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Tragedy continues with Kennedy Family

Journalist and author Tatiana Schlossberg, the granddaughter of President John F. Kennedy, has died at 35, her family announced on Tuesday.

“Our beautiful Tatiana passed away this morning. She will always be in our hearts,” a message posted to the Instagram account for the JFK Library Foundation read. The post was signed by “George, Edwin and Josephine Moran, Ed, Caroline, Jack, Rose and Rory.”



Schlossberg had written for a number of media institutions and was previously a science and climate reporter for the New York Times. Her book *Inconspicuous Consumption: The Environmental Impact You Don't Know You Have* was published in 2019. Prior to her career in journalism, Schlossberg attended Yale University, where she met her husband, urologist George Moran, who she married on Martha's Vineyard in September 2017. She also received a master's degree in American history from the University of Oxford.

Schlossberg's death comes one month after going public with her acute myeloid leukemia diagnosis in a piece for the New Yorker titled “A Battle With My Blood.” She was diagnosed shortly after giving birth to her daughter in 2024. In the essay, she spoke about receiving months of medical treatments and the support she received from her family, including her mother, Caroline, who suffered a number of tragedies during her lifetime — including the 1963 assassination of her father. The title “A Battle With My Blood” also referred to the conflict Schlossberg faced with her cousin, Secretary of Health and Human Services Robert F. Kennedy Jr. She criticized “Bobby” for slashing care that could help support people dealing with cancer, stating, “I watched from my hospital bed as Bobby, in the face of logic and common sense, was confirmed for the position, despite never having worked in medicine, public health, or the government.”



**Zohran Mamdani to
Take Oath on Holy Quran
as New York's First
Muslim Mayor**

Khaleda Zia, Bangladesh's First Female Prime Minister, Dies



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NEW YEAR MESSAGE

As people around the world bid farewell to 2025, many will reflect on a year spent in peace with family and friends. Yet for countless others, daily life has been marked by turmoil, loss, and unimaginable suffering. The people of Palestine have endured—and continue to endure—the worst humanitarian crisis of the 21st century. They are dying in staggering numbers while attempting to escape indiscriminate bombardment. Despite the ceasefire, hundreds continue to perish daily from Israeli military actions, hunger, famine, and disease, compounded by the severe lack of humanitarian aid and medical care.

In Ukraine, hundreds of thousands have lost their lives in a senseless war, and an equal number of innocent civilians have been displaced from their homes. At the same time, while much of the world remains silent, innocent people in Sudan are dying from war and famine fueled by personal power struggles between armed factions.

In India, Hindu extremists are making life unbearable for religious minorities, while Muslim extremists in neighboring Pakistan tragically mirror the same behavior. These realities compel us to confront a troubling paradox.

It is often said that all religions promote human dignity, equality, tolerance, and acceptance. Indeed, the foundational principles of faith are meant to unite humanity, uplift the oppressed, and foster harmony. At the heart of every religion lies a message of peace, compassion, and mutual respect. Yet as we look around the world today, we witness a stark contrast between these ideals and human conduct. Violence is perpetrated in the name of religion, and people are oppressed and killed under the guise of faith.

Wars are fought not for justice or peace, but for dominance and supremacy. Corruption and moral decay plague societies and institutions that claim to uphold religious values.

As this year ends and a new one begins, it is only fitting that we ask ourselves how a world so devoted—at least in words—to compassion and justice continues to suffer from such deep inequality, division, and cruelty.

I believe the problem is not religion itself, but rather how we, in our human fallibility, have misunderstood and misused the essential teachings shared by all faiths—teachings that call for goodness, mercy, and shared humanity.

Let us return to the core principles of our respective traditions—those that call for love, understanding, joy, and peace. Together, let us work toward a world where faith genuinely guides our actions and upholds dignity, equality, and acceptance for all.

I share these reflections in support of our collective responsibility to make this world more humane, kinder, and more rational—and to keep secular democracy alive. Each of us must participate with sincerity. The journey will require hope, honesty, time, effort, and perseverance. Hope gives us purpose and direction, enabling us to navigate life's most difficult challenges. Each new year is a gift—an opportunity for learning, growth, and renewal. May your mind and soul be enriched in the days ahead. I wish you joy, serenity, good health, and new blessings to count each day in 2026. We will enjoy AI, Tesla, and miscellaneous technological advancements, reflecting unparalleled prosperity and living standards. Life goes on. It is what it is going to be in 2026.

Each new year is a gift—an opportunity for learning,

growth, and renewal. May your mind and soul be enriched in the days ahead. I wish you joy, serenity, good health, and new blessings to count each day in 2026.

May the New Year bring you, your family, and people everywhere peace, happiness, and shared prosperity. It is my fervent hope that every day of the coming year is filled with personal fulfillment and abundant blessings from God.

“Our Lord, do not let our hearts deviate after You have guided us, and grant us mercy from Yourself; indeed, You are the Bestower.” (Qur'an 3:8)

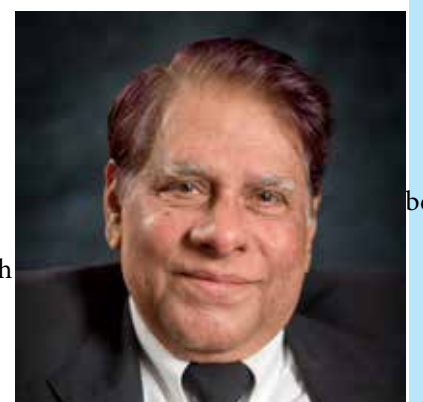
“Our Lord, grant us good in this world and good in the Hereafter, and protect us from the punishment of the Fire.” (Qur'an 2:201) Ameen.

M. Basheer Ahmed M.D

Former Prof. of Psychiatry- Southwestern Medical School, Dallas TX

Chairman Emeritus- MCC for Human Services
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Azhar Azeez announced CEO of ISNA

It is with great joy and optimism that we announce the appointment of Br. Azhar Azeez as the Chief Executive Officer (CEO) of the Islamic Society of North America (ISNA), effective January 1, 2026. This milestone marks an exciting opportunity for ISNA to embrace dynamic leadership, innovation, and growth rooted in our Islamic values.

Br. Azhar Azeez brings extensive experience to this role. His tenure as a CEO and senior executive at reputable Muslim charities reflects his deep commitment to mission-driven leadership. He has overseen large-scale operations, led program development, and guided highly successful fundraising initiatives. He is widely respected for his ability to build strong relationships within the community and strengthen collaboration across diverse groups.

In addition to his work in corporate America and the nonprofit sector, Br. Azhar has played a pivotal role in advancing community engagement and strategic partnerships. His prior service as President of ISNA, along with over 25 years as a dedicated board member, provides him with invaluable institutional knowledge and a deep understanding of ISNA's mission, vision, and the evolving needs of our community.

As we welcome Br. Azhar into this pivotal leadership role, we pray for a smooth transition and continued success for ISNA. We invite our entire community to join us in supporting him as he begins this new chapter in our shared effort to serve the ummah.

May Allah guide our efforts and grant us success.

Sincerely,
The ISNA Board of Directors



May this new year brings a lot of peace, prosperity and happiness to the world. May Allah protect us.

Mohammed Hameed
President, HSNT



HAPPY NEW HIJRI YEAR

Uncertainty Looms Over ACA Subsidies as Deadline Nears



Shawkat Mohammed, Insurance Producer
Member Million Dollar Round Table



As the end of the year approaches, millions of Americans remain in limbo over the future of enhanced Affordable Care Act (ACA) subsidies. With only days left before plans and pricing for 2026 must be finalized, Congress has yet to act, leaving consumers, insurers, and advisors without clarity.

The enhanced subsidies, first introduced during the COVID-19 pandemic and later extended, significantly reduced health insurance premiums for middle- and lower-income Americans. They also removed the long-standing "subsidy cliff," allowing many middle-class families to qualify for assistance for the first time. These changes led to record ACA enrollment and made coverage more affordable for millions.

However, as of today, no legislation has passed to extend these enhanced subsidies beyond their scheduled expiration at the end of 2025. Despite broad public support and clear evidence of their impact, political divisions and competing budget priorities have stalled progress. While discussions continue, there is no agreement in place, and time is rapidly running out.

If Congress fails to act, subsidies will revert to pre-pandemic levels in 2026. This would result in substantial premium increases for many enrollees, particularly middle-income individuals and older adults, potentially pricing some families out of coverage altogether. Insurers are already preparing rates under the assumption that the enhanced subsidies will expire, which could further lock in higher costs.

While a last-minute extension remains possible, history suggests that waiting until the final days creates confusion and anxiety for consumers. For now, the reality is simple: the enhanced ACA subsidies are not yet extended, and Americans planning for 2026 must prepare for that possibility unless Congress acts quickly.

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Marriage reception of son of Shayam bhai Co founder of TRS , seen with Iftekhhar Shareef is janab Mehmood Ali bhai former home minister of Telangana State



Welcome to Shamshabad home town of Iftekhhar shareef to Shri Rakesh ji deputy commissioner of police , Srikanth Goud ji assistant commissioner of police and Shri Balraj ji SHO , all RGIA police division



Iftekhhar shareef seen in Goa with his kindergarten friends





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BRIDE	Afaf Nabeeha
PARENTS OF THE BRIDE	
Mr. Khaleel Rahman & Mrs. Firdos Rahman	
BROTHER OF THE BRIDE	
Abdus Sami Rahman	
PARENTS OF THE GROOM	
Mr. Muntakhaib Habibi & Mrs. Vajhath Habibi	
BROTHER OF THE GROOM	
Moiz Habibi	
SISTERS OF THE GROOM	
Ayesha Habibi & Salma Habibi	



Welcome back to Hyderabad Naseer Mohammed Khan owner of Hyderabad House who was in Chicago, USA came back after 28 years, Amjed Ullah Khan (Spokesman) MBT met him and welcomed him.



Assessor Khaja Moinuddin, Azeem Quadeer and DJ Abdul Gafoor



From Left: Azeemuddin, Azeem and Ehtesham



IQRA International Educational Foundation Event



Pandit Puranlal Vyas and Azeem A Quadeer at an event in Chicago



What each filing status means for you and your spouse.

Key takeaways:

If you get married at any point in 2025, you can file your taxes jointly.

Couples filing jointly in 2025 receive a \$31,500 standard deduction, which is larger than married filing separately of \$15,750.

Married couples must file jointly to qualify for some tax credits and deductions.

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Your wedding vows may have included, "For richer, for poorer," but when tax season arrives, that promise takes on a whole new meaning.

Once married, you face an important choice: will you and your spouse file your taxes separately or together?

The married filing jointly status offers many benefits, including a larger standard deduction and higher income thresholds. But, just like marriage, your tax status isn't a one-size-fits-all solution.

Let's review the pros and cons of filing jointly or separately and the reasons why couples may choose one status over the other. Typically, the IRS considers you married for the entire year, even if you don't get married until the last day of the year. So, if you are legally married as of December 31st, then you must file as either married filing jointly or married filing separately.

Let's review the pros and cons of filing jointly or separately and the reasons why couples may choose one status over the other.

What does married filing jointly mean?

When you file as married filing jointly, you and your spouse combine the following tax items on a single return, all subject to the same tax rates: Income

Credits

Deductions

For most couples, filing jointly often benefits family taxes and decreases what the two of you owe. It also includes tax benefits like earned income credits and educational credits.

If you are owed a tax refund, you can choose to receive it as a direct deposit to one or more checking or savings accounts. A federal mandate required the IRS to stop issuing paper checks as of September 30, 2025.

It's important to remember that choosing to file married filing jointly also means you're on the hook for any taxes, interest, and/or penalties due to the IRS from your spouse, and vice versa.

Am I eligible to file as married filing jointly?

You're eligible to use married filing jointly if you:

You were married at any point in 2025. Even if your wedding was on December 31, 2025, you can file a joint tax return for 2025.

Your spouse passed away during 2025 and you did not remarry.

You live with your spouse in a state that recognizes common-law marriages, or began your relationship in a state that recognizes common-law marriages.

You live apart from your spouse, but are not legally separated.

If you get divorced at any time in the year, you're considered unmarried for all of 2025. For example, if your divorce was finalized on December 31st, you'd be considered unmarried for the entire year and would file your taxes as single.

And remember, all legally married couples can file a joint-tax return, even if one spouse doesn't have taxable income or deductions.

What does married filing separately mean?

Married filing separately means that you and your spouse each file individual tax returns.

Since you're filing separately, you're taxed solely on your individual income and must qualify for credits and deductions on your own. You may be ineligible to claim certain tax benefits, like the credit for childcare expenses or the earned income tax credit.

Married filing separately isn't a mix and match; if one of you files separately, you both have to file separately. If you live in a community property state, additional requirements for reporting spousal income may apply if you file separately.

Pros & cons of filing married filing jointly

In general, couples who file married filing jointly vs separately receive more tax breaks, which means more money in your pocket at tax time. But there are benefits and drawbacks to using married filing jointly.

Pros of married filing jointly

Largest standard deductions.

If you take the standard deduction, couples filing jointly get the largest deduction, \$31,500 for 2025, compared with \$15,750 if filing separately. That's a significant reduction in taxable income right from the start.

Tax credits. To qualify for certain tax credits, couples must file a joint tax return.

Larger income thresholds. Typically, if you file jointly, the IRS has a bigger income threshold for tax credits and deductions than if you were filing separately. Double the paperwork. When you're married and file jointly, you'll need to file paperwork for both you and your spouse. That means double the W-2s, 1099s, and documentation to qualify for tax credits.

Penalties, taxes, and interest. When you file jointly, you're on the hook for penalties or interest your spouse incurs from the IRS, and vice versa. Popular tax credits for couples married filing jointly

Couples who want to claim certain tax credits must file a joint tax return to qualify. Popular credits include:

Child and Dependent Care Tax Credit up to 35% (or up to 50% starting in tax year 2026) of \$6,000 in expenses for 2 or more qualifying dependents, \$3,000 for one qualifying dependent

Earned Income Tax Credit up to \$8,046 for a family with 3 or more kids

American Opportunity Tax Credit up to \$2,500 per eligible student

Lifetime Learning Tax Credit up to \$2,000 per tax return

Pros and cons of married filing separately

No two marriages are alike, and neither are your tax situations. It will depend on your finances, but you might receive a larger refund if you file separately, or your spouse may not live in the same state as you, making your taxes more complex.



Regardless of the motivation, there are pros and cons to using married filing separately at tax time. When filing separately makes sense

For most couples, filing taxes jointly makes sense most of the time. You get a bigger standard deduction and generally receive more tax breaks. But sometimes, submitting a married filing separate tax return makes sense.

Here's when you might consider using married filing separately:

Qualifying for the medical expense deduction. If you or your spouse has faced high out-of-pocket medical costs in the past year, you might try to qualify for the medical expense deduction. But, it may be the case that your combined income is too high to qualify, meaning you'd file separately so you or your spouse could qualify for the deduction. Medical expenses are part of itemized deductions and must exceed 7.5% of AGI. Remember, if one spouse chooses to itemize, both must itemize, even if the deductions for one spouse are not greater than the standard deduction.

Your spouse has a significant tax bill. If your spouse's tax bill is high, you might decide to file separately to protect your refund, instead of applying it to what your spouse owes the IRS.

One of you has outstanding child support payments. If you or your spouse has not paid child support, filing separately would prevent the IRS from taking your potential refund. FAQs for special situations

What if I live in a community property state?

Community property includes all property acquired during your marriage. As of 2025, community property states include:

Arizona
California
Idaho
Louisiana Nevada
New Mexico
Texas
Washington
Wisconsin

If you're filing separately, these states require registered domestic partners to follow state community property laws and report your half of the community property income on your return.

What if I am recently widowed?

When your spouse passes, you're considered married for the entire year for tax purposes. If you don't remarry in the year your spouse dies, you can file jointly with your deceased spouse. For two years

Written by Katharina Reekmans, EA

Trump's appointment of envoy to Greenland sparks new tension with Denmark

The leaders of Denmark and Greenland insisted Monday that the United States won't take over Greenland and demanded respect for their territorial integrity after President Donald Trump announced the appointment of a special envoy to the semi-autonomous territory.

Trump's announcement on Sunday that Louisiana Gov. Jeff Landry would be the envoy prompted a new flare-up of tensions over Washington's interest in the vast territory of Denmark, a NATO ally. Denmark's foreign minister told Danish broadcasters that he would summon the U.S. ambassador to his ministry.

"We have said it before. Now, we say it again. National borders and the sovereignty of states are rooted in international law," Danish Prime Minister Mette Frederiksen and her Greenlandic counterpart, Jens-Frederik Nielsen, said in a joint statement. "They are fundamental principles. You cannot annex another country. Not even with an argument about international security."

"Greenland belongs to the Greenlanders and the U.S. shall not take over Greenland," they added in the statement emailed by Frederiksen's office. "We expect respect for our joint territorial integrity."

Trump called repeatedly during his presidential transition and the early months of his second term for U.S. jurisdiction over Greenland, and has not ruled out military force to take control of the mineral-rich, strategically located Arctic island. In March, Vice President JD Vance visited a remote U.S. military base in Greenland and accused Denmark of under-investing there.

The issue gradually drifted out of the headlines, but in August, Danish officials summoned the top U.S. diplomat in Copenhagen following a report that at least three people with connections to Trump had carried out covert influence operations in Greenland.

"We need Greenland for national security," Trump told reporters on Monday at his Mar-

a-Lago resort in Florida, when asked about Landry's appointment. "And if you take a look at Greenland, you look up and down the coast you have Russian and Chinese ships all over the place."

On Sunday, Trump announced Landry's appointment, saying on social media that "Jeff understands how essential Greenland is to our National Security, and will strongly advance our Country's Interests for the Safety, Security, and Survival of our Allies, and indeed, the World."

The U.S. president on Monday said Landry approached him about being appointing as an envoy.

"He's a deal guy. He is a deal-maker type guy," Trump said.

Landry wrote in a post on social media after Trump announced the appointment that "it's an honor to serve you in this volunteer position to make Greenland a part of the U.S." The governor will continue to serve in his elected position in Louisiana.

The Trump administration did not offer any warning ahead of the announcement, according to a Danish government official, who spoke on condition of anonymity to discuss internal deliberations.

The official also said Danish officials had expected Trump to signal an aggressive approach to Greenland and the Arctic in the U.S. administration's new national security strategy and were surprised when the document included no mention of either.

Deputy White House press secretary Anna Kelly said Monday that Trump decided to create the special envoy role because the administration views Greenland as "a strategically important location in the Arctic for maintaining peace through strength."

Danish broadcasters TV2 and DR reported that in comments from the Faroe Islands Monday, Danish Foreign Minister Lars Løkke Rasmussen



said he would summon the U.S. ambassador in Copenhagen, Kenneth Howery, to his ministry.

Greenland's prime minister wrote in a separate statement that Greenland had again woken up to a new announcement from the U.S. president, and that "it may sound significant. But it changes nothing for us here at home."

Nielsen noted that Greenland has its own democracy and said that "we are happy to cooperate with other countries, including the United States, but this must always take place with respect for us and for our values and wishes."

Earlier this month, the Danish Defense Intelligence Service said in an annual report that the U.S. is using its economic power to "assert its will" and threaten military force against friend and foe alike.

Denmark is a member of the European Union as well as NATO.

The president of the EU's executive commission, Ursula von der Leyen, said on social media that Arctic security is a "key priority" for the bloc and one on which it seeks to work with allies and partners. She also said that "territorial integrity and sovereignty are fundamental principles of international law."

"We stand in full solidarity with Denmark and the people of Greenland," she wrote. Yahoo/News
GEIR MOULSON and AAMER MADHANI

Mufti Shamail

Mufti Shamail Declared Winner of Debate with Javed Akhtar on the Existence of Allah
A live debate titled "Does God Exist?" held on December 20, 2025, at Delhi's Constitution Club featured Islamic scholar Mufti Shamail Ahmad Nadwi facing off against renowned poet and atheist Javed Akhtar. The event has exploded online with millions of views. Akhtar argued against God's existence, pointing to global injustice, the Gaza situation, and violence in religion's name. Mufti Nadwi responded with reasoned points on human free will, the universe's creation, and philosophical argu-

ments, impressing many viewers. No official winner was announced, but a majority of Muslim social media users are praising Mufti's calm and logical performance, calling him the "winner." Some pro-Islam outlets claim his clear victory. Secular and rationalist circles support Akhtar's stance. The debate has sparked thoughtful discussions on faith versus reason.



Trump announces he's appointing Louisiana Gov. Jeff Landry to serve as US special envoy to Greenland

WEST PALM BEACH, Fla. (AP) — President Donald Trump on Sunday announced he is appointing Louisiana Gov. Jeff Landry to serve as the U.S. special envoy to Greenland, the vast, semi-autonomous territory of Denmark that Trump has said the U.S. needs to take over.

"Jeff understands how essential Greenland is to our National Security, and will strongly advance our Country's Interests for the Safety, Security, and Survival of our Allies, and indeed, the World," Trump said in announcing the appointment.

Trump during his presidential transition and in the early months of his return to the White House repeatedly called for U.S. jurisdiction over Greenland, and has not ruled out military force to take control of the mineral-rich, strategically located Arctic island.

The issue had drifted out of the headlines in recent months, but in August, Danish officials summoned the U.S. ambassador following a report that at least three people with connections to Trump had carried out covert influence operations in Greenland.

Earlier this year, Vice President JD Vance visited a remote U.S. military base on the island

and accused Denmark of underinvesting there.

Trump has said that Greenland is crucial for U.S. security and hasn't ruled out taking the island by military force, even though Denmark is a NATO ally of the U.S.

Landry took office as governor in January 2024. His term ends in January 2028.

"It's an honor to serve you in this volunteer position to make Greenland a part of the U.S.," Landry wrote in a posting on X in which he thanked Trump for the appointment. He added, "This in no way affects my position as Governor of Louisiana!"

Denmark, a NATO ally of the U.S., and Greenland have said the island is not for sale and condemned reports of the U.S. gathering intelligence there. The U.S. push for Greenland is also opposed by Russia and much of Europe.

The Embassy of Denmark in Washington did not immediately respond to requests for comment about Landry's appointment.

The Danish Defense Intelligence Service said in a report earlier this month that the United States is using its economic power to "assert its



will" and threaten military force against friend and foe alike.

The service, in its annual assessment, said Washington's greater assertiveness under the Trump administration also comes as China and Russia seek to diminish Western, especially American, influence.

"The strategic importance of the Arctic is rising as the conflict between Russia and the West intensifies, and the growing security and strategic focus on the Arctic by the United States will further accelerate these developments," the report said.

Yahoo/News

AAMER MADHANI

Trump removes nearly 30 career diplomats from ambassadorial positions

WASHINGTON (AP) — The Trump administration is recalling nearly 30 career diplomats from ambassadorial and other senior embassy posts as it moves to reshape the U.S. diplomatic posture abroad with personnel deemed fully supportive of President Donald Trump's "America First" priorities.

The chiefs of mission in at least 29 countries were informed last week that their tenures would end in January, according to two State Department officials, who spoke on condition of anonymity to discuss internal personnel moves.

All of them had taken up their posts in the Biden administration but had survived an initial purge in the early months of Trump's second term that targeted mainly political appointees. That changed on Wednesday when they began to receive notices from officials in Washington about their imminent departures.

Ambassadors serve at the pleasure of the president although they typically remain at their posts for three to four years. Those affected by

the shake-up are not losing their foreign service jobs but will be returning to Washington for other assignments should they wish to take them, the officials said.

The State Department declined to comment on specific numbers or ambassadors affected, but defended the changes, calling them "a standard process in any administration." It noted that an ambassador is "a personal representative of the president and it is the president's right to ensure that he has individuals in these countries who advance the America First agenda."

Africa is the continent most affected by the removals, with ambassadors from 13 countries being removed: Burundi, Cameroon, Cape Verde, Gabon, Ivory Coast, Madagascar, Mauritius, Niger, Nigeria, Rwanda, Senegal, Somalia and Uganda.

Second is Asia, with ambassadorial changes coming to six countries: Fiji, Laos, the Marshall Islands, Papua New Guinea, the Philippines and Vietnam affected.



Four countries in Europe (Armenia, Macedonia, Montenegro and Slovakia) are affected; as are two each in the Middle East (Algeria and Egypt); South and Central Asia (Nepal and Sri Lanka); and the Western Hemisphere (Guatemala and Suriname).

Politico was the first to report on the ambassadorial recalls, which have drawn concern from some lawmakers and the union representing American diplomats.

Yahoo/News

MATTHEW LEE

Ilhan Omar says son pulled over by ICE agents amid Trump's crackdown

Rep. Ilhan Omar said her son was pulled over by Immigration and Customs Enforcement agents in Minnesota and asked to provide proof of citizenship.

The Democratic representative from Minnesota, a Somali American, recounted the incident in an interview with a Minnesota CBS affiliate, WCCO, on Dec. 14.

After he made a stop at Target, he did get pulled over by ICE agents," Omar said. "Once he was able to produce his passport ID, they did let him go."

Omar said her son, who was born in the U.S., always carries his passport with him.

In December, immigration agents converged on Minnesota's Twin Cities, the latest stop in President Donald Trump's wide-reaching immigration crackdown. Minneapolis and Saint Paul are home to the nation's largest Somali immigrant community, estimated to be between 60,000 and 80,000.

Omar said in the interview that ICE agents also

recently entered a mosque where her son was praying, and spoke of her concern for her son as agents visited neighborhoods he frequents.

"I had to remind him just how worried I am, because all of these areas that they are talking about are areas where he could possibly find himself in and they are racially profiling," Omar said. "They are looking for young men who look Somali that they think are undocumented."

The Somali-American community has become a target for the president's growing anti-immigrant rhetoric over the past month, as he has issued several insults toward Somalia, the Somali-American population and some of Minnesota's Democratic lawmakers.

Starting on Thanksgiving, Nov. 27, Trump posted about a massive fraud and money laundering investigation in the state, in which a group of people allegedly perpetuated what the state's district attorney's office called the "largest Covid-19 fraud scheme in the country." Many of those accused in the scheme, though not all, are of Somali descent.



The president also used a word to describe Democratic Minnesota Gov. Tim Walz that is considered a slur that references people with developmental disabilities in the posts, and falsely said refugees from Somalia were completely "taking over" Minnesota. A few days later, the president called Somali immigrants "garbage," and at a Dec. 10 rally, Trump called Somalia "filthy, dirty, disgusting, ridden with crime." He also made fun of Omar's hijab, which she chooses to wear as a practicing Muslim, calling it her "little turban."

Yahoo/News

Kathryn Palmer

Scientists Opened Up a 3,000-Year-Old Crocodile. The Contents Left Them Awestruck.

Ancient Egyptians regularly mummified crocodiles in elaborate ceremonies in dedication to their crocodile god Sobek.

A study of one of these crocodiles reveals details about the animal's death and the methods through which Ancient Egyptians captured these fearsome predators.

Using x-ray and CT-scanning technologies, archaeozoologists can now explore the insides of these animals, which, unlike human mummification, have their organs intact.

To uncover the mysteries of the past, scientists employ a wide variety of techniques to get at the truth. Climate scientists drill two-mile-long ice cores to glimpse Earth's past climatic conditions. Paleontologists analyze sediment layers to visualize the physical timeline of past epochs. And while Egyptologists similarly deploy lots of state of the art archeological techniques, sometimes it's best to just use a mummified crocodile stomach.

That's exactly what researchers at the University of Manchester did with a 3,000-year-old, 7.2-foot-long crocodile corpse, kept at the Birmingham Museum and Art Gallery and known simply as 2005.335. Although Ancient Egyptians typically removed organs when mummifying humans, crocodiles sacrificed to the crocodile god Sobek kept their innards intact, and this small deviation from tradition allows scientists in the 21st century to analyze the organs to un-

lock mysteries of this strange sacrificial ritual.

To preserve the specimen for future display, the research team deployed non-invasive techniques, such as x-rays and CT scanning, to catalog the contents of the crocodile's stomach. Among the ancient gastronomic detritus, scientists found some usual suspects called gastroliths, which are small stones crocodiles regularly swallow to aid digestion.

However, the scientists also found intact fish baited to a bronze hook. Because the time frame between the croc's last meal and its death was so short—the gastroliths hadn't reached the stomach yet—the crocodile was likely intentionally caught by Ancient Egyptians to be part of a sacrificial ceremony to Sobek.

"Whereas earlier studies favored invasive techniques such as unwrapping and autopsy, 3D radiography provides the ability to see inside without damaging these important and fascinating artifacts," University of Manchester archaeozoologist Lidija McKnight, co-author of a study published in the journal *Digital Applications in Archaeology and Cultural Heritage*, said in a press statement.

While keeping the long-dead crocodilian intact, McKnight and her team also "virtually" recreated the bronze hook lodged in the specimen's stomach for future museum displays. McKnight says that in the past Ancient Egyptians likely used hardened clay to create a mold and then



poured molten metal over a charcoal fire to create the hook.

"Despite the passing of several millennia between the production of the ancient fish hook and the modern replica, the casting process remains remarkably similar," McKnight said in the press statement. Although 2005.335 met a grisly fate, crocodiles were actually revered in Ancient Egyptian society for their strength but also their displays of gentleness (especially with their young)—but perhaps they were too revered. Archeologists believe that this Nile-based culture, in which the crocodile was the top predator (besides humans, of course), likely bred the animals specifically for sacrificial purposes by "crocodile cults." In the Egyptian town of Fayoum, which was the center of worship for Sobek, experts have uncovered thousands of mummified crocodiles, many of them babies.

But thanks to these long-ago sacrifices, the story behind these ancient mummified crocodiles is finally spilling its guts.

Trump doubles number of countries facing travel bans or restrictions

President Trump on Tuesday more than doubled the list of countries subject to his travel ban or to heavy restrictions, bringing the total number of nations affected by the sweeping set of immigration and entry limits to 39.

The first iteration of the travel ban Mr. Trump issued in June included 19 countries, fully barring the entry of immigrants and travelers from Afghanistan, Myanmar, Chad, the Republic of the Congo, Equatorial Guinea, Eritrea, Haiti, Iran, Libya, Somalia, Sudan and Yemen. It also partially suspended the entry of nationals of Burundi, Cuba, Laos, Sierra Leone, Togo, Turkmenistan and Venezuela.

The proclamation signed by Mr. Trump on Tuesday added seven countries to the list of states facing full entry restrictions: Burkina Faso, Mali, Niger, Laos, Sierra Leone, South Sudan and Syria. It imposed partial entry limits on immigrants and travelers from another 15 countries, including Angola, Antigua and Barbuda, Benin, Cote d'Ivoire, Dominica, Gabon, Gambia, Malawi, Mauritania, Nigeria, Senegal, Tanzania, Tonga, Zambia and Zimbabwe.

Mr. Trump's proclamation also enacted an entry ban for those traveling with documents issued by the Palestinian Authority, which governs

parts of the West Bank. The restrictions on travelers from Turkmenistan were eased, after Mr. Trump said that country had improved its information-sharing with the U.S.

The immigration and travel restrictions include some exceptions, including for permanent U.S. residents from the countries on the list and athletes and staff participating in major sporting events like the FIFA World Cup next year. But proclamation also eliminated an exception, included in the June travel ban, that exempted the children, spouses and parents of U.S. citizens who had requested visas on their behalf. CBS News had reported earlier this month that the Trump administration was considering expanding its travel ban following the shooting of two National Guard members in Washington, D.C., on Thanksgiving week. The suspect in that attack, which killed one of the soldiers, is an Afghan man who entered the U.S. in September 2021 and was granted asylum in April 2025.

In his decree on Tuesday, Mr. Trump cited multiple reasons to justify the travel ban's expansion, including concerns about the ability to adequately vet immigrants from the impacted countries and the lack of reliable record-keeping and information-sharing in some of those nations. He also referenced armed conflict, corruption,



fraud and terrorism in certain countries on the list.

Mr. Trump said Antigua and Barbuda and Dominica also offer citizenship to foreigners without a residency requirement, creating the risk that someone from the countries subject to the travel ban could seek to gain status in those Caribbean nations to bypass the U.S. entry restrictions.

During Mr. Trump's first administration, versions of his travel ban faced significant public backlash and legal challenges that alleged the policy was discriminatory in nature. In 2018, however, the Supreme Court upheld the president's power to suspend the entry of foreigners on national security grounds through a legal authority known as 212(f).

Yahoo/Finance

Camilo Montoya-Galvez

Kash Patel fires far-right FBI agent who unleashed racist attack on him

FBI Director Kash Patel is learning the pitfalls of running an agency chock-full of conspiracy theorists like himself.

The director, who was seemingly nominated for the role primarily because of his sworn allegiance to President Donald Trump and a habit of pushing MAGA conspiracy theories, has become the movement's whipping boy ever since he assumed his position — largely over his failures to provide evidence supporting MAGA conspiracy theories.

Last week, this came to a head when Patel fired Stephen Friend, a far-right influencer, FBI agent and former Patel ally who gained fame among the MAGA faithful after being suspended from the agency under the Biden administration for reportedly sympathizing with Jan. 6 insurrectionists.

In a letter sent to Friend last Friday, Patel told the agent he was fired "effective immediately" for "unprofessional conduct and poor judgment." The letter cited multiple public claims Friend made fueling baseless allegations of a government-led cover-up related to the apparent Trump supporter authorities allege to have been behind two attempted pipe bombings

targeting Republicans and Democrats in Washington on Jan. 5, 2021.

Patel's letter also cites a bigoted rant Friend delivered on a Dec. 5 podcast episode hosted by right-wing influencer and former FBI Agent Kyle Seraphin, in which Friend appeared to threaten Patel and baselessly suggest the FBI was lying about the identity of the person charged with planting the pipe bombs. Friend said:

You better pray to Gaia, Vishnu or whatever your maker is that RealSteveFriend is never in a position to be an instrument of God's wrath, because I will be merciful. I'll allow you to breathe every breath that your body will have for the rest of its natural life inside of a box, and then when it ultimately fades to black, that's when the real wrath begins.

(Gaia is an ancient Greek deity; Vishnu is a primary Hindu god.)

Patel is Hindu and has faced attacks from MAGA enthusiasts over this and his being Indian American. Seraphin is a failed Senate candidate in Utah who's faced a defamation suit from Patel's girlfriend over his claims that she is



a foreign asset who's been hired to manipulate the FBI director. Needless to say, this is a pretty messy ordeal — one seemingly befitting an agency led by, and rife with, right-wing radicals with a penchant for spreading dangerous lies.

Patel's letter says Friend may have a right to appeal his removal from the agency with the U.S. Merit Systems Protection Board within 30 days of the letter's issuance. Friend, for what it's worth, hasn't backed off of his comments and has continued defending them on social media ever since Patel issued his letter.

The post Kash Patel fires far-right FBI agent who unleashed racist attack on him appeared first on MS NOW.

Yahoo/News

Ja'han Jones

Russia's wartime lifeline from China comes with a price: an 'embarrassing reversal' for Moscow

Sanctions have forced Russia to lean heavily on China to keep its economy afloat.

China ships high-tech goods to Russia and buys its oil cheap — a combo that boosts Beijing's leverage.

Russia's role has shrunk to junior partner as China gains economic influence.

Moscow's wartime pivot to Beijing has helped keep Russia's economy afloat under the weight of sweeping Western sanctions — but at a cost. What looks like a lifeline today may lock Moscow into a long-term role as Beijing's junior economic partner. Russia is now heavily dependent on China for key manufactured goods and advanced inputs blocked by Western sanctions, according to a report from the Atlantic Council, a think tank, published on Friday.

"Economically and politically, Russia's relationship with China is simultaneously deeply asymmetrical and mutually beneficial," wrote Elina Ribakova, a nonresident senior fellow at the Peterson Institute for International Economics, and Lucas Risinger, an economic analyst and nonresident research fellow at the Kyiv School of Economics Institute.

China buys up Russian oil at volumes that offset lost European customers — at a discount — while Russia buys machinery, vehicles, and electronics from the East Asian giant amid Western

boycotts and sanctions.

"This is a complete and embarrassing reversal in the relationship compared to the 2000s, when Russia exported higher value-added goods to China," wrote the analysts.

Since Russia's full-scale invasion of Ukraine in February 2022, the Kremlin has steered the country's economy into a wartime footing. Heavy defense and government spending help sustain topline resilience, despite sanctions and export restrictions.

But cracks are emerging as energy export revenues have fallen sharply in a low oil-price environment. Consumer demand has also weakened amid still high inflation.

Russia needs China far more than China needs Russia

China now accounts for a large share of Russia's imports, and the vast majority of its trade with China is settled in the Chinese yuan.

Russia became China's top crude oil supplier in 2023, but the country accounts for just one-fifth of China's imports of the commodity. Meanwhile, oil and gas revenues account for a substantial one-third of Russia's budget inflows.

To be sure, China needs global buyers for its massive manufacturing sector, and Russia has become one of them. Still, the gains are "far



more important to Russia than to China," since Beijing doesn't rely on Moscow the way Europe relied on Russian energy, wrote the analysts. Furthermore, "from an economic point of view, China is not a better trading partner for Russia than the European Union was. It buys oil and gas at lower prices, it invests far less in Russia, and its products are often technologically inferior," they added.

This skewed relationship gives Beijing substantial leverage in negotiations and transactions. China purchases Russian oil at steep discounts, knowing Moscow's alternatives are limited.

"While Moscow has not become Beijing's vassal — at least not to the extent that it would attack NATO purely to distract the Alliance from a war for Taiwan — Russia is certainly the junior partner in the 'no limits' partnership," the analysts wrote.

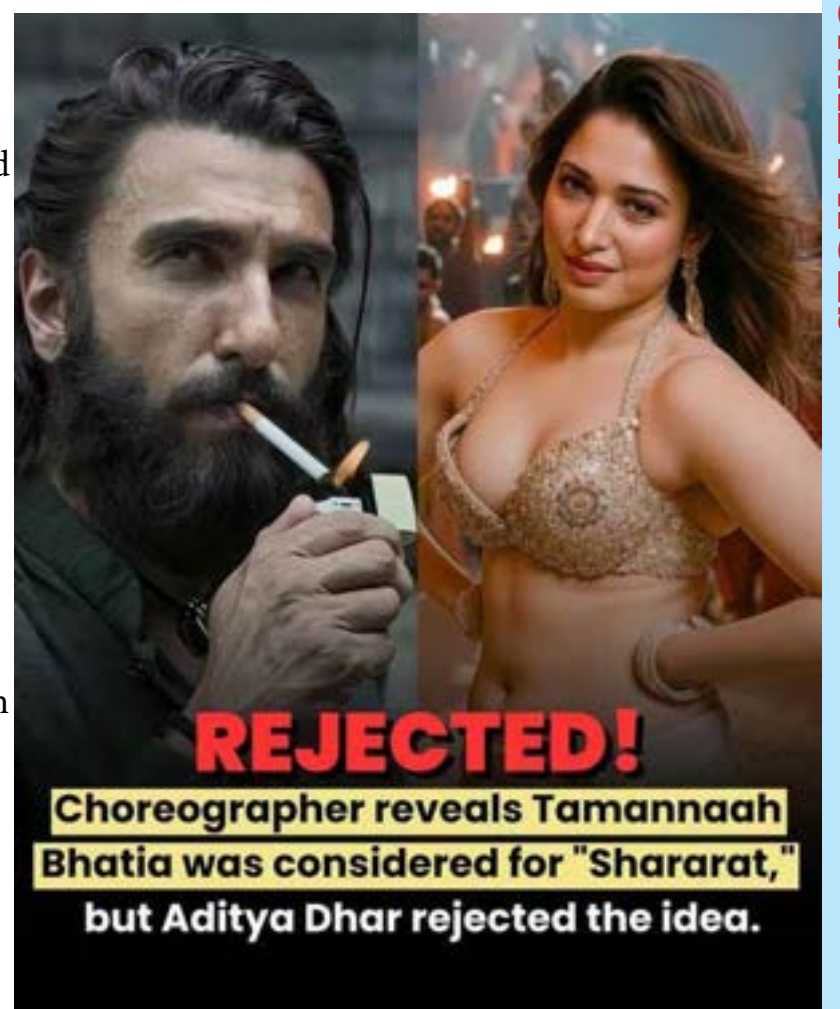
Yahoo/Finance
Huileng Tan

Ranveer Singh's Dhurandhar

Ranveer Singh's Dhurandhar continues its dream run at the box office, with audiences showering love on the film's gripping narrative and powerful performances. Among its many highlights, the song 'Shararat' has become a major talking point, thanks to its stylish presentation and energetic choreography featuring Ayesha Khan and Krystle D'Souza. Now, choreographer Vijay Ganguly has revealed an interesting behind-the-scenes detail. In an interview with Filmygyan, Vijay shared that Tamannaah Bhatia was initially considered for the song. However, director Aditya Dhar firmly rejected the idea to stay true to the film's storytelling.

According to Vijay, Aditya was clear that he didn't want a conventional "item song" that felt disconnected from the narrative. He explained that casting a single big star like Tamannaah would have

shifted the focus away from the story and onto one performer. "If it was Tamannaah, it would've been about her and not the story," Vijay recalled, adding that this is why the song features two performers instead of one. He further emphasized that Dhurandhar had too much happening in its narrative to afford a distraction. Aditya Dhar wanted 'Shararat' to flow organically with the film rather than feel like a sudden cutaway moment — a decision that clearly resonated with audiences.



JAVED AKHTAR VS MUFTI SHAMAIL

On 12/20/25, a historical intellectual debate took place in India between Javed Akhtar, a famous Movie personality, and Mufti Shamail Nadwi. The topic of the debate was, "Does God Exist?"

The debate was conducted very professionally and it is viral all over the place. Mufti Shamail Nadwi is receiving lots of praise and his followers have exceeded 1.5 million. Perhaps Mufti Shamail Nadwi is enjoying his praise and popularity but there is a danger that if he is not careful and let all this media attention go over his head, then he may become an easy prey for the devil. Because too much media attention spoils a God fearing person and makes him lose his humbleness.

Also, I believe, Does God Exist is not an appropriate topic. Most of the people of the world do not question the existence of God, they question, if God exists then why is there so much suffering in this world? Average people who has no knowledge of Quran does not know that Allah did not promise this life to live in peace and comfort, in fact our lives are supposed to be in toil and struggle

I have heard Javed Akhter's argument many times. I never heard him questioning God's existence. I believe he has lost his belief in religion, not in God. I heard him saying that when I would be standing in front of God and if He would question my deeds, then instead of answering Him, I would ask Him what He did for the humans, besides letting them suffer in miseries?

It tells me that he faced some emotional hurt in his life and blamed God for his sufferings. And perhaps no one taught him that suffering is a part of the test in this life.

People of all ages believed in God's existence, even the people who lived in the jungle and hunted buffaloes, believed that there is a Supper Being who takes care of them.

When we talk about Islam, Karen Armstrong wrote in her book, "Islam, a short history,"



page 4, " Muhammad's message was simple. He taught the Arabs no new doctrines about God: most of the Quraysh were already convinced that Allah had created the world and would judge humanity in the last days, as jews and Christians believed. Mohammad SAW was not sent there to make Quraish believe in Allah, Quraish already believed in Allah, their problem was that they did not believe in equality in social and economical status and living in harmony with each other with love, peace and justice. Karen Armstrong further wrote, "It was wrong, he insisted, to build a private fortune, but good to share wealth and create a society where the weak and vulnerable were treated with respect. If the Quraysh did not mend their ways, their society would collapse (as had other unjust societies in the past) because they were violating the fundamental laws of existence.

If we look into ourselves, then do we see any improvement in our religious and social conditions? Are we performing better today than what Quraish were when Prophet Mohammad SAW started preaching them?

Mohammad SAW was not sent to Quraish to teach them that God exists, because history tells us that they already believed in God's existence.

Their problem was that they behaved and they were in control. Wealthy and powerful believed that weak and unfortunate people are to serve them and they can treat them anyway they wish. Are we not behaving the same way today? Are we not lying, cheating, bluffing, manipulating and doing whatever we have to do to get what we want? Our children are learning this from childhood, older brothers and sisters are trying to dominate younger brothers and sisters. And there is no one to teach us true Islam, the Islam that teaches us to obey Allah SWT, the Islam that teaches us to submit and trust Allah SWT, the Islam that teaches us to be aware of the devil's tricks and deceptions, the Islam that teaches us our accountability of our deeds on the Day of Judgment, the Islam that teaches us to have most dignified Islamic character, the Islam that teaches us to live according to Deen-e-Huqq.

May Allah SWT bless us with His Rahmah and give intelligence to understand that we are losers in this world as well as hereafter if we disobey Allah and don't live following His commandments.

Mohammed Qamruzzaman, FB



NHTSA Recall ID Number : 25V821
Manufacturer : Nissan North America, Inc.
Subject : Rearview Camera Image May Not Display/FMVSS 111
Make Model Model Years
INFINITI QX80 2025-2026
NISSAN ARMADA 2025
NISSAN MURANO 2025
NHTSA Recall ID Number : 25V823
Manufacturer : Ford Motor Company
Subject : Loss of Power Brake Assist
Make Model Model Years
FORD BRONCO 2025
FORD EXPEDITION 2025
FORD F-150 2025
FORD RANGER 2025
LINCOLNNAVIGATOR 2025
NHTSA Recall ID Number : 25V830
Manufacturer : Mercedes-Benz USA, LLC
Subject : Insufficient Pedestrian Warning Sound/FMVSS 141
Make Model Model Years
MERCEDES-BENZ AMG EQE SUV 4MATIC 2024-2025
NHTSA Recall ID Number : 25V834
Manufacturer : Zero Motorcycles Inc.
Subject : Loss of Drive Power from Incorrect Fasteners in Motor Controller
Make Model Model Years
ZERO DSR/X 2023
NHTSA Recall ID Number : 25V837
Manufacturer : BMW of North America, LLC
Subject : Air Bag May Deploy Improperly

Make Model Model Years
BMW X5 2026
BMW X5 PLUG-IN HYBRID 2026
BMW X6 2026
BMW X7 2026
NHTSA Recall ID Number : 25V838
Manufacturer : Ducati North America
Subject : Front or Rear Wheel May Lock Up
Make Model Model Years
DUCATI PANIGALE V2 2025
DUCATI STREETFIGHTER 2025-2026
NHTSA Recall ID Number : 25V839
Manufacturer : Corp. Micro Bird, Inc.
Subject : Loose Power Cable May Cause Fire
Make Model Model Years
MICRO BIRD G5 TRANSIT BUS 2022-2026
MICRO BIRD T-SERIES TRANSIT BUS 2022-2023, 2025
NHTSA Recall ID Number : 25V840
Manufacturer : Corp. Micro Bird, Inc.
Subject : Loose Power Cable May Cause Fire
Make Model Model Years
MICRO BIRD G5 SCHOOL BUS 2021-2026
MICRO BIRD MB II SCHOOL BUS 2022-2025
MICRO BIRD T-SERIES SCHOOL BUS 2022-2025
NHTSA Recall ID Number : 25V841
Manufacturer : ARBOC Specialty Vehicles, LLC
Subject : Wheelchair Restraint Retractor May Not Lock
Make Model Model Years
ARBOC SPECIALTY VEHICLES SPIRIT OF FREEDOM 2025
ARBOC SPECIALTY VEHICLES SPIRIT OF MOBILITY 2025
NHTSA Recall ID Number : 25V842
Manufacturer : ARBOC Specialty Vehicles, LLC
Subject : Wheelchair Restraint Retractor May Not Lock
Make Model Model Years
ARBOC SPECIALTY VEHICLES SPIRIT OF FREEDOM 2025
NHTSA Recall ID Number : 25V843
Manufacturer : Micro Bird USA LLC
Subject : Loose Power Cable May Cause Fire
Make Model Model Years
MICRO BIRD G5 TRANSIT BUS 2026
NHTSA Recall ID Number : 25V844
Manufacturer : Keystone RV Company
Subject : Patio Railing Kit May Be Missing Components
Make Model Model Years
KEYSTONE CARBON 2026
KEYSTONE IMPACT 2026
NHTSA Recall ID Number : 25V845
Manufacturer : Chrysler (FCA US, LLC)
Subject : Headlights May Fail/FMVSS 108
Make Model Model Years

What is a recall?

When a manufacturer or the National Highway Traffic Safety Administration (NHTSA) determines that a vehicle creates an unreasonable risk to safety or fails to meet minimum safety standards, the manufacturer is required to fix that vehicle at no cost to the owner. That can be done by repairing it, replacing it, offering a refund (for equipment)

ALFA ROMEO GIULIA 2024
NHTSA Recall ID Number : 25V846
Manufacturer : Chrysler (FCA US, LLC)
Subject : Brake Pedal Failure
Make Model Model Years
ALFA ROMEO TONALE PHEV 2024
DODGE HORNET PHEV 2024
NHTSA Recall ID Number : 25V847
Manufacturer : Jayco, Inc.
Subject : Incorrect Weight Information on Label/FMVSS 120
Make Model Model Years
ENTEGRRA QWEST 2026
JAYCO MELBOURNE 2025
JAYCO MELBOURNE PRESTIGE 2026
NHTSA Recall ID Number : 25V799
Manufacturer : Tiffin Motorhomes, Inc.
Subject : Incorrect Cargo Carrying Capacity on OCCC Label/FM-VSS 120
Make Model Model Years
TIFFIN OPEN TRAIL 2026
NHTSA Recall ID Number : 25V810
Manufacturer : Altec Industries, Inc.
Subject : Emergency Stop May Not Function
Make Model Model Years
ALTEC AT SERIES 2019-2024
NHTSA Recall ID Number : 25V811
Manufacturer : Bentley Motors, Inc.
Subject : High Voltage Battery May Overheat
Make Model Model Years
BENTLEY BENTAYGA HYBRID 2023
NHTSA Recall ID Number : 25V812
Manufacturer : Newell Coach Corp.
Subject : Incorrect Weld May Cause Seat Failure/FMVSS 207, 210
Make Model Model Years
NEWELL P50 2022
NHTSA Recall ID Number : 25V813
Manufacturer : Foretravel, Inc.
Subject : Incorrect Weld May Cause Seat Failure/FMVSS 207, 210
Make Model Model Years
FORETRAVEL REALM 2020-2022
FORETRAVEL REALM 450 2022
NHTSA Recall ID Number : 25V814
Manufacturer : Pleasant Valley Teardrop Trailers LLC
Subject : Incorrect Weight Listed on CCC and Tire and Loading Information Labels
Make Model Model Years
NUCAMP TAB 320 2025-2026
NUCAMP TAB 360 2025-2026
NUCAMP TAB 400 2025-2026
NUCAMP TAG 2025-2026
NHTSA Recall ID Number : 25V815
Manufacturer : General Motors, LLC
Subject : Missing Owner's Manual/FMVSS 225
Make Model Model Years
CHEVROLET SILVERADO 1500 2026
CHEVROLET SILVERADO 2500 2026
CHEVROLET SILVERADO 3500 2026
NHTSA Recall ID Number : 25V816
Manufacturer : Rivian Automotive, LLC
Subject : Driver Seat Belt Pretensioner Cable May Become Damaged
Make Model Model Years
RIVIAN EDV 2022-2025
NHTSA Recall ID Number : 25V817
Manufacturer : International Motors, LLC
Subject : ECU Malfunction May Impair Safety Systems
Make Model Model Years
INTERNATIONAL 8600 2018
INTERNATIONAL HV 2025-2026
INTERNATIONAL HX 2023-2026
INTERNATIONAL LONESTAR 2016-2023
INTERNATIONAL LT 2018-2023
INTERNATIONAL MV 2021-2026
INTERNATIONAL RH 2022-2023
NHTSA Recall ID Number : 25V818
Manufacturer : Volvo Car USA, LLC
Subject : Loose Front Seats
Make Model Model Years
VOLVO XC60 2018, 2025
VOLVO XC60MHEV 2026
NHTSA Recall ID Number : 25V819
Manufacturer : General Motors, LLC
Subject : Missing Owner's Manual/FMVSS 225
Make Model Model Years
CADILLAC VISTIQ 2026
NHTSA Recall ID Number : 25V820

or, in rare cases, repurchasing the car.

What should I do if my vehicle is included in this recall?
If your vehicle is included in this recall, it is very important that you get it fixed as soon as possible given the potential danger to you and your passengers if it is not addressed. You should receive a separate letter in the mail from the vehicle manufacturer, notifying you of the recall

Manufacturer : Altec Industries, Inc.
Subject : Improperly Formed Shear Plate Lockbolts
Make Model Model Years
ALTEC LR8 SERIES 2025
NHTSA Recall ID Number : 25V822
Manufacturer : Nova Bus (US) Inc.
Subject : Cooling Pump Failure May Cause Loss of Drive Power
Make Model Model Years
NOVA BUS LFS 2025
NHTSA Recall ID Number : 25V824
Manufacturer : Chrysler (FCA US, LLC)
Subject : Side Curtain Air Bag Inflators May Rupture
Make Model Model Years
RAM 1500 2019
RAM 2500 2019-2020
RAM 3500 2019
NHTSA Recall ID Number : 25V825
Manufacturer : KTM North America, Inc.
Subject : Loss of Drive Power
Make Model Model Years
HUSQVARNA SVARTPILEN 401 2024
HUSQVARNA VITPILEN 401 2024
KTM 390 ADVENTURE R 2025
KTM 390 ADVENTURE X 2025
KTM 390 DUKE2024-2025
KTM 390 ENDURO R 2025
KTM 390 SMC R 2025
NHTSA Recall ID Number : 25V826
Manufacturer : Chrysler (FCA US, LLC)
Subject : Instrument Panel Display Failure/FMVSS 135, 105 & 102
Make Model Model Years
RAM 1500 2025-2026
RAM 2500 2025-2026
RAM 3500 2025-2026
RAM 4500 2025-2026
RAM 5500 2025-2026
NHTSA Recall ID Number : 25V827
Manufacturer : Ford Motor Company
Subject : Driver and Passenger Door Trim May Detach
Make Model Model Years
LINCOLNMKT 2016-2019
NHTSA Recall ID Number : 25V828
Manufacturer : Ford Motor Company
Subject : Engine Oil Leak May Cause Fire
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FORD EXPLORER 2026
FORD MAVERICK 2025
FORD MUSTANG 2026
LINCOLN CORSAIR 2026
NHTSA Recall ID Number : 25V829
Manufacturer : Ford Motor Company
Subject : Liftgate Hinge Covers May Detach
Make Model Model Years
FORD ESCAPE 2020-2022, 2025
NHTSA Recall ID Number : 25V831
Manufacturer : Ford Motor Company
Subject : Inoperative Rear Lightbar/FMVSS 108
Make Model Model Years
LINCOLNNAVIGATOR 2025
NHTSA Recall ID Number : 25V832
Manufacturer : Virnig Manufacturing Inc.
Subject : Bearing Lock Nut Failure Can Cause Tire to Detach
Make Model Model Years
VIRNIG TR-HDD-1414 2025
VIRNIG TR-RHDD-1409 2025
NHTSA Recall ID Number : 25V833
Manufacturer : Hyundai Motor America
Subject : Sudden Unintended Braking
Make Model Model Years
GENESIS G90 2023-2026
NHTSA Recall ID Number : 25V835
Manufacturer : Volkswagen Group of America, Inc.
Subject : Wheel May Detach from Vehicle
Make Model Model Years
VOLKSWAGEN ATLAS 2026
VOLKSWAGEN ATLAS CROSS SPORT 2026
VOLKSWAGEN ID.4 2026
NHTSA Recall ID Number : 25V836
Manufacturer : Volkswagen Group of America, Inc.
Subject : High Voltage Battery May Catch Fire
Make Model Model Years
VOLKSWAGEN ID.4 2023-2024

and explaining when the remedy will be available, whom to contact to repair your vehicle, and to remind you that the repair will be done at no charge to you. If you believe your vehicle is included in the recall, but you do not receive a letter in the mail from the vehicle manufacturer, please call NHTSA's Vehicle Safety Hotline at 1-888-327-4236, or contact your vehicle manufacturer or dealership.

SAFE DRIVING IN INCLEMENT WEATHER CONDITIONS

Inclement weather can pose many hazards and dangerous road conditions for operators. Workers should be aware of impacting weather events and its effects on safely driving and operating vehicles and equipment.



BE PREPARED

CHECK LOCAL FORECAST

Stay caught up on the latest weather conditions for your area. In the event of severe weather, operations may need to be altered to accommodate the changes.

CONDUCT PLAY OF THE DAY

Based on current and future weather conditions, detailed communication in regards to each worker's assigned task, safe routes to take, and specific operations should be discussed in-depth.

PERFORM THOROUGH PM

Check tires, windshield wipers, fluids, lights, and other essential equipment functions that will ensure the vehicle is ready to operate safely and efficiently.

SLOW DOWN

BE DEFENSIVE & OFFENSIVE

Practice safe driving techniques related to defensive driving and Smith System 5 Keys. By using these tools, drivers can remain vigilant in their efforts to arrive safely.

USE SAFE DRIVING TOOLS

Drive with lights on and use warning devices to effectively communicate with other drivers. When pavement is wet, you should decrease speed, turn off cruise control, and increase following distance.

SEEK COVER

With a threat of excessive wind gusts, hail, or even tornadoes, limit driving to an as needed basis. Secure loads, protect vehicles and equipment, and seek shelter when severe weather is near.

STAY FOCUSED

MAINTAIN AWARENESS

Situational awareness will be essential during inclement weather. Pay careful attention to weather, roadway, and traffic conditions as they may change abruptly.

BE PROACTIVE

Remember to Stop. Speak. Act! It is important to stay engaged with the environment around you and make good decisions to ensure the safety of yourself and your teammates.

COMMUNICATE

Keep constant communication with team members about conditions. Radios will be an essential resource in the event that cell towers or electricity are impacted by storms.

HIGH WATER ON THE ROAD & AVOIDING HAZARDS

BE PREPARED

VERIFY CONDITIONS

In high water operations, it is important to remain aware of locations that may become impacted by flooding. All employees should be briefed and updated regularly regarding this information.

ENSURE ESSENTIAL SUPPLIES

Equip vehicles with necessary supplies to respond to flooded roadways. This includes PPE, signage, tools, and water/snacks, especially if employees will be stationed for long hours at these locations.

PLAN FOR MORE

Flooding creates hazardous conditions for workers. Verify that first aid kits are stocked, and fire extinguishers are charged before response.

SLOW DOWN

TURN AROUND

When roadways are covered in water, turn around and never attempt to drive through. It may be worse than what it initially appears. Vehicles are not equipped to handle high water, which may cause the engine to flood or be carried away.

BE CAUTIOUS

In the event of rain or wet pavement, drive carefully to the current conditions to avoid loss of traction on the roadway. Operators should turn off cruise control, slow down, and increase following distance.

HAVE A WAY TO ESCAPE

Avoid areas that would require backing. If backing becomes necessary, use a spotter, when available. Perform 360 walkaround to confirm surroundings are free of hazards.

STAY FOCUSED

OBSERVE SURROUNDINGS

Identify unsafe travel paths and avoid driving through these areas. Debris, fixed objects, downed powerlines, or other items may be hidden. If you don't know, don't go!

CALL A TIME-OUT

When faced with situations that may become unsafe, workers should utilize stop work authority and communicate hazards with others. When conditions improve, a new plan of action may be taken.

REMAIN ALERT

Long hours in this type of emergency response may affect workers ability to remain vigilant. It is essential to communicate with supervision about this to ensure operational readiness.



RECIPES

Sautéed Green Beans with Pomegranates

Ingredients

1 1/2 tsp. kosher salt, plus more for the cooking water

2 lb. green beans, trimmed

1 cup pure pomegranate juice

1 Tbsp. salted butter

3 Tbsp. olive oil

3 shallots, thinly sliced

1 Tbsp. grated fresh ginger

1/2 cup pomegranate seeds

1/2 cup chopped salted roasted pistachios

1/4 cup fresh parsley, roughly chopped

2 Tbsp. fresh dill, roughly chopped

Directions

1

Bring a large pot of salted water to a boil. Prepare a large bowl of ice water. Add the green beans to the boiling water and cook until crisp-tender, about 5 minutes. Drain and add to the ice water; let sit for 5 minutes. Drain and pat dry.

2

Meanwhile, bring the pomegranate juice to a boil in a small saucepan over high heat and cook until syrupy, about 4 minutes. Stir in the butter until smooth and glossy. Set aside and keep warm.

3

Heat the olive oil in a large skillet over medium heat. Add the shallots and cook, stirring occasionally, until softened, 4 to 5 minutes. Add the ginger and stir to combine. Add the green beans and salt and toss to coat in the oil and shallots.



Cover and cook until heated through, about 3 minutes.

4

Uncover the skillet, then sprinkle with half each of the pomegranate seeds, pistachios, parsley and dill and toss. Transfer to a platter. Drizzle with the pomegranate syrup and sprinkle with the remaining pomegranate seeds, pistachios, parsley and dill.

Sloppy Joes

Ingredients

1 Tbsp. extra-virgin olive oil

1 medium yellow onion, chopped

1 red bell pepper, seeds and ribs removed, chopped

1/2 cup ketchup

2 garlic cloves, finely chopped

1 Tbsp. chili powder

2 Tbsp. apple cider vinegar

2 Tbsp. yellow mustard

1 Tbsp. brown sugar

1 Tbsp. Worcestershire sauce
Kosher salt

Freshly ground black pepper

1 lb. ground beef

1 cup canned tomato sauce

6 hamburger buns, toasted

Directions

Step 1

In a large skillet over medium-high heat, heat oil. Cook onion and bell pepper, stirring occasionally, until softened and slightly golden, 10 to 15 minutes

Step 2

Add ketchup and cook, stirring occasionally,

until color has darkened and ketchup is reduced to a thick paste, 7 to 10 minutes.

Step 3

Add garlic and chili powder and cook, stirring, until fragrant, about 1 minute. Add vinegar, mustard, brown sugar, and Worcestershire sauce; season with salt and pepper. Cook, stirring frequently, until incorporated, about 1 minute more.

Step 4

Increase heat to high and add ground beef. Using a fork, break apart beef until separated and no big lumps remain. Cook, stirring frequently, until browned, about 5 minutes.

Step 5

Add tomato sauce and bring to a boil, stirring to combine. Let cool slightly; season with salt, if needed.

Step 6

Divide beef mixture among buns and serve.

Onion: Veggies are the foundation of your sloppy Joe. A traditional yellow onion will work here, as their sweetness nicely complements the ground beef. White would be a good substitute, but try to avoid the bite of a red onion if possible.

Bell Pepper: I called for red here for a pop of color, but green or whatever you had on hand works. They have a very mild taste but provide much needed texture to your sloppy Joes.

Ground Beef: Ground beef is likely what you remember as the base of all those childhood sloppy Joes, but if you want to lighten things up, feel free to swap in a pound of ground turkey (like we did with our Italian sloppy Joes) or your favorite meat alternative (like Beyond or Impossible) for a meal that's just as delicious.

Sloppy Joe Sauce: For sloppy Joes, it's all about the sauce. Our recipe uses ketchup, yellow mus-



tard, apple cider vinegar, Worcestershire sauce, brown sugar, tomato sauce, and plenty of spices to create the perfect balance of flavors. When making your sauce, don't skip taking the time to cook down your ketchup! Reducing until it becomes a thick paste makes the sugars caramelize, deepening the overall flavor of your sloppy Joe sauce.

Hamburger Buns: While hamburger buns are what you might immediately pair with sloppy Joes (and we love them, don't get us wrong), feel free to change things up. Something rich and eggy like a brioche bun would make these feel even more deluxe, or opt for good ol' bread to make a sloppy Joe grilled cheese.

STEP-BY-STEP INSTRUCTIONS

The most iconic part of the sloppy Joe is arguably the sauce, so it's important not to skip out on building all those layers of flavor by first slowly sautéing the onion and bell pepper. First, you'll want to heat your oil large skillet over medium-high heat before adding the onion and bell pepper. Stir the mixture occasionally, until softened and slightly golden, which will take 10 to 15 minutes. Trust me, I know it sounds long, but you don't want to rush this step!

By Alejandro Valdes Lora

IS YOUR AIRBAG DEFECTIVE?

Nearly 70 million Takata airbag inflators, in approximately 42 million vehicles, are or will be under recall in the United States by 2020.

Even a minor fender bender can cause these airbag inflators to rupture, spraying metal shrapnel into drivers and passengers.

DON'T RISK INJURY OR DEATH, CHECK YOUR VEHICLE TODAY.

Here's How:

Find it

Write down your Vehicle Identification Number (VIN) or take a photograph of your license plate.

- Look for your VIN on the driver-side dashboard by the windshield or on your insurance card.



Drivenside dashboard by the windshield

Search it

Visit AirbagRecall.com to upload a photo of your license plate or to look up your 17-digit VIN.

Upload a photo

or

Enter a license plate or VIN manually

Then follow the on-screen instructions to prove you are not a robot.

Fix it

If you see text that reads **recall incomplete**...

YOUR AIRBAG INFLATOR WILL BE REPLACED FOR FREE.



Schedule an appointment at your automaker's local dealership as soon as possible.

If you see text that reads **remedy not available**, call a dealer anyway. Make sure your contact information is up to date so they can notify you as soon as parts are available for your repair.



AIRBAGRECALL.COM

Drishyam Producer Calls Out Akshaye For Asking For Fee Hike & Wig For Doing Drishyam 3



"He Thinks He's A Superstar Now"

After the reports of Akshaye Khanna leaving Drishyam 3 following disagreements on his acting fees and choice to wear wig, producer Kumar Mangat has opened up and has called out the actor.

In an interview with Bollywood Hungama, Mangat said that Akshaye thinks Dhurandhar worked because of him while it worked for many reasons including main lead Ranveer Singh. He also said Drishyam franchise is led by Ajay Devgn and Chhaava was led by Vicky Kaushal.

He said, "If Akshaye does a solo film, it won't even collect Rs. 50 crores in India. Forget the lifetime, if he thinks he has become a superstar, then he should try mounting a superstar budget film with some studio and see who greenlights his film with that kind of budget. Some actors do ensemble cast films and after those movies become big hits, they start thinking that they are the star. That's exactly what has happened with him. He thinks he's a superstar now. Success has gone into his head. He told us, 'Dhurandhar is working because of me'. He needs to understand that multiple factors worked in favour of Dhurandhar."

He also said that Akshaye had initially loved the script and had said that it was a Rs 500 cr film. "When he heard the script in his Alibaug farmhouse, he liked it so much that he told us, 'Yeh Rs. 500 crore ki film hai. Maine life mein aisi script nahin suni hai'. He even hugged Abhishek and the writer. Then, we had negotiations, after which we agreed on the fees. We even signed the agreement. He even got an advance while we paid the designer for his clothes. And then 10 days before his shoot, he declined to work on the film."

Reports suggest that Akshaye asked for Rs 21 cr to work in the film after Dhurandhar.

The Historian's Den

When France fell to Nazi Germany in 1940, Morocco, then under French protectorate, came under the control of the collaborationist Vichy regime. Anti-Jewish laws were imposed across French territories, stripping Jews of rights, jobs, and protections. Nazi officials pushed for Jewish populations in North Africa to be registered, segregated, and eventually deported. Morocco's Jewish community, one of the oldest in the world, suddenly faced a terrifying and uncertain future.

Sultan Mohammed V, though limited by colonial rule, used every ounce of his authority to shield his Jewish subjects. When pressured to hand them over for relocation to Nazi camps, he refused outright, famously declaring, "There are no Jews in Morocco - only Moroccan subjects." He insisted that Moroccan Jews would not be separated, marked, or treated differently, and he quietly resisted Vichy attempts to enforce harsher measures. His stance was both symbolic and practical: it signaled to local officials that persecution would not



When the Nazis pressured Sultan Mohammed V of Morocco to hand over the country's Jewish population for deportation, he refused, declaring, "There are no Jews in Morocco only Moroccan subjects." As a result, not a single Moroccan Jew was deported or killed during WWII.

be tolerated.

Because of his resistance, and because the Nazis never fully controlled Morocco, not a single Moroccan Jew was deported or killed during the Holocaust. In a time when entire communities across Europe were being annihilated, Morocco became a rare refuge where Jewish life continued under the protection of a Muslim monarch. Today, Mohammed V is remembered with deep respect by Jewish communities worldwide for standing firm when it mattered most.

MANSOOR ALI KHAN PATAUDI

Tiger Pataudi

(1941 – 2011)

Quick Facts About ~~Desol~~ AMU Citizens

- Alma mater: Aligarh Muslim University (Minto Circle)
- Played 46 Tests for India, scoring 2,793 runs with 6 centuries
- Became India's youngest Test captain at 21 (1962)
- Led India in 40 Tests, laying foundations for success abroad

Proud Aligarian, Iconic Cricketer

From AMU to Captaining India, he blended heritage with sporting excellence

When her husband was murdered, she invited his killers to a royal wedding... then buried them alive in a ditch.

In 945 AD, Igor, Grand Prince of Kyiv, was killed by the Drevlians—a Slavic tribe who rebelled against his excessive tribute demands. According to chronicles, they bent two birch trees down, tied Igor between them, and released the trees, tearing him apart.

His widow, Olga, was left to rule as regent for their young son Svyatoslav, who was only a child. She was a foreigner in a brutal political landscape, surrounded by enemies who likely expected her to be weak, manageable, or willing to remarry for political convenience.

They badly misjudged Olga of Kyiv.

What happened next became the stuff of legend—literally. The Primary Chronicle, written more than 150 years after these events, records four increasingly elaborate revenge tales that historians believe blend historical fact with folkloric embellishment. But whether every detail is true or not, these stories established Olga's reputation as one of the most ruthless rulers in medieval history.

The First Revenge:

The Drevlian prince, Mal, saw an opportunity. With Igor dead, he could marry the widow, unite their territories, and legitimize his rebellion. He sent twenty of his finest nobles to Kyiv in boats, proposing marriage.

Olga received their message graciously and sent word back: the Drevlians should return the next day in their boats, and her people would carry them to her court as an honor befitting such distinguished guests.

The Drevlians, flattered, agreed.

When they arrived, Olga's people lifted the boats—with the ambassadors still inside—and carried them through the streets of Kyiv. The Drevlians believed they were being honored with a triumphant procession.

Then the procession reached Olga's courtyard, where a deep pit had been dug overnight.

The people of Kyiv tipped the boats over, dumped the Drevlians into the pit, and buried them alive.

As the earth was being shoveled over them, Olga reportedly asked: "Are you finding the honor to your taste?"

The Second Revenge:

Olga sent another message to Prince Mal: she would indeed marry him, but he must send his most distinguished men to escort her properly to Drevlian territory. Mal, apparently not yet suspicious, complied.

When this second delegation arrived, Olga offered them a bathhouse to refresh themselves after their journey—a customary hospitality.

Once they were inside, her soldiers barred the doors and set the bathhouse on fire, burning them all alive.

The Third Revenge:

Olga then traveled to Drevlian territory herself, ostensibly to hold a funeral feast at her husband's grave—a traditional ritual. The Drevlians, still somehow unsuspecting, prepared a great

feast.

Olga's servants plied the Drevlians with mead and wine until they were thoroughly drunk. Then, at Olga's signal, her soldiers massacred approximately 5,000 Drevlians where they sat.

The Fourth Revenge:

Finally, Olga laid siege to Iskorosten, the Drevlian capital. After a year-long siege with no breakthrough, she sent a message: she would lift the siege if they sent her a tribute of three sparrows and three pigeons from each household—a laughably small request.

The relieved Drevlians complied immediately.

Olga's soldiers tied pieces of sulfur wrapped in cloth to each bird's legs, set them on fire, and released them. The birds flew back to their nests in the thatched roofs of Iskorosten.

The city burned to the ground.

Now, are all these details historically accurate?

Almost certainly not in their elaborate folkloric form. The stories follow classic revenge tale patterns—clever tricks, escalating brutality, poetic justice. They're designed to establish Olga as cunning, ruthless, and unstoppable.

But the core truth is clear: Olga crushed the Drevlians militarily and politically. She conquered their territory, integrated it into Kievan Rus', and established a reputation for brutal competence that made other tribes think twice about rebellion.

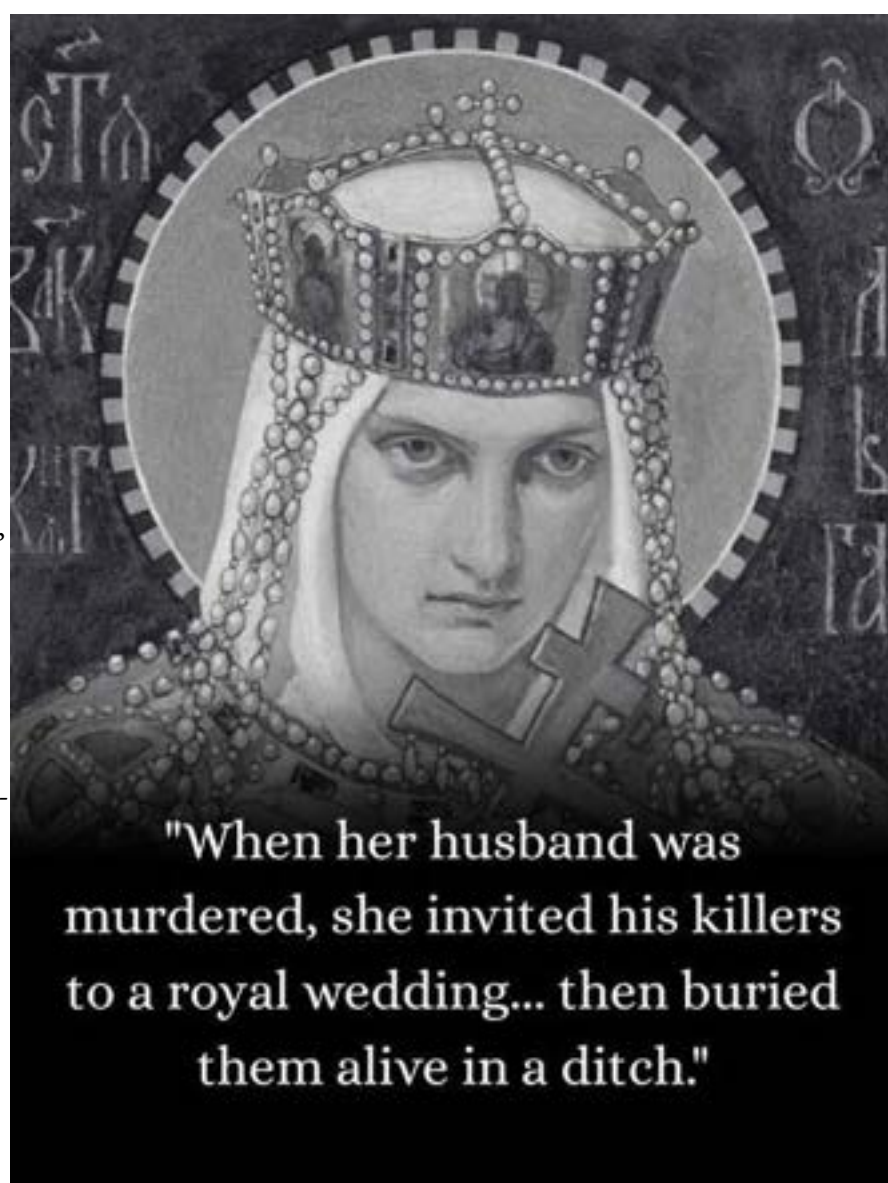
She ruled as regent for approximately 18 years (945-963 AD), longer than many medieval kings ruled in their own right. She reformed the tribute system that had gotten her husband killed, establishing fixed rates and administrative structures. She consolidated power, strengthened Kyiv's position, and proved that a woman could rule effectively in a violent, patriarchal medieval world.

And then, something unexpected happened.

Around 955-957 AD, Olga traveled to Constantinople and converted to Christianity, being baptized by the Byzantine Emperor himself. For a ruler whose legend was built on pagan revenge and brutal warfare, this was a profound transformation.

But here's where we need to be honest about her impact: Olga failed to convert her people during her lifetime. Her son Svyatoslav remained firmly pagan and rejected Christianity entirely. When she tried to convince him to convert, he reportedly said his warriors would laugh at him.

Olga's Christian influence wouldn't bear fruit until a generation later, when her grandson



"When her husband was murdered, she invited his killers to a royal wedding... then buried them alive in a ditch."

Vladimir converted Kievan Rus' to Christianity in 988 AD—about 20 years after her death. So while she did plant seeds, calling her the architect of Rus' Christianization overstates her immediate success.

She died around 969 AD and was later canonized as a saint by the Orthodox Church—Saint Olga, Equal-to-the-Apostles. The church celebrated her Christian legacy while tactfully downplaying the whole "buried people alive and burned cities" phase of her career.

Olga's story raises uncomfortable questions. She's venerated as a saint, but her legendary revenge was grotesquely brutal. She's celebrated as a powerful woman leader, but her power came through violence that would be called terrorism today. She's credited with bringing Christianity to Rus', but she couldn't even convert her own son.

Medieval history is full of these contradictions. We can acknowledge Olga's political brilliance, her effectiveness as a ruler, and her historical importance while also recognizing that the revenge tales—whether fully true or embellished—describe horrific acts of mass violence. What's certain is this: in a world where widows were expected to remarry or retire to convents, Olga seized power and held it for nearly two decades. In a brutal political landscape dominated by men, she became legendary for being more ruthless, more clever, and more effective than any of them.

The Drevlians killed her husband thinking it would eliminate a problem.

Instead, they created a legend.

The Curiosity Curator's Post

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The Forgotten Ledger

Her father named her heir over his sons. Nobles refused and installed her incompetent brother instead. Six months later, she took the throne anyway—and became the only woman Sultan in 320 years.

This is 1205. The Mongol Empire is spreading across Asia. Genghis Khan is conquering everything in his path. In Delhi, India, a baby girl is born to Sultan Shamsuddin Iltutmish and named Razia.

Nobody expects this girl to make history. Her father is a former slave who rose through military ranks to become Sultan. In the rigid hierarchy of the Delhi Sultanate, women exist as property—married off for political alliances, kept secluded behind walls and veils, utterly excluded from power.

But Iltutmish doesn't raise Razia like other daughters. He trains all his children identically—sons and daughters alike. Razia learns archery. She learns sword fighting. She learns military strategy, political theory, administration, governance. While other noble girls learn embroidery and household management, Razia studies how to command armies and rule empires.

By her teens, Razia is already serving as her father's advisor on military and strategic matters. She attends court. She participates in policy discussions. Nobles are scandalized—a teenage girl in the Sultan's council chamber?—but Iltutmish doesn't care.

In 1229, Iltutmish's eldest son Nasiruddin Mahmud dies unexpectedly. The Sultan had been grooming him as his successor. Now that plan is destroyed.

Iltutmish looks at his remaining sons. They're incompetent—absorbed in pleasure, disinterested in governance, incapable of the discipline required to rule. Then he looks at Razia.

In 1231, Iltutmish leaves Delhi for a military campaign in Gwalior. He makes an unprecedented decision: he leaves 26-year-old Razia in charge of Delhi's entire administration. For over a year, Razia runs the capital. She handles military decisions. She adjudicates disputes. She manages the treasury. She keeps the city functioning smoothly during her father's absence.

When Iltutmish returns and sees how effectively she's governed, he makes a decision that shocks the Islamic world. He names Razia as his heir apparent.

Not one of his sons. His daughter.

When nobles protest—"You have surviving sons!"—Iltutmish responds simply: "My sons are obsessed with frivolity and pleasure. Razia is more capable than all of them."

He orders his officer to prepare an official decree naming Razia his successor.

Then, in April 1236, Sultan Iltutmish dies.

The nobles immediately ignore his wishes. They refuse to accept a woman as Sultan. Instead, they install Ruknuddin Firuz—Razia's half-brother—on the throne.

Ruknuddin is exactly as incompetent as his father predicted. He spends his reign drinking, indulging in sexual pleasures, and riding elephants through Delhi's streets while throwing gold coins to crowds. Actual governance is handled by his mother, Shah Turkan, who uses her power to settle personal grudges and eliminate rivals.

Within months, Delhi is in chaos. The administration is collapsing. Shah Turkan attempts to have Razia assassinated—viewing her as a threat even though she's not currently in power.

The assassination attempt fails.

Six months into Ruknuddin's disastrous reign—November 1236—Razia makes her move. With support from Delhi's citizens who are sick of the incompetent ruler, she stages a rebellion.

Ruknuddin and Shah Turkan are both assassinated.

On November 10, 1236, Razia ascends to the throne of the Delhi Sultanate.

She takes the formal title Jalalat-ud-Din Raziya. But more importantly, she makes two immediate declarations that send shockwaves through conservative Muslim society. First: she drops the veil. The pardah—the face covering worn by Muslim women—is discarded completely. She appears unveiled in court, in public, everywhere.

Second: she refuses the title "Sultana." That word means "wife or mistress of a Sultan"—a woman defined by her relationship to a man. Razia insists on being called "Sultan" instead. A masculine title. A ruler's title.

"I am second to none," she tells the court.

Then she does something even more outrageous: she abandons traditional women's clothing entirely. She wears the tunic, turban, and robes worn by male rulers. She appears in court dressed as a Sultan—not as a woman pretending to be Sultan.

The Turkish nobles are furious. Conservative Muslims are scandalized. Many plot against her from day one, determined to remove this woman who dares to rule unveiled and dressed like a man.

Razia ignores them. She has work to do.

She orders new coins minted with an inscription that makes her position crystal clear: "Pillar of Women, Queen of the Times, Sultan Razia, Daughter of Shamsuddin Iltutmish."

Not wife of anyone. Not regent for anyone. Sultan. In her own right. Based on her own merit.

Then she starts governing.

Razia launches military campaigns to secure the Sultanate's borders. Her first target is Ranthambore, whose ruler declared independence after Iltutmish's death. She sends Malik Qutubuddin Hasan Ghuri to reclaim it—he successfully evacuates Turkish nobles from the fort but can't fully subjugate the local Chahamana rulers, who continue guerrilla warfare.

She faces a Shia revolt. She crushes it. When Qarmatians attack the Jama Masjid in Delhi, she responds with overwhelming force.

But military campaigns aren't her priority. Razia believes in building, not just conquering.

She establishes schools and academies throughout her territories. She founds research centers dedicated to philosophy, science, astronomy, and literature. She opens public libraries stocked with works by ancient philosophers alongside the Quran and Islamic texts.

Radically, she includes Hindu scientific and philosophical texts in these libraries—an act of tolerance that later Muslim historians criticize as heretical.

She reforms education, expanding curricula to include advanced topics that stimulate intellectual curiosity. She builds mosques—becoming one of the few women in history to commission Islamic religious architecture.

She installs a large bell at her palace gate with a simple instruction: anyone seeking justice can ring that bell, and the Sultan will personally hear their case. She doesn't remain aloof from her subjects—she mingles among them, accessible in ways most rulers aren't.

For four years, Razia proves she's as capable—perhaps more capable—than any Sultan before her.

But she makes one critical mistake: she promotes Jamal-ud-Din Yaqut, an Abyssinian slave, to a high administrative position.

The Turkish nobles explode with rage. Bad enough that a woman rules them. Now she's elevating a non-Turk—a slave—above the Turkish aristocracy?

It's the excuse they've been waiting for.

In 1240, several army commanders rebel. They're led by Malik Ikhtiyaruddin Altunia, the governor of Bhatinda. Razia marches out personally to face the rebellion—riding an elephant at the head of her army, fully armored, commanding troops in battle just as her father trained her.

But during the fighting, Yaqut is killed. Without him, Razia's position collapses. She's captured by Altunia's forces.

In Delhi, the nobles who orchestrated the rebellion immediately install another half-brother—Bahram Shah—as Sultan. They create a new position, naib-i mamlakat (essentially regent), and distribute all important positions and territories among themselves.

Meanwhile, Altunia holds Razia captive. Then something unexpected happens: he falls in love with his prisoner.

Altunia proposes marriage. Razia—pragmatic, strategic—accepts. If she wants any chance of reclaiming her throne, she needs an army. Altunia can provide one.

They marry. Then the newlywed couple gathers forces—allying with Khokhars, Jats, and Rajputs—and march toward Delhi in October 1240.

The army sent from Delhi to meet them is larger and better equipped. Razia and Altunia's forces are routed. They flee the battlefield.

There are two versions of what happens next.

In one account, Razia flees alone through the countryside, exhausted and starving. She approaches a farmer and begs for help. The farmer recognizes her jewelry, realizes she's



wealthy, murders her, and steals her possessions.

In the other account, she's caught by the pursuing army and executed.

Either way, on October 15, 1240, Razia Sultana dies. She's thirty-five years old. She ruled for less than four years.

Today, her tomb sits in a narrow alleyway in the Bulbuli Khana neighborhood of Old Delhi. It's neglected, forgotten by most—an obscure monument in a crowded city.

For 800 years, Razia remained the only woman to rule the Delhi Sultanate. The Delhi Sultanate itself lasted until 1526—320 years total. In all that time, no other woman ever occupied the throne.

Razia's story forces us to confront uncomfortable truths: she was more qualified than the men who succeeded her father. She governed more effectively than her brothers. She proved women could command armies, administer empires, and rule with intelligence and justice.

And still, she was overthrown—not because she failed, but because she was female.

The nobles who deposed her replaced her with Bahram Shah, who immediately proved incompetent. The Sultanate weakened under subsequent rulers. None matched Razia's vision or capability.

But they were men. And in 13th-century India—in 13th-century anywhere—that mattered more than competence. Razia Sultana ruled unveiled, dressed as a Sultan, leading armies, building schools, administering justice. For four years, she proved that gender has nothing to do with the ability to govern.

Then history killed her and spent 800 years forgetting her name.

But here's what history can't erase: for four years, the most powerful person in one of medieval India's greatest empires was a woman who refused to be anyone's wife, mistress, or subordinate.

She was Sultan. Not despite being a woman—but because she was the most qualified person for the job.

That's what her father saw. That's what the people of Delhi saw when they supported her over the nobles' choice.

And that's what terrified powerful men so much that they spent four years plotting to destroy her.

Razia Sultana didn't just break barriers. She shattered them so completely that it took 800 years for history to even acknowledge what she'd done.

The only woman Sultan of Delhi.

Gone, but never really defeated.

Because you can kill a ruler.

But you can't kill the idea that women deserve power based on merit, not gender.

That idea—Razia's legacy—refuses to die.

India Historical Moments Khusro Bagh.

Mirza Khusrau— The Lost Prince of the Mughal Empire. Mirza Khusrau, born on 16 August 1587 in Lahore, entered the world carrying enormous expectations. His father, Prince Salim—who later became Emperor Jahangir—was Akbar's only surviving son, and his mother Man Bai, daughter of Raja Bhagwant Das of Amber, belonged to one of the most powerful Rajput families of India. Their marriage symbolised the deep bond between the Mughals and the Rajputs, and Khusrau's birth strengthened that alliance even further. Salim honoured Man Bai with the title Shah Begum after their son's birth, a mark of her importance and status within the royal household.

From his earliest days, Khusrau grew up adored, especially by his grandfather Akbar. He called Akbar "Shahi Baba," meaning royal father, and the emperor loved him like a son. Many nobles believed that Akbar saw in Khusrau the qualities he wished had existed in his own son Salim—patience, kindness, curiosity, discipline, and charm. This atmosphere led many to quietly speculate that Akbar might want Khusrau, not Salim, to continue the Mughal legacy. Whether true or exaggerated, these whispers were strong enough to plant seeds of tension between father and son. But behind the warmth of his childhood lay growing sorrow. Khusrau's mother, Shah Begum, was deeply troubled by the conflict between her husband and her son. She constantly advised Khusrau to remain loyal and respectful toward Jahangir, urging him to avoid the influence of nobles who pushed him toward rebellion. Her inability to mend the rift between them caused her immense emotional strain. Finally, unable to bear the hostility any longer, she consumed opium and ended her life on 5 May 1605. Her death devastated Khusrau, stripping him of one of his strongest sources of support.

Despite this heartbreak, Khusrau continued to receive an extraordinary education under Akbar's supervision. Akbar wanted him to grow into a ruler capable of uniting the empire's diverse populations. To shape him, he appointed the empire's finest minds: Abu'l-Fazl introduced him to languages, philosophy, and liberal thought; Abu'l Khair continued his scholarly training; Raja Man Singh, one of India's greatest warriors, trained him in military strategy; and Shiv Dutt Bhattacharya, a respected Brahmin scholar, taught him Hindu scripture and culture. This unique combination of Islamic, Persian, Rajput, and Hindu influences shaped Khusrau into a remarkably open-minded and capable young prince. Akbar himself personally taught him horsemanship, archery, and battlefield tactics. By the time he reached maturity, Khusrau was seen

as one of the most polished and promising princes the Mughal Empire had ever produced.

His marriages strengthened this political image even more strongly. His chief wife was the daughter of Mirza Aziz Koka, Akbar's foster brother and one of the most powerful nobles of the court. Their marriage was celebrated lavishly, and she quickly became Khusrau's favourite wife, giving birth to his eldest son, Dawar Bakhsh, and another son, Buland Akhtar, who died in infancy. Akbar also arranged Khusrau's marriage into the Tarkhan family of Thatta, further expanding his political alliances. Another noblewoman bore him Prince Gurhasp. He also had a son named Rateskar and a daughter, Hoshmand Banu Begum. These marriages placed Khusrau at the centre of a web of powerful families, marking him as a serious contender for the Mughal throne.

But the Mughal court was a dangerous place for anyone who appeared too favoured. In April 1606, encouraged by ambitious nobles and disillusioned by his father's behaviour, Khusrau rebelled. He left Agra quietly with a small band of horsemen, claiming he was visiting Akbar's tomb. But along the way, thousands rallied to him. At Tarn Taran Sahib near Amritsar, he was blessed by Guru Arjan Dev, a moment that would later have enormous consequences in Sikh history. With growing support, Khusrau marched toward Lahore and attempted to seize the city.

Jahangir responded swiftly. He personally led the imperial forces and defeated Khusrau at the Battle of Bhairowal. The prince tried to flee, but was captured at the Chenab River. Jahangir then staged a brutal punishment: the bodies of Khusrau's supporters were impaled along the road into Agra, and Khusrau was forced to ride an elephant past the corpses. It was a public reminder of what happened to those who challenged the crown.

Khusrau spent the next years imprisoned. Though he was given comfortable food and clothing, his freedom was gone. At one point, during a hunting trip, Jahangir ordered him walled inside a tower for four months. In an extraordinary gesture of loyalty, Khusrau's wife begged to be imprisoned alongside him, choosing to share his suffering rather than live apart from him. Meanwhile, Mariam-uz-Zamani—Akbar's senior wife and one of the most influential women in Mughal history—wrote a powerful letter to Jahangir in 1616. She warned him that if Khusrau's custody was ever transferred to Prince Khurram (later Shah Jahan), Khurram would kill him. She also warned that this act would set a deadly example for future generations, encouraging brothers to eliminate each other for the throne. Her warning would later prove chillingly accurate.

As Jahangir's health declined, the political



landscape shifted. Nur Jahan, the powerful empress, sought to secure her own influence by arranging a marriage between her daughter, Mihr-un-Nissa Begum, and Khusrau. But Khusrau refused the match. This rejection damaged his position even more severely, and the marriage was instead given to Prince Shahryar, further empowering Nur Jahan and weakening Khusrau's protection at court. Eventually, under pressure from Nur Jahan, Asaf Khan, and Prince Khurram, Jahangir handed Khusrau into their custody. In 1620, Jahangir ordered Prince Khurram to lead a military campaign in the Deccan. Khurram refused to leave unless Khusrau was placed firmly under his control. He feared that if Jahangir died while he was away, Khusrau might be reinstated as heir. Reluctantly, Jahangir agreed. Two years later, Khurram sent a message that Khusrau had died of natural causes. But few believed this. Persian and European chroniclers accused Khurram—now Shah Jahan—of having his brother strangled. Even Aurangzeb, Shah Jahan's own son, later confirmed that his father had ordered the murder.

Jahangir was devastated. Despite everything—the rebellion, the politics, the heartbreak—Khusrau was still his firstborn. He ordered the prince buried beside his mother, Shah Begum, in Allahabad and built a mausoleum in his honour at Khusro Bagh. The quiet garden still stands today, holding the memory of a prince who lived with promise but died in tragedy.

Health & Wellness

common winter illnesses

1. Common cold (rhinovirus)

With more than 200 different cold viruses (rhinoviruses) in circulation, it's no wonder that most adults catch colds two or three times a year. Kids — with their germier hands, phlegmy coughs and (lack of) sneeze-covering skills — get sick even more frequently.

Cold viruses linger, and you can pass the virus to others for up to two weeks. You and your child are contagious during the symptom-free incubation period. But you're most likely to infect others when cold symptoms are at their worst — usually around day three of feeling lousy.

“For relief from a cold, staying hydrated is key. Drinking warm liquids like tea can be soothing for a sore throat and congestion, and small changes can make a big difference when you have a cold,” says Dr. Goldman. “Consider using a humidifier in your room to add moisture to the air to help loosen congestion or gargle with warm salt water to relieve a sore throat.”

2. Flu (influenza)

Flu season runs from October to May, but it's possible to get sick with an influenza virus any time of the year. The flu sickens millions in the U.S. every year and could lead to potential hospitalization or death. The flu vaccine can protect you and your family from this highly contagious virus. Each year, a new vaccine is rolled out to protect you against current variants of the flu.

By the time you start showing flu symptoms, you've probably already given the virus to at least one other person. That's because you're contagious before you know you're sick. The flu is contagious for a week or longer after you first have symptoms.

3. COVID-19

COVID-19 spreads easily and peaks during respiratory season just like the flu and RSV. Because of this, we now have an annually updated COVID-19 vaccine that functions just like the annual flu vaccine: It protects you and your loved ones from the most dangerous circulating variants of COVID-19.

While you can still get COVID-19 even after you've been vaccinated, you're likely to experience less severe symptoms and you're less at risk of hospitalization.

If you get infected with COVID-19, you're more likely to infect others with the virus one to two days before symptoms appear and two to three days after you start feeling unwell. How long you're contagious can also depend on the severity of your illness. If you have:

Mild or no symptoms (asymptomatic): You're contagious for about five days

Moderate to severe symptoms: You may be contagious for up to 20 days

“Once your symptoms have significantly improved or resolved, and it's been at least five days since the onset of symptoms, you can generally be around others,” says Dr. Goldman.

4. Respiratory syncytial virus (RSV)

In adults and children who are otherwise healthy, RSV typically causes mild symptoms similar to the common cold. But this respiratory infection can cause potentially life-threatening bronchiolitis and pneumonia in infants, adults who are older and people with weakened immune systems.

Every year, RSV infections in children lead to 58,000 to 85,000 hospitalizations, and now, we're seeing around 177,000 adults 60 and older being hospitalized with this virus, too. To help protect these populations, we're now rolling out an RSV vaccine for children and older adults.

If you or your child gets infected with RSV, you can be contagious for a couple of days before symptoms appear and up to eight days afterward. But infants who are infected and people with weak immune systems may be contagious for up to four weeks, even when they no longer have symptoms.

5. Chest cold (bronchitis)

The viruses that cause colds, flu and COVID-19 can all lead to bronchitis if they're left untreated or if their symptoms are severe enough. Also known as a chest cold, bronchitis causes the airways to your lungs to swell and fill with mucus. The most common symptom is a chronic cough that lasts three weeks or longer. Bronchitis isn't contagious. But the cold, flu or other virus that led to bronchitis is, so you still need to take precautions to prevent infecting others.

6. Pneumonia

Bacteria — as well as the viruses that cause COVID-19 and RSV — can cause pneumonia. Both viral and bacterial pneumonia are contagious, but not everyone who's exposed gets sick.

Healthcare providers recommend that children younger than 2, adults over 65 and people with weakened immune systems get the pneumococcal (pneumonia) vaccine to prevent severe complications. These populations specifically are at increased risk for severe symptoms, and even death, as a result of pneumonia.

If you have viral pneumonia, you're contagious until your fever breaks and when you're fever-free for several days.

If you have bacterial pneumonia, you're contagious until you've taken at least two days of antibiotics and no longer have a fever.

7. Pink eye (conjunctivitis)

Bacteria, as well as viruses that cause colds and COVID-19, can cause pink eye. This eye infection swells your blood vessels in the tissues (conjunctiva) that line your eyelids and outer eye. Your swollen blood vessels make the white part of your infected eye look pink.

You can spread viral pink eye very easily during the incubation period and while you have symptoms. Bacterial pink eye is contagious until you've taken antibiotics for at least 24 hours — or until the symp-



toms go away. For this reason, it's important that if you have pink eye, you avoid touching your face, your eyes and other surfaces as much as possible before washing your hands.

8. Sinus infection (sinusitis)

Colds and seasonal allergies can cause sinus infections. Also known as acute sinusitis, this infection occurs when your sinuses, which make mucus, fill with fluids. Bacteria sometimes grow in this mucus, causing bacterial sinusitis. A bacterial sinus infection isn't contagious, but you can spread the cold that caused the sinus infection to others.

“To alleviate the discomfort of sinus pressure from an infection, I recommend regular saline nasal irrigation. This simple technique helps clear nasal passages, reduce congestion, and ease pressure. It's a safe and effective way to lessen

the symptoms and promote sinus drainage,” advises Dr. Goldman.

“Applying a warm, moist cloth over your sinuses several times a day can also be beneficial. The warmth helps open the nasal passages, reduces the pressure, and provides relief from pain.”

9. Strep throat

Colds and other viruses tend to cause sore throats. But it's highly contagious group A streptococcus (strep) bacteria that causes strep throat.

This bacterial infection inflames the throat and tonsils, making it painful to swallow. You or your child may also have a fever and swollen lymph nodes. Left untreated, some children with strep throat will develop a bumpy red rash

known as scarlet fever. If you or your child gets strep throat, you're contagious until the fever is gone and you've taken antibiotics for at least 12 hours.

10. Stomach bug (norovirus)

Norovirus is a stomach bug that causes diarrhea, vomiting and stomach cramps. Some people call it a “stomach flu” — but a flu strain doesn't actually cause this illness. Still, noroviruses (there are many types) are highly contagious and difficult to kill. Norovirus can linger for weeks on surfaces like countertops and doorknobs, too.

You're most contagious when you're throwing up, experiencing diarrhea or in the few days after symptoms ease. Unfortunately, you can infect others for two weeks or longer, even when you feel better.

When to see a provider about common winter illnesses

Depending on the illness, you or your child may need treatments like antibiotics or antivirals. If any of the following symptoms occur, you should make an appointment with a healthcare provider:

Ilhan Omar says son pulled over by ICE agents amid Trump's crackdown

Rep. Ilhan Omar said her son was pulled over by Immigration and Customs Enforcement agents in Minnesota and asked to provide proof of citizenship.

The Democratic representative from Minnesota, a Somali American, recounted the incident in an interview with a Minnesota CBS affiliate, WCCO, on Dec. 14.

"Yesterday, after he made a stop at Target, he did get pulled over by ICE agents," Omar said. "Once he was able to produce his passport ID, they did let him go."

Omar said her son, who was born in the U.S., always carries his passport with him. In December, immigration agents converged on Minnesota's Twin Cities, the latest stop in President Donald Trump's wide-reaching immigration crackdown. Minneapolis and Saint Paul are home to the nation's largest Somali immigrant community, estimated to be between 60,000 and 80,000.

Omar said in the interview that ICE agents also recently entered a mosque where her son was praying, and spoke of her concern for her son as agents visited neighborhoods he frequents. "I had to remind him just how worried I am, because all of these areas that they are talking about are areas where he could possibly find himself in and they are racially profiling," Omar said. "They are looking for young men who look Somali that they think are undocumented."

The Somali-American community has become a target for the president's growing anti-immigrant rhetoric over the past month, as he has issued several insults toward Somalia, the Somali-American population and some of Minnesota's Democratic lawmakers. Starting on Thanksgiving, Nov. 27, Trump posted about a massive fraud and money laundering investigation in the state, in which a group of people allegedly perpetuated what the state's district attorney's office called the "largest Covid-19 fraud scheme in the country." Many of those accused in the scheme, though not all, are of Somali descent.



The president also used a word to describe Democratic Minnesota Gov. Tim Walz that is considered a slur that references people with developmental disabilities in the posts, and falsely said refugees from Somalia were completely "taking over" Minnesota. A few days later, the president called Somali immigrants "garbage," and at a Dec. 10 rally, Trump called Somalia "filthy, dirty, disgusting, ridden with crime." He also made fun of Omar's hijab, which she chooses to wear as a practicing Muslim, calling it her "little turban."

Yahoo/News
Kathryn Palmer

Nida Allam

I defied the odds to become the first Muslim woman ever elected to public office in North Carolina. Now, I need your help to become the first Muslim woman elected to Congress from the south.

As-salamu alaikum, Patrice. I'm Democrat Nida Allam, and today, I'm proud to announce my campaign for Congress in NC-4.

My parents and I immigrated here when I was just a child. They worked tirelessly and prioritized my sisters' and my public education. Even in the face of racism and hate, they stayed firm in their values to serve and cherish those around us.

I could not have become the first Muslim woman ever elected to office in NC without their sacrifices. But Trump, Stephen Miller, and the GOP are determined to inflame hate against our community, a hate that has real consequences I know far too well.

In 2015, my three friends Deah, Yusor, and Razan were murdered in a hate crime in Chapel Hill. They had dedicated their lives to serving communities at home and beyond. I was broken, but their parents, with incredible strength and love, asked us not to let their legacy die—to continue to remember the three of them and cherish them in our work.

I'm determined to carry on their legacy and stop MAGA from harming our community any further, but I need your help to stand up to the powerful forces that will try to defeat me.



UK POLICE ROLL OUT MAGNETIC 'BLUE LIGHT HIJAB' TO BOOST MUSLIM RECRUITMENT AND OFFICER SAFETY



Pakistani Students Win Silver at World AI Championship 2025, Shine in Global LLM Competition



Musa Quadri Hussaini Alam Hyderabad, Telangana ka Urs e Mubarak

Former Law Minister Asif Pasha Passes Away

Namaz e Janaza will be held after Zohr prayers at Masjid e Qutub Shahi (near St. Ann's College), Mehdiapatnam

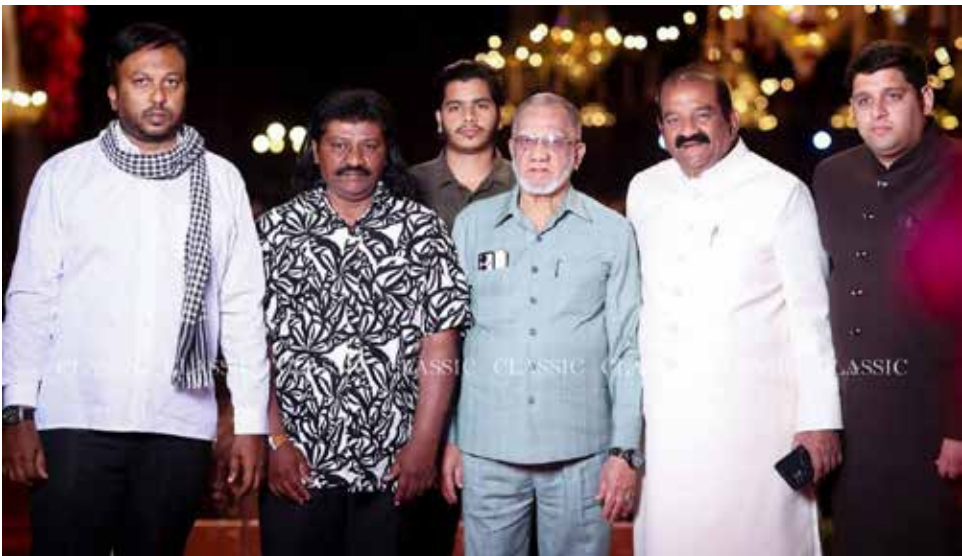
Asif Pasha, former Minister, and an accomplished advocate, passed away here on December 28, 2025, just three days after turning 96. A nonagenarian who remained vivacious and energetic well into his last moments, Mr. Pasha was widely admired for his "never-say-die" spirit, and a genial temperament. Elected to the Andhra Pradesh Assembly from Vijayawada on a Congress ticket in 1972, Mr. Pasha created history as the first Muslim MLA from the Andhra and Rayalaseema regions. His tenure was extended to six years (1972-78) following the imposition of the Emergency. During his ministerial stint, he held the portfolios of Law, Prisons and Printing Press, and later served as Chairman of the Minority Commission and founder-Chairman of Andhra Pradesh State Urdu Academy. He was also the Trustee of the H.E.H. The Nizam's Trust. He is survived by two sons and a daughter. For more details, contact 9959427188.



Syed Farees Ahmed with Syed Wasif Qadri Bhai, Chicago USA, Mir Mohiuddin Ali Khan (Osman Bhai), Taha Qadri Bhai.



Qawwals Amjad Warsi, Asad Warsi with Azeem A. Quadeer in Hyderabad



MARRIAGE CEREMONY DAUGHTER OF JANAB MOHSIN BIN ABDULLAH BALALA SAHAB AT CLASSIC CONVENTION 3



Nawab Mohd Moazam Khan attended Barrister Asaduddin Owaisi and Nawab Ahmed Alam Khan's granddaughter Bismillah's ceremony

دلی مبارکباد





آل انڈیا مجلس اتحاد المسلمین
مہاراشٹرا میں کامیابی پر
دل کی گہرائیوں سے
مبارکباد




سپریم کورٹ جج ایڈووکیٹ صاحب
اکبر الدین ایڈووکیٹ صاحب
انتخاب جلیل صاحب

اور مہاراشٹرا کے تمام 83 نو منتخب امیدواروں
اور میسر کو دل کی گہرائیوں سے
مبارکباد پیش کرتے ہیں

نیک تمناؤں:
فرید الدین صابری (دی کامن نیوز اینڈیر)
خضر پاشا فہد صابری فیاض الدین
صابری غوث پاشا سعید خان ہشام نجار
محمد پاشا نصار جوڑی سمیر ساری




Happy New Year

Ustad Rahat Fateh Ali Khan

Wishing everyone a New Year tuned with love,
blessings, and timeless melodies.

SHORTS


KHURSHID URGES UNITY OVER BANGLADESH ATROCITIES

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Tibb-E-Mustafa ki Roashni Mei

100 Bimariyon Se Ziyada Ki Shifa Hai
Ye Kalongi Se Bani Dawa Hai
Spl. in : Sugar , Neuro, Bones, Skin & Kidneys
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No side effects, No Restriction on Food.



American Township, RCI Road, Mallapur, Hyderabad-05, T.S.



Ajmer Urs fatiha performed on behalf of Mohammed Pasha, from Dallas USA

List of Hindi film JANUARY 2026

Opening	Title	Director	Cast	
1	<i>Ikkis</i>	Sriram Raghavan	Dharmendra · Agastya Nanda · Jaideep Ahlawat · Simar Bhatia	Maddock Films, Matchbox Pictures
16	<i>Rahu Ketu</i>	Vipul Vig	Pulkit Samrat · Varun Sharma · Shalini Pandey	Zee Studios, Blive Productions
	<i>Human Cocaine</i>	Sarim Momin	Pushkar Jog · Ishita Raj · Siddhanth Kapoor · Zakir Hussain	Scarlet Slate Studios, Vinelight, Textstep Services, Goosebumps Entertainment
	<i>Happy Patel: Khatarnak Jasoos</i>	Vir Das · Kavi Shastri	Vir Das · Mona Singh · Mithila Palkar · Sharib Hashmi	Aamir Khan Productions, Zazu Production
	<i>Mayasabha</i>	Rahi Anil Barve	Jaaved Jaaferi · Mohammad Samad	Zirkon Films, Astonia Entertainment, Pickle Entertainment, Uniqueone Entertainment
	<i>One Two Cha Cha Chaa</i>	Abhishek Raj · Rajneesh Thakur	Lalit Prabhakar · Anant V Joshi · Ashutosh Rana · Abhimanyu Singh · Mukesh Tiwari · Harsh Mayar · Nyra Banerjee	Pellucidar Production
23	<i>Border 2</i>	Anurag Singh	Sunny Deol · Varun Dhawan · Ahan Shetty · Diljit Dosanjh · Sonam Bajwa · Mona Singh · Medha Rana · Anya Singh	T-Series Films, J. P. Films
30	<i>Haunted 3D: Ghosts of the Past</i>	Vikram Bhatt	Mahaakshay Chakraborty · Chetna Pande	Anand Pandit Motion Pictures

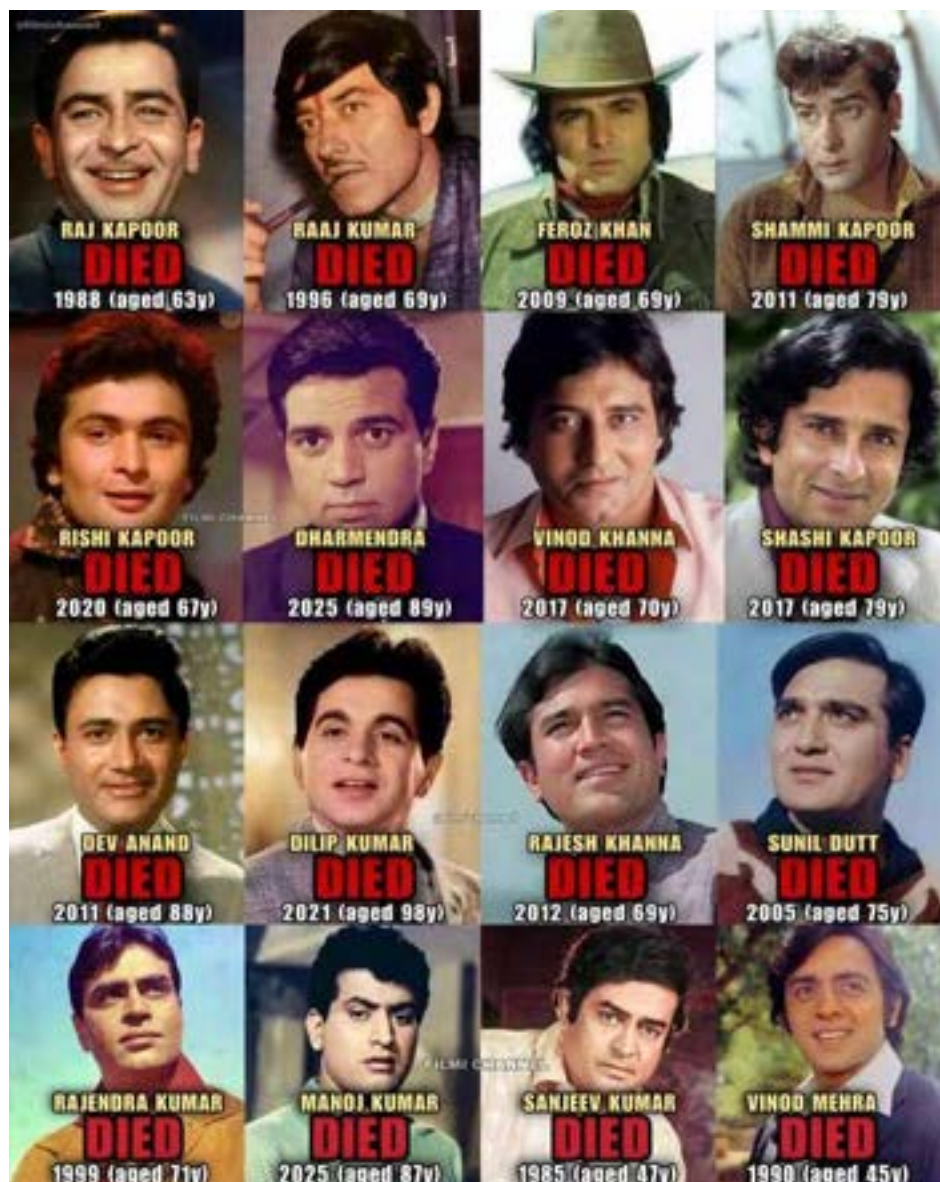
WHICH ORGAN LOVES WHICH HABIT:

1. Heart - Daily walking
2. Brain - Quality sleep
3. Lungs - Deep breathing exercises
4. Bones - Weight-bearing exercise (walking, squats, stairs)
5. Blood - Drinking water regularly
6. Skin - Daily sunscreen use
7. Immune system - Quality sleep
8. Liver - Limiting processed foods
9. Gut - Eating probiotics
10. Teeth - Flossing
11. Eyes - Exposure to natural daylight
12. Hands - Regular handwashing
13. Muscles - Strength training at least 2x/week
14. Nervous system - Meditation
15. Hormones - Consistent sleep-wake cycle
16. Memory - Learning new skills

DID YOU KNOW?

0 - 1 month	- Newborn
1 m - 1 year	- Baby
1 - 3 years	- Toddler
3 - 5 years	- Preschooler
5 - 12 years	- Child
13 - 19 years	- Teenager
20 - 40 years	- Young adult
40 - 59 years	- Middle aged
60 - 69 years	- Senior citizen
70 - 79 years	- Septuagenarian
80 - 89 years	- Octogenarian
90 - 99 years	- Nonagenarian
100 + years	- Centenarian

357



Binaca Geetmala Annual List for Year 1977



Thumb / Rank	Song Heading	Singer / Movie	Music By / Lyricist	Actor / Category
 1	Husn Hazir Hai Muhabbat Ki Saja Pane Ko You Tube ✓ 🏆 ★ 4.18 - 285 votes	Lata Mangeshkar	Madan Mohan	Rishi Kapoor, Ranjeeta
		Laila Majnu (1976)	Sahir Ludhianvi	Sad Songs, Shikwa Shikayat Songs
 2	Shabaab Pe Main, Pardaa Hai Pardaa You Tube ✓ 🏆 ★ 4.35 - 124 votes	Mohammed Rafi	Laxmikant Pyarelal	Neetu Singh, Rishi Kapoor
		Amar Akbar Anthony (1977)	Anand Bakshi	Qawwalis, Raag Based Songs, Raga - Darbari
 3	O Meri Mehbooba You Tube ✓ 🏆 ★ 4.12 - 119 votes	Mohammed Rafi	Laxmikant Pyarelal	Zeenat Aman, Dharmendra
		Dharam Veer (1977)	Anand Bakshi	Romantic Songs, Ched Chad Songs
 4	Naam Gum Jaayegaa, Cheharaa Ye Badal Jaayegaa You Tube ✓ 🏆 ★ 4.43 - 263 votes	Bhupinder Singh, Lata Mangeshkar	R D Burman	Jeetendra, Hema Malini, Dharmendra
		Kinara (1977)	Gulzar	Filmfare Awards Nominee, Sad Songs, Raag Based Songs, Raga - Yaman Kalyan
 5	Aap Ke Anurodh Pe Main Ye Geet You Tube ✓ 🏆 ★ 4.27 - 75 votes	Kishore Kumar	Laxmikant Pyarelal	Rajesh Khanna, Nirupa Roy, Dina Pathak, Vinod Mehra
		Anurodh (1977)	Anand Bakshi	Title Song, Raag Based Songs, Raga - Yaman Kalyan
 7	Jab Dip Jale Aanaa, Jab Shaam Dhale Aanaa You Tube ✓ 🏆 ★ 4.45 - 199 votes	Hemlata, Yesudas	Ravindra Jain	Raju Shreshtha, Zarina Wahab, Amol Palekar, Dina Pathak
		Chitchor (1976)	Ravindra Jain	Romantic Songs, Raag Based Songs, Raga - Yaman Kalyan
 8	Suhani Chandni Raate, Hame Sone Nahi Deti You Tube ✓ 🏆 ★ 4.43 - 150 votes	Mukesh	R D Burman	A K Hangal, Shashi Kapoor, Sanjeev Kumar, Vidya Sinha
		Mukti (1977)	Anand Bakshi	Filmfare Awards Nominee, Sad Songs, Raag Based Songs, Raga - Darbari
 9	Tere Dar Pe Aaya Hoon You Tube ✓ 🏆 ★ 4.19 - 136 votes	Mohammed Rafi	Madan Mohan	Rishi Kapoor
		Laila Majnu (1976)	Sahir Ludhianvi	Philosophical Songs, Sad Songs, Raag Based Songs, Raga - Darbari
 10	Ham Banzaro Kee Bat Mat Puchho Jee You Tube ✓ 🏆 ★ 3.96 - 51 votes	Lata Mangeshkar, Kishore Kumar	Laxmikant Pyarelal	Zeenat Aman, Neetu Singh, Jeetendra, Dharmendra
		Dharam Veer (1977)	Anand Bakshi	Dance Songs
 11	Anahoni Ko Honi Kar De Honi Ko Anhoni You Tube ✓ 🏆 ★ 4.24 - 70 votes	Shailendra Singh, Kishore Kumar, Mahendra Kapoor	Laxmikant Pyarelal	Neetu Singh, Amitabh Bachchan, Rishi Kapoor, Parveen Babi, Vinod Khanna, Shabana Azmi
		Amar Akbar Anthony (1977)	Anand Bakshi	Dance Songs, Title Song

HAPPY BIRTHDAY TO ROSHAN



ولی الدین

روشن کے نام

(سالگرہ پر)

حسین ہو، جوان تم آج بھی ہو
میرا دل میری جان تم آج بھی ہو
اٹنے برسوں سے تمہارا ساتھ ہے
پر دل اب بھی کہتا یہی بات ہے
میری محبت کا جہاں تم آج بھی ہو
میری شاعری کا عنوان تم آج بھی ہو
حسین اور جوان تم آج بھی ہو
میرا دل میری جان تم آج بھی ہو
آج تم نہ ہوتے تو یہ رات نہ ہوتی
یہ محفل یہ دوستوں کی بارات نہ ہوتی
ایک راز تھا جس سے پردہ اٹھا دیا
اس دل میں جو تھا سب کو بتا دیا
کہ میری دھڑکن میں رواں تم آج بھی ہو
میری محبت کی داستان تم آج بھی ہو
حسین اور جوان تم آج بھی ہو
میرا دل میری جان تم آج بھی ہو

اور بھی لگتی ہو حسین ایک سال گزرنے کے بعد
جیسے حسن اور سنور جائے بکھرنے کے بعد
روشن کی قربت میں دلی کو جنت ملی
اب تمنا نہیں حوروں کی مرنے کے بعد



اب بھی وقت ہے

ولی الدین
شاعر و ادیب

جب تک آپ یہ کالم پڑھ رہے ہوں گے۔ امریکہ کے صدراتی انتخابات کا نتیجہ آچکا ہوگا۔ جیسا سب کو علم ہے کہ لوگ اکثر تو جو بائیڈن کو چاہتے ہیں کہ وہ امریکا کا صدر بن جائے لیکن صدر ٹرمپ کے چاہنے والوں کی تعداد بھی اچھی خاصی ہے لوگ کہتے ہیں کہ دیکھیں اونٹ کس کروٹ بیٹھے گا۔ تو ہم یہ کہتے ہیں آج کل اپنے دوستوں سے کورونا اور صدر ٹرمپ کس کروٹ بیٹھیں گئے۔ کیونکہ وہ جیت گیا تو کافی شور مچے گا اور اگر وہ ہار جاتا ہے تو اس نے خود کہا کہ وہ الیکشن کے نتائج کو چیلنج کرے گا اور نہیں مانے گا۔ اس سلسلہ میں اس کے نامزد کئے گئے ایک اور جج کو سپریم کورٹ میں عمر بھر کے لیے جگہ مل گئی ہے اس کا پلڑا اس طرح اور بھاری ہے ادھر پاکستانی ٹی وی اور اخبارات کو دیکھتے ہیں تو وہی اپوزیشن کی وہی سازشیں، سارے چور لٹیرے پھرا کھٹے ہو گئے ہیں اگر پھر امریکا میں فلم اوشن (Ocean) اپنے تو ان سب اپوزیشن کے لیڈر اس کے ستاروں میں ہوں گے مولانا ڈیزل نے کبھی کوئی نیک کام نہیں کیا ان کے لیے تو میں نے ہمیشہ سے کہا تھا کہ نہ آپ کے لیے نہ زمانے کے لیے میں ملا بنا ہوں صرف کمانے کے لیے مدارس و اسکول کے بچوں سے لے کر یہ جاہل لیڈروں کی فوج بنا دی ہے نواز شریف، اب الطاف بھائی بن گئے ہیں اور لندن سے حکومت کے خلاف بیان بازی جاری ہے فوج اور اداروں کے خلاف بول رہے ہیں مجھے تعجب ہے کہ اب پانی سر سے اونچا ہو رہا ہے تو نواز شریف کی بیان بازی غداری کے نام پر بند کی جائے اور تقاریر کو پاکستان میں دکھانے کی پابندی کی جائے۔ ان کے ساتھ دینے والے وہی ہو سکتے ہیں جن کا کھانا پانی نواز شریف سے جڑا ہوا ہے ورنہ کوئی بھی پڑھا لکھا اور ذرا سی عقل کا مالک ایسے چوروں کو پھر سے دوبارہ لانے کو تیار نہیں۔ ان کی جماعت کے دوسرے چچے بھی کھل کر حکومت کے خلاف بول رہے ہیں۔ ہم جیسے کئی لوگ جو ملک کے باہر رہتے ہیں وہ تو بس تعجب کرتے ہیں کہ عمران خان کس ڈگر پر چل رہے ہیں صرف اپنی حکومت بچانے کے لیے یہ بھی اقدام کر رہے ہیں کہ گلگت کو ایک نیا صوبہ تسلیم کر رہے ہیں۔ ادھر کراچی کے عوام جنرل ایوب کے دور سے لے کر آج تک پس رہے ہیں نا اتفاقی کی حد ہوتی ہے پہلے تو کراچی کو الگ صوبہ بنانا چاہتے تھے۔ کراچی کے لوگوں نے پاکستان کی ترقی میں بھرپور کام کیا۔ جرنلوں کی حکومت میں بھی کوئی خاص کراچی کی عوام کو پوچھا نہیں گیا۔ پھر سندھی مہاجر کے کوٹے پر ان پڑھ سندھی لوگوں کو کراچی پر مسلط کر دیا گیا یا پھر بلاول بھٹو (حالانکہ اس کا پیدائش نام یہ نہیں ہے) اور باہر سے امپورٹ کیا گیا۔ جس کو پتہ بھی نہیں ہوتا کہ کیا بول رہا ہے منہ بنا بنا کر اردو کا کونڈہ کر دیتا ہے اور انگلش پارٹی جس کو روزہ مرہ کی اشیا کی قیمت بھی نہ معلوم ہوں۔ زرداری

اور دوسرے عیاش حکمران پاکستان کی دولت پر گھومتے ہیں جس پر میں نہ کہا تھا ایک مشاعرہ میں حالات کچھ ایسے ادھر ہو گئے ان پڑھ لٹیرے صدر ہو گئے ابھی وقت ہے کہ عمران خان کی حکومت کچھ کر کے دکھائے۔ لوٹی دولت واپس لائے ان لٹیروں کو سزا دلائے مہنگائی کچھ کم کی جائے خالی بیٹھ کر لمبی چوڑی تقریریں اور وعدوں کے ساتھ اجلاس کے بجائے عملی کام کر کے دکھائے اپوزیشن بھی صدر کی طرح اتنی صفائی سے اتنے جھوٹ بول رہی ہے بار بار کہ لوگوں کو اب سچ لگنے لگا ہے عوام لیڈر کو زیرو سے ہیرو بنا رہے ہیں اور اکثر لیڈر کے چچے اپنے مقاصد پورا نہ ہونے پر وہی ہیرو کو پھر زیرو بنا دیتے ہیں۔ انشاء اللہ پھر ملاقات ہوگی تب تک کے لیے اجازت۔



اپنے بچوں کو اردو پڑھائیے

اردو ایک زندہ زبان ہے

اس کی تشہیر کیجئے

ڈاکٹر شمیم ثریا

سلیمان خطیب کی شاعری میں نسائی کردار



دکنی زبان کے معروف شاعر سلیمان خطیب کی شاعری کے ہمہ جہت پہلوؤں میں سے ایک پہلو اُن کی کردار نگاری ہے۔ ان کی نظموں کے ارتقا اور انجام کے مدارج کا انحصار مرد اور عورت کے کرداروں پر ہوتا ہے۔ یہ کردار ایک دوسرے سے متضاد نہیں ہوتے بلکہ ارتقائی مدارج کو طے کرنے میں ایک دوسرے کے مدد و معاون ہوتے ہیں۔ سلیمان خطیب کی نظموں کے نسائی کردار بڑے بھرپور اور توانا ہیں۔ خواہ وہ جاہل ساس ہو یا تعلیم یافتہ بہو، لکھنوی شاعر کی دکنی بیوی ہو یا محبوب صاحب کی محبوب بی، وہ اپنے وجود کا احساس ہر رنگ، ہر روپ میں دلاتے ہیں۔

سلیمان خطیب کے مجموعہ ”کیڑے کا بن“ کی نظم پہلی تاریخ جو میاں بیوی کی نوک جھونک پر مبنی ہے اس کے کئی ڈرامائی موڑ ہیں۔ اس نظم کے ارتقا میں بنیادی موضوع کے علاوہ دیگر موضوعات بھی زیر بحث آتے ہیں۔ شوہر اور بیوی کی اس بحث میں بیوی کی جھلاہٹ خاندانی مسائل کا احاطہ کرتے ہوئے سماجی و معاشی مسائل کا رخ کرتی ہے۔ کبھی وہ شوہر پر ناراض ہوتی تو کبھی اُسے مناتی ہے۔ کبھی وہ شعلہ ہے تو کبھی شبنم۔ اس کے مختلف تیور ہمیں نظم کے ہر موڑ پر دیکھنے کو ملتے ہیں۔ شوہر ”پہلی تاریخ“ کو تنخواہ لے کر خوشی خوشی گھر میں داخل ہوا ہے اور بڑے جذباتی انداز میں اپنی خوشی کا اظہار کر رہا ہے۔

شوہر:

تجھے معلوم ہے، کی اتنا خوشی سے آیوں مجھے آتے سو بی نہیں آتے سے گانے گایوں آدھی بریانی بھی ہوئے ہمیں دبا کو کھایوں دیکھ حبیب میں ترے واسطے کیا کیا لایوں آج تنخواہ ہے مری آج ہے چاندی سونا بول گئے میں ترے واسطے کیا کیا ہونا اس کے جواب میں بیوی جو کچھ کہتی ہے وہ شوہر کو خوابوں کی جنت سے نکال کر حقیقت کے ریگزار میں لانے کے لیے کافی ہے۔

بس کرو بھوت ہوا شیخی بگھارو نگو کھٹی مٹھے مجھے باتاں میں مٹھا رو نگو گھولناں سے ٹمے شیشے میں اتارو نگو باتاں، باتاں میں ٹمے لاتاں بی مارو نگو کی شرم نہیں سو کتنیں بات کو تنخواہ آریے

آنے کی دیر بھی نہیں سیٹھ کے گھر کو جارے لیکن یہی بیوی جب شوہر کو ناراض ہوتے ہوئے دیکھتی ہے تو اُس کا لہجہ دھیمّا پڑ جاتا ہے اور اس دھیمے لہجے میں اُس کی فکر، اُس کی پریشانیاں اور پھر ان تفکرات کو شوہر سے بانٹنے کا احساس بھی پایا جاتا ہے۔

تمنا نہیں بولی تو بولو جی میں کن کو بولوں؟ کو تک بیٹھ کو چاول کی کرک کو ڈھولوں کیا کتنیں میں بھی گھلوں ہو کیا تمنا گھولوں بند مٹھی کے بھرم کو بھلا کیسے کھولوں؟ سلیمان خطیب نے جب کبھی شوہر اور بیوی کے مکالمے لکھے ہیں تو دونوں کے انداز گفتگو کے تضاد سے کردار کی شخصیت کو ابھارا ہے۔ اپنی نظموں میں بیوی کے جس کردار کو انھوں نے تراشا ہے وہ کردار خارجی سطح پر بڑا تند خو، گھڑ در اور مصلحت ناشناس کردار ہے لیکن داخلی سطح پر وہ ایک نرم دل، راست گو اور حقیقت پسند عورت کا کردار ہے۔

”لکھنوی شاعر کی دکنی بیوی“ کے مکالمات ملاحظہ کیجئے۔ شوہر نے جتنا نرم اور خوشامداندہ انداز اختیار کیا ہے بیوی نے اتنا ہی جارحانہ انداز شاعر:

یہ بھی اندازِ بیاں کتنا ہے پیارا بیگم اسی اندازِ بیاں نے ہمیں مارا بیگم تم پر قربان سمرقند و بخارا بیگم واہ کیا خوب! مکر ہو دوبارا بیگم بیوی:

ٹمے اسپتج مرے، بات کو شعراں جوڑے کیا نزاکت سے اجی ڈول کو پا پڑیلے شاعری ماٹھی پڑو جان کا جو کھم ہو گئی کھیت باڑی کرو، دھندا کرو، پیو گھوڑے نظم ”میاں کے دوست“ میں بیوی شوہر سے شاک ہے کہ بزم معاشی کے باوجود اس کی دوست نوازی جاری ہے۔ وہ شوہر کے دوستوں کو کوس رہی ہے۔ اپنے شوہر کی نادانی کا ماتم کر رہی ہے۔ لیکن اس سب کے باوجود وہ اپنے سہاگ کی سلامتی کے لئے دُعا گو ہے۔ وہ شوہر کی جذباتی کمزوریوں کے باوجود اُسے اپنا مجازی خدامانتی ہے۔ سلیمان خطیب نے اس نظم کے آخری دو بندوں میں ایک وفا شعار بیوی کی نفسیات کو کامیابی سے پیش کیا ہے۔

ان کی تعریفاں تو کر کر کو پھلاتے جاتیں خالی بھانپاں پو فقط دال گلاتے جاتیں انوں چندے پو چڑھے سر کا چڑھاتے جاتیں انوں ہے نہیں سو بی گھر میں کا منگاتے جاتیں گھر کی عزت ہے میں سب بھار بھجاتے رہتیوں بھٹکے بچوں کو تھپک کو میں سلاتے رہتیوں ایک چمنی کو میں بارے سے بچاتے رہتیوں اپنے لچھے کو میں مضبوط بناتے رہتیوں ان کی جیو جان سلامت، ٹلو ہر ایک گھڑی ان کے دم سے ہے لہاں پومرے مٹی کی دھڑی سلیمان خطیب کی طویل نظموں کے برخلاف ایک مختصر سی نظم ”اٹھائیں تاریخ“ ہے جس میں انھوں نے ایک کلرک کی بیوہ کا کردار بڑے متاثر کن انداز میں پیش کیا ہے۔ اس نظم کا کلرکس دل کو گرفت میں لینے والا اور بیوہ کی مجبوری و بے چارگی کا مرقع ہے:

اٹھائیں تاریخ

روز لڑ لڑ کو جان کھا کھا کو اچھا جنگل میں سو گئے آ کو منڈی کائی کو پہلے مرنا تھا لے کو مٹھی میں جان بیٹھی ہے ایسا مرنا بھی کدیکا مرنا جی گھر میں بیٹی جوان بیٹھی ہے کتنے لوگاں کے پاواں پڑ پڑ کو گھر سے میت کو میں اٹھائی ہوں جینا، مرنا تمہارا قرضے کا آج پھولوں اُدھار لائی ہوں بیٹا احسان ہم پو کرنا تھا تنخواہ لینے کے بعد مرنا تھا ”تنخواہ لینے کے بعد مرنا تھا“ میں جہاں بھر پور طنز ہے وہیں ایک بیوہ کی حقیقت پسندی اور حوادثِ زمانہ کا سامنا کرنے کی ہمت بھی نمایاں ہے۔ سلیمان خطیب کے نسائی کرداروں میں ساس بہو کے کردار بڑے جان دار ہیں۔ نظم ”ساس بہو“ میں ساس بڑی جاہل ہے۔ تعلیم یافتہ بہو اُسے ایک آنکھ نہیں بھاتی۔ وہ احساسِ کمتری کا شکار ہے۔ اس احساس کو چھپانے کے لیے وہ بہو کی ہر حرکت اور عمل کو ناقدانہ نگاہ سے دیکھتی ہے:

ساس:

اُنگلیاں چٹا کو بات کرتے تُو؟ منڈیاں جھٹکا کو بات کرتے تُو؟ تیرے دیدے دوالاں ہو کو جاؤ دیدے مٹکا کو بات کرتے تُو؟ گھورتی کیا ہے دیدے پھوڑوں گی

دات کٹی بٹھا کو چھوڑوں گی ساس کی اس کڑی نکتہ چینی کے باوجود بہو بڑے صابر اور شائستہ لہجے میں جواب دیتی ہے۔

باتیں کرتی ہو کس طرح اتی؟ بات بہرا ہے بات موتی ہے بات لاکھوں کی لاج کھوتی ہے بات ہر بات کو نہیں کہتے بات مشکل سے بات ہوتی ہے نظم ”پہلی جمعگی“ کی ساس بھی بڑی

دبدبہ والی اور چالاک ہے۔ ”چھورا چھوری“ اور ”پہلی جمعگی“ یہ دونوں نظمیں جہیز کی لعنت کے خلاف لکھی گئی ہیں۔ سلیمان خطیب نے جہاں کہیں ”ساس“ یا ”لڑکے کی ماں“ کا کردار پیش کیا ہے وہ ایک منفی کردار ہے۔ اُس کی خود غرضی، چالاک اور لالچ لُعوام میں تنفر کا جذبہ ابھارتے ہیں لیکن ایسے کردار ہمارے معاشرے میں موجود ہیں۔ نظم ”چھورا چھوری“ میں دُلبے کی ماں اپنی فرمائشات یوں پیش کرتی ہے۔

بھار والے تو بھوت پوچھیں گے گھر کا بچہ ہے گھر کا زیور دیو ریڈیو سیکل تو دُنیا دیتی ہے اللہ دے ریے تو ایک موٹر دیو بھوت چیزاں نگو جی تھوڑے بس ایک بنگلہ ہزار جوڑے بس ”پہلی جمعگی“ کی ساس بھی کچھ کم نہیں۔ اس کو بہو سے جہیز میں بہت کچھ ملنے کی توقع تھی لیکن جب جہیز دیکھا تو ساری توقعات پر پانی پھر گیا۔

کتا سمجھا کو بولی بے چاری برف جھنے کی دینا الماری مجھے خواہش تھی تھنڈے پانی کی یاد آتی تھی نوجوانی کی باتاں کرتے سو کایکا کی ڈبہ وہ بھی دیتے تو بھوت اچھا تھا ایک پھٹکا بھی لاکو دینا تھا میری گھڑی میں کیا سہاتا تھا سلیمان خطیب کی نظموں کے تمام نسائی کردار زندہ اور جیتے جاگتے کردار ہیں۔ وہ مرد کرداروں پر حاوی ہیں اور اپنے ہونے کا احساس دلاتے ہیں۔ اُن کا دکنی لب و لہجہ کلام کا لُطف بڑھاتا ہے۔ ان کرداروں نے سلیمان خطیب کی نظموں میں جان ڈال دی ہے۔

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سدا بہار، سبق آموز مذہبی، سماجی و اخلاقی بنیادوں کا انمول و نادر خزانہ

گل بو کی حکایت

ڈاکٹر توفیق انصاری احمد
شکاگو، امریکہ



ڈاکٹر توفیق انصاری احمد



حضرت شیخ سعدی شیرازی رحمۃ اللہ علیہ

کم کھانا اچھا ہے

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اُردو حکایت: دو درویش اکٹھے سفر کر رہے تھے۔ ایک دبلا پتلا کم خوراک اور دوسرا موٹا تازہ خوب خور تھا۔ اتفاق سے دونوں کسی الزام میں پکڑے گئے اور قید کر دیئے گئے جب اُن کو رہا کرنے کا وقت آیا تو لوگ یہ دیکھ کر حیران رہ گئے کہ موٹا درویش مرچکا ہے اور دبلا درویش زندہ ہے۔ ایک دانائے کہا: موٹا بہت کھانے والا تھا فاقہ برداشت نہ کر سکا اور ہلاک ہو گیا۔ دوسرا کم خوراک تھا اپنی عادت کے مطابق صبر کیا اور زندہ بچ نکلا۔

فارسی شعر:

چوں کم خوردن طبیعت شد کسے را
چوں سختی پیش آید سہل گیرد
و گرتن پر ورست اندر فراخی
چو تنگی بیند از سختی بمیرد

حاصل کلام:

اگر کسی کو کم کھانے کی عادت ہو تو جب سختی پیش آتی ہے اُسے سہہ لیتا ہے اور اگر خوشحالی میں تن پروری اور آرم طلبی کی عادت ہو تو تنگ دستی کی مصیبت سہہ نہیں سکتا اور ہلاک ہو جاتا ہے۔

منظوم ترجمہ:

اگر کھاتا ہے کوئی کم، طبیعت کے مطابق تو
جو سختی پیش آجائے، وہ سب برداشت کرتا ہے
اگر آسودہ حالی میں، کوئی تن کو کرے موٹا
تو وہ مشکل کو سہہ سکتا نہیں اور جلد مرتا ہے



دانائے مشرق، بلبل شیراز، حضرت شیخ سعدی شیرازی رحمۃ اللہ علیہ فارسی زبان کے عالمی شہرت یافتہ ادیب، شاعر، سیاح و دانشور گزرے ہیں۔ آپ کی پیدائش تقریباً آٹھ سو سال قبل سادات کے اک معزز گھرانے میں ہوئی جو برسوں پہلے مکہ سے ہجرت کر کے شیراز میں آ بسا تھا۔ خاندان میں دینداری کا بول بالا تھا اس لئے ابتدائی تعلیم گھر پر ہوئی اور چھوٹی سی عمر میں تمام ضروری دینی مسائل یاد ہو گئے جس کے ساتھ عبادت، شب بیداری اور تلاوت کلام پاک کا شوق پیدا ہو گیا۔ گیارہ سال کی عمر میں کلام مجید حفظ کر لیا۔ تفسیر، فقہ، حدیث اور صرف و نحو کی ابتدائی کتابیں پڑھیں اور سن بلوغ کو پہنچنے سے پہلے ہی نہایت اعلیٰ و ارفع اخلاق و کردار کے مالک بن گئے۔ ان کی سلیقہ مندی، زہد و تقویٰ، ذہانت و دانشمندی کا ہر طرف چرچا ہو جائے گا۔ نوعمری میں والدین کے ساتھ پہلا حج کیا اور اپنی زندگی میں چودہ حج پایادہ کئے۔ بغداد کے مدرسہ نظامیہ میں تقریباً تیس سال تک مشہور زمانہ علمائے کرام سے تحصیل علم و فیض صحت حاصل کر کے قرآن، حدیث، تفسیر، منطق، فلسفہ، ریاضی اور دیگر علوم پر عبور حاصل کیا۔ ساتھ ہی کئی اجنبی زبانوں میں بھی مہارت حاصل کر لی۔ تحصیل علم سے فارغ ہو کر حضرت سعدی شیرازیؒ نے سیاحت پر کمر باندھ لی اور عمر کا بیشتر حصہ ایشیاء، آفریقہ اور دنیا کے دیگر ممالک کی سیرو سیاحت میں بسر کیا۔ کہا جاتا ہے کہ مشرقی سیاحوں میں ابن بطوطہ کے سوا شیخ سعدیؒ سے بڑھ کر کوئی اور سیاح نہیں۔ انہوں نے سیاحت کے دوران بڑی صعوبتیں اٹھائیں اور بڑے تجربے حاصل کئے۔ ایک اندازے کے مطابق شیخ سعدیؒ کی تصانیف تیس سے متجاوز اور ایک سے بڑھ کر ایک ہیں لیکن ان کی دو

کتابوں گلستاں اور بوستاں نے لازوال عالمی شہرت حاصل کی اور حضرت سعدیؒ کے مقام کو بلند و بالا کر کے اوج کمال پر پہنچا دیا۔ گلستاں اور بوستاں کی بنیاد قرآن، حدیث، تربیت، اخلاقیات، تجربات، دور رس اور دانشوری پر رکھی ہوئی ہے۔ ان دو کتابوں کی حکایات میں کچھ ایسا سبق پوشیدہ ہے کہ جس کو پڑھنے کے بعد آدمی اپنے علم و عمل سے انسانیت کے اعلیٰ مقام پر پہنچ سکتا ہے اس لئے ان کا مطالعہ بنی نوع انسان کے لئے نہایت فائدہ مند ہے۔

اُردو ادب کے ممتاز ادیب و شاعر ڈاکٹر توفیق انصاری احمد نے حضرت شیخ سعدی شیرازیؒ کی سدا بہار فارسی تصانیف گلستاں و بوستاں کی افادیت کو پیش نظر رکھتے ہوئے ان دونوں کتابوں کی منتخب حکایات کے نثری و منظوم ترجمہ کا کام کئی برس پہلے شروع کیا تھا جس کی اشاعت و رسم اجرائی کا اہتمام زیر ترتیب ہے۔ ویسے تو گلستاں و بوستاں کے تراجم دنیا کی تقریباً تمام بڑی زبانوں میں ہو چکے ہیں لیکن صرف انگریزی و عربی میں نثر کا ترجمہ نثر اور نظم کا ترجمہ نظم میں کیا گیا ہے۔ اُردو زبان میں موثر اور مفید ترجمہ کی ایسی کوئی مثال نہیں ملتی۔ ”گل بو“ (گلستاں سے گل اور بوستاں سے بو) گلستاں اور بوستاں کی منتخب مثالی حکایتوں کا اور ڈاکٹر توفیق انصاری احمد کا زیر ترتیب اُردو زبان کا وہ سب سے پہلا شاہکار مشترکہ و منفرد گلدستہ ہے جس میں فارسی نثر کا ترجمہ اُردو نثر میں اور فارسی نظم کا ترجمہ اُردو نظم میں کیا گیا ہے۔ ”گل بو کی حکایت“ کے عنوان سے ہم گلستاں و بوستاں کی حکایات کو عوامی استفادہ کی خاطر ”ایشیا ٹائمز کی الیکٹرانک اشاعتوں میں ثواب جاریہ کی نیت سے سلسلہ وارشائع کر رہے ہیں۔ (ادارہ)

کون ہیں زہران ممدانی؟ زہران ممدانی نیویارک کے پہلے مسلمان میئر بنے!



میرانائر کے بیٹے ہیں زہران ممدانی
زہران ممدانی یوگنڈا میں پیدا ہوئے لیکن ان کے والدین ہندوستانی نژاد ہیں۔ ان کی والدہ میرانائر ایک مشہور فلم ڈائریکٹر ہیں۔ انہوں نے سلام بمبئی، نیم سیک اور مانسون ویڈنگ جیسی فلمیں بنائیں جو ہندوستان سمیت پوری دنیا میں مشہور ہیں۔ ان کے والد محمود ممدانی مشہور ماہر تعلیم ہیں۔ اپنی میئر

اور نیویارک شہر کی جنوبی ایشیائی ثقافت کو خراج تحسین پیش کیا۔ انہوں نے اپنے مسلم عقیدے کو اپنی سیاست کا کلیدی حصہ بنایا ہے۔ وہ باقاعدگی سے مساجد میں جاتا ہے۔ انہوں نے شہر میں زندگی کے بڑھتے ہوئے اخراجات کے بارے میں اردو میں ایک پروموشنل ویڈیو بھی جاری کی۔

غزہ پر موقف



فلسطینیوں کے لیے ممدانی کی بھرپور حمایت اور اسرائیل پر کڑی تنقید زیادہ تر ڈیموکریٹک رہنماؤں سے بالاتر ہے۔ انہوں نے نیویارک میں قائم خیراتی اداروں کی ٹیکس سے استثنیٰ کی حیثیت کو منسوخ کرنے کے لیے ایک بل پیش کیا جو اسرائیلی بستیوں سے تعلق رکھتی ہیں اور انسانی حقوق کے بین الاقوامی قوانین کی خلاف ورزی کرتی ہیں۔ انہوں نے یہ بھی کہا ہے کہ ان کا خیال ہے کہ اسرائیل غزہ میں نسل کشی کر رہا ہے۔

یاد دہانی:

اردو کی حفاظت ہم سب کی ذمہ داری ہے۔
قلم کار حضرات سے گزارش ہے کہ اپنی تخلیقات کے ساتھ ایک عدد تصویر بھی ارسال کریں۔ شکریہ
اردو زبان میں چھپی کتابیں ڈسٹالے اور
رات ماہر مدد کر رہے۔ شکر

زہران ممدانی 18 اکتوبر 1991 کو کمپالا، یوگنڈا میں پیدا ہوئے اور اپنے خاندان کے ساتھ نیویارک شہر منتقل ہوئے۔ زہران ممدانی نے نیویارک سٹی کے میئر کا انتخاب جیت لیا، انہوں نے کرسٹن سیلو اور سابق گورنر اینڈریو کووومو کو شکست دے دی۔ اس فتح کے ساتھ وہ امریکہ کے سب سے بڑے شہر میں اعلیٰ عہدے پر فائز ہونے والے پہلے جنوبی



ایشیائی اور مسلمان شخص بن گئے ہیں۔ ممدانی 1 جنوری 2026 کو حلف اٹھائیں گے۔ انہیں 5.8 ملین آبادی کا ایک انتہائی پیچیدہ شہر ورثے میں ملا ہے۔ کوومو نے ایک آزاد امیدوار کے طور پر حصہ لیا اور انتخابات کے موقع پر امریکی صدر ڈونلڈ ٹرمپ کی توثیق حاصل کی۔ ٹرمپ نے اپنی جیت پر کہا کہ ریپبلکنز آج رات غیر حاضری اور شٹ ڈاؤن کی وجہ سے الیکشن ہار گئے۔

زہران ممدانی کون ہے؟

زہران ممدانی 18 اکتوبر 1991 کو کمپالا، یوگنڈا میں پیدا ہوئے اور 7 سال کی عمر میں اپنے خاندان کے ساتھ نیویارک شہر چلے گئے۔ انہوں نے نیویارک شہر کے پبلک اسکول سسٹم سے گریجویشن کیا۔ اس نے بروکس ہائی اسکول آف سائنس میں تعلیم حاصل کی اور بوڈون کالج سے افریقی مطالعہ میں بیچلر کی ڈگری حاصل کی۔ چند سال بعد

ممتاز ہندی فلم اداکار دھرمیندر نہیں رہے

’آر آر آر‘ اور ’باہو بلی‘ جیسی عالمی سطح پر کامیاب فلموں کے خالق ساؤتھ فلم ساز ایس ایس مہم جوئی دکھائی گئی ہے، جس کی کہانی کے کچھ گئی ہے اس میں ٹائم ٹریول پر مبنی ایک شاندار



راجامولی، جنہوں نے انڈین سنیما کا انداز بدل دیا اور ہالی وڈ کی توجہ حاصل کی، اب اپنی سب سے بڑی فلم لے کر آ رہے ہیں۔ دیومالائی کہانی، شاندار ایکشن اور تخلیقی کوریوگرافی کو یکجا کرنے کے لیے مشہور راجامولی نے ہفتے کو جنوبی انڈیا کے شہر حیدرآباد میں ایک تقریب کے دوران اپنی نئی فلم اور اس کے نام کا اعلان کیا، جہاں ہزاروں مداح پہلی جھلک دیکھنے کے لیے جمع ہوئے۔ فلم ’ورائی‘، جس کا پہلے خفیہ نام ’گلوب ٹروٹر‘ تھا، کی کہانی کے بارے میں تفصیل ابھی ظاہر نہیں کی گئی تاہم تقریباً چار منٹ کی جو ویڈیو جاری کی

ایشوریہ، ابھیشیک، کرن جوہر ڈیپ فیک کے خلاف عدالتوں میں

انڈین فلمی صنعت کی شخصیات ایشوریہ رائے بچن، ابھیشیک بچن اور کرن جوہر نے اپنی شخصیت کے حقوق کے لیے عدالت سے رجوع کر لیا ہے۔ ان

حقوق میں ذاتی تصاویر اور آواز پر اختیار شامل ہے۔ ڈیپ فیک مواد ان شخصیات کے پیشے کے لیے خطرہ بن گیا ہے۔ انڈیا کے دارالحکومت نئی دہلی کی ہائی کورٹ میں دائر کردہ مقدمات میں ان اداکاروں اور فلم ساز نے ویب سائٹس، سوشل میڈیا اکاؤنٹس اور مصنوعی ذہانت کے پلیٹ فارمز کو ان کے نام، چہرے اور آوازیں بلا اجازت استعمال کرنے سے روکنے کی استدعا کی ہے۔ ان درخواستوں کی اصل وجہ مشہور شخصیات کے کلچر میں بڑھتا ہوا وہ



بحران ہے جو ڈیپ فیک ٹیکنالوجی کے پھیلاؤ اور غیر قانونی مواد کی وجہ سے پیدا ہوا اور جس نے فلمی ستاروں کی پہچان کو ایسی عام چیز بنا دیا جسے کوئی بھی استعمال کر سکتا ہے۔ ڈیپ فیک ایسے آڈیو ویڈیو مواد کو کہتے ہیں جو مصنوعی ذہانت کی مدد سے تیار جاتا ہے اور اکثر ایک جعلی ’چہرہ‘ کسی اصل ویڈیو پر لگا کر کے ایسا منظر تخلیق جاتا ہے جس کا حقیقت سے کوئی تعلق نہیں ہوتا۔ اخبار ہندوستان ٹائمز کے مطابق فلم ’برائیڈ اینڈ پریموڈس‘ کی سٹار ایشوریہ رائے بچن نے نومبر کو درخواست دائر کی، جب ان کے وکلاء نے متعدد ویب سائٹس کی نشاندہی کی جو ان کی اسے آئی کی مدد سے بنائی گئی۔

ماہرہ خان حقیقی زندگی میں ’نیلوفر‘ جیسی بننا چاہتی ہیں

فواد اور ماہرہ نے پاکستانی ڈرامے ’ہم سفر‘ کے انتخاب بہت دلچسپ ہیں۔ فواد خان کا کہنا ہے بے پناہ شہرت حاصل کی۔ اس کے بعد



دونوں ایک دہائی سے زائد عرصے بعد میں فلم ’دی لیجنڈ آف مولا جٹ‘ میں دوبارہ ساتھ نظر آئے۔ رومانوی ڈرامہ فلم ’نیلوفر‘ کو دنیا بھر میں ریلیز کی جائے گی اور توقع ہے کہ اس میں دونوں کی آن سکرین کیمسٹری ایک بار پھر ناظرین کو متوجہ کرے گی۔ ان دونوں فلم کی تشہیر میں مصروف فواد اور ماہرہ نے رواں ہفتے کراچی میں منعقدہ ایک تقریب کے دوران عرب نیوز سے گفتگو میں فلم کے حوالے سے تفصیلات بتائیں۔ فواد خان، جو فلم میں ایک مصنف کا کردار ادا کر رہے ہیں، کہتے ہیں یہ ایک ایسے لکھاری کی کہانی ہے جو تخلیقی جمود کا شکار ہے۔ وہ لاہور آتا جاتا رہتا ہے اور ایک بار یہاں آنے پر اس کی ملاقات ایک ایسی خاتون سے ہوتی ہے جس کی وہ توقع بھی نہیں کرتا۔ اتفاق دیکھیں کہ وہ جس خاتون سے ٹکراتا ہے وہ بینائی سے محروم ہے اور پھر یوں ایک ناقابل یقین محبت جنم لیتی ہے۔ گفتگو کے دوران ماہرہ نے نیلوفر کے کردار کو بیان کرتے ہوئے کہا وہ ایک ایسی نابینا لڑکی ہے جو بیک وقت جستجو اور خواہشات سے بھرپور ہے۔ ان کے بقول اس کردار میں بے پناہ ہمت اور تجسس ہے۔ میں تو خود نیلوفر جیسی بننا چاہوں گی۔ مجھے اپنے کردار کے ساتھ بہت گہرا تعلق محسوس ہوتا ہے۔ وہ دنیا کو محسوس کرنا چاہتی ہے، ہر چیز کا تجربہ کرنا چاہتی ہے اور اس

دونوں جیسے تھے، لیکن ’نیلوفر‘ میں لگتا ہے جیسے تقدیر انہیں ایک دوسرے کی طرف کھینچ رہی ہو، جیسے وہ ایک دوسرے کے لیے ہی بنے ہوں۔ یہ فلم لاہور کے نام ایک خراج ہے۔ دونوں اداکاروں کو پاکستانی ڈراموں کی بدولت شہرت ملی، تاہم اب یہ سکرین پر کم ہی دکھائی دیتے ہیں۔ ماہرہ کا کہنا ہے میں وہی چیز دوبارہ نہیں کرنا چاہتی جو پہلے کر چکی ہوں۔ فواد نے اپنی فنی زندگی کا آغاز بطور پاکستانی راک بینڈ ’اسٹینٹی پیراڈائم‘ سے کیا تھا۔ وہ اس وقت ریلیٹیو شو ’پاکستان آئیڈل‘ کے دوسرے سیزن میں بطور جج موجود ہیں۔ ناظرین کی جانب سے ان کی موسیقی سے متعلق تنقید پر فواد نے کہا ’کیرئیر کے آغاز میں سٹیج پر فارمنس میری پہچان تھی، پھر یہی کارکردگی فلموں تک پہنچ گئی۔ آج جب ہم پاکستان آئیڈل میں موسیقی کو دیکھتے ہیں تو اسے مکمل تناظر میں دیکھتے ہیں۔ موجودہ دور میں ڈیجیٹل میڈیا کی اہمیت بہت بڑھ گئی ہے اور موسیقی بھی اسی کے ساتھ جڑی ہے۔ تنقید کا مجھے برا نہیں لگتا، وہ اپنی جگہ درست ہے۔ ماہرہ کے لیے البتہ اہمیت ہمیشہ نئی چیلنجز کی رہی ہے اور ’نیلوفر‘ ان کے مطابق ایک ایسا ہی موقع تھا۔ جیسا کہ انہوں نے کہا ’نیلوفر ایک احساس ہے۔ یہ کچھ اور ہے۔ یہ محض معصومیت ہے۔‘



ماں باپ کے حقوق

حافظ وقاری حکیم و ڈاکٹر محمد فصیح اللہ قادری

ہے اپنے ماں باپ کو خوش رکھتا ہے اور ماں باپ کی خوشی حاصل کر لیتا ہے تو وہ جنت کا حقدار و مستحق ہو جاتا ہے۔ حضور رسول مکرم ﷺ نے ارشاد فرمایا سب سے افضل اعمال (یا عمل و کام) وقت پر نماز پڑھنا ہے اور ماں باپ کے ساتھ حسن سلوک کرنا ہے۔ (مسلم)

حضور رسول مکرم ﷺ نے ارشاد فرمایا اگر کوئی اپنے ماں باپ کو خوشی اور محبت بھری نظر سے دیکھتا ہے تو اللہ ذوالجلال والا کرام اس کو ہر نظر کے بدلہ میں ایک مقبول حج کا ثواب عطا فرماتا ہے۔ صحابہ کرامؓ نے عرض کیا یا رسول اللہ ﷺ اگر ہم اپنے ماں باپ کو دن میں 100 مرتبہ خوشی سے اور محبت بھری نظر سے دیکھے تو کیا اللہ ذوالجلال والا کرام ہم کو 100 حج کرنے کے برابر ثواب عطا فرمائے گا تو حضور رسول مکرم ﷺ نے ارشاد فرمایا ہاں 100 مرتبہ حج کرنے کے برابر ثواب عطا فرمائے گا کیونکہ اللہ ذوالجلال والا کرام بہت بڑا اور بہت پاک ہے۔

حضرت جعفر صادقؑ فرماتے ہیں جو کوئی اپنے ماں باپ کو غصہ بھری نظر سے دیکھتا ہے چاہے اس کے ماں باپ نے اس پر ظلم ہی کیوں نہ کیا گیا ہو تب بھی اللہ ذوالجلال والا کرام اس کی نماز قبول نہیں کرے گا۔ (بخاری، جلد نمبر ۷، صفحہ نمبر ۶۱)

ایک بزرگ نے فرمایا: تین قسم کے لوگ ہمیشہ رزق (پیسہ وغیرہ) کی کمی و تنگی میں مبتلا رہتے ہیں:

- (۱) ماں باپ کا نافرمان
 - (۲) پڑوسیوں سے بدسلوکی کرنے والے
 - (۳) شوہر کی امانت میں خیانت کرنے والی عورت
- ماں باپ کے ساتھ حسن سلوک اور بھلائی کے یہ معنی ہیں کہ ایسی کوئی بات اپنے ماں باپ سے نہ کہے اور ایسا کوئی کام نہ کرے جس سے ماں باپ کو تکلیف پہنچے اور یاد رکھے کہ بڑے بڑے درویش کی زبان سے طاقتور دعا آپ کے والد اور والدہ کی ہے اس لئے نہایت خلوص سے اور اپنی جان سے اپنے مال یعنی پیسہ جائیداد سب کچھ سے جس طرح بھی آسان ہو اپنے ماں باپ کی خدمت کرے، اور جس وقت بھی ماں باپ کو اپنی اولاد کی ضرورت پڑے اولاد ہمیشہ ماں باپ کی ضرورت کے وقت ان کے پاس حاضر رہے اگر ماں باپ خدا نخواستہ بیمار ہو جائیں تو جہاں تک ہو سکے ان کی خدمت کریں اور ان کا علاج و معالجہ کرائیں۔

قرآنی آیات اور احادیث شریفہ سے ماں باپ سے جو احسان کرنے کے طریقہ ثابت ہیں ان تمام طریقوں سے ان پر عمل پیرا رہنا فرض و لازم اور ضروری ہے یعنی ماں باپ سے محبت کرنا ماں باپ کا ادب و احترام کرنا ماں باپ کا حکم ماننا اطاعت کرنا اور اپنے ماں باپ کو خوش کرنے خوش رکھنے کی ہمیشہ کوشش کرتے رہنا اور جس وقت بھی اور جس قدر جتنا بھی ماں باپ کو پیسہ کی ضرورت پڑے اتنے پیسہ خوش دلی کے ساتھ خرچ کرنا۔



ذوالجلال والا کرام کی عبادت کے بعد ماں باپ کے خدمت کرنا، اچھا سلوک کرنا ہم پر فرض ہے۔ اللہ ذوالجلال والا کرام اور اس کے رسول مکرم حضرت محمد مصطفیٰ ﷺ کے بعد سب سے پہلے ماں باپ کا حق ہے قرآن مجید میں اور حدیث شریف میں بار بار اللہ و رسول نے ماں باپ پر احسان کرنے ان کی اطاعت و خدمت کرنے اور ان سے نرمی سے بات چیت کرنے اور اپنے ماں باپ کے لئے اللہ ذوالجلال والا کرام سے دعا کرتے رہنے کا حکم موجود ہے۔

اگر ماں باپ بغیر وجہ کے بھی سختی کریں تب بھی ان کی اطاعت و خدمت کرنا ہم پر فرض ہے نافرمانی کرنا تب بھی جائز نہیں۔ کیونکہ ہمارے رسول مکرم حضرت محمد مصطفیٰ ﷺ نے ارشاد فرمایا: تم لوگ اپنے ماں باپ کی نافرمانی ہرگز بھی نہ کرو۔ یاد رکھیے کہ ماں باپ کو ناراض کرنے والا اور ماں باپ کی نافرمانی کرنے والا نہایت ہی بد نصیب ہے جو دنیا میں کامیاب نہیں ہو سکتا اور نہ ہی آخرت میں کامیاب ہو سکتا ہے کیونکہ ایک حدیث شریف میں حضور رسول مکرم ﷺ نے ارشاد فرمایا: اللہ ذوالجلال والا کرام کی خوشی باپ کی خوشی میں ہے۔ اور اللہ ذوالجلال والا کرام کی ناراضگی باپ کی ناراضگی میں ہے۔ (ترمذی)

ایک اور حدیث شریف میں حضور رسول مکرم ﷺ نے ارشاد فرمایا: بے شک جنت ماں کے قدموں کے نیچے ہے۔ (مشکوٰۃ)

حضور رسول مکرم ﷺ نے ارشاد فرمایا: باپ سے منہ نہ پھیرو کیونکہ جس نے بھی اپنے باپ سے منہ پھیرا اس نے کفر کیا۔ (بخاری)

حضور رسول مکرم ﷺ نے ارشاد فرمایا، اللہ ذوالجلال والا کرام (شرک کو چھوڑ کر) ہر گناہ کو معاف کر دیتا ہے بخش دیتا ہے چاہے وہ کتنے بھی بڑے کیوں نہ ہوں لیکن ماں باپ کی نافرمانی کو کبھی بھی نہیں معاف کرتا نہیں بخلاف بلکہ موت سے پہلے پہلے دنیا ہی میں ماں باپ کی نافرمانی کرنے کی سزا دے دیتا ہے۔ (بیہقی)

حضور رسول مکرم ﷺ نے ارشاد فرمایا: ماں باپ کی نافرمانی کرنے والے اور حکم نہ ماننے والے کی کوئی عبادت نیکی قبول ہی نہیں ہوتی چاہے وہ فرض عبادت ہو یا نقل عبادت کوئی عبادت قبول نہیں ہوتی۔ اس لئے حضور رسول مکرم ﷺ نے ارشاد فرمایا: تم لوگ اپنے ماں باپ کی ہرگز ہرگز بھی نافرمانی مت کرو۔ حضور رسول مکرم ﷺ نے ایک مرتبہ بلند و اونچی آواز سے ارشاد فرمایا: خاک آلود ہواس کی ناک یعنی ہلاک و برباد ہو وہ انسان یہ سن کر صحابہ کرامؓ نے عرض کیا یا رسول اللہ ﷺ کس کی ناک خاک آلود ہو یعنی کون ہلاک و برباد ہو تو حضور رسول مکرم ﷺ نے ارشاد فرمایا جو اپنے بوڑھے ماں باپ یا ان میں سے کسی ایک کو پائے اور اپنے ماں باپ کی خدمت نہ کرے اپنے ماں باپ کو خوش نہ کرے تو وہ انسان ہلاک و برباد ہو جائے کیونکہ جو کوئی اپنے ماں باپ کی خدمت کرتا

میرے ماں باپ کی بخشش فرما۔ اے اللہ ذوالجلال والا کرام میرے ماں باپ کو دوزخ کے عذاب سے بچا۔ اے اللہ ذوالجلال والا کرام میرے ماں باپ کو اپنی خاص رحمت میں داخل فرما۔ اے اللہ ذوالجلال والا کرام میرے ماں باپ کو جنت الفردوس میں جگہ عطا فرما۔ قرآن مجید میں اللہ ذوالجلال والا کرام ارشاد فرماتا ہے:

وَوَصَّيْنَا الْإِنْسَانَ بِوَالِدَيْهِ إِحْسَانًا ۚ طَهَّرْنَا لَكَ ذَهَبًا ۚ وَهَذَا عَلَىٰ وَهْنٍ ۚ وَفَضْلُهُ فِي غَافِيَةِ أَنْ اَشْكُرْ ۖ إِنِّي وَلِيُّ الْإِنْسَانِ ۖ إِلَىٰ الْمَصِيدِ ۖ وَإِنْ جَاهَلَكَ عَلَىٰ أَنْ تُشْكِرَ ۖ فَمَا لَيْسَ لَكَ بِهِ عِلْمٌ ۖ فَلَا تُطْغِهِمَا ۚ وَصَاحِبُهُمَا فِي الدُّنْيَا مَعْرُوفًا ۖ

ترجمہ: ہم نے یعنی اللہ ذوالجلال والا کرام نے انسان کو اس کے ماں باپ کے ساتھ نیکی اور حسن سلوک یعنی اچھا سلوک کرنے کا تاکید حکم دیا ہے، کیونکہ اس کی ماں نے اس کو تکلیف پر تکلیف برداشت کرتے ہوئے اپنے پیٹ میں (9 مہینے) تک رکھا اور اس کا دودھ چھوٹا دوسال میں ہوا، اور اللہ ذوالجلال والا کرام نے یہ بھی حکم دیا کہ اپنے ماں باپ کا حکم مانو اور اپنے ماں باپ کا شکر یہ ادا کرتے رہو اپنے ماں باپ کا شکر مانو احسان مانو (اور یاد رکھو) آخر میں تم تمام کو میری ہی طرف یعنی اللہ ذوالجلال والا کرام ہی کی طرف لوٹ کر واپس آنا ہے۔ ہاں یہ بات اچھی طرح سے یاد رکھو کہ تمہارے ماں باپ اگر میری یعنی اللہ ذوالجلال والا کرام کی ذات میں شرک کرنے کا حکم دیں یا میری (اللہ ذوالجلال والا کرام) کی نافرمانی کا حکم دیں تو تب اپنے ماں باپ کی بات و حکم نہیں ماننا۔ لیکن تب بھی یعنی ماں باپ کا کفر ہوں تب بھی اللہ ذوالجلال والا کرام کی ذات میں شرک کرنے کا حکم دیں تب بھی اپنے ماں باپ کے ساتھ ہمیشہ نیکی سے پیش آنا اور ان سے اچھی طرح سے سلوک کرنا۔

حضرات محترم! آپ نے قرآن مجید کی آیت شریفہ سنی اور اس کا ترجمہ بھی سنا۔ ہم کو اللہ ذوالجلال والا کرام کے سوا کسی کی بھی عبادت نہیں کرنا ہے اور اپنے ماں باپ کے ساتھ اچھا سلوک کرنا یعنی اچھے طریقہ سے پیش آنا ہے اور اپنے ماں باپ کا ادب و احترام کرنا ان کی عزت کرنا ہے اور خاص طور پر جب ہمارے ماں باپ بوڑھے ہو جائیں تو ان کا بہت زیادہ ادب و احترام کرنا ان کی دلجوئی کرنا ہے اور کبھی بھی جھڑکی سے بات نہیں کرنا چاہئے بلکہ اپنے بوڑھے ماں باپ کے سامنے ناراضگی کا چہرہ یا غصہ کا چہرہ بھی نہیں بنانا۔ اپنے ماں باپ کی ہر طرح سے خدمت کرنا چاہئے وہ اپنی ذات سے ہو یا پیسہ سے ہو یا کوئی دوسری ضرورت ہو تو وہ بھی پوری کرنا اگر ہمارے ماں باپ بیمار ہو جائیں تو ہر طرح کا علاج کروانا اور ان کا خیال رکھنا اور ہمیشہ اپنے ماں باپ کے لئے دعا کرتے رہنا کہ: اے اللہ ذوالجلال والا کرام میرے ماں باپ پر رحم و کرم فرما۔ اے اللہ ذوالجلال والا کرام

ایک اور جگہ قرآن مجید میں اللہ ذوالجلال والا کرام ارشاد فرماتا ہے: وَاعْبُدُوا اللَّهَ وَلَا تُشْرِكُوا بِهِ شَيْئًا ۚ وَاللَّهُ الْإِلَهُ الْحَسَنَاءُ ۚ ترجمہ: صرف اللہ ذوالجلال والا کرام ہی کی عبادت کرو اور اللہ ذوالجلال والا کرام کی ذات و صفات میں کسی کو بھی شریک مت کرو اور اپنے ماں باپ سے اچھا سلوک کرو اچھے طریقہ سے پیش آؤ اس آیت شریفہ سے معلوم ہوتا ہے کہ اللہ

اباعد: اے میرے اسلامی بھائیو، بہنو اور بزرگو، اللہ ذوالجلال والا کرام سے ڈرتے رہو اور اللہ ذوالجلال والا کرام کے رسول حضرت محمد مصطفیٰ ﷺ کی اطاعت و فرمانبرداری بھی کرتے رہو اور آپ ﷺ کے طریقہ و سنت پر چلتے رہو تاکہ دنیا میں بھی کامیاب ہو جاؤ اور آخرت کی ہمیشہ باقی رہنے والی زندگی میں بھی کامیاب و کامران ہو جاؤ۔ ماں باپ کی تعظیم و تکریم ادب و احترام کرنے اور ماں باپ کی فرمانبرداری کرنے اور حکم ماننے کا قرآن مجید میں کئی جگہ اللہ ذوالجلال والا کرام نے حکم دیا ہے جیسا کہ قرآن مجید میں اللہ ذوالجلال والا کرام ارشاد فرماتا ہے۔

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ۔۔۔

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ وَقَضَىٰ رَبُّكَ أَلَّا تَعْبُدُوا إِلَّا إِيَّاهُ ۚ وَبِالْوَالِدَيْنِ إِحْسَانًا ۚ إِمَّا يَبْلُغَنَّ عِنْدَكَ الْكِبَرَ أَحَدُهُمَا أَوْ كِلَاهُمَا فَلَا تَقُلْ لَهُمَا قَوْلًا كَرِهًا ۖ أَوْ خَفِضْ لَهُمَا جَنَاحَ الذَّلِيلِ مِنَ الرَّحْمَةِ ۚ وَقُلْ رَبِّ ارْحَمْهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا ۖ ۝ صَدَقَ اللَّهُ الْعَظِيمُ

ترجمہ: اللہ ذوالجلال والا کرام کے سوا کسی کی بھی عبادت نہیں کرنا اور اپنے ماں باپ کے ساتھ اچھا سلوک کرنا اور یاد رکھو جب تمہارے ماں باپ بوڑھے ہو جائیں تو جھڑکی نہ دو یعنی جھڑکی دینا تو بہت دور کی بات ہے آف بھی مت کہنا اور اپنے ماں باپ سے نہایت ہی ادب و احترام سے بات چیت کرنا اور اپنے ماں باپ سے ہمیشہ نہایت ہی عاجزی و انکساری اور نرمی سے برتاؤ کرنا، اور ہمیشہ اپنے ماں باپ کے لئے اللہ ذوالجلال والا کرام سے دعا کرتے رہنا کہ اے اللہ ذوالجلال والا کرام میرے ماں باپ پر رحم و کرم فرما جیسا کہ میرے ماں باپ نے مجھے بچپن میں پال پوس کر میری پرورش کی۔

حضرات محترم! آپ نے قرآن مجید کی آیت شریفہ سنی اور اس کا ترجمہ بھی سنا۔ ہم کو اللہ ذوالجلال والا کرام کے سوا کسی کی بھی عبادت نہیں کرنا ہے اور اپنے ماں باپ کے ساتھ اچھا سلوک کرنا یعنی اچھے طریقہ سے پیش آنا ہے اور اپنے ماں باپ کا ادب و احترام کرنا ان کی عزت کرنا ہے اور خاص طور پر جب ہمارے ماں باپ بوڑھے ہو جائیں تو ان کا بہت زیادہ ادب و احترام کرنا ان کی دلجوئی کرنا ہے اور کبھی بھی جھڑکی سے بات نہیں کرنا چاہئے بلکہ اپنے بوڑھے ماں باپ کے سامنے ناراضگی کا چہرہ یا غصہ کا چہرہ بھی نہیں بنانا۔ اپنے ماں باپ کی ہر طرح سے خدمت کرنا چاہئے وہ اپنی ذات سے ہو یا پیسہ سے ہو یا کوئی دوسری ضرورت ہو تو وہ بھی پوری کرنا اگر ہمارے ماں باپ بیمار ہو جائیں تو ہر طرح کا علاج کروانا اور ان کا خیال رکھنا اور ہمیشہ اپنے ماں باپ کے لئے دعا کرتے رہنا کہ: اے اللہ ذوالجلال والا کرام میرے ماں باپ پر رحم و کرم فرما۔ اے اللہ ذوالجلال والا کرام

پیتا کے 13 حیران کن طبی فوائد



کو باقاعدگی کے ساتھ استعمال کرنا نہایت ضروری ہے۔

دمہ کی بیماری سے نجات: دمہ کی بیماری کی وجہ سے شدید تکلیف کا سامنا کرنا پڑ سکتا ہے، اس کے ساتھ ساتھ یہ بیماری جان لیوا بھی ثابت ہو سکتی ہے۔ پیتا میں بیٹا کیروٹین جیسے کیمیائی اجزاء پائے جاتے ہیں جو دمہ کی بیماری کی خطرات کو بہت کم کر دیتے ہیں۔ اور اگر کوئی دمہ کی بیماری کا شکار ہو تو یہ پھل اس بیماری کی علامات میں کمی لانے کے لیے اہم کردار ادا کرتا ہے۔

وزن میں کمی:

اس پھل میں فائبر اور پانی وافر مقدار میں پائے جاتے ہیں، جس کی وجہ سے یہ وزن کم کرنے میں نہایت مددگار ثابت ہوتا ہے۔ اس کے ساتھ ساتھ پیتے میں کیلوریز بھی کم پائی جاتی ہیں، اس لیے اسے موٹاپے کا شکار افراد کے لیے نہایت مفید سمجھا جاتا ہے۔

ذیابیطس کے مرض میں مفید:

ذیابیطس ٹائپ ٹو کے شکار افراد کو فائبر والی غذائیں استعمال کرنے کا مشورہ کیا جاتا ہے، کیوں کہ غذائیں خون میں گلوکوز اور انسولین کی سطح بہتر بناتی ہیں۔ پیتا میں چوں کہ فائبر بھی پایا جاتا ہے، اس لیے یہ ذیابیطس ٹائپ ٹو کے خلاف مفید ثابت ہو سکتا ہے۔

بڈیوں کی مضبوطی میں اضافہ:

وٹامن کے کی کمی لاحق ہونے کی وجہ سے بڈیاں کمزور ہو جاتی ہیں، اور معمولی چوٹ لگنے کی صورت میں بھی بڈی ٹوٹ سکتی ہے۔ وٹامن کے جسم کو کیلشیم جذب کرنے میں مدد دیتا ہے اور بڈیوں کی مضبوطی میں اضافہ کرتا ہے۔ ایسے افراد جو وٹامن کے کی کمی کا شکار ہوں، ان کے لیے پیتا نہایت مفید ہے۔ پیتا کے فوائد کے متعلق مزید معلومات کسی ماہر غذائیت سے حاصل کی جا سکتی ہیں، کسی بھی ماہر غذائیت سے رابطہ کرنے کے لیے آپ آسانی کے ساتھ ہیلتھ وائر کا پلیٹ فارم استعمال کر سکتے ہیں، کیوں کہ ہیلتھ وائر نے رابطوں کو بہت آسان بنا دیا ہے۔



صحت مند جگر:

منشیات کے استعمال یا غذائیت کی کمی کی وجہ سے جگر سبکنا شروع ہو جاتا ہے۔ جگر کے اس مرض سے چھٹکارا پانے کے لیے پیتے کے بیج نہایت مؤثر ثابت ہوتے ہیں۔ جگر کو صحت مند بنانے کے لیے پیتے کے بیجوں کو کچل کر ایک چائے کا چمچ جوس حاصل کر لیں اور دس قطرے تازہ لیموں کے رس میں شامل کر لیں۔ ہر روز ایک ماہ تک اس نسخے پر عمل کرنے کی وجہ سے جگر کے اس مرض کی علامات میں کمی آتی ہے۔

گلے کی بیماریوں میں مفید:

گلے کے بہت سے امراض سے چھٹکارا پانے کے لیے پیتا نہایت اہم کردار ادا کر سکتا ہے۔ کچے پیتے کا جوس شہد میں ملا کر گلے غددوں، جو سوزش کا شکار ہو گئے ہوں، پر لگانے سے خناق وغیرہ کی علامات میں کمی آتی ہے۔ اس کے ساتھ ساتھ پیتا گلے کے انفیکشن کو بھی بڑھنے سے روک دیتا ہے۔

ہاضمے میں مددگار:

پیتے میں موجود پاپائین نامی انزائم پروٹین کے ہاضمے میں نہایت اہم کردار ادا کرتے ہیں۔ ایک طبی تحقیق کے مطابق پروٹین کے ہاضمے کو بہتر بنانے کے لیے پکا ہوا پیتا سب سے زیادہ مفید ہے۔ اس کے ساتھ ساتھ پیتے کو پیٹ کے دیگر مسائل کے لیے بھی مفید سمجھا جاتا ہے۔

کینسر سے بچاؤ:

پیتے کو ایک کیمیائی عناصر لائیکوپین کی وجہ سے کینسر کے خلاف مزاحمت فراہم کرنے میں بہت اہم سمجھا جاتا ہے۔ اس پھل کو باقاعدگی کے ساتھ استعمال کرنے سے کچھ پھپھڑوں، لبلبے، معدے، پروستٹیٹ، اور چھاتی کے سرطان سے بچاؤ میں مدد ملتی ہے۔

صحت مند آنکھیں:

پیتے میں پائے جانے والے کیروٹینائڈز آنکھوں کی صحت کو برقرار رکھنے کے لیے بہت اہم کردار ادا کرتے ہیں۔ عمر بڑھنے کی وجہ سے آنکھوں کے بعض مسائل لاحق ہو سکتے ہیں، جن سے بچنے کے لیے پیتے

مکمل طور پر خاتمہ ہو گیا۔

جلد کی صحت میں بہتری:

پیتا میں کیروٹین اور لیکوپین وافر مقدار میں پائے جاتے ہیں، جو جلد کی صحت کو بہتر بنانے میں اہم کردار ادا کرتے ہیں۔ عام طور پر پیتے کو کھا کر بہت سے فوائد حاصل کیے جاتے ہیں، جب کہ اس کو جلد پر لگا کر بھی بہت سے فوائد حاصل کیے جاسکتے ہیں۔ پیتے سے نکلنے والا رس سورج سے متاثرہ جلد کو ٹھنڈا رکھنے میں اہم کردار ادا کرتا ہے، اور جلد کو نئے خلیات بنانے میں بھی مدد فراہم کرتا ہے۔ اس کے ساتھ ساتھ کچے پیتا کا گودا جلد کی بہترین صفائی کے لیے بھی استعمال کیا جاتا ہے۔ پیتے کی انہی خصوصیات کی بنیاد پر اسے فیس واش وغیرہ میں استعمال کیا جاتا ہے۔

ہارٹ ایٹک کے خطرات میں کمی:

طبی ماہرین کے مطابق پیتے میں ایسی غذائی اجزاء پائے جاتے ہیں جو دل کے دورے کے خطرات کو کم کرنے میں نہایت اہم کردار ادا کرتے ہیں۔

انٹریوں کے امراض میں مفید:

کچے پیتے میں پاپائین نامی جز وافر مقدار میں پایا جاتا ہے جو بدہضمی اور انٹریوں کی خراش میں بہت مفید ہے۔ کچے ہوئے پیتے کو باقاعدگی کو ساتھ استعمال کرنے سے بواسیر، دائمی اسہال کو ختم کرنے میں مدد ملتی ہے۔ اس کے ساتھ ساتھ پیتے کو قبض کا بہترین علاج بھی سمجھا جاتا ہے۔ اس کے علاوہ پیتے کے بیجوں کا جوس بھی ہاضمے کو بہتر بناتا ہے اور بواسیر کی علامات میں کمی لاتا ہے۔

پیتا کا شمار ان پھلوں میں کیا جاتا ہے جنہیں مکمل غذا کہا جاتا ہے، کیوں کہ یہ پھل معدنی اجزاء، پروٹین، اور مختلف وٹامنز سے بھرپور ہوتا ہے۔ جتنا زیادہ یہ پھل پکتا جاتا ہے اتنا ہی اس میں وٹامن سی بڑھتا جاتا ہے۔ طبی ماہرین کے مطابق پیتا میں بہت سے غذائی اجزاء پائے جاتے ہیں، ایک عام اندازے کے مطابق ایک درمیانے سائز کے پیتے میں پندرہ گرام کاربوہائیڈریٹس، تین گرام فائبر، ایک گرام پروٹین، تینتیس فیصد وٹامن اے، ایک سو ستاون فیصد وٹامن سی، گیارہ فیصد پوٹاشیم، اور چودہ فیصد وٹامن بی 9 پایا جاتا ہے۔ خوبصورت رنگ اور منفرد خوشبو کی بنیاد پر پیتا کو کرسٹوفر کولمبس نے فرشتوں کے پھل کا نام دیا تھا۔ اس نام کو بہت زیادہ مقبولیت بھی حاصل ہوئی، کیوں کہ اس پھل کی غذائی اہمیت بہت زیادہ ہے۔ پیتا کو کچا بھی استعمال کیا جاتا ہے، جب کہ کچھ افراد کچے ہوئے پیتے کو استعمال کرنا پسند کرتے ہیں۔ اسے کسی بھی صورت میں استعمال کیا جائے، اس کی افادیت میں کمی نہیں آئی۔

پیتا کے فوائد:

پیتا سے مندرجہ ذیل فوائد حاصل کیے جاسکتے ہیں۔

پیٹ کے کیڑوں کا خاتمہ:

طبی ماہرین کے مطابق پیتے اور اس کے بیجوں میں ایسی خصوصیات پائی جاتی ہیں جو پیٹ کے کیڑوں کو ختم کرنے میں نہایت اہم کردار ادا کرتی ہیں۔ کچھ تحقیقات کے بعد یہ بات سامنے آئی ہے کہ سات دن تک پیتا اور اس کے بیج استعمال سے پیٹ کے کیڑوں کا

صلاح الدین شجاعی

سٹی کالج



کے حصہ پر لکھا ہوا تھا اور اس کے نیچے مشہور شاعر غالب کا شعر بھی لکھا ہوا تھا۔
باز بچہ اطفال ہے دنیا میرے آگے
ہوتا ہے شب و روز تماشا میرے آگے
کئی پروگرام اسٹیج پر ہوتے تھے ہر پروگرام خاص نوعیت کا ہوتا تھا ادبی و تہذیبی پروگرامس کے علاوہ کالج ڈسے بھی منایا جاتا تھا ان تمام پروگراموں کی کامنری رمن راج سکینہ بڑے ہی دلنشین انداز میں بیان کرتے تھے رمن راج سکینہ انٹرمیڈیٹ کے طالب علم تھے اور حیدر آباد کے مشہور ایڈوکیٹ ست گرو پرشاد سکینہ کے فرزند تھے یہ ایک شاندار حویلی میں رہتے تھے یہاں پر آج ”فخری منزل“ کی عمارت تعمیر ہوئی ہے۔

اسی کالج میں ایک لائبریری تھی جہاں انگریزی، اردو، ہندی اور تملی زبانوں کی کتابیں تھیں طالب علم اپنے فرصت کے اوقات اس لائبریری میں گزارتے تھے اور کتابوں سے استفادہ کرتے تھے۔ کالج میں ایک اردو رسالہ ”الموسیٰ“ شائع ہوتا تھا یہ رسالہ ہر تین ماہ میں شائع ہوتا تھا رسالہ کی صفحات کی تعداد عموماً ۸۰ ہوتی تھی اس رسالہ کا چندہ جدید طالب علموں کے لئے سالانہ دو روپیہ تھا، قدیم طلباء کے لئے تین روپیہ اور خریداروں کے لئے ۴ روپے تھا۔ اس رسالہ میں اساتذہ اور طالب علموں کے مضامین نظم و نثر میں شائع ہوتے تھے اس رسالہ کے سرپرست کالج کے پرنسپل صاحب تھے۔ ایک مشیر پروفیسر تھے اور اس رسالہ کے مدیر اور نائب مدیر کالج کے اور اسکول کے طالب علم ہوتے تھے الموسیٰ طلباء کے ادبی مضامین کا بہترین ترجمان تھا اس رسالہ کا مقصد یہی تھا کہ طالب علموں کی ادبی صلاحیتوں کو شائع کر کے ان کی ہمت افزائی کرنا تھا۔

کالج میں یونین کا بڑا دخل تھا۔ پہلے زمانہ میں طلباء سیاسی اور مذہبی لیڈروں کے ہاتھ میں اتنے نہ تھے جتنے اب ہیں۔ اس زمانے میں نعروں کی کوئی وقعت نہ تھی اب نعرے کی طاقت مسلم ہے۔ گزشتہ زمانے میں بے صبری بے اعتمادی یا غیر ذمہ داری کے

یاد چمن، خیال چمن، یا غم چمن ہم ہیں جہاں بھی اپنا گلستاں ہے ساتھ ساتھ مدرسہ فخریہ سلیمانہ سے چوتھی جماعت کامیاب کرنے کے بعد ۱۹۳۳ء میں سٹی کالج میں پانچویں جماعت میں شریک ہوا۔ سٹی کالج ایک منفرد کالج ہے جو دوسرے کالجوں سے ممتاز ہے یہ کالج ۱۹۲۹ء میں میر عثمان علی خاں جو آصف جاہی خاندان کے ساتویں بادشاہ تھے ان کے عہد حکومت میں کئی تاریخی عمارتیں تعمیر ہوئی انہی کے عہد حکومت میں جہالت کی تاریکی کو دور کر کے علم کی روشنی پھیلانے کی کوشش کی گئی تقریباً پچاس مدرسے ریاست بھر میں قائم ہوئے حیدر آباد ایک تاریخی شہر ہے کئی مسجدیں، مقبرے، عالیشان قلعہ اور کئی کھنڈرات تاریخی عمارتیں جو آثار قدیمہ کے دیکھنے سے تعلق رکھتے ہیں سٹی کالج کے علاوہ نظام کالج، جاگیردار کالج، انجینئرنگ کالج اور میڈیکل کالج قائم ہوئے آصف جاہی حکمرانوں کے زمانے میں کئی تعلیمی اسکیمات شروع ہوئیں اسی زمانے میں کئی تعلیمی اسکیمات شروع ہوئیں اسی زمانے میں اصلاحی اور تعمیری امور انجام پائے۔

سٹی کالج کے طالب علموں کے لئے ”یونیفارم“ ضروری تھا جس سے سٹی کالج کے طالب علموں کی پہچان اور شناخت ہوتی تھی۔ یونیفارم سیاہ رنگ کی شيروانی اور سیاہ کورٹ تھا مسلمان طالب علموں کے لئے کوٹ شيروانی اور ہندو طالب علموں کے لئے کوٹ پہننا ضروری تھا یہ سلطنت آصفیہ کی مذہبی رواداری کی روشن دلیل تھی۔ شيروانی اور کوٹ کے بٹن پر سٹی کالج کی تصویر تھی اور یہ بٹن حیدر آباد کی مشہور دکن بٹن فیکٹری سپلائی کرتی تھی۔

سٹی کالج میں ایک ہال تھا جو کالج کے پرنسپل سید محمد اعظم صاحب کے نام پر ”اعظم ہال“ رکھا گیا تھا اس ہال میں کلچرل پروگرام ہوتے تھے یہ ہال تماشائیوں کے بیٹھنے کے لئے اوپر سے نیچے کی طرف بیچ بنائے گئے تھے تاکہ تماشائی آسانی سے اسٹیج پر ہونے والے پروگرام کو آسانی سے دیکھ سکے اس وسیع ہال میں ایک اسٹیج بھی تھا جہاں پر پروگرام ہوتے تھے۔ اعظم ہال اسٹیج کے اوپر

اس سے ظاہر ہوتا کہ ٹیم کی ہار کا اثر آپ پر بہت زیادہ ہوا ہے۔ شاہ صاحب نے جواب دیا ”مجھے ٹیم کی شکست کا اتنا زیادہ اثر نہیں ہوا ہے کھیل میں تو ہار جیت ہوا کرتی ہے میری ایک بات یاد رکھو کہ انسان کی زندگی میں کبھی جیت ہوتی ہے اور کبھی ہار ہوتی ہے۔ ہم کو چاہئے کہ ہار سے مایوس نہیں ہونا چاہئے بلکہ زندگی میں پیش ہونے والے حالات کا مقابلہ کرنا چاہئے میں تو کالی شیروانی یونہی پہن کر آ گیا۔“ اس واقعہ کو کئی سال گزر چکے ہیں شاہ صاحب بھی اس دنیا سے ہمیشہ کے لئے گزر چکے اب تو وہ شاہ صاحب رہے اور نہ فٹ بال میچ رہا لیکن شاہ صاحب کے وہ جملے آج بھی یاد ہیں انہوں نے کہا تھا ”انسان کی زندگی میں کبھی ہار ہوتی ہے اور کبھی جیت ہوتی ہے انسان کو ہمیشہ ان دونوں کا مقابلہ کرنا چاہئے کامیاب انسان وہی ہے جو ہمیشہ ہار اور جیت کا مقابلہ کرنے تیار رہتا ہے۔“

آج بھی جو موسیٰ ندی پر سے گزر ہوتا ہے تو سٹی کالج کی عالیشان عمارت پر نظر پڑ جاتی ہے طالب علمی کا وہ دور یاد آ جاتا ہے جب کالج کے گیٹ سے گزر کر سیرگھیاں چڑھ کر گیلریوں سے ہوتا ہوا کلاس روم میں جاتا تھا وہ اساتذہ صاحبان بھی یاد آتے ہیں جو مختلف مضامین پڑھاتے تھے کالج کا وہ چہرہ اسی بھی یاد آتا ہے جو پیرید ختم ہونے کے بعد گھنٹے کی ڈوری کھینچتا تھا اور گھنٹے کی آواز سے پیرید ختم ہونے کا علم ہوتا تھا اب صرف سٹی کالج میں گزری ہوئی یادیں اور باتیں یاد رہ گئیں ہیں۔

اے گہوارہ علم و حکمت، اے مخزن اخلاق و ادب ہم نہ بھولینگے سٹی کالج کی نورانی فضا

☆☆☆

سلام پھیرنے کی دُعا

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ وَأَعُوذُ بِكَ مِنْ عَذَابِ جَهَنَّمَ وَأَعُوذُ بِكَ مِنْ فِتْنَةِ الْمَسِيحِ الدَّجَالِ وَأَعُوذُ بِكَ مِنْ فِتْنَةِ الْمَحْيَا وَالْمَمَاتِ (بخاری شریف: ۲/۱۰۲، مسلم شریف: ۶۱۲)

فضیلت: اے اللہ میں تیری پناہ چاہتا ہوں قبر کے عذاب سے، جہنم کے عذاب سے، تیری پناہ چاہتا ہوں مسیح دجال کے فتنے سے اور تیری پناہ چاہتا ہوں زندگی اور موت کے فتنے سے، اے اللہ میں تیری پناہ چاہتا ہوں گناہ اور قرض سے۔

❖ اللَّهُمَّ إِنِّي ظَلَمْتُ نَفْسِي ظُلْمًا كَثِيرًا وَلَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ فَاعْفِرْ لِي مَغْفِرَةً مِّنْ عِنْدِكَ وَارْحَمْنِي إِنَّكَ أَنْتَ الْغَفُورُ الرَّحِيمُ (بخاری: ۸/۱۶۸)

فضیلت: اس دُعا کو بھی سلام پھیرنے سے پہلے ہر نماز میں پڑھنا چاہئے، اے اللہ! میں نے اپنی جان پر بہت ظلم کیا اور تیرے سوا کوئی گناہوں کو نہیں بخش سکتا۔ مجھے اپنی خاص مغفرت سے بخش دے اور مجھ پر رحم کر، یقیناً تو ہی بخشنے والا ہے اور رحم کرنے والا ہے۔

❖ لَا إِلَهَ إِلَّا اللَّهُ وَلَا نَعْبُدُ إِلَّا إِيَّاهُ لَهُ النِّعْمَةُ وَلَهُ الْفَضْلُ وَلَهُ الثَّنَاءُ الْحَسَنُ لَا إِلَهَ إِلَّا اللَّهُ الْمُخْلِصِينَ لَهُ الدِّينَ وَلَوْ كَرِهَ الْكَافِرُونَ

فضیلت: اس دُعا کو بھی روزانہ نماز کے بعد پڑھتے رہو۔

ترجمہ: اللہ کے سوا کوئی معبود نہیں اسی کی ساری نعمتیں ہیں اور اسی کے لئے ساری بزرگیاں ہیں اور اسی کے لئے ساری اچھی تعریفیں ہیں، اللہ کے سوال کوئی معبود نہیں ہے، ہم خالص اس کی بندگی کرتے ہیں، اگرچہ یہ بات کافروں کو بُری معلوم ہو۔

گردے اور پٹے کی پتھری دور ہونے کی دُعا

وَإِنَّ مِنْهَا لَمَا يَشْقُقُ فَيَخْرُجُ مِنْهُ الْمَاءُ ۖ وَإِنَّ مِنْهَا لَمَا يَهْبِطُ مِنْ خَشْيَةِ اللَّهِ ۖ وَمَا اللَّهُ بِغَافِلٍ عَمَّا تَعْمَلُونَ ﴿٥٠﴾

(پ ۲، سورۃ البقرہ)

فضیلت: روزانہ یہ دُعا کو پڑھ کر پانی پر دم کر کے مریض کو پلانے سے مریض کے گردے کی پتھری اور پٹے کی پتھری، ان شاء اللہ ختم ہو جاتی ہے، اس وقت تک پلاتے رہیں جب تک کامیابی نہ ہو۔

ہر حال میں پڑھنے کی دُعا

اللَّهُمَّ إِنِّي أَسْأَلُكَ إِيْمَانًا كَامِلًا وَوَقْفًا وَرِزْقًا وَاسِعًا وَقَلْبًا خَاشِعًا وَلِسَانًا ذَاكِرًا وَأَوْزَقًا حَلَالًا طَيِّبًا وَتَوْبَةً نَّصُوحًا وَتَوْبَةً قَبْلَ الْمَوْتِ وَرَاحَةً عِنْدَ الْمَوْتِ وَمَغْفِرَةً وَرَحْمَةً بَعْدَ الْمَوْتِ وَالْعَفْوَ عِنْدَ الْحِسَابِ وَالْفَوْزَ بِالْجَنَّةِ وَالنَّجَاةَ مِنَ النَّارِ بِرَحْمَتِكَ يَا غَفَّارُ رَبِّ زِدْنِي عِلْمًا وَالْحَقْنِي بِالصَّالِحِينَ. آمِينَ يَا رَبَّ الْعَالَمِينَ.

فضیلت: یہ دُعا کو روزانہ پڑھتے رہنے سے موت کے وقت سکون ملتا ہے۔ ان شاء اللہ عذابِ قبر سے محفوظ رہے گا۔



ولی الدین

خدا کی کتاب

ہر گناہ کا حساب اس میں ہے
ہر نیکی کا ثواب اس میں ہے
قرآن دُنیا کے ہر بشر کے لئے ہے
خدا کے پیغمبروں کی ہر کتاب اس میں ہے

❖❖❖

امریکہ

آج بھی لوگ امریکہ کے دیوانے لگتے ہیں
جو وطن چھوڑ کر یہاں آنے لگتے ہیں
ایک عرصہ کے بعد یہ سمجھ میں آتا ہے
کہ ”دور کے ڈھول سہانے لگتے ہیں“

انگل

میں بھی بوڑھا ہو رہا ہوں ولی
ہو گیا اس کا احساس کل مجھے
جس شوخ و چنچل کے دیوانے تھے ہم
اس سینہ نے کہہ دیا انگل مجھے

❖❖❖

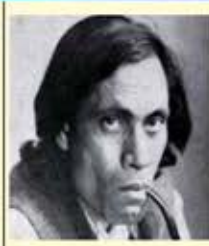


فیض احمد فیض

غزل

آئے کچھ ابر کچھ شراب آئے
اس کے بعد آئے جو عذاب آئے
بام مینا سے ماہتاب اترے
دست ساقی میں آفتاب آئے
ہر رگ خوں میں پھر چراغاں ہو
سامنے پھر وہ بے نقاب آئے
عمر کے ہر ورق پہ دل کی نظر
تیری مہر و وفا کے باب آئے
کر رہا تھا غم جہاں کا حساب
آج تم یاد ہے حساب آئے
نہ گئی تیرے غم کی سرداری
دل میں یوں روز انقلاب آئے
جل اٹھے بزم غیر کے در و بام
جب بھی ہم خانماں خراب آئے
اس طرح اپنی خامشی گونجی
گویا ہر سمت سے جواب آئے
فیض تھی راہ سر بسر منزل
ہم جہاں پہنچے کامیاب آئے

❖❖❖



صابردت

غزل

خوابوں سے نہ جاؤ کہ ابھی رات بہت ہے
پہلو میں تم آؤ کہ ابھی رات بہت ہے
جی بھر کے تمہیں دیکھ لوں تسکین ہو کچھ تو
مت شمع بجھاؤ کہ ابھی رات بہت ہے
کب پو پھٹے کب رات کٹے کون یہ جانے
مت چھوڑ کے جاؤ کہ ابھی رات بہت ہے
رہنے دو ابھی چاند سا چہرہ مرے آگے
مے اور پلاؤ کہ ابھی رات بہت ہے
کٹ جائے یوں ہی پیار کی باتوں میں ہر اک پل
کچھ جاگو جگاؤ کہ ابھی رات بہت ہے

❖❖❖



قتیل شفا ئی

غزل

اپنے ہاتھوں کی لکیروں میں سجالے مجھ کو
میں ہوں تیرا تو نصیب اپنا بنا لے مجھ کو
میں سمندر بھی ہوں موتی بھی ہوں غوطہ زن بھی
کوئی بھی نام مرا لے کے بلا لے مجھ کو
تو نے دیکھا نہیں آئینے سے آگے کچھ بھی
خود پرستی میں کہیں تو نہ گنوا لے مجھ کو
باندھ کر سنگ وفا کر دیا تو نے غرقاب
کون ایسا ہے جو اب ڈھونڈ نکالے مجھ کو
خود کو میں بانٹ نہ ڈالوں کہیں دامن دامن
کر دیا تو نے اگر میرے حوالے مجھ کو
میں کھلے در کے کسی گھر کا ہوں ساماں پیارے
تو دبے پاؤں کبھی آ کے چرا لے مجھ کو
کل کی بات اور ہے میں اب سارہوں یا نہ رہوں
جتنا جی چاہے ترا آج ستا لے مجھ کو
بادہ پھر بادہ ہے میں زہر بھی پی جاؤں قتیل
شرط یہ ہے کوئی بانہوں میں سنبھالے مجھ کو

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ظفر اقبال ظفر

غزل

دریا دریا میں پھرا تشنہ لبی لپٹی رہی
میرے قدموں سے ہمیشہ ریت ہی لپٹی رہی
ختم اس کی قربتوں کا ہو گیا موسم مگر
ذہن سے خوشبو بدن سے تازگی لپٹی رہی
دیکھ کر میری شکستہ زندگی کے خال و خد
آئینہ تو چپ رہا حیرانگی لپٹی رہی
ایسا کچھ آنکھوں سے دیکھا تھا کہ نظروں سے مری
عمر بھر اک وحشتِ نظارگی لپٹی رہی
اس قدر شیریں تھا اس کے لب کا انداز سخن
مدتوں کانوں سے میرے نفسگی لپٹی رہی
جانے کتنے کرب کے لحوں سے گزری ہے حیات
عمر بھر ہونٹوں سے زہریلی ہنسی لپٹی رہی
چاند اپنی چاندنی کے ساتھ رخصت ہو گیا
اور مرے احساس سے اک روشنی لپٹی رہی
اس طرح سیلاب کی زد میں رہا ہوں ظفر
جیسے اک چٹان سے بھری ندی لپٹی رہی

❖❖❖



صادق نوید

غزل

تری محفل میں جب دیوانہ جائے
لبوں تک اُس کے خود پیمانہ جائے
کسی محفل میں وہ شرکت سے پہلے
ادب سے ہو کے بیگانہ، نہ جائے
سدا محبوب کو اپنائے رکھنا
کہیں ہو کر وہ برگشتہ نہ جائے
میں چھو لوں بڑھ کے ساقی کے لبوں کو
خوئے لغزشِ رندانہ جائے
تجشش باہم ہے دونوں میں کچھ ایسی
شمع تک کھینچ کے خود پروانہ جائے
میں چلتا ہوں بس ایسے راستوں پر
کہ آگے پھر کوئی رستہ نہ جائے
مری ہر سوچ ہے سب سے نرالی
کوئی سوچے بھی تو سوچا نہ جائے
عجب ہے زندگانی کا معمہ!
اگر سلجھائیں تو سلجھا نہ جائے
نوید ہر شے جہاں کی آئی، جانی
محبت کا مگر رشتہ، نہ جائے

❖❖❖



ڈاکٹر فاروق کھلیل

غزل

دوستی میں دل جو ٹوٹا دشمنی اچھی لگی
روشنی میں لٹ گئے تو تیرگی اچھی لگی
زندگی سے کوئی دلچسپی نہ تھی ہم کو مگر
حادثے میں بچ گئے تو زندگی اچھی لگی
دیکھ کر اونچے مکانوں میں امیروں کے چلن
ہم کو اپنی جھوپڑی میں مفلسی اچھی لگی
وہ بھی چپ تھے میں بھی چپ تھا اور کی دونوں نے بات
گفتگو آنکھوں ہی آنکھوں میں بڑی اچھی لگی
آنسوؤں سے روز نہلاتا ہے آنکھوں کو مری
مجھ کو اپنے غم کی یہ دریا دلی اچھی لگی
خیر سے اُس کی جواں بیٹی جو رخصت ہو گئی
آج برسوں بعد اُس کو نیند بھی اچھی لگی
تھا ہمارے ساتھ منزل کا تصور اے کھلیل
دوپہر کی چلچلاتی دھوپ بھی اچھی لگی

❖❖❖



ڈاکٹر قطب سرشار

غزل

تخیرات کا آئینہ تیری کم سخی
پڑی ہیں مجھ کو مسلسل جو آفتیں سہنی
پسینہ خون تھکن آبلے شکیبائی
عجیب چیز ہے یارو مذاق کو کہنی
بتوں کو توڑنا صدیوں سے جن کا ایمان تھا
شعار بن گیا ان کا مذاق دل شکنی
حسین جسم ہیں شوکیں میں سجائے ہوئے
خریدا جاتا ہے ارزاں وقار گل بدنی
عجیب شور تھا زاغ و زغن کی محفل میں
صدائے طائر شیریں نہیں کسی نے سنی
ہر ایک سمت سے بونوں نے سنگسار کیا
بلند قامتی میرے لیے عذاب بنی

❖❖❖

A major new study recently found that humans eat more bananas than monkeys. It's true. I can't remember the last time I ate a monkey.

Why did the old man fall in the well? Because he couldn't see that well.

My boss told me to have a good day. So I went home.

I told myself I needed to stop drinking so much... but I'm not about to start listening to some drunk weirdo who talks to himself.

My boss said, "You're the worst train driver ever. How many have you derailed this year?" I said, "I'm not sure; it's hard to keep track."

Patient: "Where exactly are you taking me, doctor?" Doctor: "To the morgue." Patient: "What? But I'm not dead yet!" Doctor: "And we're not there yet."

My girlfriend's dog died, so I tried to cheer her up by getting her an identical one. It just made her more upset. She screamed at me and said, "What am I supposed to do with two dead dogs?"

Doctor: "I have good and bad news." Patient: "Give me the good news first." Doctor: "Your test results are back and you have only two days to live." Patient: "That's the good news? What's the bad news?" Doctor: "I've been trying to



digging in our garden.

Never break someone's heart. They only have one. Break their bones instead — they have 206 of them.

The other day, my wife asked me to pass her lipstick, but I accidentally passed her a glue stick. She still isn't talking to me.

What does my dad have in common with Nemo? They both can't be found.

My parents raised me as an only child... it really pissed off my brother.

My elderly relatives liked to tease me at weddings, saying, "You'll be next!" They stopped once I started doing the same to them at funerals.

Never confide in a vacuum cleaner. They're always collecting dirt

Me: Would you like to be the sun in my life?

Her: Awww... Yes!!! Me: Good then stay 92.96 million miles away from me

reach you for two days."

I was digging in our garden and found a chest full of gold coins. I wanted to run straight home to tell my husband about it... then I remembered why I was

Q: What do cheap hotels and designer jeans have in common? A: No ballroom.

I just read a book about Helium. It was so good that I can't put it down.

How is Christmas like your job? You do all the work and the fat guy in the suit gets all the credit.

Q: How much room is needed for fungi to grow? A: As mushroom as possible

I wonder what my parents did to fight boredom before the internet. I asked my 17 brothers and sisters and they didn't know either.

What does an air conditioner have in common with a computer? They both lose efficiency as soon as you open windows.

What disease do elderly dinosaurs get? Jurassic Parkinsons.

How many South Americans does it take to screw a lightbulb? A Brazilian

Shit! My neighborhood barber just got arrested for selling drugs! I've been his customer for 4 years, but I had no idea he was a barber.

Yo mamma is so fat she wore a yellow shirt and the Sun said I am out of the job



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