-9292 Ft. Lauderdale 33314 484-8180 Hollywood 33020 922-5422 Pembroke Pines 33023 518-1832 Ft. Lauderdale 33301 831-1193 Pompano Beach 33060 745-6100 Wilton Manors 33334 564-2019 Ft. Lauderdale 33306 563-4271 Ft. Lauderdale 33315 523-8334 Deerfield Beach 33441 725-8434 Plantation 33317 583-0339 Pompano Beach 33069 876-9524 Hallandale 33009 455-0615 Hollywood 33021 322-4302 Hollywood 33021 989-8336 Davie 33314 321-0909 Pompano Beach 33060 785-3164 Ft. Lauderdale 33312 463-8772 Plantation 33324 370-2140 Hollywood 33020 920-0106 Ft. Lauderdale 33305 390-7654 Hollywood 33022 924-3635 Hollywood 33022 924-3635 Ft. Lauderdale 33311 792-2328 Dania Beach 33004 923-8660 989-1766 Hollywood 33021



Manna Share A Meal Mission for Gods's Disciples Mount Bethel Human Services Mount Bethel Human Services **NE Focal Point** New Hope Missionary Baptist New Inspirational Fellowship Omega Church International Our Father's House Pembroke Park Church of Christ 3707 SW 56 Avenue Pembroke Road Baptist Church 7130 Pembroke Road Pentecostal Gospel Temple Poverello Center Salvation Army San Isidro Catholic Church SE Focal Point Serenity Family & Children Svcs 2750 W Oakland Pk Soref JCC WECARE Food Bank 6501 W Sunrise Blvd St Ambrose Catholic Church St Laurence Chapel St Vincent dePaul/St. Elizabeth 3331 NE 10th Terrace St Vincent dePaul/Blessed Taft Baptist Church Temple Beth Orr The Pantry of Broward Trinity Broadcasting Trinity United Methodist Church 3901 NE 22 Street Willie Marie Spidell Comm Dev. 4595 N Dixie Highway

2071 SE 70th Avenue 641 SW 30th Avenue 1001 NW 1st Street 547 NW 9th Avenue 227 NW 2nd Street 2305 Sheridan Street 249 SW 7th Court 1670 NE 38th Street 2380 MLK Blvd 900 State Road 7 2056 N Dixie Highway 1445 W Broward Blvd 2310 MLK Blvd 3081 Taft Street #2 380 S Federal Highway 1698 Blount Road 1701 E Oakland Park 7241 Taft Street 2151 Riverside Drive 610 NW 3rd Avenue 3324 Pembroke Road



# HOSPITALS

Hospital with behavioral health services are marked with an asterisk (\*). Baker Act receiving facilities are marked with a plus (+).

Atlantic Shores Hospital	954-771-2711 *+
Broward Health Medical Center	954-355-4400 *+
Broward Health Coral Springs	954-344-3000
Broward Health Imperial Point	954-776-8500 *+
Broward Health North	954-941-8300
Cleveland Clinic Hospital	954-689-5000
Fort Lauderdale Hospital	954-463-4321 *+
HealthSouth Sunrise Rehabilitation Hospital	954-749-0300
High Point	954-680-2700*
Hollywood Pavilion	954-962-1355*
Holy Cross Hospital	954-771-8000
Joe DiMaggio Children's Hospital	954-987-2000
Kindred Hospital-Ft. Lauderdale	954-764-8900
Kindred Hospital-Hollywood	954-920-9000
Memorial Hospital Miramar	954-538-5000
Memorial Hospital Pembroke	954-962-9650
Memorial Hospital West	954-436-5000
Memorial Regional Hospital	954-987-2000 *+
Memorial Regional Hospital South	954-966-4500
North Shore Hospital, FMC Campus	866-498-5433*+
Northwest Medical Center	954-974-0400
Plantation General Hospital	954-587-5010
South Florida State Hospital	954-392-3000*
St. Anthony's Rehabilitation Hospital	954-739-6233
University Hospital & Medical Center	954-721-2200
University Pavilion Hospital	954-722-9933*+
Westside Regional Medical Center	954-473-6600



# MUNICIPALITIES

Many cities provide social services to assist their residents. Those marked with an asterisk (\*) have services included in the agency and program listings provided alphabetically starting on page 19.

Broward County	. 954-831-4000*
Coconut Creek	. 954-973-6770
Cooper City	. 954-434-4300
Coral Springs	. 954-344-1000
Dania Beach	. 954-924-6800
Davie	. 954-797-1000
Deerfield Beach	. 954-480-4200
Fort Lauderdale	. 954-828-5000
Hallandale	. 954-458-3251*
Hillsboro Beach	. 954-427-4011
Hollywood	. 954-921-3474
Lauderhill	. 954-730-3000
Lauderdale-By-The-Sea	. 954-776-0576
Lauderdale Lakes	. 954-535-2700
Lighthouse Point	. 954-943-6500
Margate	. 954-972-6454
Miramar	. 954-602-4357
North Lauderdale	. 954-722-0900
Oakland Park	. 954-630-4300
Parkland	. 954-753-5040
Pembroke Park	. 954-966-4600
Pembroke Pines	.954-435-6500*
Plantation	. 954-797-2222
Pompano Beach	. 954-786-4600
Southwest Ranches	. 954-434-0008
Sunrise	.954-741-2580*
Tamarac	.954-597-3500*
Weston	. 954-385-2000
West Park	. 954-989-2688
Wilton Manors	. 954-390-2100

# SENIOR CENTERS

Senior Centers may provide information and referrals, recreation, shopping, transportation, counseling, health support services, Alzheimer's care, telephone reassurance, education, hot meals, help with utility bills, etc. Depending on the location, services available to anyone 60+ years.

Northeast Focal Point Senior Center 227 NW 2nd Street Deerfield Beach, FL 33441	954-480-4449
Northwest Focal Point Senior Center 6009 NW 10th Street Margate, FL 33063	954-973-0300
Southeast Focal Point Senior Center (Joseph Meyerhoff Senior Center) 3081 Taft Street Hollywood, FL 33021	954-966-9805
Southwest Focal Point Senior Center 301 NW 103rd Avenue Pembroke Pines, FL 33026	954-450-6888
<b>Beach Community Center</b> 3351 NE 33rd Avenue Ft. Lauderdale, FL 33308	954-828-4610
Daniel D. Cantor Senior Center 5000 Nob Hill Road Sunrise, FL 33351	954-742-2299
<b>David Posnak J.C.C.</b> 5850 Pine Island Road Davie, FL 33328	954-434-0499
Fred Lippman Multipurpose Center 2030 Polk Street Hollywood, FL 33020	954-921-3408
<b>Miramar Senior Center</b> 6700 Miramar Parkway Miramar, FL 33025	954-889-2700
<b>Noble A. McArtor Adult Day Care</b> 1480 SW 9th Avenue Ft. Lauderdale, FL 33315	954-764-5055
<b>Samuel &amp; Helene Soref JCC</b> 6501 W. Sunrise Blvd. Plantation, FL 33313	954-792-6700

# SUPPORT GROUPS

### ANGER/STRESSMANAGEMENT

Mental Health Association	954-746-2055
7145 W. Oakland Park Boulevard	
Lauderhill, FL 33313-1012	
Thursdays: 4:30pm - 5:30pm	

### ANONYMOUS GROUPS

Alcoholics Anonymous Help Line	954-462-0265
Gamblers Anonymous	855-222-5542

Narcotics Anonymous 954-967-6755

### ANXIETY/PANIC DISORDER

9Muses Art Center	954-746-2055
Rebel's Drop In Center	954-965-6408

### ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD)

CHADD (Children & Adults with ADHD)	
North Broward (Coral Springs)	954-753-3518
South Broward (Cooper City)	954-680-0799

### CANCER

Gilda's Club South Florida	954-763-6776
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### **CO-DEPENDENCY**

Co-Dependents Anonymous (C.O.D.A.) 888-444-2359 www.coda.org

Telephone Index listing all agencies and programs alphabetically begins on page 185.

### DEPRESSION

Mental Health Association 7145 W. Oakland Park Boulevard Lauderhill, FL 33313-1012 Mondays: 10:30am - 12:00Noon	954-746-2055
Memorial Hospital Pembroke Memorial Senior Partners 7031 Taft Street Hollywood, FL 33024 Mondays & Thursdays: 1:00pm - 2:00pm for Adults 50+ years	954-963-8030
Rebel's Drop-In Center 3400 N. 29th Avenue Hollywood, FL 33024 Thursdays: 6:00pm	954-965-6408
University Pavilion 7425 N. University Drive Tamarac, FL 33321 Tuesday: 6:45pm - 8:15pm	954-722-9933

### DEPRESSION/MANIC-DEPRESSION(BIPOLAR)

For those who have either illness and/or their families, friends and support persons.

Atlantic Shores Hospital 4545 N. Federal Highway Ft. Lauderdale, FL 33308 Mondays: 7:30pm - 9:00pm	954-771-2711
Mental Health Association 7145 W. Oakland Park Boulevard Lauderhill, FL 33313-1012 Tuesdays : 6:00pm - 8:00pm	954-746-2055
Rebel's Drop-In Center 3400 N. 29th Avenue Hollywood, FL 33021 Mondays: 7:00pm - 8:00pm	954-965-6408
South Florida DBSA	954-812-7110

### HOARDING

9Muses Art Center 7139 W. Oakland Park Blvd. Lauderhill, FL 33313 Thursdays: 12:00pm - 1:00pm

NATIONAL ALLIANCE ON

MENTAL ILLNESS (NAMI)

954-739-1888

954-746-2055

Geo Care (South Florida State Hospital) 800 E. Cypress Drive Pembroke Pines, FL 33025 3rd Saturday:10:00am

Hollywood Memorial Outpatient Center 3400 W. 29th Avenue Hollywood, FL 33020 2nd and 4th Saturdays: 2:00pm

### **OBSESSIVE-COMPULSIVE DISORDER (OCD)**

9Muses Art Center 7139 W. Oakland Park Blvd. Lauderhill, FL 33313 1st & 3rd Wednesdays: 7:30pm - 8:30pm

### **RECOVERY INTERNATIONAL**

Deerfield Beach (Dave)

North Lauderdale (Teri)

Tuesdays: 10:00am

Tuesdays: 1:30pm

Uses a cognitive-behavioral, peer-to-peer, self-help training system to help individuals gain skills to lead more peaceful and productive lives.

Cooper City (Janet) Wednesdays: 6:30pm	954-433-9012

Telephone Index listing all agencies and programs alphabetically begins on page 185.

866-221-0302

954-972-4670

954-572-0222

954-746-2055

### **RECOVERY WORKSHOP**

9Muses Art Center	954-746-2055
7139 W. Oakland Park Blvd.	
Lauderhill, FL 33313	
Wednesdays: 1:00pm - 2:00pm	

### SCHIZOPHRENICS ANONYMOUS 866-800-5199

Rebel's Drop-In Center 3400 N. 29th Avenue Hollywood, FL 33021 Sundays: 3:00pm - 4:00pm

9Muses Art Center 7139 W. Oakland Park Blvd. Lauderhill, FL 33313 Fridays: 5:00pm

### SMARTRECOVERY

866-951-5357

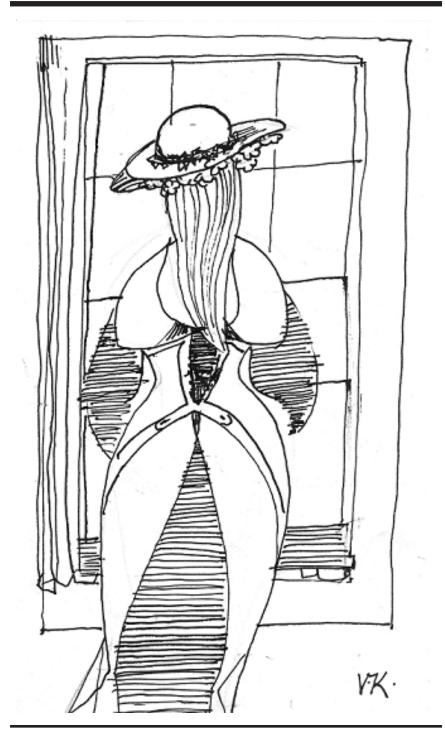
954-965-6408

954-746-2055

The Pride Center in Equality Park305-725-10252040 N. Dixie Highway954-815-4170Bldg. A, 2nd Floor954-815-4170Wilton Manors, FL 33304Mondays: 7:30pm & Thursdays: 6:30pm



Telephone Index listing all agencies and programs alphabetically begins on page 185.



# Helpful Information

Telephone Index listing all agencies and programs alphabetically begins on page 185.



# **HOTLINES & WEBSITES**

# Anonymous Lines

Alateen www.al-anon.org/for-alateen	888-425-2666
Alcoholics www.aabroward.org	954-462-0265
<b>Cocaine</b> www.ca.org www.fla-ca.org	954-779-7272
<b>Marijuana</b> www.marijuana-anonymous.org	800-766-6779
Overeaters www.oa.org	954-938-9586
Crisis Help Lines	
Abuse Registry	800-962-2873
Crisis Unit www.hendersonbehavioralhealth.org	954-739-8066
Crisis Line-BROWARD First Call for Help www.211-broward.org	Call 211 or 954-537-0211
Crisis Line-DADE www.switchboardmiami.org	305-358-1640
Crisis Line-PALM BEACH www.211palmbeach.org	561-547-1000
Disaster Distress Helpline www.disasterdistress.samhsa.gov	800-985-5990
Florida Coalition Against Domestic Violence www.fcadv.org	800-500-1119
Mobile Crisis (Henderson)	954-463-0911

Mobile Crisis (Henderson) www.hendersonbehavioralhealth.org

# **HELPFUL INFORMATION**

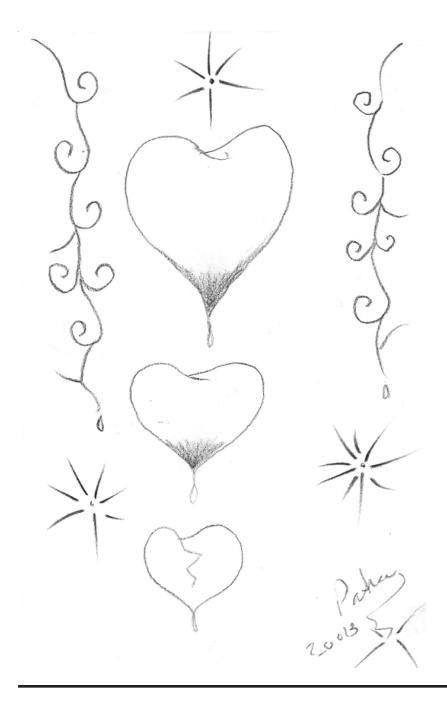
National Center for Missing and Exploited Children www.missingkids.com	800-843-5678 (THE LOST)
National Organization for Victim Assistance (NOVA) www.trynova.org	800-879-6682 (TRYNOVA)
National Self-Injury Info Line www.selfinjury.com	800-366-8288 (DON'T CUT)
Poison Control www.pediatrics.med.miami.edu/poison-con	800-222-1222 htrol-center
Sexual Assault www.broward.org	954-761-7273 (RAPE)
www.rainn.org	800-656-4673 (HOPE)
	800-784-2433 (SUICIDE) 800-442-4673
	(HOPE) 800-273-8255 (TALK) 888-333-2377
	888-628-9454

# **Health Help Lines**

AIDS www.cdc.gov/hiv www.cdcnpin.org/hiv	800-232-4636 (CDC-INFO)
Alzheimer's www.alz.org	800-272-3900
HIV/STD www.cdc.gov/std	800-227-8922
Hill Burton Free Hospital Care www.hrsa.gov/gethealthcare/affordable/hil	800-638-0742
Medicaid Authorization www.dcf.state.fl.us/programs/access	866-762-2237
Medicare Hotline www.medicare.gov	800-633-4227 (MEDICARE)

Listening/Resource Help Lines	
You can call and talk to someone who listens, understands and cares	
Family Voices Project	954-746-2055
First Call for Help	Call 211 or 954-537-0211
Seth Line (warm line)	954-578-5640 866-964-3714
Veteran's Help Lines	
Veterans Crisis Line	<b>800-273-8255</b> Press 1
National Center for PTSD www.ptsd.va.gov	802-296-6300
Military OneSource www.militaryonesource.com	800-342-9647
S.A.F.E. Program (Support & Family Education) www.ouhsc.edu/safeprogram	405-270-5183





# **NATIONAL & STATE ORGANIZATIONS**

Alcoholics Anonymous P.O. Box 459 New York, NY 10163 www.aa.org	212-870-3400
Alzheimer's Association 225 N. Michigan Avenue, 17th Floor Chicago, IL 60601 www.alz.org	800-272-3900
American Foundation for Suicide Prevention 120 Wall Street, 29th Floor New York, NY 10005 www.afsp.org	<b>888-333-2377</b> (AFSP)
Anxiety & Depression Association of America 8701 Georgia Avenue, #412 Silver Spring, MD 20910 www.adaa.org	240-485-1001
Autism Society of America 4340 East-West Highway #350 Bethesda, MD 20814 www.autism-society.org	<b>800-328-8476</b> (800-3AUTISM)
Brain Injury Association of Florida 1637 Metropolitan Blvd., #3 Tallahassee, FL 32308 www.biaf.org	800-992-3442
Center for Mental Health Services 1 Choke Cherry Road, Room 6-1057 Rockville, MD 20857 www.samhsa.gov	240-276-1310
<b>CHADD (Children &amp; Adults with ADHD)</b> 8181 Professional Place, #150 Landover, MD 20785 www.chadd.org	301-306-7070

Dana Alliance for Brain Initiatives 505 Fifth Avenue, 6th Floor New York, NY 10017 www.dana.org	212-223-4040
Department of Children & Families (DCF) 1317 Winewood Blvd., Bldg 1, Rm 202 Tallahassee, FL 2399 www.myflfamilies.com	866-762-2237
Depression and Bipolar Support Alliance (DBSA) 730 N. Franklin Street, #501 Chicago, IL 60654 www.dbsalliance.org	800-826-3632
Family Caregiver Alliance 785 Market Street, #750 San Francisco, CA 94103 www.caregiver.org	800-445-8106
Disability Rights Florida (formerly Advocacy Center for Persons with Disabilities) 2728 Centerview Drive, #102 Tallahassee, FL 32301 www.disabilityrightsflorida.org	800-342-0823
Florida Council on Compulsive Gambling 901 Douglas Avenue, #200 Altamonte Springs, FL 32714 www.gamblinghelp.org	888-236-4848 (ADMIT IT)
Florida Department of Elder Affairs 4040 Esplanade Way Tallahassee, FL 32399 www.elderaffairs.state.fl.us	850-414-2000
Florida Department of Health Division of Medical Quality Assurance (MQA) 4042 Bald Cypress Way Tallahassee, FL 32399 www.doh.state.fl.us/mqa	850-488-0595
Florida Respite Coalition 2699 Lee Road, #230 Winter Park, FL 32789 www.floridarespite.org	866-357-3543 (FL-RELIEF)

Telephone Index listing all agencies and programs alphabetically begins on page 185.

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HELPFUL INFORMATION	149
Florida Senior Medicare Patrol 9887 4th Street North, #100 St. Petersburg, FL 35702	727-570-9696
Florida Telecommunications Relay1820 E. Park Avenue, #101TTY:Tallahassee, FL 32301www.ftri.org	<b>800-222-3448</b> 888-447-5620
Freedom From Fear 308 Seaview Avenue Staten Island, NY 10305 www.freedomfromfear.org	<b>718-351-1717</b> ext. 19
<b>Learning Disabilities Association of America</b> 4156 Library Road Pittsburgh, PA 15234-1349 www.ldanatl.org	412-341-1515
Mental Health America (MHA) (formerly National Mental Health Association) 2000 N. Beauregard Street, 6th Floor Alexandria, VA 22311 www.mentalhealthamerica.net	800-969-6642 (NMHA)
National Alliance for Caregiving 4720 Montgomery Lane, 2nd Floor Bethesda, MD 20814 www.caregiving.org	
National Alliance on Mental Illness (NAMI) 3803 N. Fairfax Drive, #100 Arlington, VA 22203 www.nami.org	<b>800-950-6264</b> (NAMI)
National Association for Persons in Supported Employment 416 Hungerford Drive, #418 Rockville, MD 20850 www.apse.org	301-279-0060
National Eating Disorders Association 165 W. 46th Street, #402 New York, NY 10036 www.nationaleatingdisorders.org	800-931-2237

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National Empowerment Center 599 Canal Street Lawrence, MA 01840 www.power2U.org		800-769-3728 (POWER2U)
National Institute of Mental Health (NIMH) 6001 Executive Blvd., Rm 6200 MSC 9663 Bethesda, MD 20892 www.nimh.nih.gov	TTY:	<b>866-615-6464</b> 866-415-8051
National Mental Health Consumers Self-Help Clearinghouse 1211 Chestnut Street, #1100 Philadelphia, PA 19107 www.mhselfhelp.org		800-553-4539
National Parkinson Foundation 200 SE 1st Street, #800 Miami, FL 33131 www.parkinson.org		800-473-4636
Planned Parenthood 434 W. 43rd Street New York, NY 10001 www.plannedparenthood.org		800-230-7526 (PLAN)
<b>Postpartum Support International</b> 6706 SW 54th Avenue Portland, OR 97219 www.postpartum.net		800-944-4773 (4PPD)
Substance Abuse and Mental Health Services Administration (SAMHSA) www.samhsa.gov 1 Choke Cherry Road Rockville, MD 20857		877-726-4727 (SAMHSA7)

# BROWARD BEHAVIORAL HEALTH COALITION (BBHC)

Broward Behavioral Health Coalition, Inc. (BBHC) was created in 2011 and selected by the Florida Department of Children and Families as Broward County's managing entity for mental health and substance abuse services.

The BBHC Board has contracted with Concordia Behavioral Health to provide support servcies related to BBHC's management of behavioral health services in Broward County.

## **BBHC's** mission:

To advocate and ensure an effective and efficient behavioral health system of care is available in Broward County.

# Broward Behavioral HEALTH COALITION



# **BROWARD CARES**

# Community Access to Recovery, Empowerment and Support

Broward CARES is a network of Broward County behavioral health and ancillary provider organizations committed to achieving a continuous, coordinated and integrated system of care addressing the needs of persons with co-occurring psychiatric, substance related and other complex conditions. A key goal of Broward CARES is to establish a welcoming environment in which access to care through any participating provider will be followed by client services and/or linkage to services, appropriate to the needs of each client.

On the following page, there is a table that identifies four quadrants for care and the self-designated areas of strength for participating providers. The table is not inclusive of all resources of our community but does reflect the input of the provider organizations that are actively engaged with Broward CARES and have responded to a request for data.

Additional information on these and other providers can be found in this Connections Guidebook's alphabetical listing of "Agencies & Programs" (beginning on page 19). More detailed information may be obtained by calling MHA or the provider agency directly.

### **Broward CARES Participating Organizations:**

2-1-1 Broward

Achievement & Rehabilitation Ctrs Archways Banyan Health Systems/Spectrum Broward Addiction Recovery Center Broward County Elderly and Veterans Services Broward Health Broward House Broward Partnership for the Homeless Broward Regional Health Planning Council Broward Sheriff's Office Covenant House Florida Department of Children and Families Fort Lauderdale Hospital

GeoCare-South Florida State Hospital Gulf Coast Jewish Family & Community Services Henderson Behavioral Health House of Hope Memorial Healthcare System Mental Health Association of Southeast Florida New Direction Institute Our Children Our Future Smith Community Mental Health Center Susan B. Anthony Recovery Center Silver Impact The Starting Place United Way of Broward County Commission on Substance Abuse Volunteers of America

Telephone Index listing all agencies and programs alphabetically begins on page 185.

### **Quadrant I** - PSYCH LOW; SUBSTANCE LOW Mild psychopathology with mild substance related conditions

Archways (TANF Case Mgmt, Outpatient) Banyan Health Systems/Spectrum (Outpatient) Broward Addiction Recovery Center (Intervention) Broward County Elderly and Veterans Services Broward Partnership for the Homeless (Crisis Stabilization, Residential) Broward Sheriff's Office Drug Court (Outpatient) BSO In-Custody Sub Abuse (Residential, Therapeutic Community) Henderson Behavioral (Crisis, CSU, Sub Abuse Outpatient, Co-occurring) Memorial Healthcare System (Outpatient, Prevention) Mental Health Association (Prevention) The Starting Place (Outpatient)

### <u>Quadrant II</u> - PSYCH HIGH; SUBSTANCE LOW Serious & persistent mental illness with substance use

Achievement & Rehabilitation Centers Archways (Residential, Day Treatment, Case Mgmt, Outpatient) Broward County Elderly and Veterans Services Broward Health (Inpatient) Broward Partnership for the Homeless(Crisis Stabilization, Residential) Broward Sheriff's Office In-Custody Mental Health (Residential) GeoCare-South Florida State Hospital (Inpatient) Gulf Coast EGRTS (Residential, Outpatient, Adult Foster Care) Henderson Behavioral Health (All Services) House of Hope Memorial Healthcare System (Outpatient, Inpatient) Mental Health Association (Prevention) New Direction Institute

### **Quadrant III** - PSYCH LOW; SUBSTANCE HIGH Psychiatrically complicated substance dependence

Banyan Health Services/Spectrum (Residential) Broward Addiction Recovery Center (All Services) Broward County Elderly and Veterans Services Broward Partnership for the Homeless (Crisis Stabilization, Residential) Broward Sheriff's Office Drug Court (Outpatient) Broward Sheriff's Office In-Custody Services Henderson Behavioral (Crisis, CSU, Sub Abuse Outpatient, Co-occurring) Memorial Healthcare System (Outpatient Detox, Prevention) Susan B. Anthony Recovery Center (Residential, Outpatient) The Starting Place (Adult outpatient)

### **Quadrant IV** - PSYCH HIGH; SUBSTANCE HIGH Serious & persistent mental illness with substance dependence

Broward County Elderly and Veterans Services Broward Partnership for the Homeless (Crisis Stabilization, Residential) Broward Health (Inpatient) Broward Sheriff's Office In-Custody Mental Health (Residential) GeoCare-South Florida State Hospital (Inpatient) Gulf Coast Jewish Family & Community Services Henderson Behavioral Health (All Services) House of Hope Memorial Healthcare System (Inpatient, Outpatient) Susan B. Anthony Recovery Center (Residential, Outpatient)

# **IDENTIFICATION**

### Birth / Marriage / Divorce Certificate

A copy of your birth certificate can be obtained by written request to the Bureau of Vital Statistics in the county where you were born. There is usually a fee for this service. To find the address and phone number of the Bureau of Vital Statistics in your birth county, look in your local library for the telephone directory of the city in which you were born or use an internet search. You can also dial 1, area code of birth county, and 555-1212 and ask for the Bureau of Vital Statistics.

You can also obtain Marriage & Divorce certificates in the same way by contacting the Bureau of Vital Statistics in the county in which you were married or divorced.

### Social Security Card

To get a new, duplicate or name change social security card Call or visit in person

3201 W. Commercial Blvd Ft. Lauderdale, FL 33309 877-253-4720

8501 W. Sunrise Blvd., #100 Plantation, FL 33322

#### You will need to bring Proof of:

U.S.citizenship such as birth certificate, passport or naturalization papers. Identity that shows name, date of birth and preferably a photo such as a U.S. Driver's License, U.S. Identification Card, or U.S. Passport. These documents must be currently valid and not expired.

### Identification Card

To get a new, duplicate or name change identification card Call or visit in person at any drivers license office.

100 S. Military Trail, #126	3718 W. Oakland Park Blvd.
Deerfield Beach, FL 33442	Lauderdale Lakes, FL 33311
1135 Banks Road	15739 Pines Blvd.
Margate, FL 33063	Pembroke Pines, FL 33027
7217 W. Oakland Park Blvd.	8001 Pembroke Road
Lauderhill, FL 3313	Pembroke Pines, FL 33025

#### You will need to bring:

Original or certified copy of your birth certificate, or a valid U.S. passport, social security card or computer generated W-2 or 1099 form, and two proof of address items such as a voter's registration, vehicle registration, utility bill (telephone, water, FPL, etc. or bank statement less than 2 months old), deed, rental/lease agreement, mail from federal, state, county or city government, a letter from a homeless shelter or transitional housing provider verifying they receive your mail accompanied by a certification of address form.

There is a \$25 fee for an original, renewal or replacement ID card.

Margate, FL 33063

500 N. Hiatus Road

866-643-3406

Pembroke Pines, FL 33026

5195 Coconut Creek Pkwv

### 800-772-1213

954-497-1570

# **VETERAN'S BENEFITS**

Veteran's benefits, consisting of monthly disability payments, health care and various other benefits, are available to veterans of U.S. military service and their dependents.

#### Who is eligible?

Veterans with Active military service, who have an Honorable or Under Honorable Conditions discharge, and their beneficiaries may receive veteran's benefits.

#### What benefits are provided?

The major benefits that may be available to veterans and their beneficiaries include health care (for veterans), such as CHAMPVA for Permanent and Total serviceconnected veterans' spouses; life insurance; mortgage insurance; financial aid for education; vocational rehabilitation; counseling; burial benefits at national cemeteries; survivors' benefits and death benefits for beneficiaries.

Disability payments are available to veterans whose disabilities were incurred or aggravated during their military service. The amount of the benefit depends upon the degree of the impairment and the number of dependents. Low-income war time, disabled veterans may also apply for a pension, regardless of the disability's connection to military service. Disabled veterans also may receive grants for adaptive modification of their homes and automobiles, and assistance with other expenses. The benefits are administered by the Dept. of Veterans Affairs (VA).

#### How do I apply?

Contact the Florida Department of Veterans' Affairs (FDVA) at 850-487-1533. You can also find them on the Internet at <u>www.floridavets.org</u> or your local County Veteran Service Office (CVSO). You can locate your CVSO in the "Blue Pages" of your phone book under "County Government" or on the FDVA Website. These offices can assist you with any application for veterans benefits. Counselors at this number can answer questions about benefits eligibility and application procedures. They also make referrals to other VA facilities, such as medical centers and national cemeteries. These facilities also accept applications for benefits.

#### Contacts for Veteran's Information:

U.S. Department of Veterans	Affairs www.va.gov	800-827-1000
VA Health Resource Center	(800-222-VETS)	800-222-8387
Broward County Veterans Se	rvices	954-357-6622
Broward County VA Benefits	Office	954-475-5500
Miami VA Healthcare Center		305-575-7520
National Center for PTSD	www.ncptsd.va.gov	802-296-6300
Military OneSource	www.militaryonesource.com (user id: military; password: ones	
SAEE Program	www.oubsc.edu/safeprogram	

#### S.A.F.E. Program

#### www.ouhsc.edu/safeprogram

Support and Family Education - Mental Health Facts for Families. A free downloadable 18-session curriculum for people who care about someone who has a mental illness or PTSD.

Source: Department of Veterans' Affairs

# MYTHS & FACTS ABOUT MENTAL ILLNESS

### THE MYTHS

MYTH: Mental illnesses are due to poor parenting and moral weakness.

**REALITY:** Current research has suggested that the majority of mental illnesses are biologically-based and are treatable. Some mental illnesses have a genetic component. Biological and environmental triggers, not yet fully understood, may precipitate the onset of the illness.

MYTH: People who have been treated for a mental illness are unstable and could go "wild" at any moment.

**REALITY:** Most people with mental illnesses are more likely to withdraw from social contact than aggressively confront others. The vast majority of people with mental illnesses are never dangerous or a threat to others. The fear that they will go "wild" is unfounded and not a reason for denying the person employment opportunities, housing or friendship.

# MYTH: All people with mental illnesses are violent and dangerous to society.

**REALITY:** Statistical research shows that a person with a mental illness is no more likely to commit a violent act than someone in the general population. Individuals who have recovered from a mental illness are more apt to be the victims of a violent crime rather than the perpetrators. The true predictor of criminality is not a history of mental illness but a history of violent actions. A person who has been treated for a mental illness but does not have a previous criminal record is considered less likely to be arrested than the average citizen.

#### MYTH: People with mental illnesses will never recover.

**REALITY:** Mental illnesses are treatable and people who have them can and do recover. Mental illnesses should be viewed with the same attitude as physical illnesses. When care and treatment are available, improvement and/or recovery will allow individuals to return to leading normal, productive lives. Unfortunately, discrimination prevents people who have recovered from a mental illness from re-entering the vocational, residential and social mainstream.

#### MYTH: People with schizophrenia have a "split personality".

**REALITY:** "Split personality" is a popular but incorrect description of schizophrenia, one of the major mental illnesses. Dissociative disorder is a separate and very rare disorder. Schizophrenia is a thought disorder characterized by visual or auditory hallucinations and other symptoms of being "out of touch with reality".

MYTH: All homeless people have a mental illness and they should be hospitalized.

**REALITY:** One-third of the homeless population is estimated to have a mental illness. Only six percent of the homeless require inpatient psychiatric care, according to the National Institute of Mental Health (NIMH).

MYTH: People with a mental illness should be locked up "for their own good".

**REALITY:** The mental health system no longer "locks people up" as a treatment. Today, most people are successfully treated in outpatient settings. People with mental illnesses live in the community. Many live with their families while using community support services.

MYTH: It's okay to discriminate against people with a mental illness because no one can expect you to hire a person with schizophrenia or rent to someone with manic depression.

**REALITY:** The Americans with Disabilities Act of 1990 provides comprehensive protection against discrimination based on mental or physical disabilities. The employment provision of the ADA took effect July 26, 1992 for all employers with 225 employees or more; in 1994, for 15 employees or more. All Americans, no matter what their disability, are entitled to work opportunities provided they meet job qualifications. The Fair Housing Amendment Act of 1988 extended protection against discrimination in the sale or rental of housing to people with disabilities.

#### MYTH: Mental illness is the same as mental retardation.

**REALITY:** Mental retardation (now called developmental disability) is a condition that develops at birth or during development and involves below average intellectual functioning. Most people with a mental illness are of at least average intelligence and their first episode with mental illness can happen at any age. Mental illnesses respond to treatment.

# THE FACTS

Mental illness strikes people of all ages, races and economic backgrounds, whether or not there is a history of mental illness. Possible causes include genetic history, chemical imbalances in the brain and other biological and environmental triggers.

More than 54 million Americans have a mental disorder in any given year, although only one-third seek treatment

Late-life depression affects about 6 million adults, but only 10 percent ever receive treatment. At least 10 to 20 percent of widows and widowers develop clinically significant depression within one year of their spouse's death. Older Americans are more likely to commit suicide than any other age group. Although they constitute only 13 percent of the U.S. population, individuals age 65 and older account for 20 percent of all suicides.

One in five children have a diagnosable mental, emotional or behavioral disorder. And up to one in 10 may suffer from a serious emotional disturbance. Seventy percent of children, however, do not receive mental health services.

Each year, 18 million Americans suffer from clinical depression. About 12 million women in the U.S. experience depression every year — roughly twice the rate of men. Depression is often misunderstood; it is not a passing mood or a personal weakness, but a major medical disorder.

It has been calculated that each year, the economy loses an estimated \$44 billion because of clinical depression. More than \$17 billion is in time lost from work. A RAND Corporation study found that patients with depressive symptoms spend more days in bed than those with diabetes or arthritis, back problems, lung problems or gastrointestinal disorders.

Depression greatly increases the risk of developing heart disease. People with depression are four times more likely to have a heart attack than those with no history of depression

Anxiety disorders (phobia, panic disorder, obsessive-compulsive disorder or posttraumatic stress disorder) affect more than 28 million Americans. Symptoms can be totally disabling.

Schizophrenia, a brain disease characterized by impaired thinking, delusions and hallucinations, is the most severe and disabling of the mental illnesses. More than 2.5 million people in the U.S. will be affected by schizophrenia, which is five times more common than many of the prevalent physical illnesses affecting Americans.

Up to one half of all visits to primary care physicians are due to conditions that are caused or exacerbated by mental or emotional problems.

However, mental disorders are highly treatable medical illnesses. Hope and help are available. Call your Mental Health Association for resources.

Sources: Mental Health America National Institute of Mental Health Surgeon General's Report on Mental Health

Telephone Index listing all agencies and programs alphabetically begins on page 185.

# **10 TOOLS TO LIVE YOUR LIFE WELL**

**Simple Strategies for Success** 

- Tool 1: Connect With Others
- Tool 2: Stay Positive
- Tool 3: Get Physically Active
- Tool 4: Help Others
- Tool 5: Get Enough Rest
- Tool 6: Create Joy and Satisfaction
- Tool 7: Eat Well
- Tool 8: Take Care of Your Spirit
- Tool 9: Deal Better With Hard Times
- Tool 10: Get Professional Help If You Need It

The **Live Your Life Well** website is designed to help you cope better with stress and create more of the life you want.

Maybe you're holding down two jobs or can't find work. Maybe you're the parent of young children or the child of aging parents. Maybe you face a rush of daily demands or one potentially life-changing challenge. Whatever your situation, **MHA is here to help you.** 

**10 Tools to Live Your Life Well** is based on extensive scientific evidence. These tools can help you relax, grow and flourish. They can help you **Live Your Life Well**.

### Get more information and track you success at: www.LiveYourLifeWell.org



Source: Mental Health America © 2009

# SELF-ADVOCACY

#### What You Need to Know

You may have just been diagnosed with a mental illness, or you may have already begun treatment. Either way, you're probably experiencing a range of emotions. For some people, receiving a diagnosis can be a relief, finally being able to put a name to a problem. For others, it can be a major blow. You may experience fear, anger, denial, shame or sadness. You may be wondering, "Why did this happen to me? How will this affect my life? What will people think of me?"

Being told that you have a mental illness is not the end of the world. With help and support, you can recover and achieve your life's ambitions. Of course, you will face many challenges as you begin your treatment, but there is hope. Mental illnesses are manageable. And there are a number of things you can do for yourself after a diagnosis to cope with the news, keep up with your treatment, and support your own recovery.

#### Be Hopeful

Above all else, it's important to maintain a positive outlook. Here are a few things to keep in mind throughout your treatment and recovery.

- You are not alone in this experience. Mental illnesses are medical illnesses and are common, affecting one in every five Americans.
- You can improve and achieve your goals. Today, many people who are diagnosed with serious mental illnesses are managing their conditions and regaining control of their lives.
- You can and should play an active role in your treatment. The more informed you are about your illness and treatment options, the better you'll be able to direct your recovery.

#### **Get Emotional Support**

An important step in coping with a diagnosis is to find emotional support. Talk to friends and family members you feel close to and trust. They care about you and want to help you recover. Discuss your feelings about the diagnosis and any treatments or services that have been recommended. Don't be afraid to let people know how to help you. This support will be important, both as you begin your recovery and when you have to deal with any setbacks along the way. Also, you may want to meet people who have already been through what you are currently experiencing. This can help you prepare for what's ahead and help you avoid any problems others may have been through in their recovery. Seek out self-help groups and support organizations that can reduce any feelings of isolation and loneliness.

#### Learn All You Can About Your Diagnosis

If you're ready, do some research on your particular illness, the recommended treatments and other self-help ideas. The more you learn, the better you'll be in working with your doctor and making decisions that feel right for you. Talk to people who have had similar experiences about mental illnesses and treatment options. There are a number of websites, including the National Institute of Mental Health (www.nimh.nih.gov) and Mental Health America (www.mentalhealthamerica.net), which can give you additional information. However, beware of some commercial websites that offer quick fixes or don't reveal their sources.

### **Understand Your Health Care Options**

Getting the services you need and paying for them can be a challenge. Your options may be limited by whether or not you have insurance, the type of insurance you have (private, HMO, Medicaid, Medicare), and the amount of coverage it provides for mental health care. But, remember, there are options.

- If you're employed and have a health plan, call your health insurer to see if they cover mental health services. Then find out which mental health professionals in your area are willing to accept payment from your insurance plan. If your employer has an Employee Assistance Program (EAP), they can also help you find services you can afford.
- If you can get health care through a government program like Medicaid or Medicare, you should contact a community mental health center or local health department to see which doctors or programs accept this form of health insurance.
- If you don't have health insurance, ask your community mental health center about reduced-cost (or sliding-scale fee) mental health services.
- The Affordable Care Act, or ACA as it is more commonly called, is a Federal Law which makes health care available to individuals who choose to participate. There is a financial eligibility requirement but the Act creates an opportunity for individuals with pre-existing conditions to be eligible for health care coverage. Information is available at <a href="http://www.healthcare.gov">www.healthcare.gov</a>

#### Develop a Partnership with Your Doctor and/or Therapist

Once you have received a diagnosis and are in contact with a doctor or a mental health professional, here's what you need to know about making the most of these relationships from the start.

- Make sure it's the right fit for you. If possible, interview multiple providers; don't be afraid to meet with more than one. You'll want to find a doctor, mental health professional or peer counselor with whom you can relate. Ask them about their style of treatment and experiences helping other people with your particular illness.
- Be open with your doctor or therapist. Go to your appointments with a list of questions you may have about your diagnosis and the therapies that are being proposed.
- After starting a course of treatment, you should begin to notice changes: relief from your symptoms, more self-assurance, greater ability to make decisions. You should tell the doctor or therapist about your progress, or if you are having any problems. Don't be afraid to voice your concerns.
- Involve your family and friends in your treatment, if you're comfortable with that. Invite them to accompany you to an appointment or to sit in on a therapy session.
- Treatment takes time. Don't give up.

#### Getting the right help requires perseverance and self-advocacy.

# Take advantage of the options you have and continue to search for other ways to meet your needs.

#### Remember — getting back to your life is the goal of recovery!

Source: Mental Health America

# FLORIDA LICENSED MENTAL HEALTH PROFESSIONS CLASSIFICATIONS

#### **PSYCHIATRIST (MEor OS)**

Psychiatrists are physicians who have a medical degree (M.D.) or a degree in osteopathic medicine (D.O.) with a specialization in mental illness. They treat a wide range of emotional and behavioral disorders and may be working in hospitals, businesses, public agencies, private practice, etc. Psychiatrists are the only mental health professionals who can prescribe medication.

### **PSYCHOLOGIST (PY)**

Psychologists have either a Ph.D. (Doctor of Philosophy) or a Psy.D. (Doctor of Psychology) or an Ed.D. (Doctor of Education) from an accredited graduate or professional school. They diagnose and treat emotional and behavioral disorders in children, adolescents and adults that range from mild to very severe. Psychologists most often work in hospitals, businesses, public or private practice treatment centers or private practice.

#### **CLINICAL SOCIAL WORKER (SW)**

Clinical Social Workers have a Master's Degree (M.S.W.) from an accredited graduate school with a specialization in mental health services. They plan, organize and administer direct therapeutic services and intervene in individual, group, community and organizational systems. Clinical Social Workers often work in hospitals, social service agencies or private practice.

### MARRIAGE & FAMILY THERAPIST (MT)

Marriage & Family Therapists have a Master's Degree (M.A. or M.S. or M.Ed.) from an accredited graduate school with specialty coursework in marriage and family therapy. They treat stress that accompanies family milestones such as marriage, divorce, birth, death, etc., as well as other emotional and behavioral problems. Marriage & Family Therapists may be working in mental health clinics, public service agencies, businesses, hospitals or private practice.

#### **MENTAL HEALTH COUNSELOR (MH)**

Mental Health Counselors have a Master's Degree (M.A. or M.S. of M.Ed.) from an accredited graduate school with specialty coursework in mental health counseling. They treat individuals, families or groups including children, adolescents and adults with a wide range of emotional and behavioral problems. Mental Health Counselors often work in hospitals, schools, businesses, agencies or private practice.

### SCHOOL PSYCHOLOGIST (SS)

School Psychologists have either a Doctoral Degree (Ph.D. or Psy.D. or Ed.D.) or a Master's Degree (M.A. or M.S. of M.Ed.) from an accredited graduate school with specialization in child development, learning and behavior disorders. They test, diagnose and assess cognitive abilities that relate to learning or behavioral problems and treat these problems in children and adolescents. School Psychologists often work in government agencies, public or private schools or private practice.

### **REGISTERED NURSE (RN or ARNP)**

Certain classifications of nurses receive specialized training and are qualified to provide mental health care.

#### PLEASE NOTE:

All licensed mental health professionals have completed a supervised internship prior to sitting for the State of Florida Licensure Exam to determine competency in their particular field. In addition, all must maintain active participation in ongoing Continuing Education to renew their license status. Effective mental health treatment is based on the unique relationship between client and therapist. Although certain license classifications traditionally provide service to certain narrow populations, many services overlap license titles. An exception is the prescription of medication, which is restricted to the Psychiatrist (ME). **Registered Interns** are <u>unlicensed</u> individuals working under the supervision of a licensed professional. **Registered Interns are listed as ISW, IMT, IMH.** 

#### SPECIAL NOTE:

The State of Florida, Department of Health-Division of Medical Quality Assurance provides further information on licensure requirements.

Psychiatrist refers to persons licensed pursuant to chapter 458 or 459.

Psychologist, School Psychologist refer to persons licensed pursuant to chapter 490.

Clinical Social Worker, Marriage & Family Therapist, Mental Health Counselor refer to persons licensed pursuant to chapter 491.

Registered Nurse refers to persons licensed pursuant to chapter 464.

# HOW TO TALK WITH YOUR DOCTOR

Before your first appointment, write down the history of your illness:

When did you first feel like this? How long did it last? Was it triggered by some event? Were you treated before? What medications? What dosages? Did they work, etc.?

Write down any medications you are currently taking and the dosage, including over-the-counter preparations.

Also list medications you have taken in the past. Be honest about any alcohol, prescription or recreational drugs used.

Start a list of questions you want to ask the doctor. Add to it as you think of things you want to say or find out at your next appointment. Then take that paper with you when you go to see him/her.

Bring pen and paper to write down the things the doctor tells you, since memory and concentration may be faulty at this time.

When the doctor gives you a prescription, ask about the potential side effects, if they will lessen, and how long before the medication is expected to produce results.

Be patient since some medications can take several weeks to work, but almost nothing should take longer than 8 weeks. If no improvement is felt by then, insist that your doctor put you on a different medication or give you a good reason why not.

Ask how this medication might interact with any other medications you take, and any food or drink you should avoid. Do not get out of your chair until all your questions are answered to your satisfaction.

Don't be intimidated - she/he is your doctor and it is YOUR body chemistry your doctor is being paid to stabilize. If you have any bad reaction to the medication, do not hesitate to call the doctor, day or night.

# **MEDICATIONS**

The following information is not meant to replace instructions from your psychiatrist, but is for the purpose of letting you know what you might expect in terms of side effects, interactions with other medications or foods and the importance of compliance. Most of this information was taken from NIMH Medication publication and Imperial Point Medical Center Mental Health Unit's Medication Booklet, along with other sources.

### ANTIPSYCHOTIC MEDICATIONS (Neuroleptic)

aripiprazole (Abilify) \* chlorpromazine (Thorazine) chlorprothixene (Taractan) clozapine (Clozaril, Prolixin) \* fluphenazine (Permitil) haloperidol (Haldol) loxapine (Loxitane) mesoridazine (Serentil) molindone (Lidone, Moban) olanzapine (Zyprexa) \* perphenazine (Trilafon) pimozide (Orap) quetiapine (Seroquel) \* risperidone (Risperdal)\* thioridazine (Mellaril) thiothixene (Navane) trifluoperazine (Stelazine) trifluopromazine (Vesprin) ziprasidone (Geodon)\*

\* Atypical antipsychotic medications are newer medications developed in the 1990s. Because they have fewer side effects, today they are often used as a first-line treatment. Each has a unique side effect profile, but in general, these medications are better tolerated than the earlier drugs. Some cautions apply.

- These medications help to calm you down, stop the voices and organize your thoughts.
- Get up slowly from a sitting or lying position. These medications may cause low blood pressure.
- Use a sunscreen lotion when out in the sun. Some people develop photosensitivity when taking these medications.
- Short term side effects that you may experience include: Blurred vision
   Constipation
   Drowsiness
   Dry mouth
   Increase in appetite or weight gain
- Tell all doctors, nurses and any other health care provider what medications you are taking.
- Do not increase or decrease your dose of medication or stop it altogether before discussing it with whomever prescribed it.

#### CLOZAPINE (Clozaril)

- Clozaril is classified as an atypical antipsychotic medication and the effects exhibited differ from the more typical antipscyhotic medications.
- Patients on Clozaril may experience relative freedom from extra pyramidal side effects. (i.e. stiffness, muscle spasm).
- Sedation is a side effect you may experience while starting on Clozaril. Your physician may advise against driving or any other potentially hazardous activity while on this medication.
- This medication may cause low blood pressure. Get up slowly from a sitting to standing position.
- Weekly blood counts (WBC) are required to monitor the occurrence of a lowered white blood cell count.
- It is very important for you to inform your doctor of the appearance of lethargy, weakness, fever, sore throat, malaise or any signs of infection.
- > Let your doctor know if you are pregnant or have a seizure disorder.
- Do not increase or decrease this medication or stop it all together before discussing with your doctor.

#### OTHER ATYPICALS

Side effects you may experience while taking atypical antipsychotic medications include: insomnia, weight gain, agitation, headache, anxiety and rhinitis. Less common would be: somnolence, stiffness, shakes, dizziness, constipation, nausea, and increased heart rate. In some people with heart problems or a slow heartbeat, *Geodon* can cause serious and potentially fatal heartbeat irregularities. Use of *Abilify* can cause diabetes or hypoglycemia. *Zyprexa*, *Seroquel* and *Risperdal* have also been linked to diabetes.

- > Let your doctor know if you experience any of the above side effects.
- Blood monitoring is not necessary.
- These medications may cause low blood pressure. Get up slowly from a sitting to standing position.
- Do not increase or decrease this medication or stop it all together before discussing it with your doctor.

Check with your doctor or pharmacist for add'I side effects of specific medications.

Some antipsychotic medications can be taken just once a day. In order to reduce daytime side effects such as sleepiness, some medications can be taken at bedtime. Some antipsychotic medications are available in "depot" forms that can be injected once or twice a month. Discuss these options with your doctor or pharmacist.

#### ANTIMANIC MEDICATIONS

carbamazepine (Tegretol) \* carbamazepine extended-release (Equetro) \* divalproex sodium, valproic acid (Depakote) \* gabapentin (Neurontin) \* lamotrigine (Lamictal) \* lithium carbonate (Eskalith, Lithane, Lithobid) lithium citrate (Cibalith-S) topimarate (Topamax) \*

- Lithium is the most common medication used to treat mania. It helps to stabilize your moods and keep you from getting too high or too low.
- You will need periodic blood lithium levels for as long as you take this medication.
- Find out from your doctor your own therapeutic lithium blood level. (Usual range is 0.6 to 1.2 meq/liter)
- Your lithium (LiCo3) level can vary from time to time if there are changes in the following: amount of salt in your diet amount of fluid gained or lost from excessive drinking of fluids vomiting, sweating heavily or severe diarrhea
- Possible side effects that you may experience are: Tremor Fatigue Nausea Weight gain Increased urination Loose stools Rash/acne Increased thirst Thyroid disorder
- When there is too much lithium in your system you can experience symptoms of toxicity. Should you experience any of these, call your doctor immediately. These symptoms may include: Difficulty walking Severe diarrhea Slurred speech Severe drowsiness Severe vomiting Muscle twitches
- Tell all doctors, nurses and any other health care provider (including dentists) what medications you are taking.
- Do not increase or decrease your lithium or stop it altogether before discussing it with your doctor.

### VALPROIC ACID, DIVALPROEX SODIUM (Depakote)

\* Anticonvulsant medications have been established as anti-manic medication and can be prescribed as an alternative to, or in combination with, lithium.

- Most common side effects are tremor, dizziness, sedation, nausea/ vomiting, elevation of liver enzymes, some weight gain, abdominal pain and headaches.
- Your serum level of Depakote and your liver enzymes may be monitored while you are taking this medication.
- Notify your physician if you notice a yellowish tinge to your skin or eyes, or if you develop any shortness of breath, generalized body swelling, chest pain, pulse changes, or stomachache.
- If you develop extreme drowsiness, fatigue, exhibit slurred speech, mental confusion or unsteadiness on your feet, get medical attention immediately, as your drug level in your blood stream may be too high.
- Your skin may be extremely sensitive to sun. If you are going to be outside, be sure your skin is covered or use a sunscreen preparation with an SPF rating of #15 or higher. Also, it would be helpful to wear a hat and sunglasses to protect your eyes.

#### CARBEMAZOPINE (Tegretol)

- This medication will help calm and relax you and will also stabilize your moods. It is an anticonvulsant drug.
- Your serum level of Tegretol and blood count will be monitored while you are taking this medication. Your doctor will order this at regular intervals (at least monthly at first).
- Side effects you may experience are:

Drowsiness	Blurred vision	Dry mouth
Difficulty urinating	Constipation	Dizziness
Lightheadedness	Unsteady on feet	Reduced white blood cell count

- If you develop a sore throat and/or swollen glands without other cold or flu symptoms, report this to your physician immediately. Also report any mouth ulcers and excessive bruising or skin breaks.
- Notify your physician if you notice a yellowish tinge to your skin or eyes, or if you develop any shortness of breath, generalized body swelling, chest pain or pulse changes.
- If you develop extreme drowsiness, fatigue, exhibit slurred speech, mental confusion or unsteadiness on your feet, get medical attention immediately, as your drug level in your blood stream may be too high.

- Your skin may be extremely sensitive to sun. If you are going to be outside, be sure your skin is covered or use a sunscreen preparation with a rating of SPF#15 or higher. Also, it would be helpful to wear a hat and sunglasses to protect your eyes.
- Get up slowly from a sitting or lying position, as this drug may lower your blood pressure.
- Do not increase or decrease your dose of medication or stop it altogether before discussing it with whomever prescribed it.

Other anticonvulsants used for bipolar include *Lamictal*, *Topamax* and *Equetro*. The evidence for anticonvulsant effectiveness is stronger for acute mania than for long-term maintenance of bipolar disorder.

Some antipsychotic medications have been approved for the treatment of mania in bipolar disorder. These include: **Abilify**, *Geodon*, *Risperdal*, *Seroquel*, and *Zyprexa*. In addition, a combination medication, *Symbyax* (olanzapine and fluoxetine), has been approved for acute bipolar depression.

#### ANTIANXIETY MEDICATIONS

(Benzodiazepines/Sedatives - Hypnotic Meds)

alprazolam (Xanax) buspirone (BuSpar)\*\*Notabenzodiazepine chlordiazepoxide (Librax, Libritabs, Librium) clonazepam (Klonopin) clorazepate (Azene, Tranxene) diazepam (Valium) flurazepam (Dalmane) halazepam (Paxipam) lorazepam (Ativan) oxazepam (Serax) prazapam (Centrax)

- These medications help to decrease anxiety, calm nervousness or help you sleep.
- > They can cause physical or emotional dependence.
- Possible side effects you may experience are: daytime drowsiness or hangover feeling, depressed mood, decreased tolerance to alcohol or other sedatives.
- Do not increase or decrease your dose or stop medication altogether without discussing with your physician.

Antidepressant medications such as *Anafranil*, *Prozac*, *Luvox*, *Paxil*, *Zoloft*, *Lexapro* and *Effexor* are used to treat some anxiety disorders.

#### ANTI-PARKINSONIAN MEDICATIONS

amantadine (Symmetrel) benztropine (Cogentin) diphenhydramine (Benadryl) procyclidine (Kemadrin) trihexyphenidyl (Artane)

- These medications help stop stiffness and relieve side effects from other medications.
- Tell doctors, nurses and health care providers that you are taking these medications.
- As with other psychotropic medications, do not increase or decrease the dose or stop it all together without discussing it with your doctor.

#### MAO-IANTIDEPRESSANTS

isocarboxazid (*Marplan*) phenelzine (*Nardil*) tranylcypromine (*Parnate*)

- > These medications help relieve depressive symptoms.
- These medications may cause a fall in blood pressure upon arising with lightheadedness or insomnia.
- > While taking an MAO-I, you must follow a special low tyramine diet.

Aged cheese Beer	American cheese Beef/chicken liver	Any meat 2 days old Caffeine products	Bananas Chocolate
Cola	Dried fruits	Excessive cocoa	Guacamole
Lentils	Lima beans	Luncheon meats	MSG
Overly ripened fruits	Pickled foods	Red wines	Snowpeas
Soy beans	Soy sauce	Vegetables	Yeast extract

- Medications or drugs to be avoided while taking MAO-Is include: Cold tablets Diet pills Decongestants Cocaine
   Sinus preparations Demerol Amphetamines
- If you ingest the foods or medications to avoid, let your doctor know immediately or go to an emergency room. You may experience:
   Severe headache
   Severe high blood pressure
   Stiff neck
   Fever chest pains
   Rapid pulse
   Convulsions
- > Be sure to let all doctors and nurses know you are taking this medication.
- Do not increase or decrease your dose of medication or stop it altogether without discussing it with your doctor.

Telephone Index listing all agencies and programs alphabetically begins on page 185.

### TRICYCLIC OR TETRACYCLIC ANTIDEPRESSANTS

amitriptyline (Elavil, Endep)maprotilene (Ludiomil)amoxapine (Ascendin)nortriptyline (Aventyl, Pamelor)clomipramine (Anafranil)protriptyline (Vivactil)desipramine (Norpramin, Pertofran)trazadone (Desyrel)imipramine (Tofranil)trimipramine (Surmontil)

- > These medications help relieve depressive symptoms.
- > You may feel drowsy when first taking these medications.
- Get up slowly from a sitting or lying position. These medications may cause low blood pressure.
- Short-term side effects that you may experience include: Dry mouth
   Blurred vision
   Tremor
   Nasal congestion
   Difficulty urinating
   Lightheadedness
- Let all doctors and any other health care provider know what medications you are taking.
- Do not increase or decrease your dose of medication or stop it altogether without discussing it with whoever prescribed it.

### SSRI ANTIDEPRESSANTS

(Selective Serotonin Reuptake Inhibitors)

citalopram <i>(Celexa)</i>	fluvoxamine (Luvox)
escitalopram <i>(Lexapro)</i>	paroxetine (Paxil)
fluoxetine (Prozac)	sertraline (Zoloft)

The past decade has seen the introduction of many new antidepressants that primarily affect one neurotransmitter (serotonin) and are called selective serotonin reuptake inhibitors (SSRIs). They have fewer side effects such as sedation and do not cause seizures, have adverse effects on the heart, cause difficult urination or constipation, mental confusion or dry mouth. Let your doctor know of any side effects you may be having, any medical illness, or if you are experiencing any sexual difficulties.

> This medication helps to relieve depressive symptoms.

> Commonly reported short-term side effects are:

Nausea Anxiety Insomnia Tremors Diarrhea Sedation Dry mouth Nervousness Headache Drowsiness Sexual dysfunction

→

 Less frequent side effects are: Constipation Heartburn Rash Tactile changes

Blurred vision Dizziness Hot flashes

- Let your doctor know of any side effects you may be having, any medical illness or if you are pregnant, or if you are experiencing any sexual difficulties.
- Do not increase or decrease your medication or stop it altogether before discussing it with your doctor.

#### OTHER NEW ANTIDEPRESSANT MEDICATIONS

#### **BUPROPION** (Wellbutrin)

- > This medication helps to relieve depressive symptoms.
- > Let the physician know if you have a seizure disorder or are bulimic.
- > Let your doctor know of any medical illness, or if you are pregnant.

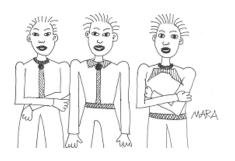
Short term side effects your	ou may experience	are:
Increased restlessness	Agitation	Anxiety
Decreased appetite	Dry mouth	Tremor
Headache/migraine	Nausea	Constipation

> Let all health care providers know what medications you are taking.

> Do not increase or decrease your medication or stop it altogether before discussing it with your physician. Wellbutrin has not been associated with sexual dysfunction or weight gain.

#### BUSPIRONE(Buspar)

Minor tranquilizer and antianxiety drug. Reported to lack dangers of drug addiction associated with other antianxiety drugs. Side effects can be drowsiness, nausea, headache, fatigue, nervousness, light-headedness, and excitement. The combination of this drug with MAO inhibitors may produce high blood pressure and can be dangerous.



### VENLAFAZINE (Effexor)

A new class of antidepressant - a serotonin norepinephrine reuptake inhibitor (SNRI). May be alternative to polydrug therapy. Touted as similar to Prozac in side-effect profile, but with added punch.

- Adverse reactions may include CNS somnolence, dizziness, nervousness, dry mouth and anxiety.
- > GI symptoms may include nausea, constipation, anorexia, and vomiting.
- > Urogenital symptoms may include abnormal ejaculation.
- > Other symptoms may include headache, sweating, and blurred vision.
- Do not use this medication with MAO inhibitors or if you have seizure disorder.

### NEFAZODONE (Serzone)

Similar to Desyrel. Can be sedating and cause weight gain. No sexual impairment. Cases of life-threatening hepatic failure have been reported in patients treated with nefazodone (Serzone). Patients should call the doctor if the following symptoms of liver dysfunction occur – yellowing of the skin or whites of eyes, unusually dark urine, loss of appetite that lasts for several days, nausea, or abdominal pain.

#### MIRTAZAPINE (Remeron)

Low dose can be sedating. High dose can be energizing and cause weight gain.

### **OTHER NEW MEDICATIONS**

New medications are being approved every year. Among the newest are *Cymbalta*, *Lithium Oratate*, *Symbyax* and *Trileptal*. Check with your doctor or pharmacist for more information and whether these medications are appropriate for you.

#### DISPOSAL OF UNUSED MEDICATIONS

Medicines play an important role in treating certain conditions and diseases, but they must be taken with care. Unused portions of these medicines must be disposed of properly to avoid harm to wildlife, pets and people.

Operation Medicine Cabinet is a prescription drug "take-back" program of the Broward Sheriff's Office. Call 954-557-1124 for schedule of locations.

## TAKING YOUR MEDICATION

As with all the other medications mentioned, do not adjust your dosage of medication or stop it altogether without discussing it first with the doctor who prescribed it. Also, notify your doctor if you are pregnant, and advise him/her of any other medications you are taking. Always check with the doctor before taking any over-the-counter medications.

When to take medications: Take your medications at the same time every day. If you make taking medications part of your regular daily schedule, you are more likely to remember them. Ask your doctor if you can take your medication with meals, at bedtime, etc. so you can better remember.

**Missed doses:** If you miss a dose...don't panic! You must stay on your medication as ordered to avoid a relapse, but one missed dose or late dose will not cause a major problem if you normally take your medication on a regular basis.

**Pill containers:** Remember that drugstores can give you medications in two different kinds of containers - child-safe and ordinary ones. The child-safe containers are necessary if you are likely to have children around your home who could get into the medicines, thinking they are candy. On the other hand, child-safe tops are very hard for some people to get off the medicine bottle. If this will be a problem, ask your druggist for the easy flip-off caps on your medicine.

If you are taking more than one medication, and at different times of the day, it is essential that you take the correct dosage of each medication. An easy way to make sure you do this is to use a 7-day pillbox, available in any pharmacy and to fill the box will the proper medication at the beginning of each week. Many pharmacies also have pillboxes with sections for medications that must be taken more than once a day. You can also use small jars to create your own system. This can help you make sure you don't forget to take the right number of pills and to know you have already taken them in case you get mixed up.

**Medication and Pregnancy:** If you are a woman of childbearing age, you should discuss any plan to become pregnant with your doctor prior to discontinuing birth control methods. Your doctor can best help you to plan this in a safe way for both you and your baby.

**Medication and Alcohol:** Alcohol and drugs generally do not mix well with medication. Alcohol can also cause mood swings and interact with the medication, making it difficult to get stabilized. Discuss with your doctor if even minimal use is considered.

There are ongoing clinical trials available, some sponsored by the National Institute of Mental Health and others by pharmaceutical manufacturers. Call the **Mental Health Association of Southeast Florida** at **954-746-2055** for information on clinical trials.

# **MEDICATION ASSISTANCE**

Provides medicine free of charge to eligible individuals who do not have prescription drug coverage and have income limitations, specified by each program.

www.needymeds.com www.rxassist.org www.rxhope.com

### Partnership for Prescription Assistance

888-477-2669 (888-4PPA-NOW)

www.pparx.org

Single point of access to public and private assistance programs. Offers a multi-lingual service. M-F: 8:00am - 10:00pm; S/S: 8:00am - 8:00pm

### PHRMA

#### (Pharmaceutical Manufacturers Association of America) www.phrma.org

Or contact the individual pharmaceutical patient assistance programs:

Abbott Laboratories	800-441-4987
Boehringer Ingelheim	800-556-8317
Bristol Myers Squibb	800-763-0003
Eli Lilly	800-545-6962
Glaxco Wellcome	866-728-4368
<b>Janssen Pharmaceuticals</b>	800-526-7736
Merck	800-727-5400
<b>Novartis Pharmaceuticals</b>	800-277-2254
Pfizer	800-879-3477
Sanofi Adventist	800-221-4025
Schering-Plough Pharmaceuticals	800-656-9485
Solvay Pharmaceuticals	800-256-8918
Sunovion	877-850-0819
Wyeth-Ayerst Laboratories	800-568-9938
Zeneca Pharmaceuticals	800-424-3727
Florida HIV/AIDS Assistance	800-352-2437
Florida KidCare	888-540-5438

# PARTICIPATING IN CLINICAL TRIALS

Through the ages, disorders of the mind have been among the most devastating and feared illnesses of humanity. Today, thanks to ambitious and productive research and the many individuals willing to participate in this research, highly effective treatments for mental illnesses now exist. As a result of these treatments, many thousands of people who have brain diseases such as depression, bipolar disorder, schizophrenia and anxiety disorders lead fulfilling and productive lives.

Scientists study and try different ways to diagnose, treat, and prevent human disease more effectively. The needed research may take place in a basic science laboratory, a clinic, or in the community.

Some clinical research may examine how well a new treatment works -perhaps a drug or other type of therapy. In other instances, a clinical study might explore factors that affect mental disorders such as the role of genes and their interactions with life experiences.

The pace of progress to date would not have been possible without the participation in research of patients with mental illness and other volunteers, yet neither will the advances of tomorrow be realized without their continued participation. It is important to note that just as research on treatments has evolved to become more effective, so too has our society's attentiveness to the well-being of research volunteers grown. Procedures now in place to protect research participants are more effective than ever before.

To help you make your decision about participating in a research study, the National Institute of Mental Health (NIMH) has prepared a booklet to answer some of your questions and lists questions that you will want to ask of the clinical study director. You can call the Mental Health Association of Southeast Florida at 954-746-2055 to request a copy of this booklet.

There are many clinical trials available including those from private organizations and governmental entities. You can find a list of current research projects at www.clinicaltrials.gov

It is our hope that by helping people better understand why they might consider participation in the clinical research of mental illnesses, all Americans will benefit in the years ahead.

# ✤ PATIENT'S BILL OF RIGHTS

- The right to individual dignity respect, freedom of movement, freedom from neglect or abuse, a humane environment, privacy.
- The right to quality treatment and rehabilitation in the least restrictive setting.
- The right to receive services regardless of the ability to pay.
- The right to give, refuse, or retract express and informed consent to mental health treatment.
- The right the communicate mail, telephone and visitors.
- The right to social relationships exercise, recreation and social contact.
- The right to file a petition with the court questioning the cause of determination and requesting release.
- The right to participate in treatment and discharge planning.
- The right to be informed regarding patient rights and reasonable access to personal records.
- And other constitutional and legal rights, such as: confidentiality, representation, reporting grievances, voting, religious worship, work choice and compensation.

# Your Rights and the Florida Mental Health Act (The Baker Act)

The Florida law covering both voluntary and involuntary treatment is Chapter 394 of Florida Statutes - known as the Florida Mental Health Act or the Baker Act.

Florida law encourages people with mental illnesses to seek treatment voluntarily and to choose the type of treatment needed. But Florida law recognizes that some people with mental illnesses may need to be involuntarily admitted for evaluation and treatment.

The Baker Act outlines a bill of rights for the person who is mentally ill, provides a system of due process for persons receiving services in designated mental health facilities, and creates a system of communitybased acute care services.

A receiving facility is the central reception point for individuals who appear to need emergency mental health care. The receiving facility must ensure that persons receive needed services in the least restrictive setting and in the least intrusive manner. Consequently, receiving facilities must ensure that persons are not inappropriately admitted to community or State hospitals.

Under the Baker Act, no one can be admitted to a State hospital without first being screened by a community mental health center or clinic which must certify that State hospital admission is the most appropriate placement for the individual.

## BAKER ACT RECEIVING FACILITIES Tax assisted or publicly supported

<b>BROWARD HEALTH MEDICAL CENTER</b> 1600 S. Andrews Avenue Ft. Lauderdale, FL 33316	954-355-4400
<b>BROWARD HEALTH IMPERIAL POINT</b> 6401 N. Federal Highway Ft.Lauderdale, FL 33308	954-776-8500
HENDERSON CRISIS STABILIZATION UNIT 2677 NW 19th Street Ft. Lauderdale, FL 33311	954-739-8066
MEMORIAL REGIONAL HOSPITAL 3501 Johnson Street Hollywood, FL 33021	954-265-6310

## BAKER ACT RECEIVING FACILITIES Private, requiring insurance or full payment

<b>ATLANTIC SHORES HOSPITAL</b> 4545 N. Federal Highway Ft. Lauderdale, FL 33308	954-771-2711
FORT LAUDERDALE HOSPITAL 1601 E. Las Olas Blvd. Ft. Lauderdale, FL 33301	954-463-4321
NORTH SHORE MEDICAL CENTER, FMC Campus 5000 W. Oakland Park Blvd. Lauderdale Lakes, FL 33313	866-498-5433

## **PUBLIC & PROFESSIONAL EDUCATION**

The Mental Health Association of Southeast Florida provides public and professional education on a wide range of topics.

Presentations are offered at the MHA offices, as well as at other agencies and community sites.

Organizations and corporations can request a presenter for a public lecture or in-service staff training.

MHASEFL is an approved provider of continuing education (CEU) for licensed and/or certified behavioral health and elder care professionals through the State of Florida, Department of Health-Division of Medical Quality Assurance (MQA). Other professions may also be eligible for CEUs.

To request a presentation or notification of educational opportunities. call **954-746-2055** or send an email to:

### education@mhasefl.org



## PUBLICATIONS AVAILABLE THROUGH MHA

The Mental Health Association of Southeast Florida has been selected as the State of Florida's partner in the

#### National Institute of Mental Health (NIMH) Outreach Partnership Program.

You are invited to become part of a local Florida Coalition for mental health education. MHASEFL partners with individuals and organizations to provide community lectures, workshops, mental health screening events, advocacy town hall meetings, primary care outreach, and media opportunities. MHASEFL is also a State of Florida approved provider of continuing education for behavioral health professionals.

As a coalition partner, you will have access to multiple copies of many different brochures, videos, slides, screening tools, referral resources and more. To join the MHA's coalition, call **954-746-2055 ext 125**.

#### SOME OF THE AVAILABLE RESOURCES

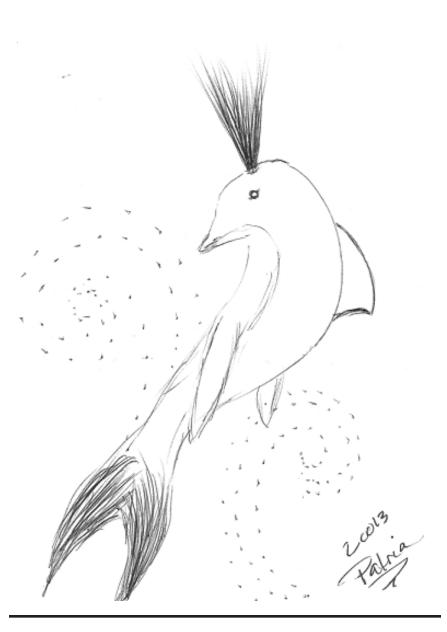
Many of these brochures are available at no cost at the MHA office. Some can also be faxed or e-mailed.

Topics include: Alcohol Abuse Anxiety Disorders Attention Deficit/ADHD Autism Spectrum Disorder Bipolar Disorder Borderline Personality Child Abuse Children & Divorce Children's Mental Health Co-Morbidity Depression Depression & African Americans Social Phobia Depression & HIV Depression & Medical Conditions Violence Depression in Women Depression in Men

Depression in Older Adults Eating Disorders Grief & Bereavement Help After a Disaster Manic-Depression Neuroscience Obsessive-Compulsive Disorder Panic Disorder Post Traumatic Stress Disorder Psychiatric Medications Schizophrenia Social Phobia Suicide Violence Publications in Spanish Publications in Large Print

<u>Videos & Screening Tools</u>: Alcohol Abuse Anxiety Disorders Depression Eating Disorders Gambling Lists: Support Groups Clinical Trials Mental Health Professionals

#### AND MUCH MORE



# Telephone Index



# **TELEPHONE INDEX**

17th Judicial Circuit Court (See FLORIDA 17TH)	954-831-7740
2-1-1 BROWARD	
or	954-537-0211
Behavioral Health Info Line	954-396-4636
Hotline For Children With Special Needs	954-537-0211
Touchline/Senior Helpline	
Homeless Helpline	954-563-4357
Teen Hotline	954-567-8336
Teen Tapes	954-390-0490
4-H Program (See BROWARD COUNTY PARKS)	954-357-5270
7th Avenue Family Health Ctr. (See BR. HEALTH)	954-759-6600
9MUSES ART CENTER	
Member Line:	954-746-9162
A CHILD IS MISSING	954-763-1288
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Trade Readjustment Assistance	
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Annie L. Weaver Health Ctr. (See BROWARD HEALTH) .	
APS (See DEPT/CHILDREN & FAMILIES)	
ARC Broward (See Achievement & Rehabilitation)	954-746-9400
Area Agency on Aging (See AGING & DISABILITY)	
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ARTS (See GULF COAST)	954-703-3570
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Downtown Campus	954-201-7378
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Miramar Town Center	954-201-8660
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Vision Clinic	954-201-2400
BROWARD COUNTY CHILDREN'S SVCS. ADMIN	954-357-7880
BROWARD COUNTY COURTHOUSE	954-831-6565
Clerk of the Courts	
North Regional Courthouse	
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Juvenile Division	954-831-6424
Unified Family Court Case Management	954-831-8532
Community Justice Alternatives	
Court Mediation & Arbitration	954-831-6076
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BROWARD COUNTY DENTAL ASSN	954-772-5461
BROWARD COUNTY ELDERLY AND VETERANS	954-357-6622
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BROWARD COUNTY FAMILY SUCCESS ADMIN	954-357-6367
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North Region Family Success Center	954-357-5340
Northwest Region Family Success Center	
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Davie Family Success Center	
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BROWARD COUNTY LONG-TERM OMBUDSMAN	954-597-2266

BROWARD COUNTY MINORITY BUILDERS COALITION	954-792-1180
BROWARD COUNTY PARKS AND RECREATION	954-357-8100
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Broward Health Medical Center	954-355-4400
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Annie L. Weaver Health Center	954-786-5901
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Amadeo Trinchitella Health Ctr	754-322-0712
Lauderhill Middle School Health Center	754-322-3611
William Dandy Middle Community Health Center	
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	334-713-3100

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Dania Beach Housing Authority	
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Hollywood Housing Authority	954-989-4691
Pompano Beach Housing Authority	954-785-7200
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Men's Residential Program	954-463-6214
Families In Need of Svcs. (See CINS/FINS PROVIDER)	954-486-4222
FAMILY CENTRAL	954-720-1000
Resource & Referral Hotline	954-724-4609
Family Court Case Mgmt. (See BR. CO. COURT)	954-831-8532
Family Success Ctr. (See BR. CO. FAMILY SUCCESS) .	
Family Support Partners (See FAMILY VOICES)	954-746-2055
FAMILY VOICES PROJECT	954-746-2055
Fatherhood Mentorship (See HEALTHY MOTHERS)	
FDLRS (See BROWARD COUNTY PUBLIC SCHOOLS).	
Felony Mental Health Court (See FL.17TH JUDICIAL)	
First Call For Help of Broward (See 2-1-1 BROWARD)	
F.I.S.P. (See FLORIDA INITIATIVE/SUICIDE)	
FLITE CENTER	954-530-4686
FLORIDA 17TH JUDICIAL CIRCUIT COURT	
Misdemeanor Drug Court	
Misdemeanor Mental Health Court	
Felony Mental Health Court	
FLORIDA DEPT. OF HEALTH IN BROWARD COUNTY	
Fort Lauderdale Health Center	
Edgar Mills Health Center	
North Regional Health Center	
Paul Hughes Health Center	
South Regional Health Center	954-467-4705
Florida Diagnostic/Learning (See BR. CO. PUBLIC SCH)	
FLORIDA INITIATIVE FOR SUICIDE PREVENTION	
Florida Medical Ctr. (See NORTH SHORE MEDICAL)	
Florida Reemployment (See AGENCY/WORKFORCE)	800-204-2418
FOOT PRINT TO SUCCESS CLUBHOUSE	
FOREST PARK DROP-IN CENTER	
Forget Me Not (See HEALTHY MOTHERS)	954-765-0550
Fort Lauderdale Health Ctr. (See FL. DEPT./HEALTH)	954-467-4705
FORT LAUDERDALE HOSPITAL	
Pride Institute	
Fort Lauderdale Independence Training (See FLITE)	
Foster Grandparents (See IMPACT BROWARD)	954-484-7117
GATEWAY COMMUNITY OUTREACH	
GEO CARE	
GILDA'S CLUB	954-763-6776

	054 700 0004
GROTTOESOF BROWARD	
GUARDIAN AD LITEM	
Guided Self-Change Clinic (See NOVA)	954-262-5968
GULF COAST JEWISH FAMILY & COMMUNITY SVCS	
ARTS	
Youth Adult Transition Program	
Alternative Family Program	
Older Adult Support Team	
TANF	
HALLANDALE BEACH HUMAN SERVICES DEPT	954-457-1460
Senior Activity Center	
HANDS ON BROWARD	954-233-1300
H.A.N.D.Y.	
HARMONY DEVELOMENT CENTER	954-766-4483
Health Dept. (See FLORIDA DEPT. OF HEALTH)	954-467-4700
Healthcare/Homeless (See BROWARD HEALTH)	954-527-6041
Healthy Families (See HEALTHY MOTHERS)	954-765-0550
Healthy Families Broward (See BR. REG'L HEALTH)	
HEALTHY MOTHERS, HEALTHY BABIES COALITION	
Cribs for Kids	
Fatherhood Mentorship Program	
Forget Me Not	
Healthy Families	
Mahogany Project	
Maternal/Child Nurturing Program	
Teen Collaborative Project	
Healthy Start (See BROWARD HEALTHY START)	954-563-7583
Hearing & Balance Center Pediatric (See NOVA)	
Helene Soref JCC (See JEWISH COMMUNITY CTRS.)	
Helping Abused, Neglected/Dependent (See H.A.N.D.Y)	
HENDERSON BEHAVIORAL HEALTH	954-322-2911
Adult Walk-In & Mobile Crisis Response Team	
Youth Emergency Services (YES)	
Crisis Stabilization Unit (CSU)	
	904-739-0000
Community Support Services:	054 700 7004
PATH Project, Forensic & HILL Project	
F.A.C.T.	
Adult Outpatient & Psychosocial Rehabilitation Servi	
New Vistas	
Central	
South	
West	954-888-7999

Housing Services	
Rainbow Villas	954-731-2835
The Summit Apartments	954-785-4097
Parkside House	954-735-1901
Chalet Apartments	954-925-3353
The Village/Safe Haven	954-735-4331
HHOPE	954-735-9550
Student Counseling Services	
NSU Students	954-424-6911
Broward College Students	954-424-6916
Family Counseling & Outpatient Program	954-735-6624
SOAAR (System of Adolescent Addiction Recovery)	954-735-6624
Henderson Mental Health (See HENDERSON BEH.)	954-486-4005
Hepburn Center (See HALLANDALE BCH HUMAN)	954-457-1460
HIGH POINT TREATMENT CENTER	954-680-2700
Hill Project (See HENDERSON BEHAVIORAL HEALTH)	
HISPANIC UNITY OF FLORIDA	954-964-8884
Unity 4 Kids	
HIV Planning Council (See BR. REG'L HEALTH)	954-566-9681
HOLLYWOOD PARKS, RECREATION	954-921-3404
HOLLYWOOD PAVILION	
Homeless Initiative Partnership (See Housing Options)	954-357-5099
HOMELESS VOICE	954-924-3571
The Cosac Foundation (See HOMELESS VOICE)	
HOPE WOMEN'S CENTERS	954-372-7089
Davie Center	954-452-9459
Ft Lauderdale Center	954-568-2616
N. Lauderdale Center	954-726-7464
Sunrise	954-980-4523
Hollywood	
HOPE SOUTH FLORIDA	954-566-2311
HOPE OUTREACH CENTER	
Horses and the Handicapped (See EQUINE-ASSITED)	954-974-2007
HOUSE OF HOPE (Men)	954-524-8989
STEPPING STONES (Women)	
HOUSINGAUTHORITIES	
Broward County Housing Authority	954-739-1114
Dania Beach Housing Authority	954-920-9662
Deerfield Beach Housing Authority	
Fort Lauderdale Housing Authority	954-525-6444
Hollywood Housing Authority	
Pompano Beach Housing Authority	954-785-7200

Housing Choice Voucher (See BR. CO. HOUSING) HUD (See HOUSING AUTHORITIES)	
Broward County Housing Authority	. 954-739-1114
Dania Beach Housing Authority	954-920-9662
Deerfield Beach Housing Authority	
Fort Lauderdale Housing Authority	
Hollywood Housing Authority	
Pompano Beach Housing Authority	
Hughes Health Ctr. (See FLORIDA DEPT./HEALTH)	
I'MTHUMBODY (2nd grade)	
THUMBODY, TOO (kindergarten)	
THUMBODY, TOO (kindergarten) IMPACT BROWARD	. 954-484-7117
Senior Companion for Caregivers	
Foster Grandparents	
Drop-out Prevention Program	
Students and Teachers Achieving Reading Success	
Veterans Helping Veterans	
Imperial Point Medical Ctr. (See BROWARD HEALTH)	
JACK AND JILL CHILDREN'S CENTER	. 954-463-8772
Parent Enrichment Program	
JAFCO (See JEWISH ADOPTION & FOSTER CARE)	. 954-749-7230
JEWISH ADOPTION & FOSTER CARE OPTIONS	. 954-749-7230
Senior Caregiver Program	
JEWISH COMMUNITY CENTERS	
David Posnak JCC	
Samuel & Helene Soref JCC	
JEWISH FAMILY SERVICE	
Joe DiMaggio Children's Hospital (See MEMORIAL)	
JUBILEE CENTER OF SOUTH BROWARD	. 954-920-0106
JUNIOR ACHIEVEMENT	
Juvenile Assessment Ctr. (See BR. SHERIFF'S)	
Juvenile Assessment Ctr. (See DEPT. OF JUVENILE)	
Juvenile Detention Cr. (See DEPT. OF JUVENILE)	
Juvenile Division (See BR. CO. COURTHOUSE)	
KIDS IN DISTRESS	. 954-390-7654
LAUDERDALE LAKES PARKS & HUMAN SVCS	
Lauderhill Middle Schl Health (See BR. HEALTH)	. 754-322-3611
LAW OFFICE OF THE PUBLIC DEFENDER	
Leeza's Care Connection (See MEMORIAL)	
LEGAL AID SERVICES	. 954-765-8950
LIFENET4FAMILIES	
LIGHT OF THE WORLD CLINIC	. 954-563-9876

LIGHTHOUSE OF BROWARD COUNTY Adult Vision Rehabilitation	954-463-4217
Bright Beginnings	051 569 2001
Lippman Youth Shelter (See LUTHERAN SERVICES)	
LISTENTO CHILDREN (MHA Listeners)	
Live Your Life Well (See MENTAL HEALTH ASSN.)	
LUTHERAN SERVICES FLORIDA	
Lippman Youth Shelter	
Broward Family Center	
Luz del Mundo (See LIGHT OF THE WORLD CLINIC)	
Mahogany Project (See HEALTHY MOTHERS)	
MAKE A WISH FOUNDATION	
Maternal/Child Nurturing (See HEALTHY MOTHERS)	954-765-0550
McArtor Senior Day Care Ctr. (See SUN SERVE)	
MCFATTER VOCATIONAL TECHNICAL CENTER	
Meals on Wheels (See BROWARD MEALS)	
Memorial Adult Day Care (See MEMORIAL)	
MEMORIAL HEALTHCARE SYSTEM	954-987-2000
Hospitals	054 007 0000
Memorial Regional Hospital	
Memorial Regional Hospital South	
Memorial Hospital West	
Memorial Hospital Miramar	
Memorial Hospital Pembroke	
Joe DiMaggio Children's Hospital	954-265-5324
Urgent Care	054 070 0500
Memorial Pembroke Urgent Care	954-276-6500
South Broward Community Health Services	054 000 7000
Dania	
Hallandale	
Hollywood	
Miramar W. Hollywood	
	954-967-2500
Outpatient Care Memorial Outpatient Center	054 076 0000
Behavioral Health Services & SHARE	
Senior Facilities	904-270-3403
Memorial Manor	054 276 6200
Memorial Adult Day Care	
Senior Partners Resource Center	
Senior Partners Resource Center	
Leeza's Care Connection/Memorial Hosp Pembroke	
Ryan White Mental Health and Substance Abuse Set	
PEAC (Psychiatric Emergency Assessment Center)	954-265-6310

954-538-5000

Memorial Hospital Miramar (See MEMORIAL)	
Consumer Support Continuing Education (CEU) Cooperative Parenting & Divorce Family Voices Project / Family Support Partners I'm Thumbody (2nd grade) Thumbody, Too (kindergarten) Listen to Children (MHA Listeners) Live Your Life Well National Institute of Mental Health (NIMH) Outreach Partnership	
9Muses Art Center Parent Education & Parent Support (PEPS) Parenting Enrichment Classes PROSPER Public Policy Initiatives Seth Line	
866-964-3714Mental Health Court-Felony (See FL. 17TH JUDICIAL)954-831-7805Mental Health Court-Misdemeanor (See FL. 17TH JUD.)954-831-7240MHA (See MENTAL HEALTH ASSOCIATION)954-746-2055MHA Listeners (See LISTEN TO CHILREN)954-746-2055MINORITY DEVELOPMENT & EMPOWERMENT954-315-4530Misdemeanor Drug Court (See FL. 17TH JUDICIAL)954-931-3576Misdemeanor Mental Health Court (See FL. 17TH JUD.)954-831-7240Mobile Crisis Response Team (See HENDERSON)954-463-0911MONARCH CARE954-720-2485MOUNT BETHEL HUMAN SERVICES954-763-5010CINS/FINS	
New Vision Community Development Corporation Foster Home Management Becoming a Responsible Teen (BART) Family Resource Center	

Memorial Hospital Miramar (See MEMORIAL)

NAMI (See NATIONAL ALLIANCE/MENTAL ILLNESS) NANCY J. COTTERMAN CENTER	
Crisis Intake Unit	
Counseling Unit	
Child Protection Teams	
NARCOTICSANONYMOUS	000 504 4777
Gold Coast Narcotics Anonymous	
South Broward Narcotics Anonymous	
NATIONAL ALLIANCE ON MENTAL ILLNESS	
Nat'l Inst./MH Outreach (See MENTAL HEALTH ASSN.).	954-746-2055
Neighborhood Svcs. (See BROWARD SHERIFF'S)	
New Vistas (See HENDERSON BEHAVIORAL)	
NIMH Outreach (See MENTAL HEALTH ASSN.)	
Noble A. McArtor Senior Day Care (See SUN SERVE)	
Noogieland (See GILDA'S CLUB)	
North Broward Hospital Dist. (See BROWARD HEALTH)	
North Broward Medical Ctr. (See BROWARD HEALTH)	
North Region Family Success (See BR. CO. FAMILY)	
North Regional Health Ctr. (See FL. DEPT./HEALTH)	
NORTH SHORE MEDICAL CENTER	
Northwest Reg. Family Success (See BR.CO. FAMILY) .	954-357-5000
NOVA SOUTHEASTERN UNIVERSITY	
Psychology Services Center	
Guided Self-Change Clinic	954-262-5968
Medical Health Center	
Pharmacy	
Dental Clinic	
Eye Care Institute - Pediatrics	
University of Miami/NSU Ctr. for Autism	
Adolescent Drug Abuse Prevention and Treatment	
ADHD Assessment, Consultation & Treatment	
Brief Therapy Institute	
Child, Adolescent and Family Services	
Child and Adolescent Traumatic Stress Program	954-262-5730
Family Violence Program	
School Psychology Assessment	
NSU Hearing & Balance Center-Pediatric	
NSU Clinic for Speech, Language/Communications	
Community Resolution Services	
OAST (See GULF COAST)	
OFFICE/PUBLIC GUARDIAN (See BARRY UNIV.)	
OIC OF BROWARD COUNTY	954-563-3535

Older Adult Support Team (See GULF COAST) Opportunities Industrialization Centers (See OIC) OUR CHILDREN, OUR FUTURE OUR FATHER'S HOUSE PACE CENTER FOR GIRLS Day Program PACE Reach	954-563-3535 954-929-7517 954-968-7550
Pantry of Broward (See THE PANTRY OF BROWARD)	
Paratransit (See BROWARD COUNTY TRANSIT)	
Paratransit Customer Svc. (See BR. CO. TRANSIT)	
PARENT EDUCATION & PARENT SUPPORT	
PARENT ENRICHMENT CLASSES	954-746-2055
PARENT'S INFORMATION & RESOURCE CENTER	954-785-8285
Parents As Teachers (See ACHIEVEMENT & REHAB)	954-746-9400
Partnership/Homeless (See BR. PARTNERSHIP)	
PATH Project (See HENDERSON BEHAVIORAL)	
Paul Hughes Health Ctr. (See FL. DEPT./HEALTH)	
PEAC (See MEMORIAL HEALTHCARE SYSTEM)	
Peer Support Warm Line (See SETH LINE)	
Peers Reaching Out: Support Partners (See PROSPER)	
PEMBROKE PINES HUMAN SERVICES DIVISION	
Special Populations Programs	
Community Services	
Pines Point	
PEPS (See PARENT EDUC. & PARENT SUPPORT)	
Pines Point (See PEMBROKE PINES HUMAN SVCS.)	
Pompano Adult Primary Care (See BR. HEALTH)	
Pompano Pediatric Primary Care (See BR. HEALTH)	
Pompano Prenatal Care Ctr. (See BR. HEALTH)	
Pompano Subs. Abuse (See DEPT./JUVENILE)	
Pompano Beach Vet Center (See VET CENTER)	
Posnak JCC (See JEWISH COMMUNITY CENTERS) POVERELLO CENTER	
PRIDECENTER	
GLBT Domestic Violence Hotline	
Pride Institute (See FORT LAUDERDALE HOSPITAL)	
PROSPER	
Psychiatric Emergency Assessment (See MEMORIAL)	
Public Defender's Ofc. (See LAW OFFICE/PUBLIC)	
Public Guardian (See BARRY UNIVERSITY)	

Public Policy Initiatives (See MENTAL HEALTH ASSN.) .	954-746-2055
Public Schools (See BR. CO. PUBLIC SCHOOLS)	
REBEL'S DROP-IN CENTER	
RED HISPANA FLORIDA	954-547-1570
RENFREW CENTER OF FLORIDA	954-698-9222
Ryan White MH/Subs. Abuse (See MEMORIAL)	954-987-2000
SAINT LAURENCE CHAPEL	954-972-2958
SALVATION ARMY	954-524-6991
Adult Rehabilitation Program	954-463-3725
SAMARITAN COUNSELING CENTER	
Samuel/Helene Soref JCC (See JEWISH COMMUNITY)	954-792-6700
School Based Health Centers (See BROWARD HEALTH)	
Amadeo Trinchitella Deerfield Bch. H.S. Health Ctr	754-322-0712
Lauderhill Middle School Health Center	754-322-3611
William Dandy Middle Community Health Center	754-322-3235
Schools (See BROWARD COUNTY PUBLIC SCHOOLS)	
SCHOTT COMMUNITIES	
SECOND CHANCE SOCIETY	954-763-5999
Seagull School (See BR. CO. PUBLIC SCHOOLS)	
Section 8 (See BR. CO. HOUSING AUTHORITY)	
SEDNET (See BR. CO. PUBLIC SCHOOLS)	
Senior Companion (See IMPACT BROWARD)	
Senior Partners Resource Ctr. (See MEMORIAL)	
	954-963-8030
Senior Volunteer Services (See IMPACT BROWARD)	954-484-7117
SETHLINE	954-578-5640
Seventh Avenue Family Health Ctr. (See BR. HEALTH)	
$Sexual \ Assault \ Treatment (See \ NANCY \ J. \ COTTERMAN) \ .$	
SHARE (See MEMORIAL HEALTHCARE SYSTEM)	
SHERIDAN VOCATIONAL TECHNICAL CENTER	
SILVER IMPACT CENTER	
SMITH COMMUNITY MENTAL HEALTH CENTER	
SOAAR (See HENDERSON BEHAVIORAL HEALTH)	
SOCIAL SECURITY ADMINISTRATION	800-772-1213
Ticket To Work Program	
North	
Central	
South	
Soref JCC (See JEWISH COMMUNITY CENTERS)	
SOS CHILDREN'S VILLAGES	954-420-5030

South Broward Community Health (See MEMORIAL)	
Dania	. 954-922-7606
Hallandale	
Hollywood	. 954-985-1551
Miramar	
W. Hollywood	
SOUTH FLORIDA HUNGER COALITION	954-714-6923
South Florida State Hospital (See GEO CARE)	954-392-3000
South Region Family Success (See BR. CO. FAMILY)	954-357-5650
South Regional Health Ctr. (See FL. DEPT./ HEALTH)	954-467-4705
Specialty Care Ctr. (See BROWARD HEALTH)	
Spectrum Programs (See BANYAN HEALTH)	. 954-781-4405
Speech, Language and Communications (See NOVA)	
Starting Place (See THE STARTING PLACE)	
STATE ATTORNEY'S OFFICE	
Victim Advocate Unit	
Truancy Intervention Program	
Stepping Stones (See HOUSE OF HOPE)	
SUNRISE (CITY OF)	
Leisure Services	
Social Services	
Transportation Bus Service	. 954-746-3677
Medical Transportation	
SUNSERVE	. 954-764-5150
Transgender Case Management	
Intensive Housing Case Management	
Noble A. McArtor Senior Day Care Center SUSAN B. ANTHONY RECOVERY CENTER	954-764-5055
SUSAN B. ANTHONY RECOVERY CENTER	
System /Adolescent Addiction (See HENDERSON)	
TAKE STOCK IN CHILDREN OF BROWARD	
Talking Books (See DIVISION OF BLIND SERVICES)	
TAMARAC SOCIAL SERVICES	
Teen Collaborative Project (See HEALTHY MOTHERS)	
Teen Court (See BR. CO. COURTHOUSE)	
The Cosac Foundation (See HOMELESS VOICE) 954-924	
THE PANTRY OF BROWARD	. 954-358-1481
THE STARTING PLACE	954-327-4060
Thompson Academy (See DEPT. OF JUVENILE)	. 954-967-6300
Thumbody (See I'M Thumbody)	
Thumbody, Too (See I'M THUMBODY)	
	304-140-2000

Ticket to Work program (See WORKFORCE ONE)	
North	954-969-3541
Central	
South	
T.I.E.S. (See TOTAL INTERVENTION EARLY SVCS.)	
TOMORROW'S RAINBOW	
TOPS Paratransit (See BR. CO.TRANSIT)	
TOTAL INTERVENTION EARLY SERVICES	
Truancy Intervention (See STATE ATTORNEY'S OFC.)	
Unemployment Comp. (See AGCY./WORKFORCE)	
Unified Family Court (See BR. CO. COURTHOUSE)	
UNITED CEREBRAL PALSY	054 504 7170
UNITED WAY COMMISSION ON SUBSTANCE ABUSE.	054-304-7170
UNIVERSITY HOSPITAL	
University Pavilion	
University of Miami/NSU Ctr. for Autism (See NOVA)	
VETCENTER	
Pompano Beach Vet Center	
Veterans Helping Veterans (See IMPACT BROWARD)	
Veterans Outpatient (See WILLLIAM "BILL" KLING)	
Veterans Svcs. (See BR. CO. ELDERLY/VETERANS)	
Victim Advocate (See STATE ATTORNEY'S OFFICE)	
Victim Services Unit (See BROWARD SHERIFF'S)	
Vision Clinic (See BROWARD COLLEGE)	954-201-2400
VOCATIONAL REHABILITATION	
Sunrise	
Hollywood	
Ft. Lauderdale	
Volunteer Broward (See HANDS ON BROWARD)	
VOLUNTEERS OF AMERICA FLORIDA	
Walk-In & Mobile Crisis (See HENDERSON)	954-463-0911
Warm Line (See SETH LINE)	954-578-5640
	866-964-3714
WILLIAM "BILL" KLING OUTPATIENT CLINIC	954-475-5500
Community Based Outpatient Clinics	
TriCare	888-363-2273
Deerfield Beach	
Hollywood	954-986-1811

WORKFORCE ONE EMPLOYMENT SOLUTIONS
North
Central
South
Workforce Svcs. (See AGENCY FOR WORKFORCE) 866-352-2345
Yellow House (See COALITION/HOMELESSNESS) 954-792-4000
YMCA OF BROWARD COUNTY
Children's Advocacy Center
Youth Adult Transition Program (See GULF COAST) 954-703-3586
YOUTHCO-OP
Hollywood Office
Margate Office
Refugee Youth & Family Program
Youth Emergency Services (See HENDERSON)









Listen To Children



I'm Thumbody



EPIC Awards



9MusesArtCenter



Member of the World Federation for Mental Health

### MHASEFL PROGRAMS



Southeast Florida Affiliate of Mental Health America



Peers Reaching Out: Support Partners for Emotional Recovery



The Seth Line



Parents Education/ Parent Support



Family Voice Project Family Support Partners

National Institute of Mental Health

Florida Partner for NIMH Outreach Partnership Program



MHASEFL's Social Media Outlets



"In high school, drawing the shades and listening to Rachmaninoff's *Isle of the Dead* on occasion could have been the beginning

of depression or just teen angst", Jan wrote for her 'my story' narrative on the SAMHSA ADS Center website.

Daily drinking in an attempt to self-medicate her mood swings, eventually caused a business failure, a split with her husband and her first hospitalization while in Athens, Greece and another in Florida.

Jan learned all she could about her illness, attended support group meetings and finally found a psychiatrist who prescribed the right medication for her.

While on the road to recovery, Jan received computer training through Vocational Rehabilitation and began volunteering at a new drop-in center. There she learned of a job opening at the Mental Health Association where her illness would be considered an asset.

The first assignment for Jan was to compile a booklet of mental health services and support in Broward County. Over the years, the "Connections" guidebook has become the premier resource and referral publication - now in its 18th edition.

In 1996, MHA was contracted to create a consumer-run drop-in center with a focus on the arts and Jan was appointed as the Project Director for the 9Muses Art Center & Frame Shop.

Jan Anastasato passed away in May of 2009. Her family, friends, co-workers and extended family of those she helped through the years, though saddened be her passing, remember her fondly and thankfully each time we open the "Connections" guidebook to seek help or provide referrals.

Jan's artwork is featured on the cover of this edition of "Connections".



## Application for Inclusion in Connections 2015

Please use this form to submit information about your agency or program, or to make any changes to your current listing. Photocopy this form as needed, if you wish to submit information on multiple programs.

We reserve the right to exclude any listing or to edit information.

#### PLEASE PRINT CLEARLY

Agency Name:				
Agency Address:				
Agency Phone:	Agency Fax:			
Agency Website:				
Program Name:				
Brief Description:				
Hours of Operation:				
Is your agency a 50	01c3 not-for-profit or governmental? 🛛 Yes 🔲 No			
Are there fees for	Are there fees for your services?			
Do you accept?	🗖 Medicare 🗖 Medicaid 🗖 Insurance			
	Private Pay Only Sliding Scale			
TDD/TYY (Telephon	e for Hearing Impaired?			
TTD/TYY Phone #:				
Multilingual Services	Available?			
🗖 Spanis	sh 🛛 French 🔲 Creole 🗖 American Sign Language			
Other				
Your Name				
Your Title	Your Contact Phone:			
Your Email:				

# Mail Application for Inclusion in Connection 2015 to:

# MENTAL HEALTH ASSOCIATION OF SOUTHEAST FLORIDA 7145 W. Oakland Park Blvd. Lauderhill, FL 33313-1012

## OR

Fax to: (954) 746-6373

Questions? Call (954) 746-2055



Mail To:

#### MENTAL HEALTH ASSOCIATION OF SOUTHEAST FLORIDA 7145 W. Oakland Park Boulevard Lauderhill, FL 33313-1012

Enclosed	l is my check in the an	nount of \$	to cover the cost of:
	copies of the <i>Directory</i> of the Mental Health As		
	copies of <i>Connection</i> Support Services in Bro		ental Health &
	Directory of Profession Connections:	al Members:	\$15.00 per copy \$10.00 per copy
	The costs listed al	bove include po	ostage & handling
Please m	ail my order to:		
NAME:			
ADDRES	S:		
CITY		STATE	ZIP
In case th	ere are questions abo	out your order, p	blease provide
PHONE	NUMBER ( )		







Artwork by members of the 9MusesArtCenter

# Cover Art by Jan Anastasato

Our "Connections" cover features "**Daughters of Zeus**", a watercolor by 9MusesArtCenter's founder and artist, **Jan Anastasato**.

See page 210 to learn more about Jan Anastasato.

#### **Contributing 9Muses Artists**

Jan Anastasato Aimee Kent Ballantyne Ashley Beck Henry Ber Robin Brown Patria Bula Malcom Butler Carlington Campbell Clive Facey Mara Hyman Violet King Hinda Levine Connie Lusk Mary Rogge

Peter Cocuzza served as the 9Muses Fine Arts Director from 1999 until his death in 2003. In eloquent words and with exceptional artistic skill, Peter's **LEGACY SERIES** chronicles his descent into the pain and fear of his HIV diagnosis but also his emergence into a place of peace, serenity and hope for his own future and for that of others similarly afflicted. LEGACY is Cocuzza's gift to the friends who have passed, to those who survive and to those among us who take from it a glimpse into the humanity of one extraordinary man who faced death and through it found a way to celebrate life.

The LEGACY SERIES is available on Shutterfly.

## JOIN US

at 6pm on the last Friday of the month

for

# 9MusesArtCenter Creativity Cafe

where members showcase their talents.